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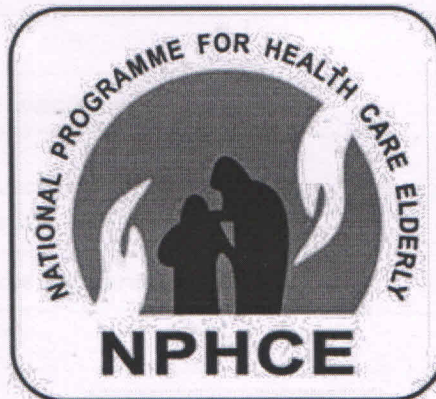
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# Operational Guidelines

## NPHCE Programme, Assam

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**2020-2021**



**State NCD Cell, Assam**  
***National Health Mission, Assam***

: Summary of Approvals : : NPHCE :					
FMR		Budget Head	Total Amount Approved for FY 2020-21	Sate Allocation	District Allocation
1	U.1	Service Delivery - Facility Based	-	-	-
2	U.2	Service Delivery - Community Based	-	-	-
3	U.3	Community Interventions	-	-	-
4	U.4	Untied Fund	-	-	-
5	U.5	Infrastructure	-	-	-
6	U.6	Procurement	54.00	40.50	13.50
7	U.7	Referral Transport	-	-	-
8	U.8	Human Resources	-	-	-
9	U.9	Training	14.58	14.58	-
10	U.10	Reviews, Research, Surveys and Surveillance	-	-	-
11	U.11	IEC/BCC	10.60	2.50	8.10
12	U.12	Printing	-	-	-
13	U.13	Quality Assurance	-	-	-
14	U.14	Drug Warehousing and Logistics	-	-	-
15	U.15	PPP	-	-	-
16	U.16	Programme Management	-	-	-
17	U.17	IT Initiatives for strengthening Service Delivery	-	-	-
18	U.18	Innovations (if any)	-	-	-
Total:			79.18	57.58	21.60

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: BUDGET SUMMARY SHEET: : F.Y - 2020-2021 : National Programme for the Health Care of the Elderly (NPHCE)						
Sl. No	FMR Code	Activity	Total Amount Approved (Rs. in lakhs)	State HQ Allocation (Rs. in lakhs)	District Allocation (Rs. in lakhs)	Page No
1	6.1.1.21.4	Non-recurring GIA: Machinery & Equipment for CHC	27.00	27.00	-	3
2	6.2.17.1	Drugs and supplies for NPHCE	27.00	13.50	13.50	3-4
3	9.5.17.1	Training of doctors and staff from CHCs and PHCs under National Programme for Health Care of Elderly (NPHCE)	14.58	14.58	-	4-6
4	11.20.1	IPC, Group activities and mass media for NPHCE (IEC/BCC Activities under NPHCE)	2.50	2.50	-	6
5	11.20.2	Celebration of days-ie International Day for older persons (IEC/BCC under NPHCE)	8.10	-	8.10	6-7
<b>Total for NPHCE:</b>			<b>79.18</b>	<b>57.58</b>	<b>21.60</b>	



**1. F.M.R. Code: 6.1.1.21.4**

**Name of Activity: Non-recurring GIA: Machinery & Equipment for CHC**

**Amount Approved: Rs.27.00 L**

**FMR Owner: A) State level: SPO NCD & BME SHQ**

**B) District level: Not applicable**

**Description:**

The amount under the FMR code is being approved for the procurement of Physiotherapy Equipment @Rs.1.00 Lakh/CHC for 27 nos. CHCs across Assam. The physiotherapist's have been posted at these CHCs from the Department of Health & Family Welfare, Govt. of Assam. The procurement will be made at the State HQ, NHM.

The list of Physiotherapy Equipment's for CHCs are listed below;

Name of Institution	SI No.	Description of Items	Qty	No. of Institution	Total Equipments
27 Community Health Centres	1	Shoulder Wheel	1	27	27
	2	Parallel Bar	1	27	27
	3	Static Cycle Exerciser	1	27	27
	4	Shoulder Pulley (Wall Mount)	1	27	27
	5	Walker	1	27	27

**Budget Breakup:**

SN	District	Unit	Cost per Unit (Rs. In Lakhs)	Total Approval (Rs. In Lakhs)
1	State HQ	1	27.00	27.00
2	District	-	-	-
Total			27.00	27.00

Note: There is no budget provision for districts.

