

Salient Points for Organizing a VHSND / UHSND Successfully

To organize a Village Health, Sanitation & Nutrition Day (VHSND / UHSND) successfully, the following salient points should be addressed:

- **Monthly Scheduling & Preparation:**
 - Organize VHSND / UHSND in every village once a month, typically at the Anganwadi Centre or another suitable government building. In larger villages, conduct more than one session if needed.
 - Hold preparatory meetings with Multi-Purpose Worker-Female (MPW-F/ANM), Accredited Social Health Activist (ASHA), and Anganwadi Worker (AWW) to finalize dates and prepare lists of target beneficiaries, ensuring all stakeholders are involved in planning.
 - Prepare and share a monthly VHSND / UHSND plan, mentioning dates, locations, high-risk areas, estimated populations, and contact information for key personnel and referral centers.
- **Community Mobilization:**
 - ASHA and AWW to inform households about the date and time of the VHSND / UHSND, with the help of local leaders, self-help groups (SHGs), and Village Health, Sanitation, and Nutrition Committee (VHSNC).
 - Special focus on mobilizing marginalized, hard-to-reach, and resistant households.
- **Site Preparation and Logistics:**
 - Ensure an accessible, spacious, well-equipped, and clean site with proper areas for health services, nutrition, early childhood development (ECD), group counseling, safe drinking water, and toilet facilities.
 - Ensure all required drugs, instruments, IEC materials, and furniture are available and functional as per the logistics checklist.
- **Involvement of Stakeholders:**
 - Involve representatives from the Departments of Health, Women and Child Development, Rural Development, Panchayati Raj, drinking water, and sanitation, along with community leaders and organizations.
 - Display date and activity information at key public places and make local announcements one day prior.
- **Service Delivery:**
 - Open site on time and arrange service delivery counters systematically.
 - Provide preventive and promotive services: antenatal care, immunization, nutrition/growth monitoring, supplementary nutrition, family planning, screening for common diseases, and referral for high-risk cases.
 - Conduct group and interpersonal counseling aligned with the monthly theme.
- **Reporting & Follow-up:**
 - Record attendance and services delivered. List absentees and high-risk cases for home visits and follow-up.
 - Submit reports through regular channels for review and discuss progress in monthly meetings.
 - Use technology (e.g., ICDS-CAS, ANMOL app) for real-time data capture where possible.
- **Continuous Supervision:**
 - Involve supervisors (Lady Health Visitors, CDPOs, etc.) for supportive supervision using standardized monitoring checklists.

What a Comprehensive VHSND / UHSND Monitoring Checklist should include

A: General Information

- Sub-Centre, village, date, names and designations of staff, site code, etc.

B: Planning

- VHSND / UHSND held as per micro-plan
- Attendance of key functionaries (ANM, ASHA, AWW, PRI officials)
- Reasons for any deviations or absences

C: Infrastructure

- Organized at Anganwadi Centre or alternative building
- Availability of drinking water, toilet facilities, hand washing, privacy arrangements
- Cleanliness and adequacy of space/furniture

D: Logistics

- Availability and functioning of:
 - Health instruments (BP apparatus, stethoscope, thermometers)
 - Immunization supplies (vaccines, syringes, vaccine carriers, AEFI kits)
 - Weighing scales (adult, child, infant), height measuring instruments
 - Drug supplies (IFA, vitamin A, deworming, contraceptives)
 - MCP cards, referral slips, IEC materials

E: Immunization

- Immunization session held
- Availability and administration of all scheduled vaccines (check as per local immunization microplan)

F: Reproductive & Maternal Health

- Distribution of contraceptives
- Pregnancy confirmation tests done
- Privacy ensured during antenatal examinations
- Blood pressure, hemoglobin, urine examinations done for pregnant/lactating women
- Identification and referral of high-risk pregnancies

G: Child Health & Nutrition

- Weighing and growth monitoring of all under-5 children
- Identification and management of malnourished (SAM/MAM) and sick children
- Administration of vitamin A, IFA syrup, deworming (where applicable)
- Supplementary nutrition distribution
- Dietary counseling to caregivers

H: Adolescent Health

- Distribution of IFA tablets and sanitary napkins
- Counseling on menstrual hygiene and nutrition

