

**OPERATIONAL  
GUIDELINE UNDER  
NATIONAL MENTAL  
HEALTH PROGRAMME  
(NMHP)  
FY 2024-26**



**National Health Mission, Assam**

**Saikia Commercial Complex, Christian Basti, Guwahati-05**

## **Preface**

The National Health Mission (NHM) strives to provide health care services on Mental Health to all the citizens of the State in an equitable manner through the National Mental Health Programme (NMHP). The main objectives of the programme is to provide mental health services including prevention, promotion and long- term continuing care at different levels of healthcare delivery system, to augment institutional capacity in terms of infrastructure, equipment and human resource for mental health care, to promote community awareness and participation in the delivery of mental health care services, to broad- base mental health into other related health programmes.

The strategy of NMHP is to integrate mental health services with primary health care, provision of tertiary care institutions for treatment of mental disorders and eradicating stigmatization of mentally ill patients and protecting their rights through regulatory institutions like the Central Mental Health Authority and State Mental health Authority.

Components included in this programme are **a.Service provision:** Management of cases of mental disorders in both OPD and IPD, counseling at healthcare delivery system and providing the essential psychiatric drugs,**b. Targeted intervention camps:** District level screening cum intervention camps in the community including schools, colleges, offices, slum areas, out of schools, jails, NGOs, Stress management workshops at workplaces, Camps on suicide prevention in the community/ Depression clinics etc., **c.Capacity building:** Manpower training on mental health to the MOs, Staff Nurses, Paramedical workers, 108 & 102 drivers & technicians , police personnels, Jail Doctors, Persons from Social Welfare department, Govt. officials, Magistrates and NGO workers for mentally ill patient and development for prevention, early identification and management of mental disorders, **d.Awareness generation:** through IEC activities for early identification of mental disorders so that timely management of such cases is possible as well as for removal of stigma attached to Mental illness.

This operational guideline is intended to support the efforts of the districts in ensuring a smooth and successful functioning of District Mental Health Programme (DMHP) under National Mental Health Programme (NMHP) of health facilities.

## Key Deliverables FY 2024-26

<b><u>National Mental Health Programme(NMHP)</u></b>							
Sl. No.	Indicator Type	Indicator Statement	Indicator	Unit	Target 2024-25	Target 2025-26	Source of Data
102	output	Improved coverage of mental health services	% of districts covered District Mental Health Unit operationalized.	Percentage	100%	100%	NMHP Data
103	output	Improved coverage of mental health services	% Increase number of person catered through District Mental Health Unit.	Number	12%	15%	NMHP Data

## Conditionalities FY 2024-26

<b><u>Implementation of National Mental Health Programme(NMHP)</u></b>				
Sl no	<u>Conditionalities</u>	<u>Indicators of 2024-26</u>	<u>Source of verification</u>	<u>% Incentive/Penalty</u>
7	A. Action taken for fulfillment of provisions under Mental Health care Act, 2017 (MHCA 2017)	<p>State has established State Mental Health Authority:</p> <p style="margin-left: 40px;">a. If yes: +2</p> <p style="margin-left: 40px;">b. If not: -2</p> <p>State has established Mental Health Review Board:</p> <p style="margin-left: 40px;">a. If yes: +2</p> <p style="margin-left: 40px;">b. If not: -2</p> <p>State has created State Mental Health Authority Fund:</p> <p style="margin-left: 40px;">a. If yes: +1</p> <p style="margin-left: 40px;">b. If not: -1</p>	Report from Mental Health Division MoHF W	+5 to-5

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Sl. No.	FMR Code	Budget sheet Sl. No.	Activity	FY- 2024-25			FY- 2025-26			Page No.
				RoP approvals (Rs. in Lakhs)	State HQ allocation	District allocation	RoP approvals (Rs. in Lakhs)	State HQ allocation	District allocation	
1	<b><u>NCD.</u></b> <b><u>2</u></b>	97.1	DMHP: Targeted interventions camps at different communities	<b>169.71</b>	<b>20.07</b>	<b>149.64</b>	<b>169.71</b>	<b>20.07</b>	<b>149.64</b>	<b>8-13</b>
2		97.2	<b>Up gradation DMHP district centreat District Civil Hospital</b>	<b>6.25</b>	<b>1.25</b>	<b>5.00</b>	<b>7.50</b>	<b>1.25</b>	<b>6.25</b>	<b>14</b>
3		97.3	Equipment	-	-	-	<b>6.25</b>	<b>6.25</b>	-	<b>15</b>
4		97.4	<b>Drugs and Supplies for NMHP</b>	<b>85.00</b>	<b>51.00</b>	<b>34.00</b>	<b>93.50</b>	<b>59.50</b>	<b>34.00</b>	<b>16-17</b>
5		97.5	<b>Ambulatory Services</b>	<b>4.00</b>	<b>0.70</b>	<b>3.30</b>	<b>4.00</b>	<b>0.70</b>	<b>3.30</b>	<b>18-19</b>
6		97.6	<b>Training of Medical Officers, Nurses, Paramedical workers &amp; Other Health Staff, Police personnels, other officials, ASHAs under NMHP</b>	<b>26.55</b>	-	<b>26.55</b>	<b>29.20</b>	-	<b>29.20</b>	<b>20-25</b>
7		97.7	Training of Non-Psychiatric Medical Officers, School & College teachers	<b>31.52</b>	<b>27.56</b>	<b>3.96</b>	<b>31.42</b>	<b>27.46</b>	<b>3.96</b>	<b>26-27</b>
8		97.8	IEC activities under NMHP	<b>40.00</b>	<b>40.00</b>	-	<b>45.00</b>	<b>45.00</b>	-	<b>28</b>

Sl. No.	FMR Code	Budget sheet Sl. No.	Activity	FY- 2024-25			FY- 2025-26			Page No.
				RoP approvals (Rs. in Lakhs)	State HQ allocation	District allocation	RoP approvals (Rs. in Lakhs)	State HQ allocation	District allocation	
9		97.9	Awareness generation activities in the community, schools, workplace etc. with community involvement	34.00	-	34.00	35.70	-	35.70	29-39
10		97.10	IEC & Printing	6.80	6.80	-	6.80	6.80	-	40
11		97.11	Miscellaneous/Travel/Contingency under NMHP	20.40	12.15	8.25	20.40	12.15	8.25	41-43
12		97.12	Operational expenses of the district centre: rent, telephone expenses, website etc.	4.25	4.25	-	4.25	4.25	-	43
13		98.10	Any other State specific Initiative	20.00	20.00	-	-	-	-	44
<b>Total</b>				<b>448.48</b>	<b>183.78</b>	<b>264.70</b>	<b>453.73</b>	<b>183.43</b>	<b>270.30</b>	
<b>Annexure-I</b>		<b>Format for Targeted Intervention activity register attendance sheet</b>								<b>45</b>
<b>Annexure-II</b>		<b>Volunteer Honorarium Claim Form</b>								<b>46</b>
<b>Annexure-III</b>		<b>List of Health Blocks for conducting Targeted Intervention activities for both FY 2024-25 &amp; 2025-26</b>								<b>47-50</b>
<b>Annexure-IV</b>		<b>Format for training register attendance sheet</b>								<b>51-52</b>
<b>Annexure-V</b>		<b>Format for home visit register attendance sheet</b>								<b>53</b>

**District wise total fund breakup**

Sl.No.	Name of the Districts	Budget Approved for District in ROP 2024-2025	Budget Approved for District in ROP 2025-2026
		(In Lakhs)	(In Lakhs)
1	Baksa	8.5992	9.6319
2	Barpeta(including Bajali)	9.2354	9.2833
3	Biswanath	8.1951	6.9942
4	Bongaigaon	8.8213	10.1201
5	Cachar	9.9516	10.9837
6	Charaideo	5.6489	5.6983
7	Chirang	5.6489	5.6983
8	Darrang	8.3213	8.9011
9	Dhemaji	8.3275	8.376
10	Dhubri	4.341	4.655
11	Dibrugarh	9.0192	9.0674
12	DimaHasao	7.0251	7.0742
13	Goalpara	9.303	9.086
14	Golaghat	9.0375	9.086
15	Hailakandi	8.8213	8.8701
16	Hojai	5.9089	7.4738
17	Jorhat	10.0037	8.8019
18	Kamrup	11.154	10.951
19	Kamrup Metropolitan	7.483	7.797
20	KarbiAnglong	8.3813	8.6956
21	Karimganj	8.4775	8.526
22	Kokrajhar	10.0868	9.1356
23	Lakhimpur	9.2537	9.5674
24	Majuli	5.1927	5.5079
25	Marigaon	7.9451	7.9942
26	Nagaon	11.8378	10.3696
27	Nalbari	8.3213	8.3701
28	Sibsagar	8.7537	9.3329
29	Sonitpur	8.5868	8.6356
30	South SalmaraMancachar	3.0824	3.3973
31	Tinsukia	9.2413	9.5556
32	Udalguri	7.4451	9.0097