**2. F.M.R. Code – 6.2.17.1**

**Name of Activity: Drugs and supplies for Geriatric patients**

**Amount Approved: Rs.27.00 L**

**FMR Owner: A) State level: SPO NCD & DSM State HQ**

**B) District level: DPO NCD, DPC NCD, DDSM**

**Description:**

**I) State HQ:**

The budget under this FMR code is approved for the procurement of drugs & supplies required for treating the geriatric patients at 25 District Hospitals & two medical colleges i.e., at Jorhat Medical College & Assam Medical College. The drugs mentioned in Annexure I are required in excess for treating geriatric patients both in Outpatient as well as in Inpatient department considering the ageing process. These drugs are included considering the safety and diseases suffered by the geriatric patients



**II) District :**

Rs. 50,000.00 allocation is provided per district hospital ( including 25 district hospitals & in Assam Medical College & Jorhat Medical College) for the emergency procurement of drug & supplies for Geriatric clinic/OPD as well as for indoor wards.

**Budget Breakup:**

SN	District	Unit	Unit Cost (Amount in Rs.)	Cost Per District (Amount in Rs.)	Total Fund Allocation (Rs. In Lakhs)
1	Baksa	1	50,000.00	50,000.00	0.50
2	Barpeta	1	50,000.00	50,000.00	0.50
3	Bongaigaon	1	50,000.00	50,000.00	0.50
4	Cachar	1	50,000.00	50,000.00	0.50
5	Chirang	1	50,000.00	50,000.00	0.50
6	Darrang	1	50,000.00	50,000.00	0.50
7	Dhemaji	1	50,000.00	50,000.00	0.50
8	Dhubri	1	50,000.00	50,000.00	0.50
9	Dibrugarh	1	50,000.00	50,000.00	0.50
10	Dima Hasao	1	50,000.00	50,000.00	0.50
11	Goalpara	1	50,000.00	50,000.00	0.50
12	Golaghat	1	50,000.00	50,000.00	0.50
13	Hailakandi	1	50,000.00	50,000.00	0.50
14	Jorhat	1	50,000.00	50,000.00	0.50
15	Kamrup Metro	1	50,000.00	50,000.00	0.50
16	Kamrup Rural	1	50,000.00	50,000.00	0.50
17	Karbi Anglong	1	50,000.00	50,000.00	0.50
18	Karimganj	1	50,000.00*	50,000.00	0.50
19	Kokrajhar	1	50,000.00	50,000.00	0.50
20	Lakhimpur	1	50,000.00	50,000.00	0.50
21	Morigaon	1	50,000.00	50,000.00	0.50
22	Nagaon	1	50,000.00	50,000.00	0.50
23	Nalbari	1	50,000.00	50,000.00	0.50
24	Sivsagar	1	50,000.00	50,000.00	0.50
25	Sonitpur	1	50,000.00	50,000.00	0.50
26	Tinsukia	1	50,000.00	50,000.00	0.50
27	Udalguri	1	50,000.00	50,000.00	0.50
<b>District Total:</b>		<b>27</b>		<b>13,50,000.00</b>	<b>13.50</b>
28	State HQ	1	13,50,000.00	13,50,000.00	13.50
<b>Grand Total</b>		<b>28</b>		<b>27,00,000.00</b>	<b>27.00</b>

**3. F.M.R. Code: 9.5.17.1**

**Name of Activity:** Modular training of doctors and staff nurses on geriatric care from district hospitals & medical colleges.

**Amount Approved:** Rs.14.58 L

**FMR Owner:** A) State level: SPO NCD

B) District level: Not applicable



**Description:**

The budget is approved for carrying out the 3 days modular training of two batches each of Medical Officers and staff Nurses from 25 district hospitals and 2 Medical Colleges i.e., in Jorhat Medical College and Assam Medical College. A total of 54 nos. of Medical Officers and 54 nos. of staff nurses will be trained for providing the specialized care to the geriatric patients.

Sl. No.	Particulars	Total no. of participants	Batches
1	Modular training of Medical officers	54	2
2	Modular training of staff nurses	54	2

The budget calculation is detailed below:

Proposed Budget Details for State TOT of MOs for 3-Days					
SI No	Component	Unit cost (in Rs.)	Unit	Duration	Total Amount (in Rs.)
1	TA to participants ( subject to actual )	1,200.00	27	2	64,800.00
2	DA to Participants	300.00	27	3	24,300.00
3	Honorarium for Resource Persons	1,000.00	3	3	9,000.00
4	Accommodation for the participants including(L/F)	2,000.00	27	5	2,70,000.00
5	Training Material (Bag, Pad, Pen, Pencil, Highlighter etc.)	100.00	30	1	3,000.00
6	Working lunch, snacks and Tea	300.00	30	3	27,000.00
7	Venue hiring Charge	2,000.00	1	3	6,000.00
8	Miscellaneous cost	3,500.00	1	1	3,500.00
A	Total amount for one batch (in Rs.)				4,07,600.00
B	Total Budget for 54 MOs of all 27 districts (Total- 2 Batches)				8,15,200.00

Proposed Budget Details for State TOT of SNs for 3-Days					
SI No	Component	Unit cost (in Rs.)	Unit	Duration	Total Amount (in Rs.)
1	TA to participants ( subject to actual )	1,000.00	27	2	54,000.00
2	DA to Participants	200.00	27	3	16,200.00
3	Honorarium for Resource Persons	1,000.00	3	3	9,000.00
4	Accommodation for the participants including(L/F)	1,500.00	27	5	2,02,500.00
5	Training Material (Bag, Pad, Pen, Pencil, Highlighter etc.)	100.00	30	1	3,000.00
6	Working lunch, snacks and Tea	300.00	30	3	27,000.00
7	Venue hiring Charge	2,000.00	1	3	6,000.00
8	Miscellaneous cost	3,500.00	1	1	3,500.00
A	Total amount for one batch (in Rs.)				3,21,200.00
B	Total Budget for 54 SNs of all 27 districts (Total- 2 Batches)				6,42,400.00

**Total Budget:**

Sl. No.	Activity	Total no. of participants	Batches	Cost Per Batch (in Lakh)	Budget Allocation (in lakhs)
1	Modular training of Medical officers	54	2	4.076 L	8.152 L
2	Modular training of staff nurses	54	2	3.212 L	6.424 L
Total Budget					14.576 L

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**Budget Breakup:**

Sl	District	Total Batches	Total Fund Allocation (Rs. In Lakh)
1	State HQ	4	14.58
2	District	-	-
<b>Total</b>			<b>14.58</b>

**Note:** There is no budget provision for districts.

**4. F.M.R. Code: 11.20.1**

**Name of Activity:** IPC, Group activities & Mass Media for NPHCE

**Amount Approved:** Rs.2.50 L

**FMR Owner:** A) State level: SPO NCD & SME

B) District level: Not Applicable

**Description:**

The Budget is being approved for publishing news on various Health Issues for persons above 60 years of age and Services available under National Programme for Health Care of the Elderly.

**Budget Breakup:**

SN	District	Unit	Cost per Unit (Rs. In Lakhs)	Total Fund Allocation (Rs. In Lakh)
1	State HQ	1	2.50	2.50
2	District	-	-	-
<b>Total</b>			<b>2.50</b>	<b>2.50</b>

**Note:** There is no budget provision for districts.

**5. F.M.R. Code: 11.20.2**

**Name of Activity:** Celebration of International Days for Older Persons under NPHCE

**Amount Approved:** Rs 8.10 L

**FMR Owner:** A) State level: SPO NCD

B) District level: DPO (NCD)/DPC & DME

**Description:**

The fund budget is approved for observing international day of older person at District level. Two nos. of Camps shall be organized at District Level for awareness on various health issues and screening camp for Diabetes & Hypertension for Geriatric individuals.

The detailed activities along with the estimated budget are detailed below:

Sl. No.	Component	Unit cost (in Rs)	Oty	Total (In Rs.)
1	Banner	500.00	2	1,000.00
2	Miking in local-Area	2,500.00		2,500.00
3	Tent & sitting arrangement	4,000.00		4,000.00
4	Food cost for staff (Breakfast, lunch, tea, water bottle etc.,)	4,500.00		4,500.00
5	Miscellaneous & contingencies (prescription pad, pen, miscellaneous etc)	3,000.00		3,000.00
<b>Total for 1 camp</b>				<b>15,000.00</b>
<b>Total for 2 camp</b>				<b>30,000.00</b>



