



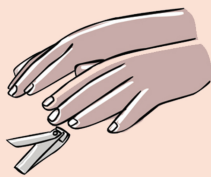
सत्यमेव जयते

Government of Assam

# PREVENTING WORM INFECTION



National Health Mission, Assam



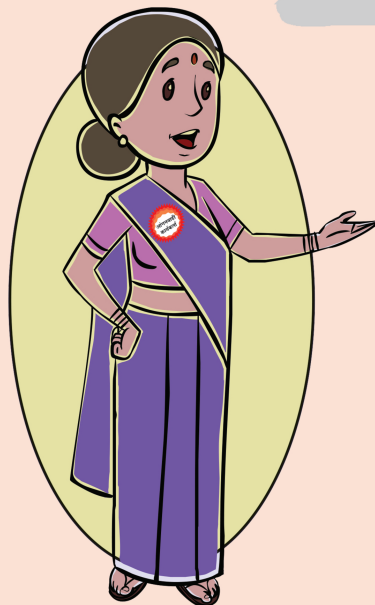
Keep your nails clean and short



Keep your surroundings clean



Always drink clean water



Wear shoes



Keep food covered



Do not defecate in the open. Always use a toilet



Wash fruits and vegetables with clean water



Wash your hands with soap, especially before eating and after using the toilet

Call 104 for COVID-19 and other Health related queries  
Call 108 for Ambulance Services

For more details, contact your ASHA/ANM or call helpline no. 104