<b>Sl.No.</b>	<b>Name of the Districts</b>	<b>Budget Approved for District in ROP 2024-2025</b>	<b>Budget Approved for District in ROP 2025-2026</b>
		<b>(In Lakhs)</b>	<b>(In Lakhs)</b>
33	West KarbiAnglong	<b>3.2486</b>	<b>3.6527</b>
<b>Total (District Wise) :</b>		<b>264.70</b>	<b>270.30</b>
34	<b>State HQ NMHP</b>	<b>183.78</b>	<b>183.43</b>
<b>Grand Total:</b>		<b>448.48</b>	<b>453.73</b>

**Activity No. 1:**

**FMR Code: NCD.2 (Sl. No.- 97.1)**

**Head of Budgeting:** Others including Operating Costs

**Name of the Activity:** DMHP: Targeted intervention activity among different group of people at:

- i. Govt. health institutions like BPHCs/MPHCs/SDs/UPHCs, Tea garden hospitals etc.
- ii. Schools & colleges
- iii. District Jail.
- iv. NGOs working for mentally ill persons
- v. Home Visits/Follow-up visits

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 169.71 Lakhs

**Approved Budget in the FY 2025- 26:** 169.71 Lakhs

**About the activity:** Under NMHP- District Mental Health Programme: Targeted intervention activities includes the following activities:

- i. Awareness about mental health, features of mental disorders, availability of their management
- ii. Screening for mental health issues such as depression, psychosis, anxiety etc.
- iii. Pharmacotherapy as per need
- iv. Counselling as per need
- v. Referral as per need

**Aim:** To sensitize the whole community about mental health, features of mental disorders, screening of mental health disorders among the population, availability of their management in the health institutions and benefits of treatment.

**Expenditure can be incurred on the following activity:**

1. Targeted intervention about mental health, features of mental disorders, availability of their management in the **govt. health institutions like BPHCs/MPHCs/SDs/UPHCs, Tea garden hospitals etc.**
2. Targeted intervention about mental health, features of mental disorders, availability of their management in **schools & colleges.**
3. Targeted interventions about mental health, features of mental disorders, availability of their management and stress management in the **jail once in a month**
4. Targeted interventions about mental health, features of mental disorders, availability of their management and stress management at **NGOs working for mentally ill persons (once in a month).**



5. **Home visits** to the persons with mental illness for follow up/new patient in special circumstances after the patient has been catered in the hospital by the Psychiatrist/Trained medical Officer.

- Clinical Psychologist or Psychiatric Social Worker or Psychiatric Nurse/Community Nurse doing Field outing for making home visits to patients will be eligible for ‘Daily Allowance’ @Rs.200.00/day and ‘**Travel Allowance on actuals**’ not exceeding @Rs.300.00/day.
- In the follow up visit/home visit, the patient must be evaluated for progress made (application of assessment tools etc.), and requirement of medication change or referral needed etc.
- Proper Bills and Photographic Documentation with the beneficiaries will be required.

- Note:**
- Register format for TI activities is attached as **Annexure-I**.
  - Volunteers’ claim form is attached as **Annexure- II**.
  - Name of the blocks for conducting the TI activities is attached as **Annexure- III**.
  - Register format for Home Visit is attached as **Annexure-IV**.

**Total Budget and Numbers of Camps:**

- ❖ **Budget Breakup for targeted intervention cum screening camps for both financial year:-**

**Budgets for each TI activities:**

a) **TI at Government Hospitals, Tea Garden Hospitals etc:**

<b><u>FMR Code</u></b>	<b><u>Sl No.</u></b>	<b><u>Particulars</u></b>	<b><u>Unit Cost</u></b>	<b><u>Quantity</u></b>	<b><u>Amount (Rs.)</u></b>
NCD.2 (Sl. No.- 97.1)	1	Banner/Poster etc	500.00	<b>1</b>	<b>500.00</b>
	2	Refreshment	50.00	<b>20</b>	<b>1000.00</b>
	3	Vehicle Hiring	2000.00	<b>1</b>	<b>2000.00</b>
	4	Honorarium for Resource Person	1000.00	<b>1</b>	<b>1000.00</b>
	5	Incentive to volunteer for mobilizing patients	10.00	<b>50</b>	<b>500.00</b>
	6	Miscellaneous (For printing leaflets, stationaries etc.)	500.00	<b>1</b>	<b>500.00</b>
<b>Total</b>					<b>5500.00</b>

- **Volunteer incentive @Rs.10.00 per beneficiary (Person with Mental illness) brought to camp. Considering altogether 50 beneficiary are brought by Volunteers. If beneficiary Nos. brought by Volunteers exceeds 50, then the extra fund may be incurred under Contingency FMR. A volunteer can be anyone from community like ASHA, AWW etc. but not from Service Staff.**
- **The fee for Resource Person can only be incurred for person outside of Govt. service (Health- A).**

**b) TI at Jails, NGO's:**

<u>FMR Code</u>	<u>Sl No.</u>	<u>Particulars</u>	<u>Unit Cost</u>	<u>Quantity</u>	<u>Amount (Rs.)</u>
NCD.2 (Sl No. 97.1)	1	Banner/Poster etc	500.00	1	500.00
	2	Refreshment	50.00	10	500.00
	3	Vehicle Hiring	2000.00	1	2000.00
	4	Miscellaneous	500.00	1	500.00
<b>Total</b>					<b>3500.00</b>

**c) TI camps in Schools/Colleges:**

<u>FMR Code</u>	<u>Sl No.</u>	<u>Particulars</u>	<u>Unit Cost</u>	<u>Quantity</u>	<u>Amount (Rs.)</u>
NCD.2 (Sl No. 97.1)	1	Banner/Poster etc	500.00	2	1000.00
	2	Refreshment	50.00	60	3000.00
	3	Vehicle Hiring	2000.00	1	2000.00
	4	Leaflet	3.00	100	300.00
	5	Honorarium for Resource Person	500.00	1	500.00
	6	Miscellaneous	500.00	1	500.00
<b>Total</b>					<b>7500.00</b>
<ul style="list-style-type: none"> <li>• The resource person for this activity may include non- medical person, preferably Psychologist/Social Worker/Yoga instructor etc. to sensitize regarding life skills/life styles.</li> </ul>					

**d) POKHILA team visit:**

- Under this activity fund has been given for contingency/miscellaneous expenses for POKHILA team visit (as much as possible) to the resistant cases in every blocks.
- fund for this activity is calculated as:  
Monthly expenses: No.s of block x 500.00  
Yearly expenses: Nos. of blocks x 12 months x 500.00

### Detailed Budget Breakup:

Same for both FY 2024-25 and 2025-26								
Sl. No.	Name of District	(a)			(b)		(c)	
		No. of TI Camp in Hospitals/month	No. of TI Camp in Hospitals/year	Budget TI at Hospitals	No. of TI Camp in Jails/year (@once in a month)	Budget TI at Jail	No. of TI Camp in NGO/year (@once in a month)	Budget TI at NGO
1	Baksa	4	48	264000.00	0	0.00	12	42000.00
3	Barpeta	4	48	264000.00	12	42000.00	12	42000.00
4	Biswanath	3	36	198000.00	12	42000.00	12	42000.00
5	Bongaigaon	4	48	264000.00	12	42000.00	12	42000.00
6	Cachar	4	48	264000.00	12	42000.00	12	42000.00
7	Charaideo	2	24	132000.00	12	42000.00	0	0.00
8	Chirang	2	24	132000.00	12	42000.00	0	0.00
9	Darrang	4	48	264000.00	12	42000.00	12	42000.00
10	Dhemaji	4	48	264000.00	12	42000.00	6	21000.00
11	Dhubri	1	12	66000.00	6	21000.00	6	21000.00
12	Dibrugarh	4	48	264000.00	12	42000.00	12	42000.00
13	Dima Hasao	3	36	198000.00	12	42000.00	0	0.00
14	Goalpara	4	48	264000.00	12	42000.00	12	42000.00
15	Golaghat	4	48	264000.00	12	42000.00	12	42000.00
26	Hailakandi	4	48	264000.00	12	42000.00	12	42000.00
17	Hojai	2	24	132000.00	0	0.00	12	42000.00
18	Jorhat	4	48	264000.00	12	42000.00	12	42000.00
19	Kamrup (M)	2	24	132000.00	12	42000.00	12	42000.00
20	Kamrup Rural	6	72	396000.00	0	0.00	12	42000.00
21	Karimganj	4	48	264000.00	12	42000.00	12	42000.00
22	Karbi Anglong	4	48	264000.00	12	42000.00	12	42000.00
23	Kokrajhar	4	48	264000.00	12	42000.00	12	42000.00
24	Lakhimpur	4	48	264000.00	12	42000.00	12	42000.00
25	Majuli	1	12	66000.00	12	42000.00	12	42000.00
26	Morigaon	3	36	198000.00	12	42000.00	12	42000.00
27	Nalbari	4	48	264000.00	12	42000.00	12	42000.00
28	Nagaon	4	48	264000.00	24	84000.00	12	42000.00
29	Sivasagar	4	48	264000.00	12	42000.00	12	42000.00
30	Sonitpur	4	48	264000.00	12	42000.00	12	42000.00
31	South Salmara	1	12	66000.00	0	0.00	0	0.00
32	Tinsukia	4	48	264000.00	24	84000.00	12	42000.00
33	Udalguri	3	36	198000.00	12	42000.00	12	42000.00
34	West Karbi anglong	1	12	66000.00	6	21000.00	0	0.00
<b>Total</b>		<b>110</b>	<b>1320</b>	<b>7260000.00</b>	<b>360</b>	<b>1260000.00</b>	<b>324</b>	<b>1134000.00</b>

