



OFFICE OF THE MISSION DIRECTOR
NATIONAL HEALTH MISSION, ASSAM

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No:NHM/APM/13-14/2058/ 6092
(ECF:110467)

Dated: 19/6/2023

From: Dr. M.S. Lakshmi Priya, IAS,
Mission Director,
National Health Mission, Assam

To: 1. The Principal Secretary, BTC/DHAC/KAAC
2. Deputy Commissioner cum chairman,
District Health Society (All Districts)
3. The Joint Director of Health Services
Cum Member Secretary, District Health Society (All Districts)

Sub: Revised VHSND / UHND Monitoring Checklist.

Sir/ Madam,

With reference to the subject cited above I would like to inform you that a revised checklist for monitoring of Village Health Sanitation & Nutrition Day (VHSND) / Urban Health Nutrition Day (UHND) has been prepared for better monitoring & improvement of service delivery of VHSNDs / UHNDs.

Therefore in this regard you are requested to ensure that henceforth the annexed checklist is used for monitoring of all VHSNDs / UHNDs at your districts.

Yours faithfully,

Enclosed: As stated above.

(Dr. M.S. Lakshmi Priya, IAS)
Mission Director,
National Health Mission, Assam
Date: 19/6/2023

Memo No: NHM/APM/13-14/2058/ 6093-6100

Copy to:

1. The Principal Secretary, Health & FW Department, Govt of Assam for kind information.
2. The Director of Health Services, Assam for information.
3. The Director of Health Services (FW), Assam for information.
4. The Executive Director, NHM Assam, for information.
5. The OSD, NHM Assam for information.
6. The SPM, NHM, Assam, for information.
7. PS to Hon'ble Minister of Health & Family Welfare for kind appraisal of Hon'ble Minister of Health & Family Welfare, Govt. of Assam.
8. The DPMU, NHM (All Districts) for information and necessary action.

Mission Director,
National Health Mission, Assam

VHSND / UHND Monitoring Checklist

VHSND / UHND Monitoring Format		
Section A: General Information		
Name of Sub Centre/ UPHC/UHWC	Name of MPW-F (ANM):	
Name of Village / ward:	Name of ASHA:	
VHSND / UHND site Anganwadi Centre Code:	Name of Anganwadi worker:	
Date:		
Name of Monitor 1:	Name of Monitor 2:	
Designation of Monitor 1:	Designation of Monitor 2:	
Section B: Planning		
Data Field	YES	NO
VHSND / UHND Held		
VHSND / UHND held as per micro plan		
If not held, what are the reasons A _____ B _____ C _____ D _____		
Due list of Beneficiaries		
MCP Cards as per expected cases		
ANM Present		
ASHA Present		
Anganwadi worker Present		
VHSND / UHND sessions attended by all (MPW-F/ANM, MPW-M, AWW, ASHA)		
VHSND / UHND sessions attended by the PRI officials / Ward Members / VHSNC / MAS Members		
Section C: Infrastructure		
Data Field	YES	NO
Organized in Anganwadi Centre		
Organized in Other building (specify)		
Drinking water available		
Toilet available		
Provision for Hand washing		
Provision of curtain for Privacy		

Section D: Logistics available		
Select whichever is applicable (Please tick or cross)		
BP Instrument	Albendazole tablets	Condoms
Stethoscope	Cotrimoxazole tablets	Combined Oral Contraceptives
Examination table	IFA Tablets (Red)	Calcium Tablets
Measuring tape	IFA Tablets (Pink and Blue)	IUCD -375 and 380 A sample
Weighing scale (adult)	IFA syrup	Centchroman (Chhaya)
Weighing scale (Infants)	Paracetamol	Nischay/Pregnancy testing kits
Weighing scale (child)	Urine testing kit/uristix	Injectable MPA sample (Antara)
Foetoscope	Zinc tablets	Emergency contraceptive pills
ORS Sachets	Referral slips	Digital hemoglobinometer
Section E: Immunization		
Select whichever is applicable (Please tick or cross)		
Immunization session held with VHSND / UHND?		All vaccines are available?
MR	BCG	JE Diluent (in endemic districts only)
MR Diluent	BCG Diluent	JE (in endemic districts only)
OPV		AEFI/Anaphylaxis Kit Available
Pentavalent	Rotavirus	5ml Disposable Syringes in adequate quantity
Td	DPT	0.5 ML Syringe available in adequate quantity
f-IPV	PCV	0.1 ML Syringe available in adequate quantity
Section F: Reproductive Health		
Data Field	YES	NO
Contraceptive material being distributed to beneficiaries		
Urine pregnancy test done		

Section G: Maternal Health		
Data Field	YES	NO
Privacy ensured during ANC examination		
Conducting PA examination		
Conducting BP measurement		
IFA tablets distributed to PW		
IFA tablets distributed to Lactating mothers		
Calcium tab distributed to PW		
Calcium tab distributed to Lactating mothers		
Urine examination of pregnant woman (for proteinuria)		
Identification of Severe Anemia of mother		
Identifying high risk pregnancy		
Identification of danger signs of mother		
Weighing of PW/Lactating Mother is being done		
PW/Lactating Mother referred to higher facility		
Conducting Counselling of mothers		
Section H: Newborn and Child Health		
Data Field	YES	NO
Weighing of newborn and children is being done		
Plotting of growth chart in MCP is being done		
Identifying MAM and SAM		
Identifying sick SAM child		
Identification of danger signs of newborn		
Underweight children received supplementary nutrition IFA syrup distributed to children 6-59 months Provision of Vitamin A solution		
Provision of ORS		
Provision of Zinc tablets		
Dietary counselling for children		
Newborn and children referred to higher facility as per requirement		
Child identified with any of the 4D's (Defect at birth/Deficiency / Diseases / Developmental delay including any disabilities)		
Section I: Adolescent Health		
Data Field	YES	NO
Adolescent girl received sanitary napkins		
Adolescent girls counseled on menstrual hygiene practices		
Adolescents received weekly IFA tablets		

Section J: Others		
Data Field	YES	NO
Provision of RDK for Malaria		
Provision of Antimalarial drugs		
Beneficiaries tested with VDRL		
Beneficiaries tested for HIV and Syphilis		
Beneficiaries with suspected Leprosy lesions detected		
Presumptive TB screening of all symptomatic (Cough, fever, weight loss, night sweat- being symptoms)		
Screening of all PW for TB		
TB Sputum collection container		
Section K: Counselling		
Select whichever is applicable (Please tick or cross)		
Antenatal Care	Nutrition of pregnant & lactating mothers	
Birth preparedness/complication readiness	Spacing methods	
Importance of institutional delivery	Permanent methods	
Postnatal Care of mother and newborn	Postpartum family planning	
Essential New born care	Reproductive Tract Infections- RTI	
Early initiation of breastfeeding and Exclusive Breast feeding	Sexually Transmitted Infections- STI	
Complementary feeding	Hygiene and Sanitation	
Feeding of sick child	Sex Selection	
Micronutrients Supplementation (Vitamin A and IFA)	Non-Communicable Diseases (NCD)	
Early Childhood illnesses (Diarrhoea and ARI Management)	Avoiding early marriage and Teenage pregnancy.	
Elderly and Genetic care		
Others (Specify) _____		
Section L: IEC Material		
Select whichever is applicable (Please tick or cross)		
Banner	Wall writing	Poster
Flip charts	Pamphlets	None
IEC materials as per Village Counselling theme		

Areas of Improvement

Recommendations of the Monitor/s

Signature of the monitor/s: