



## How to swaddle a baby



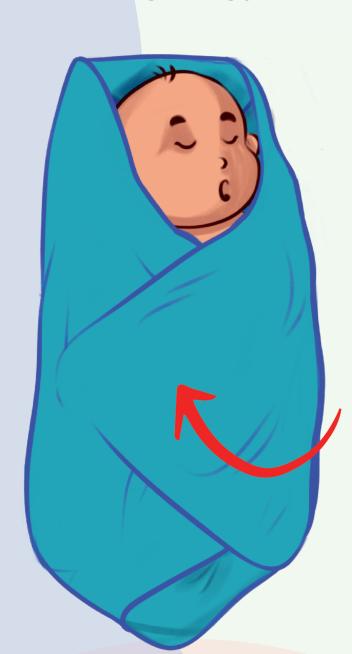




Wrap the baby using a sheet. Fold one corner on itself and place the baby's head on the in-folded corner. Cover the head till the hairline on forehead.



Cover over the left shoulder and tuck in the right side





Cover over the right shoulder and tuck on the left side



Fold from the foot end towards the top



Pull the sheet a little and tuck it under the chin