I: Disease Control

- Screening and referral for TB, leprosy, HIV, malaria as relevant

J: Counseling & IEC

- Execution of group/individual counseling sessions as per the theme of the month
- Use of appropriate IEC materials (banners, posters, flip charts, wall writing)
- Topics covered: antenatal/postnatal care, newborn care, nutrition, sanitation, family planning, NCD prevention, adolescent health

K: Reporting

- Adequate and timely documentation of all services
- Timely submission of reports through regular channels

L: Follow-up Actions

- List and plan for dropout beneficiaries, high-risk pregnancies, and referrals
- Community feedback and review of any issues for improvement in subsequent sessions

Suggestive Checklist for monitoring a VHSND / UHSND Successfully

Section	Data Fields/Questions	Yes/No/Details
A. General Information	Name of Sub-centre, Village, Date, Anganwadi Centre code, Names/designations of ANM, ASHA, AWW, Supervisors	Fill details
B. Planning	VHSND / UHSND held as per microplan? (Y/N) If not, reason: A) ANM/logistics unavailable, B) Both unavailable, C) ANM present/logistics not available, D) Logistics available but ANM absent, E) Other. ANM present? ASHA present? AWW present? PRI official present?	Yes/No/Details
C. Infrastructure	Organized at AWC? If not, specify other location: Drinking water available? Toilet available? Hand washing facility? Privacy provision (curtain, room)? Clean/tidy site?	Yes/No
D. Logistics Available	BP instrument, Stethoscope, Examination table, IFA tablets (red/pink/blue), Injectable MPA, Centchroman, Pregnancy test kits, Condoms, Oral contraceptives, Emergency contraceptives, Albendazole, Paracetamol, ORS, Zinc, Weighing scales (adult/infant/child), Infantometer, Stadiometer, Digital hemoglobinometer, Urine testing kit, Referral slips, Blank MCP cards, Immunization supplies as per microplan, AEFI kit, Job aids/IEC.	Available/Not Available
E. Immunization	Immunization session held? All vaccines available as per schedule? AEFI/Anaphylaxis kit available? Adequate syringes & diluents?	Yes/No
F. Reproductive Health	Contraceptives distributed? Pregnancy confirmation tests conducted?	Yes/No
G. Maternal Health	Privacy for abdominal exam? PA exam done? BP measurement done? IFA to PW/lactating mothers? Urine test for protein? Severe anaemia identified? High-risk pregnancies identified? Danger signs identified? Weighing done for PW/lactating mothers? Referred to higher facility if needed? Counselling of mothers done?	Yes/No
H. Newborn & Child Health	Weighing of newborn/children done? Growth chart plotting? MAM/SAM identified? Sick SAM referred? Danger signs in newborn identified? Underweight children received supplementary nutrition? IFA syrup for 6-59m children? Vit A for eligible? ORS & Zinc for eligible? Dietary counselling of caregivers? Newborn/children referred as required?	Yes/No

Section	Data Fields/Questions	Yes/No/Details
I. Adolescent Health	Sanitary napkins distributed? Menstrual hygiene counselling? Weekly IFA tablets given to adolescents?	Yes/No
J. Others (as applicable)	Provision of malaria RDK? Anti-malarial drugs provided? VDRL/HIV testing done? Suspected leprosy cases detected?	Yes/No
K. Counselling & IEC	Group/individual counselling conducted on: Antenatal care, Nutrition (PW/LM), Birth preparedness, Spacing methods, Institutional delivery, Permanent FP, Postnatal care, Newborn care, RTIs/STIs, Early/exclusive breastfeeding, Complementary feeding, Hygiene/sanitation, Feeding sick child, Micronutrient supplementation, Age at marriage, NCDs IECs used (banner, wall writing, poster, flip chart, pamphlet, theme-specific)?	Yes/No/List
L. Reporting	Service/attendance registers maintained and updated? Reports submitted through proper channels? Referral/case lists updated?	Yes/No
M. Community Engagement	VHSNC/PRI/SHG involved in mobilization? Special efforts (home visits/announcements) for hard-to-reach? Issues/feedback discussed?	Yes/No/Details
N. Follow-up Actions	Absentee/dropout beneficiaries followed up? List and plan for HRP/SAM referral? Post-event home visits/counselling planned?	Yes/No
O. Supervision	Supervisory checklists filled and submitted? Issues observed for corrective action?	Yes/No

Instructions:

- Mark YES/NO/Details for each entry.
- For availability of drugs/supplies, tick which items are available/not available.
- Add comments/recommendations where gaps are observed.