Same for both FY 2024-25 and 2025-26							
Sl. No.	Name of District	(d)		(e)			(f)
		No. of TI in Schools/year (@once in a month) (Different School/College each month)	Budget TI at school	No of Field outings / month By CP/PSW/PN /CN	No of Field outings/ year By CP/PSW/P N/CN	Budget Field outings By CP/PSW/P N/CN	Total budget for Pkhila visit
1	Baksa	12	90000.00	8	96	48000.00	36000.00
3	Barpeta	12	90000.00	8	96	48000.00	42000.00
4	Biswanath	12	90000.00	8	96	48000.00	18000.00
5	Bongaigaon	12	90000.00	8	96	48000.00	24000.00
6	Cachar	12	90000.00	8	96	48000.00	48000.00
7	Charaideo	12	90000.00	8	96	48000.00	12000.00
8	Chirang	12	90000.00	8	96	48000.00	12000.00
9	Darrang	12	90000.00	8	96	48000.00	24000.00
10	Dhemaji	12	90000.00	8	96	48000.00	30000.00
11	Dhubri	12	90000.00	8	96	48000.00	30000.00
12	Dibrugarh	12	90000.00	8	96	48000.00	36000.00
13	Dima Hasao	12	90000.00	8	96	48000.00	18000.00
14	Goalpara	12	90000.00	8	96	48000.00	30000.00
15	Golaghat	12	90000.00	8	96	48000.00	30000.00
26	Hailakandi	12	90000.00	8	96	48000.00	24000.00
17	Hojai	12	90000.00	4	48	24000.00	12000.00
18	Jorhat	12	90000.00	8	96	48000.00	36000.00
19	Kamrup (M)	12	90000.00	8	96	48000.00	30000.00
20	Kamrup Rural	12	90000.00	8	96	48000.00	72000.00
21	Karimganj	12	90000.00	8	96	48000.00	24000.00
22	Karbi Anglong	12	90000.00	8	96	48000.00	30000.00
23	Kokrajhar	12	90000.00	8	96	48000.00	24000.00
24	Lakhimpur	12	90000.00	8	96	48000.00	36000.00
25	Majuli	12	90000.00	8	96	48000.00	6000.00
26	Morigaon	12	90000.00	8	96	48000.00	18000.00
27	Nalbari	12	90000.00	8	96	48000.00	24000.00
28	Nagaon	12	90000.00	8	96	48000.00	54000.00
29	Sivasagar	12	90000.00	8	96	48000.00	36000.00
30	Sonitpur	12	90000.00	8	96	48000.00	24000.00
31	South Salmara	6	45000.00	4	48	24000.00	12000.00
32	Tinsukia	12	90000.00	8	96	48000.00	24000.00
33	Udalguri	12	90000.00	8	96	48000.00	18000.00
34	West Karbi anglong	6	45000.00	4	48	24000.00	24000.00
<b>Total</b>		<b>384</b>	<b>2880000.00</b>	<b>252</b>	<b>3024</b>	<b>1512000.00</b>	<b>918000.00</b>

**District wise fund breakup:**

Same for both FY 2024-25 and 2025-26				
Sl. No.	Name of District	Total TI activity	Total budget (a+b+c+d+e+f)	Rs. In Lakhs
1	Baksa	168	480000.00	4.80
3	Barpeta	180	528000.00	5.28
4	Biswanath	168	438000.00	4.38
5	Bongaigaon	180	510000.00	5.10
6	Cachar	180	534000.00	5.34
7	Charaideo	144	324000.00	3.24
8	Chirang	144	324000.00	3.24
9	Darrang	180	510000.00	5.10
10	Dhemaji	174	495000.00	4.95
11	Dhubri	132	276000.00	2.76
12	Dibrugarh	180	522000.00	5.22
13	Dima Hasao	156	396000.00	3.96
14	Goalpara	180	516000.00	5.16
15	Golaghat	180	516000.00	5.16
26	Hailakandi	180	510000.00	5.10
17	Hojai	96	300000.00	3.00
18	Jorhat	180	522000.00	5.22
19	Kamrup (M)	156	384000.00	3.84
20	Kamrup Rural	192	648000.00	6.48
21	Karbi Anglong	180	516000.00	5.16
22	Karimganj	180	510000.00	5.10
23	Kokrajhar	180	510000.00	5.10
24	Lakhimpur	180	522000.00	5.22
25	Majuli	144	294000.00	2.94
26	Morigaon	168	438000.00	4.38
27	Nagaon	192	582000.00	5.82
28	Nalbari	180	510000.00	5.10
29	Sivasagar	180	522000.00	5.22
30	Sonitpur	180	510000.00	5.10
31	South Salmara	66	147000.00	1.47
32	Tinsukia	192	552000.00	5.52
33	Udalguri	168	438000.00	4.38
34	West Karbi anglong	72	180000.00	1.80
<b>District Total</b>		<b>5412</b>	<b>14964000.00</b>	<b>149.64</b>
<b>State HQ</b>		<b>1</b>	<b>2007000.00</b>	<b>20.07</b>
<b>Total</b>		<b>5413</b>	<b>16971000.00</b>	<b>169.71</b>

**Activity No. 2:**

**FMR Code: NCD.2 (Sl. No.- 97.2)**

**Head of Budgeting:** Others including Operating Costs

**Name of the Activity:** Up gradation of district DMHP Centre situated at District Civil Hospital.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 6.25 Lakhs

**Approved Budget in the FY 2025-26:** 7.50 Lakhs

**About the activity:** Under NMHP- District Mental Health Programme: The district mental health unit situated at District Civil Hospital should be equipped with facilities to provide Psychological/Psychosocial interventions/counselling at both the levels of care: Outpatient and In- patient including both the settings: in group settings and in individual settings.

**Aim:** To provide a better mental health counseling setup with minimum facilities in the form of separate counseling room so that the patients get confidence and can express their problems to the counselor without any hesitation.

**The districts along with budget allocation are given below:**

Sl. No.	Name of the District	FY 2024-25		FY 2025-26	
		Target	Budget (in lakhs)	Target	Budget (in lakhs)
1	Baksa	-	-	1	1.25
2	Biswanath	1	1.25	-	-
3	Cachar	-	-	1	1.25
4	Bongaigaon	-	-	1	1.25
5	Jorhat	1	1.25	-	-
6	Kamrup Rural	1	0.25	-	-
7	Nagaon	1	1.25	-	-
8	Udalguri	-	-	1	1.25
9	Hojai	-	-	1	1.25
10	Kokrajhar	1	1.00	-	-
11	State HQ	1	1.25	1	1.25
<b>Total</b>		<b>6</b>	<b>6.25</b>	<b>6</b>	<b>7.50</b>

**Expenditure can be incurred on:** Upgradation (identification/renovation/procurement of different stationeries etc.) of DMHP Centre situated in District Civil Hospitals.

**Activity No. 3:**

**FMR Code: NCD.2 (Sl. No.- 97.3)**

**Head of Budgeting:** Equipment

**Name of the Activity:** Procurement of equipments under National Mental Health Programme such as Psychological Assessment tools etc.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP/Procurement Expert, NHM

**Approved Budget in the FY 2025-26:**6.25 Lakhs

**Aim:**Under NMHP- District Mental Health Programme: procurement of Psychological Assessment tools such as Intelligence, anxiety, Personality tests,Depression scales and other questionnaires as these tools are necessary to identify if there any mental health issues present and determine a diagnosis and treatment accordingly.

**Expenditure can be incurred on:** Procurement of Psychological Assessment tools at State level and distribution of the same to districts.

**Budget breakup:**

<b>Name of the Activity</b>	<b>Target</b>	<b>Total amount for the FY 2025-26 (Rs. in Lakhs)</b>
Procurement of equipments under NMHP	1 (State HQ)	6.25

**Activity No. 4:**

**FMR Code: NCD.2 (Sl. No.- 97.4)**

**Head of Budgeting:** Drugs and supplies

**Name of the Activity:** Under National Mental Health Programme: Procurement of Psychiatric drugs at State HQ and distribution of the same and local procurement at district level.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP/Procurement Expert/DSM, NHM/AMSCCL

**At Dist. Level:** District Programme Officer/Jt.DHS/DDSM,NHM

**Approved Budget in the FY 2024-25:** 85.00 Lakhs

**Approved Budget in the FY 2025-26:** 93.50 Lakhs

**Aim:** Under NMHP- District Mental Health Programme: For providing free psychiatric drugs to the mentally ill patients as per need.

**Guideline:** For the procurement of Psychiatric Drugs, the purchase committee is notified. The respective Account Manager will ensure the proper booking of expenditure at district level.

In the State level, tender process will be done for providing psychotic drugs and consumables to the District and the procurement process will be done at the State level.

