



National Health Mission, Assam



सत्यमेव जयते
GOVERNMENT OF ASSAM



NATIONAL MENTAL HEALTH PROGRAMME

CREATING AWARENESS THROUGH KNOWLEDGE




DISTRICT MENTAL HEALTH PROGRAMME (DMHP)

In District Civil Hospitals, mental health professionals are available

Tele- MANAS Services

Free helpline
Ask about any mental health issues

 **14416 or**
1800-891-4416

TALK TO GET RELIEF