**Budget Breakup:**

SN	District	Unit	Unit Cost (Amount in Rs.)	Cost Per District (Amount in Rs.)	Total Fund Allocation (Rs. In Lakhs)
1	Baksa	1	30,000.00	30,000.00	0.30
2	Barpeta	1	30,000.00	30,000.00	0.30
3	Bongaigaon	1	30,000.00	30,000.00	0.30
4	Cachar	1	30,000.00	30,000.00	0.30
5	Chirang	1	30,000.00	30,000.00	0.30
6	Darrang	1	30,000.00	30,000.00	0.30
7	Dhemaji	1	30,000.00	30,000.00	0.30
8	Dhubri	1	30,000.00	30,000.00	0.30
9	Dibrugarh	1	30,000.00	30,000.00	0.30
10	Dima Hasao	1	30,000.00	30,000.00	0.30
11	Goalpara	1	30,000.00	30,000.00	0.30
12	Golaghat	1	30,000.00	30,000.00	0.30
13	Hailakandi	1	30,000.00	30,000.00	0.30
14	Jorhat	1	30,000.00	30,000.00	0.30
15	Kamrup Metro	1	30,000.00	30,000.00	0.30
16	Kamrup Rural	1	30,000.00	30,000.00	0.30
17	Karbi Anglong	1	30,000.00	30,000.00	0.30
18	Karimganj	1	30,000.00	30,000.00	0.30
19	Kokrajhar	1	30,000.00	30,000.00	0.30
20	Lakhimpur	1	30,000.00	30,000.00	0.30
21	Morigaon	1	30,000.00	30,000.00	0.30
22	Nagaon	1	30,000.00	30,000.00	0.30
23	Nalbari	1	30,000.00	30,000.00	0.30
24	Sivsagar	1	30,000.00	30,000.00	0.30
25	Sonitpur	1	30,000.00	30,000.00	0.30
26	Tinsukia	1	30,000.00	30,000.00	0.30
27	Udalguri	1	30,000.00	30,000.00	0.30
<b>District Total:</b>		<b>27</b>		<b>8,10,000.00</b>	<b>8.10</b>
28	State HQ	1	-	-	-
<b>Grand Total</b>		<b>28</b>		<b>8,10,000.00</b>	<b>8.10</b>



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### Annexure I – Drugs for geriatric patients

Names of Medicines	
Sl no.	Names
1	Framycetin Sulphate Skin Cream 30mg tube
2	Diclofenac Sodium gel 1% IP
3	Metronidazole tab 400 mg
4	Tab. Paracetamol 500mg IP
5	Tab. Diclofenac Sodium 50 mg IP, Enteric coated
6	Tab Ibuprofen 400 mg IP
7	Inj. Tramadol 50 mg/2ml BP
8	Inj. Dicyclomine Hydrochloride 10 mg/ml IP
9	Inj. Pheniramine Maleate 22.75 mg/ml IP
10	Tab. Levocetirizine 5 mg IP
11	Inj Dexamethasone 4 mg/ml IP
12	Inj. Hydrocortisone Sodium Hemisuccinate 100 mg/ ml
13	Tab. Phenytoin Sodium 100 mg IP
14	Tab. Phenobarbitone 30 mg IP
15	Tab Amoxicillin 500 mg + Potassium Clavulanate 125 mg (625 mg) IP
16	Tab. Cefixime 200 mg IP
17	Inj Cefotaxime 1 gm + Sulbactam 500 mg IP
18	Tab. Ciprofloxacin 500 mg IP
19	Tab. Azithromycin 500 mg IP
20	Ointment Miconazole 2 % IP
21	Ointment Povidone Iodine USP XXII 5 % w/w
22	Tab Trypsin + Chymotrypsin IP
23	Tab. Isosorbide dinitrate 5 mg USP SL
24	Tab. Isosorbide Mononitrate 10 mg USP SL
25	Tab. Digoxin 250 mcg BP
26	Tab. Methyl Dopa 250 mg IP
27	Tab. Nifedepine 5 mg IP (sof-gel)
28	Tab. S Amlodepin 5 mg IP
29	Tab. Losartan Potassium 50 mg IP
30	Tab. Frusemide 40 mg IP
31	Inj Frusemide 20 mg/ 2 ml IP
32	Tab. Pantoprazole 40 mg IP
33	Gel Antacid IP
34	Tab. Ondansetron 4 mg USP
35	Inj. Ondansetron 4 mg USP
36	Tab. Norfloxacin 400mg + Tinidazole 600 mg IP
37	Tab. Salbutamol Sulphate 4 mg IP
38	Syrup. Salbutamol 2 mg/ 5 ml IP
39	Inj. Theophylline 50.6 mg & Etophylline 169.4 mg IP
40	Inj. Sodium Chloride & Dextrose IP
41	Inj. Dextrose IP 5 %
42	Inj. Compound Sodium Lactate (R/L) 500 ml IP
43	Inj. Mannitol 20 % w/v IP
44	Tab. Vit. B complex
45	Tab Iron Folic Acid
46	Tab. Calcium Carbonate 500 mg IP with D 3
47	Tab. Albendazole 400 mg IP
48	Tab. Glimipride 1 mg IP
49	Tab. Metformin 500 mg IP
50	Inj. Human Insulin (short acting) in BP 40 IU/ ml
51	Inj. Regular Insulin 40 units/ ml Bovine & Human
52	Inj. Neutral Insulin 30 % + Isophane 70 %, 40 IU/ ml
53	Tab. Alprazolam IP 0.25 mg
54	Inj. Diazepam IP 10 mg/2 ml

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