**Expenditure can be incurred on:** Procurement of Psychiatric Drugs at both State and district level.



**District wise fund breakup**

<b><u>Sl. No.</u></b>	<b><u>Districts</u></b>	<b><u>FY 2024-25</u></b>	<b><u>FY 2025-26</u></b>
		<b><u>Allocated Fund (Rs. In Lakhs)</u></b>	<b><u>Allocated Fund (Rs. In Lakhs)</u></b>
1	Baksa	1.00	1.00
2	Barpeta&Bajali	1.00	1.00
3	Biswanath	0.50	0.50
4	Bongaigaon	1.50	1.50
5	Cachar	1.50	1.50
6	Charaideo	0.50	0.50
7	Chirang	0.50	0.50
8	Darrang	1.00	1.00
9	Dhemaji	1.00	1.00
10	Dhubri	0.00	0.00
11	Dibrugarh	1.00	1.00
12	DimaHasao	1.00	1.00
13	Goalpara	1.50	1.50
14	Golaghat	1.50	1.50
15	Hailakandi	1.50	1.50
16	Hojai	1.00	1.00
17	Jorhat	1.00	1.00
18	Kamrup (M)	1.00	1.00
19	Kamrup (R)	1.00	1.00
20	KarbiAnglong	1.00	1.00
21	Karimganj	1.00	1.00
22	Kokrajhar	1.50	1.50
23	Lakhimpur	1.50	1.50
24	Majuli	0.50	0.50
25	Morigaon	1.50	1.50
26	Nagaon	1.50	1.50
27	Nalbari	1.00	1.00
28	Sivasagar	1.00	1.00
29	Sonitpur	1.00	1.00
30	South Salmara	0.50	0.50
31	Tinsukia	1.50	1.50
32	Udalguri	1.00	1.00
33	West KA	0.50	0.50
<b>District Total</b>		<b>34.00</b>	<b>34.00</b>
<b>State HQ</b>		<b>51.00</b>	<b>59.50</b>
<b>Grand total</b>		<b>85.00</b>	<b>93.50</b>

**Activity No. 5:**

**FMR Code: NCD.2 (Sl. No.- 97.5)**

**Head of Budgeting:** Others including Operating Costs

**Name of the Activity:** Under National Mental Health Programme: Ambulatory Services

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 4.00 Lakhs

**Approved Budget in the FY 2025-26:** 4.00 Lakhs

**Aim:** For providing mobility services for the mentally ill patients within the district and out of the district also.

- For the transfer of the patients from Dist/Block will use free 108/102 referral transport services, if free transportation services is not available, Dist/Block will use local transport facilities as per norms.

**Expenditure can be incurred on:** For providing mobility services for the mentally ill patients within the district and out of the district also.

**District wise fund breakup:**

<b><u>Sl. No.</u></b>	<b><u>Name of District</u></b>	<b><u>FY 2024-25</u></b>		<b><u>FY 2025-26</u></b>	
		<b><u>Target</u></b>	<b><u>Budget</u></b>	<b><u>Target</u></b>	<b><u>Budget</u></b>
1	Baksa	1	10000.00	1	10000.00
2	Barpeta	1	10000.00	1	10000.00
3	Biswanath	1	10000.00	1	10000.00
4	Bongaigaon	1	10000.00	1	10000.00
5	Cachar	1	10000.00	1	10000.00
6	Charaideo	1	10000.00	1	10000.00
7	Chirang	1	10000.00	1	10000.00
8	Darrang	1	10000.00	1	10000.00
9	Dhemaji	1	10000.00	1	10000.00
10	Dhubri	1	10000.00	1	10000.00
11	Dibrugarh	1	10000.00	1	10000.00
12	DimaHasao	1	10000.00	1	10000.00
13	Goalpara	1	10000.00	1	10000.00
14	Golaghat	1	10000.00	1	10000.00
15	Hailakandi	1	10000.00	1	10000.00
16	Hojai	1	10000.00	1	10000.00

<u>Sl. No.</u>	<u>Name of District</u>	<u>FY 2024-25</u>		<u>FY 2025-26</u>	
		<u>Target</u>	<u>Budget</u>	<u>Target</u>	<u>Budget</u>
17	Jorhat	1	10000.00	1	10000.00
18	Kamrup (M)	1	10000.00	1	10000.00
19	Kamrup (R)	1	10000.00	1	10000.00
20	KarbiAnglong	1	10000.00	1	10000.00
21	Karimganj	1	10000.00	1	10000.00
22	Kokrajhar	1	10000.00	1	10000.00
23	Lakhimpur	1	10000.00	1	10000.00
24	Majuli	1	10000.00	1	10000.00
25	Morigaon	1	10000.00	1	10000.00
26	Nagaon	1	10000.00	1	10000.00
27	Nalbari	1	10000.00	1	10000.00
28	Sivasagar	1	10000.00	1	10000.00
29	Sonitpur	1	10000.00	1	10000.00
30	South Saslmara	1	10000.00	1	10000.00
31	Tinsukia	1	10000.00	1	10000.00
32	Udalguri	1	10000.00	1	10000.00
33	West KarbiAnglong	1	10000.00	1	10000.00
34	NMHP State HQ	1	70000.00	1	70000.00
<b>Total</b>			<b>400000.00</b>		<b>400000.00</b>

### **Activity No. 6:**

**FMR Code: NCD.2 (Sl. No.- 97.6)**

**Head of Budgeting:** Capacity building including training

**Name of the Activity:** Different training activities under NMHP.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 26.55 Lakhs

**Approved Budget in the FY 2025-26:** 29.20 Lakhs

**About the activity:** Different trainings at district level

**Aim:**

1. For providing knowledge, basic information about the mental illnesses and their treatment to **the Medical Officers from District Hospital, CHCs & PHCs, Jail Doctors, Tea Garden Doctors**, so that they can provide basic mental health OPD services and can identify the mentally ill patient and refer to the District Hospitals if needed.
2. For providing knowledge to the **Nurses** on mental illnesses and basic treatment, so that they can help the MOs to treat the mentally ill patient and refer to the District Hospital if needed.
3. For providing knowledge, basic information about the mental illnesses and their treatment to **theCHOs**, so that they can provide basic mental health OPD services and can identify the mentally ill patient and refer to the District Hospitals.
4. For providing the knowledge to the **paramedical staff** about the mentally ill patient and the basic things for their treatment at PHC/CHC level, **108 & 102 ambulance drivers, technicians and other staff** so that they may help in the mobility of the patient from the respective places, **Pharmacists** so that they can dispense psychiatric drugs properly.
5. For providing training to the **Stakeholders- Police personnels, Magistrates, Govt. Officials, Personals from Social Welfare Deptt. (Including Anganwadi Workers), Panchayat Leaders, Community members, NGO workers etc.** so that they can get the knowledge about their duty in terms of identification of persons with mental health issues and how to proceed for the treatment, identification of homeless mentally ill patients, their rescue, treatment etc.
6. For providing training to the **School & College teachers** to orient them about the students with mental illness so that they can be detected and help in initiating their treatment by appropriate referral. The students may have different types of mental issues namely depression, anxiety, somatoform disorder, adjustment disorder, personality disorder, stress problem, alcohol and drug abuse problem.
7. Sensitization of **ASHAs and ANMs** on mental health, identification of mental health issues etc.

**Expenditure can be incurred on the following activity:**

1. **Medical Officers from District Hospital, CHCs & PHCs, Jail Doctors, Tea Garden Doctors (Batch size- 30)**
2. **Training of Nurses (Batch size- 30)**
3. **Training of CHOs (Batch size- 30)**
4. **Training of Training of Paramedical Workers, Pharmacists, 108 Ambulance drivers & technicians and other staff (Batch size- 30)**

5. Training of Stakeholders- Police personnels, Magistrates, Govt. Officials, Personals from Social Welfare Deptt. (including Anganwadi Workers), Panchayat Leaders, Community members, NGO workers etc. (Batch size- 30)
6. Training of School & College teachers(Batch size- 30)
7. Training of ASHAs and ANMs (Batch size- 30)

**District wise distribution of Training batches for the FY 2024-25**

Sl. No.	Districts	Training of Medical Officers	Training of Nurses	Training of CHOs	Training of Paramedical Workers, Pharmacists, 108 drivers & technicians and others	Training of Stakeholders	Training of School & College teachers	Training of ANMs, ASHAs	Total
1	Baksa	1	-	-	-	1	1	1	4
2	Barpeta & Bajali	-	-	1	1	1	-	1	4
3	Biswanath	-	1	-	-	1	1	-	3
4	Bongaigaon	-	-	1	1	-	-	1	3
5	Cachar	-	-	1	1	1	-	1	4
6	Charaideo	-	1	-	-	1	1	-	3
7	Chirang	-	1	-	1	1	-	-	3
8	Darrang	1	-	1	-	-	1	-	3
9	Dhemaji	1	-	-	1	-	-	1	3
10	Dhubri	-	-	-	-	-	-	-	0
11	Dibrugarh	-	-	1	1	1	-	1	4
12	Dima Hasao	1	-	-	-	1	-	1	3
13	Goalpara	1	-	1	-	-	1	1	4
14	Golaghat	1	-	1	1	-	-	-	3
15	Hailakandi	-	-	1	1	1	-	-	3
16	Hojai	1	-	-	-	1	1	-	3
17	Jorhat	-	1	-	-	1	-	1	3
18	Kamrup (M)	-	-	1	1	-	1	1	4
19	Kamrup (R)	-	1	1	1	-	-	1	4
20	Karimganj	1	-	1	-	-	-	1	3
21	Karbi Anglong	-	-	1	-	1	-	1	3
22	Kokrajhar	-	-	1	1	1	-	1	4
23	Lakhimpur	1	-	1	-	-	-	1	3

Sl. No.	Districts	Training of Medical Officers	Training of Nurses	Training of CHOs	Training of Paramedical Workers, Pharmacists, 108 drivers & technicians and others	Training of Stakeholders	Training of School & College teachers	Training of ANMs, ASHAs	Total
24	Majuli	-	-	1	-	1	1	-	3
25	Morigaon	-	-	1	1	-	-	1	3
26	Nalbari	1	1	-	-	-	-	1	3
27	Nagaon	-	1	1	1	-	-	1	4
28	Sivasagar	-	1	1	-	-	1	-	3
29	Sonitpur	-	-	1	1	-	1	1	4
30	S. Salmara	-	-	-	-	-	-	-	0
31	Tinsukia	-	1	1	-	-	-	1	3
32	Udalguri	-	1	-	1	1	-	-	3
33	West Karbi Anglong	-	-	-	-	-	-	-	0
<b>Total</b>		<b>10</b>	<b>10</b>	<b>20</b>	<b>15</b>	<b>15</b>	<b>10</b>	<b>20</b>	<b>100</b>

**District wise distribution of Training batches for the FY 2025-26**

Sl. No.	Districts	Training of Medical Officers	Training of Nurses	Training of CHOs	Training of Paramedical Workers, Pharmacists, 108 drivers & technicians and others	Training of Stakeholders	Training of School & College teachers	Training of ANMs, ASHAs	Total
1	Baksa	-	1	1	1	-	-	-	3
2	Barpeta & Bajali	1	-	1	-	-	1	1	4
3	Biswanath	-	-	1	1	-	-	1	3
4	Bongaigaon	-	1	1	-	1	-	-	3
5	Cachar	1	-	1	-	-	1	-	3
6	Charaideo	-	-	1	1	-	-	1	3
7	Chirang	-	-	1	-	-	1	1	3
8	Darrang	-	1	1	1	1	-	1	5
9	Dhemaji	-	1	1	-	1	-	-	3
10	Dhubri	-	1	-	-	-	-	-	1
11	Dibrugarh	1	-	1	-	-	1	1	4
12	Dima Hasao	-	1	1	1	-	-	-	3

Sl. No.	Districts	Training of Medical Officers	Training of Nurses	Training of CHOs	Training of Paramedical Workers, Pharmacists, 108 drivers & technicians and others	Training of Stakeholders	Training of School & College teachers	Training of ANMs, ASHAs	Total
13	Goalpara	-	-	1	1	1	-	-	3
14	Golaghat	-	-	1	-	1	-	1	3
15	Hailakandi	1	-	1	-	-	-	1	3
16	Hojai	-	-	1	1	-	1	1	4
17	Jorhat	-	-	1	1	-	1	-	3
18	Kamrup (M)	1	1	1	-	1	-	1	5
19	Kamrup (R)	1	-	1	-	1	-	1	4
20	Karimganj	-	-	1	1	1	-	-	3
21	Karbi Anglong	-	1	1	1	-	-	1	4
22	Kokrajhar	1	-	1	-	-	1	1	4
23	Lakhimpur	-	1	1	1	1	-	-	4
24	Majuli	-	-	1	1	-	1	1	4
25	Morigaon	-	-	1	-	1	1	-	3
26	Nalbari	-	-	1	1	1	-	-	3
27	Nagaon	-	-	1	-	1	-	1	3
28	Sivasagar	1	-	1	1	1	-	1	5
29	Sonitpur	1	1	1	-	1	-	-	4
30	S. Salmara	-	-	-	-	-	-	1	1
31	Tinsukia	-	-	1	1	1	-	1	4
32	Udalguri	1	-	1	-	-	1	1	4
33	West Karbi Anglong	-	-	-	-	-	-	1	1
<b>Total</b>		<b>10</b>	<b>10</b>	<b>30</b>	<b>15</b>	<b>15</b>	<b>10</b>	<b>20</b>	<b>110</b>

**Training budget breakup for the both FY, 2022-23 and 2023-24:**

<b>Sl. No.</b>	<b>Particulars</b>	<b>Rate (in Rs.)</b>	<b>Target</b>	<b>Total (in Rs.)</b>
1	Venue	3000.00	1	3000.00
2	Banner	400.00	2	800.00
3	TA/DA (On Actual)	300.00	30	9000.00
4	Refreshments	250.00	35	8750.00
5	Stationary	100.00	30	3000.00
6	Honorarium for Resource Person	1000.00	1	1000.00
7	Miscellaneous (including Vehicle etc.)	1000.00	1	1000.00
<b>Total</b>				<b>26550.00</b>

**Note:**

- Above mentioned budget breakup is applicable for all kind of training programmes under the **FMR code: NCD. 2 (Sl. no.- 97. 6)**
- The above mentioned honorarium for resource person is not for DMHP staff.
- After successful completion of each training batches, it is **mandatory to share** the training attendance inclusive of participants name, designation, place of posting, contact number, email adress, date, agenda along with signature of DPO, DMHP in monthly report. Photographs of each training activity should contain the date and time. The format for attendance sheet is attached as **Annexure- IV**.



**District wise fund breakup**

<b><u>Sl. No.</u></b>	<b><u>Name of the District</u></b>	<b><u>FY 2024-25</u></b>			<b><u>FY 2025-26</u></b>		
		<b><u>Target</u></b>	<b><u>Unit Cost (in Rs.)</u></b>	<b><u>Total Fund Required</u></b>	<b><u>Target</u></b>	<b><u>Unit Cost (Rs.)</u></b>	<b><u>Total Fund Required</u></b>
1	Baksa	4	26550.00	106200.00	3	26550.00	79650.00
2	Barpeta & Bajali	4	26550.00	106200.00	4	26550.00	106200.00
3	Biswanath	3	26550.00	79650.00	3	26550.00	79650.00
4	Bongaigaon	3	26550.00	79650.00	3	26550.00	79650.00
5	Cachar	4	26550.00	106200.00	3	26550.00	79650.00
6	Charaideo	3	26550.00	79650.00	3	26550.00	79650.00
7	Chirang	3	26550.00	79650.00	3	26550.00	79650.00
8	Darrang	3	26550.00	79650.00	5	26550.00	132750.00
9	Dhemaji	3	26550.00	79650.00	3	26550.00	79650.00
10	Dhubri	0	26550.00	0.00	1	26550.00	26550.00
11	Dibrugarh	4	26550.00	106200.00	4	26550.00	106200.00
12	Dima Hasao	3	26550.00	79650.00	3	26550.00	79650.00
13	Goalpara	4	26550.00	106200.00	3	26550.00	79650.00
14	Golaghat	3	26550.00	79650.00	3	26550.00	79650.00
15	Hailakandi	3	26550.00	79650.00	3	26550.00	79650.00
16	Hojai	3	26550.00	79650.00	4	26550.00	106200.00
17	Jorhat	3	26550.00	79650.00	3	26550.00	79650.00
18	Kamrup (M)	4	26550.00	106200.00	5	26550.00	132750.00
19	Kamrup (R)	4	26550.00	106200.00	4	26550.00	106200.00
20	Karbi Anglong	3	26550.00	79650.00	4	26550.00	79650.00
21	Karimganj	3	26550.00	79650.00	3	26550.00	106200.00
22	Kokrajhar	4	26550.00	106200.00	4	26550.00	106200.00
23	Lakhimpur	3	26550.00	79650.00	4	26550.00	106200.00
24	Majuli	3	26550.00	79650.00	4	26550.00	106200.00
25	Morigaon	3	26550.00	79650.00	3	26550.00	79650.00
26	Nagaon	4	26550.00	106200.00	3	26550.00	79650.00
27	Nalbari	3	26550.00	79650.00	3	26550.00	79650.00
28	Sivasagar	3	26550.00	79650.00	5	26550.00	132750.00
29	Sonitpur	4	26550.00	106200.00	4	26550.00	106200.00
30	S. Salmara	0	26550.00	0.00	1	26550.00	26550.00
31	Tinsukia	3	26550.00	79650.00	4	26550.00	106200.00
32	Udalguri	3	26550.00	79650.00	4	26550.00	106200.00
33	West Karbi Anglong	0	26550.00	0.00	1	26550.00	26550.00
<b>Total</b>		<b>100</b>	<b>876150.00</b>	<b>8761500.00</b>	<b>110</b>	<b>876150.00</b>	<b>2920500.00</b>

**Activity No. 7:**

**FMR Code: NCD.2 (Sl. No.- 97.7)**

**Head of Budgeting:** Capacity building including training

**Name of the Activity:** Any other training under National Mental Health Programme.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:**31.52 Lakhs

**Approved Budget in the FY 2025-26:**32.64 Lakhs

**About the activity:**Training of Non- Psychiatric MOs at LGBRIMH, Tezpur at State level, training of ASHA &ASHA Supervisors at district level,State level Orientation Training cum Mental Health Review Meeting.

**Aim:**

- a. **State level** in- house training of Non- Psychiatric Medical Officers at LGBRIMH, Tezpur under NMHP for 14 days
- b. **State level** in- house training of Clinical Psychologists, Psychiatric Social Workers, Psychiatric Nurse, Community Nurse at LGBRIMH, Tezpur for 10 days
- c. **State level** Mental Health Programme Orientation Training cum Review Meeting of DMHP
- d. **District level**review meeting by DPMU and DMHP on mental health programme activities in the district. At least 1 Review Meeting at district and as much possible at block level.

**Expenditure can be incurred on the following activity:**

1. Training of **Non- Psychiatric Medical Officers** at LGBRIMH (Batch size- 20).
2. Training of **Clinical Psychologists and Psychiatric Social Workers** at LGBRIMH (Batch size each - 30 approximately).
3. Training of **State level Mental Health Orientation Training cum Review Meeting** under NMHP.
4. **District level** review meeting by DPMU/BPMU and DMHP on mental health programme activities in the district.

**District wise Budget allocation for district level review meeting (Rs. In lakh):**

<b>Sl. No.</b>	<b>Name of the District</b>	<b>FY 2024-25</b>		<b>FY 2025-26</b>	
		<b>Target</b>	<b>Budget</b>	<b>Target</b>	<b>Budget</b>
1	Baksa	1	0.12	1	0.12
2	Barpeta	1	0.12	1	0.12
3	Biswanath	1	0.12	1	0.12
4	Bongaigaon	1	0.12	1	0.12
5	Cachar	1	0.12	1	0.12
6	Charaideo	1	0.12	1	0.12
7	Chirang	1	0.12	1	0.12
8	Darrang	1	0.12	1	0.12
9	Dhemaji	1	0.12	1	0.12
10	Dhubri	1	0.12	1	0.12
11	Dibrugarh	1	0.12	1	0.12
12	Dimahasao	1	0.12	1	0.12
13	Golaghat	1	0.12	1	0.12
14	Goalpara	1	0.12	1	0.12
15	Hailakandi	1	0.12	1	0.12
16	Hojai	1	0.12	1	0.12
17	Jorhat	1	0.12	1	0.12
18	KarbiAnglong	1	0.12	1	0.12
19	Karimganj	1	0.12	1	0.12
20	Kamrup Metro	1	0.12	1	0.12
21	Kamrup Rural	1	0.12	1	0.12
22	Kokrajhar	1	0.12	1	0.12
23	Lakhimpur	1	0.12	1	0.12
24	Majuli	1	0.12	1	0.12
25	Morigaon	1	0.12	1	0.12
26	Nagaon	1	0.12	1	0.12
27	Nalbari	1	0.12	1	0.12
28	Sivsagar	1	0.12	1	0.12
29	Sonitpur	1	0.12	1	0.12
30	South Salmara	1	0.12	1	0.12
31	Tinsukia	1	0.12	1	0.12
32	Udalguri	1	0.12	1	0.12
33	West KarbiAnglong	1	0.12	1	0.12
34	State HQ	1	27.56	1	27.46
<b>Total</b>		<b>35</b>	<b>31.52</b>	<b>35</b>	<b>31.42</b>

**Activity No. 8:**

**FMR Code: NCD.2 (Sl. No.- 97.8)**

**Head of Budgeting:** IEC and Printing

**Name of the Activity:** IEC activities under NMHP.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP/SME, NHM

**Approved Budget in the FY 2024-25:** 40.02 Lakhs

**Approved Budget in the FY 2025-26:** 45.05 Lakhs

**About the activity:** Under NMHP (State Level) for:

1. Developing mass media activities
2. Celebration of Special Mental Health Days at State Level.
3. TV ad on various theme of Mental Health
4. Making and telecasting of short video clip on Suicide Prevention, Depression and other common mental health issues.
5. Ad on newspaper, magazines and Radio regarding special Mental Health Day (World Mental Health Day, World Suicide Prevention Day (10<sup>th</sup> Sept), Schizophrenia Day, Epilepsy Day, International Day Against Drug Abuse (26<sup>th</sup> June etc.)

**Budget breakup:**

<b><u>Sl. No.</u></b>	<b><u>Name</u></b>	<b><u>FY 2024-25</u></b>		<b><u>FY 2025-26</u></b>	
		<b><u>Target</u></b>	<b><u>Budget</u></b>	<b><u>Target</u></b>	<b><u>Budget</u></b>
1.	State HQ	1	40.00	1	45.00
<b>Total</b>		<b>1</b>	<b>40.00</b>	<b>1</b>	<b>45.00</b>

**Activity No. 9:**

**FMR Code: NCD. 2 (Sl. No.- 97.9)**

**Head of Budgeting:** IEC and Printing

**Name of the Activity:** Awareness generation activities in different places with community involvement.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer / District Media Expert

**Approved Budget in the FY 2024-25:** 34.00 Lakhs

**Approved Budget in the FY 2025-26:** 35.70 Lakhs

**About the activity:** Under NMHP (**District Level activities for both FY 2022-23 & 2023-24**) for:

1. Celebration of Special Days, World Epilepsy Day (26<sup>th</sup> March), World Suicide Prevention Day (10<sup>th</sup> Sept), World Mental Health Day (10<sup>th</sup> Oct), International Day Against Drug Abuse (26<sup>th</sup> June) and World Alzheimer's Day (21<sup>st</sup> Sept) till Sub-Centre/HWC/Urban Sub Centre level.
2. Awareness generation by DMHP team among community people through street plays/puppet show @Rs 3000.00 per activity.
3. Awareness Generation Meetings in the Community **as much possible.**
4. Other Miscellaneous activities.
5. Development and exhibitions of posters, hoardings etc, and publication of different activities conducted under DMHP at different districts in local newspapers, magazines, news channels etc.

**Aim:** For developing awareness amongst people on mental health and availability of treatment facilities.

**Budget breakup:**

- i) **District wise Budget Break up for observation of 5 Health Days , *Worlds Schizophrenia Day (24<sup>th</sup> May) World Suicide Prevention Day (10<sup>th</sup> Sept), World Mental Health Day (10<sup>th</sup> Oct), International Day Against Drug Abuse (26<sup>th</sup> June) and World Alzheimer's Day (21<sup>st</sup> Sept)***

<b><u>Sl No</u></b>	<b><u>District</u></b>	<b><u>FY 2024-25</u></b>	<b><u>FY 2025-26</u></b>
		<b><u>Budget per health day (=Rs.3000 plus Rs. 600 per block)</u></b>	<b><u>Budget per health day (=Rs.4000 plus Rs. 500 per block)</u></b>
1	Baksa	33000	38000
2	Barpeta	36000	41000
3	Biswanath	24000	29000

<u>Sl No</u>	<u>District</u>	<u>FY 2024-25</u>	<u>FY 2025-26</u>
		<u>Budget per health day (=Rs.3000 plus Rs. 600 per block)</u>	<u>Budget per health day (=Rs.4000 plus Rs. 500 per block)</u>
4	Bongaigaon	27000	32000
5	Cachar	39000	44000
6	Charaideo	21000	26000
7	Chirang	21000	26000
8	Darrang	27000	32000
9	Dhemaji	30000	35000
10	Dhubri	30000	35000
11	Dibrugarh	33000	38000
12	Dima Hasao	24000	29000
13	Goalpara	30000	35000
14	Golaghat	30000	35000
15	Hailakandi	27000	32000
16	Hojai	21000	26000
17	Jorhat	33000	38000
18	Kamrup M	30000	35000
19	Kamrup R	45000	50000
20	Karbi Anglong	27000	32000
21	Karimganj	30000	35000
22	Kokrajhar	27000	32000
23	Lakhimpur	33000	38000
24	Majuli	18000	23000
25	Marigaon	24000	29000
26	Nagaon	42000	47000
27	Nalbari	27000	32000
28	Sibsagar	33000	38000

SI No	District	FY 2024-25	FY 2025-26
		Budget per health day (=Rs.3000 plus Rs. 600 per block)	Budget per health day (=Rs.4000 plus Rs. 500 per block)
29	Sonitpur	27000	32000
30	South Salmara	21000	26000
31	Tinsukia	27000	32000
32	Udalguri	24000	29000
33	West Karbianglong	18000	23000
<b>Grand Total</b>		<b>939000</b>	<b>1104000</b>
<ul style="list-style-type: none"> <li>The budget has been calculated on the basis of number of Blocks in the district.</li> </ul>			

ii) **District wise Budget Break up for Street Play/Puppet show on Mental Health issues**  
(Script to be provided by HQ):

SI No	District	FY 2024-25			FY 2025-26		
		Budget per play/activity (in Rs.)	Total nos. of activity/ District per Year	Total budget (In Rs.)	Budget per play/activity (in Rs.)	Total nos. of activity per District per Year	Total budget (In Rs.)
1	Baksa	4000	6	24000	4000	6	24000
2	Barpeta	4000	7	28000	4000	7	28000
3	Biswanath	4000	3	12000	4000	3	12000
4	Bongaigaon	4000	4	16000	4000	4	16000
5	Cachar	4000	8	32000	4000	8	32000
6	Charaideo	4000	2	8000	4000	2	8000
7	Chirang	4000	2	8000	4000	2	8000
8	Darrang	4000	4	16000	4000	4	16000
9	Dhemaji	4000	5	20000	4000	5	20000
10	Dhubri	4000	5	20000	4000	5	20000
11	Dibrugarh	4000	6	24000	4000	6	24000
12	Dima Hasao	4000	3	12000	4000	3	12000

Sl No	District	FY 2024-25			FY 2025-26		
		Budget per play/activity (in Rs.)	Total nos. of activity/ District per Year	Total budget (In Rs.)	Budget per play/activity (in Rs.)	Total nos. of activity per District per Year	Total budget (In Rs.)
13	Goalpara	4000	5	20000	4000	5	20000
14	Golaghat	4000	5	20000	4000	5	20000
15	Hailakandi	4000	4	16000	4000	4	16000
16	Hojai	4000	2	8000	4000	2	8000
17	Jorhat	4000	6	24000	4000	6	24000
18	Kamrup M	4000	5	20000	4000	5	20000
19	Kamrup R	4000	10	40000	4000	10	40000
20	Karbi Anglong	4000	4	16000	4000	4	16000
21	Karimganj	4000	5	20000	4000	5	20000
22	Kokrajhar	4000	4	16000	4000	4	16000
23	Lakhimpur	4000	6	24000	4000	6	24000
24	Majuli	4000	1	4000	4000	1	4000
25	Marigaon	4000	3	12000	4000	3	12000
26	Nagaon	4000	9	36000	4000	9	36000
27	Nalbari	4000	4	16000	4000	4	16000
28	Sibsagar	4000	6	24000	4000	6	24000
29	Sonitpur	4000	4	16000	4000	4	16000
30	South Salmara	4000	2	8000	4000	2	8000
31	Tinsukia	4000	4	16000	4000	4	16000
32	Udalguri	4000	3	12000	4000	3	12000
33	West Karbianglong	4000	1	4000	4000	1	4000
<b>Grand Total</b>			<b>148</b>	<b>592000</b>		<b>148</b>	<b>592000</b>

iii) *District wise Budget Break up for Community Meetings on Mental Health issues:*



Sl No.	District	Total for community meeting ( FY 2024-25) (@Rs.6400 per block)	Total for community meeting (FY 2025-26) (@Rs.6400 per block)
1	Baksa	38400	38400
2	Barpeta	44800	44800
3	Biswanath	19200	19200
4	Bongaigaon	25600	25600
5	Cachar	51200	51200
6	Charaideo	12800	12800
7	Chirang	12800	12800
8	Darrang	25600	25600
9	Dhemaji	32000	32000
10	Dhubri	32000	32000
11	Dibrugarh	38400	38400
12	Dima Hasao	19200	19200
13	Goalpara	32000	32000
14	Golaghat	32000	32000
15	Hailakandi	25600	25600
16	Hojai	12800	12800
17	Jorhat	38400	38400
18	Kamrup M	32000	32000
19	Kamrup R	64000	64000
20	Karbi Anglong	25600	25600
21	Karimganj	32000	32000
22	Kokrajhar	25600	25600
23	Lakhimpur	38400	38400
24	Majuli	6400	6400
25	Marigaon	19200	19200
26	Nagaon	57600	57600

Sl No.	District	Total for community meeting ( FY 2024-25) (@Rs.6400 per block)	Total for community meeting (FY 2025-26) (@Rs.6400 per block)
27	Nalbari	25600	25600
28	Sibsagar	38400	38400
29	Sonitpur	25600	25600
30	South Salmara	12800	12800
31	Tinsukia	25600	25600
32	Udalguri	19200	19200
33	West Karbianglong	6400	10000
<b>Grand Total</b>		<b>947200</b>	<b>950800</b>

iv) *District wise Budget Break up for Miscellaneous District level Activity on Mental Health:*

Sl No	District	FY 2024-25	FY 2025-26
		Total for Misc. @Budget ( Rs.8000.00 plus Rs.1020 per block)	Total for Misc. @Budget ( Rs.8000.00 plus Rs.990 per block)
1	Baksa	14120	13940
2	Barpeta	15140	14930
3	Biswanath	11060	10970
4	Bongaigaon	12080	11960
5	Cachar	16160	15920
6	Charaideo	10040	9980
7	Chirang	10040	9980
8	Darrang	12080	11960
9	Dhemaji	13100	12950
10	Dhubri	13100	12950
11	Dibrugarh	14120	13940
12	Dima Hasao	11060	10970

<u>Sl No</u>	<u>District</u>	<u>FY 2024-25</u>	<u>FY 2025-26</u>
		<u>Total for Misc. @Budget (Rs.8000.00 plus Rs.1020 per block)</u>	<u>Total for Misc. @Budget (Rs.8000.00 plus Rs.990 per block)</u>
13	Goalpara	13100	12950
14	Golaghat	13100	12950
15	Hailakandi	12080	11960
16	Hojai	10040	9980
17	Jorhat	14120	13940
18	Kamrup M	13100	12950
19	Kamrup R	18200	17900
20	Karbi Anglong	12080	11960
21	Karimganj	13100	12950
22	Kokrajhar	12080	11960
23	Lakhimpur	14120	13940
24	Majuli	9020	8990
25	Marigaon	11060	10970
26	Nagaon	17180	16910
27	Nalbari	12080	11960
28	Sibsagar	14120	13940
29	Sonitpur	12080	11960
30	South Salmara	10040	9980
31	Tinsukia	12080	11960
32	Udalguri	11060	10970
33	West Karbianglong	8000	8990
<b>Grand Total</b>		<b>413940</b>	<b>410520</b>

- v) *District wise Budget Break up for Development and exhibitions of posters, hoardings etc, publication of different activities conducted under DMHP at different districts in local newspapers, magazines, news channelsetc*

<u>Sl No</u>	<u>District</u>	<u>FY 2024-25</u>	<u>FY 2025-26</u>
		<u>budget (Rs.10000 plus Rs.1200 per block)</u>	<u>budget (Rs.10000 plus Rs.1200 per block)</u>
1	Baksa	17200	17200
2	Barpeta	18400	18400
3	Biswanath	13600	13600
4	Bongaigaon	14800	14800
5	Cachar	19600	19600
6	Charaideo	12400	12400
7	Chirang	12400	12400
8	Darrang	14800	14800
9	Dhemaji	16000	16000
10	Dhubri	16000	16000
11	Dibrugarh	17200	17200
12	Dima Hasao	13600	13600
13	Goalpara	16000	16000
14	Golaghat	16000	16000
15	Hailakandi	14800	14800
16	Hojai	12400	12400
17	Jorhat	17200	17200
18	Kamrup M	16000	16000
19	Kamrup R	22000	22000
20	Karbi Anglong	14800	14800
21	Karimganj	16000	16000

<u>Sl No</u>	<u>District</u>	<u>FY 2024-25</u>	<u>FY 2025-26</u>
		<u>budget (Rs.10000 plus Rs.1200 per block)</u>	<u>budget (Rs.10000 plus Rs.1200 per block)</u>
22	Kokrajhar	14800	14800
23	Lakhimpur	17200	17200
24	Majuli	11200	11200
25	Marigaon	13600	13600
26	Nagaon	20800	20800
27	Nalbari	14800	14800
28	Sibsagar	17200	17200
29	Sonitpur	14800	14800
30	South Salmara	12400	12400
31	Tinsukia	14800	14800
32	Udalguri	13600	13600
33	West Karbianglong	11200	11200
<b>Grand Total</b>		<b>507600</b>	<b>507600</b>

**District wise Budget (Rs. In lakh):**

<b>Sl No</b>	<b>FY 2024-25</b>			<b>FY 2025-26</b>	
	<b>District</b>	<b>Total</b>	<b>Total in Lakhs</b>	<b>Total</b>	<b>Total in Lakhs</b>
1	Baksa	126720	1.2672	131540	1.3154
2	Barpeta	142340	1.4234	147130	1.4713
3	Biswanath	79860	0.7986	84770	0.8477
4	Bongaigaon	95480	0.9548	100360	1.0036
5	Cachar	157960	1.5796	162720	1.6272
6	Charaideo	64240	0.6424	69180	0.6918
7	Chirang	64240	0.6424	69180	0.6918
8	Darrang	95480	0.9548	100360	1.0036
9	Dhemaji	111100	1.111	115950	1.1595
10	Dhubri	111100	1.111	115950	1.1595
11	Dibrugarh	126720	1.2672	131540	1.3154
12	Dima Hasao	79860	0.7986	84770	0.8477
13	Goalpara	111100	1.111	115950	1.1595
14	Golaghat	111100	1.111	115950	1.1595
15	Hailakandi	95480	0.9548	100360	1.0036
16	Hojai	64240	0.6424	69180	0.6918
17	Jorhat	126720	1.2672	131540	1.3154
18	Kamrup M	111100	1.111	115950	1.1595
19	Kamrup R	189200	1.892	193900	1.939
20	Karbi Anglong	95480	0.9548	100360	1.0036
21	Karimganj	111100	1.111	115950	1.1595
22	Kokrajhar	95480	0.9548	100360	1.0036
23	Lakhimpur	126720	1.2672	131540	1.3154
24	Majuli	48620	0.4862	53590	0.5359

<u>Sl No</u>	<u>FY 2024-25</u>			<u>FY 2025-26</u>	
	<u>District</u>	<u>Total</u>	<u>Total in Lakhs</u>	<u>Total</u>	<u>Total in Lakhs</u>
25	Marigaon	79860	0.7986	84770	0.8477
26	Nagaon	173580	1.7358	178310	1.7831
27	Nalbari	95480	0.9548	100360	1.0036
28	Sibsagar	126720	1.2672	131540	1.3154
29	Sonitpur	95480	0.9548	100360	1.0036
30	South Salmara	64240	0.6424	69180	0.6918
31	Tinsukia	95480	0.9548	100360	1.0036
32	Udalguri	79860	0.7986	84770	0.8477
33	West Karbianglong	47600	0.476	62000	0.62
<b>Grand Total</b>		<b>3399740</b>	<b>33.99</b>	<b>3570920</b>	<b>35.70</b>

**Activity No. 10:**

**FMR Code: NCD.2 (Sl. No.- 97.10)**

**Head of Budgeting:** IEC and Printing

**Name of the Activity:** Printing activities under NMHP

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP/SPM, NHM

**Approved Budget in the FY 2024-25:** 6.80 Lakhs

**Approved Budget in the FY 2025-26:** 6.80 Lakhs

**About the activity:** Under NMHP-) For: Printing of -

- a) Posters
- b) Training Manual for Psychologist
- c) Training Manual for Social Worker
- d) Manual for Medical Officers
- e) Handbook on Mental Health for Social Workers
- f) Manual on Living Life Positively

**Budget breakup:**

<b><u>Sl. No.</u></b>	<b><u>Name</u></b>	<b><u>FY 2024-25</u></b>		<b><u>FY 2025-26</u></b>	
		<b><u>Target</u></b>	<b><u>Budget</u></b>	<b><u>Target</u></b>	<b><u>Budget</u></b>
1.	State HQ	1	6.80	1	6.80
<b>Total</b>		1	6.80	1	6.80



**Activity No. 11:**

**FMR Code: NCD.2 (Sl. No.- 97.11)**

**Head of Budgeting:** Planning & M&E

**Name of the Activity:** Miscellaneous/Travel/Contingency

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 32.64 Lakhs

**Approved Budget in the FY 2025-26:** 32.64 Lakhs

**About the activity:**

1. Miscellaneous cost of districts and State HQ
2. Travelling cost for conducting outreach activities, camps etc. in the communities of districts and State HQ
3. Contingency for DMHP districts and State HQ
4. TA & DA for District Programme Officer making home visits in special cases like Severe Mental Disorder, assisting authorities to manage violent patient endangering safety etc. The District Program Officer making the home visit will be eligible for Daily Allowance @Rs. 500.00/day and Travel Allowance on actual not exceeding @Rs.500.00/day.

**Expenditure can be incurred on the following activity:**

- The total fund of **Rs. 0.15 lakhs** given under (1) **Miscellaneous/Travel/Office Contingency**, which may be utilized for maintenance of the office, purchasing of stationary items and other expenses, **TA & DA for District Programme Officer making home visits in special cases like Severe Mental Disorder, assisting authorities to manage violent patient endangering safety etc.** The District Program Officer making the home visit will be eligible for DA as per norms and 'Travel Allowance on actuals' not exceeding @Rs.500.00/day etc.
- The total fund of **Rs. 0.10 lakhs** given under (4) **Overhead expenses**, which may be utilized for any kind of miscellaneous costs at district level. The registers should be maintained from the FY 2024-26 as in the mentioned format at annexures needs to be printed under this activity.

**District wise Target & Budget (Rs. In lakh):**

<b><u>Sl.No.</u></b>	<b><u>Name of the District</u></b>	<b><u>FY 2024-25</u></b>		<b><u>FY 2025-26</u></b>	
		<b><u>Target</u></b>	<b><u>Budget</u></b>	<b><u>Target</u></b>	<b><u>Budget</u></b>
1	Baksa	1	0.25	1	0.25
2	Barpeta	1	0.25	1	0.25
3	Biswanath	1	0.25	1	0.25
4	Bongaigaon	1	0.25	1	0.25
5	Cachar	1	0.25	1	0.25
6	Charaideo	1	0.25	1	0.25
7	Chirang	1	0.25	1	0.25
8	Darrang	1	0.25	1	0.25
9	Dhemaji	1	0.25	1	0.25
10	Dhubri	1	0.25	1	0.25
11	Dibrugarh	1	0.25	1	0.25
12	Dimahasao	1	0.25	1	0.25
13	Golaghat	1	0.25	1	0.25
14	Goalpara	1	0.25	1	0.25
15	Hailakandi	1	0.25	1	0.25
16	Hojai	1	0.25	1	0.25
17	Jorhat	1	0.25	1	0.25
18	KarbiAnglong	1	0.25	1	0.25
19	Karimganj	1	0.25	1	0.25
20	Kamrup Metro	1	0.25	1	0.25
21	Kamrup Rural	1	0.25	1	0.25
22	Kokrajhar	1	0.25	1	0.25
23	Lakhimpur	1	0.25	1	0.25
24	Majuli	1	0.25	1	0.25
25	Morigaon	1	0.25	1	0.25
26	Nagaon	1	0.25	1	0.25
27	Nalbari	1	0.25	1	0.25
28	Sivsagar	1	0.25	1	0.25
29	Sonitpur	1	0.25	1	0.25
30	South Salmara	1	0.25	1	0.25
31	Tinsukia	1	0.25	1	0.25
32	Udalguri	1	0.25	1	0.25

33	West KarbiAnglong	1	0.25	1	0.25
<b>District Total</b>		<b>34</b>	<b>8.25</b>	<b>34</b>	<b>8.25</b>
<b>State HQ</b>		<b>1</b>	<b>12.15</b>	<b>1</b>	<b>12.15</b>
<b>Total</b>		<b>35</b>	<b>20.40</b>	<b>35</b>	<b>20.40</b>

**Activity No. 12:**

**FMR Code: NCD.2 (Sl. No.- 97.12)**

**Head of Budgeting:** Planning & M&E

**Name of the Activity:** Operational expenses of the district centre: rent, telephone expenses, website etc.

**FMR Owner & Responsible Person:**

**At State HQ:** State Programme Officer, NMHP

**At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25:** 4.25 Lakhs

**Approved Budget in the FY 2025-26:** 4.25 Lakhs

**FY wise target & budget (Rs. In Lakh):**

<b><u>FY</u></b>	<b><u>Target</u></b>	<b><u>Budget</u></b>
<b>2024-25</b>	State HQ	4.25
<b>2025-26</b>	State HQ	4.25

### **Activity No. 13**

- a. FMR Code:** NCD.2 (Sl. No.- 98.2) – **New activity**
- b. Heads of Budgeting:** Planning &M & E
- c. Name of the Proposed Activity:** Development of Mobile application for National Mental Health Program Assam and other State specific Initiative.
- d. Justification: New Activity:**
  - 1) The need for a Mobile application to be used for:
    - i. Entry of Patients details from OPD/ TI Camps
    - ii. Details of Home visits Entry.
    - iii. Maintenance of patients line list and Psychiatric history etc.
    - iv. Capture district DMHP report as well as State Report.
    - v. Display Sop for rescue and treatment and rehabilitation of HOMELESS Wandering Mentally Ill persons.
    - vi. Display SOP for Psychiatric Emergencies including Suicidal Ideation or attempt and other Mental Disorder.
  - 2) Any other State specific Initiative.
- e. FMR Owner & Responsible Person:**
- f. At State HQ:** State Programme Officer, NMHP
- g. At Dist. Level:** District Programme Officer

**Approved Budget in the FY 2024-25: 20.00 Lakhs**

**Approved Budget in the FY 2025-26: NIL**



### Annexure-I

#### District Mental Health Programme

Name of the District: \_\_\_\_\_

Targeted Intervention Activity done at (Name of the Block): \_\_\_\_\_

Name of the Health Institution/College/School/NGO/Jail/ etc. (As per given in District RoP):

Date: \_\_\_\_\_

Details of the DMHP team members and ASHA/ASHAs accompanied during the camp:

<u>Sl. No.</u>	<u>Name</u>	<u>Designation</u>	<u>Signature</u>

Background of the camp:  
(One small paragraph)

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Camp attendance:

- 1.
- 2.
3. ....

Patient details:

<u>Sl. No.</u>	<u>Name of the patient screened</u>	<u>age</u>	<u>Sex</u>	<u>Address</u>	<u>Contact number</u>	<u>Diagnosis</u>	<u>Remarks</u>

Seal & Signature of DPO



**Annexure-II**

**Volunteer Honorarium Claim Form**  
**National Mental Health Programme (NMHP)**

<u>Sl. No.</u>	<u>Name of the patient</u>	<u>Adress</u>	<u>Sex</u>	<u>Age</u>	<u>Date of Targeted Intervention Camp</u>	<u>Diagnosis/Symptoms</u>	<u>Name of the Institution where mobilized</u>	<u>Remarks</u>

**Designation: ASHA/Others**

**Name:**

**Address:**

**Signature:**

**Date:**

**Verified by: CP/PSW/Other DMHP staff**

**Signature after verification:**

**Signature of DPO, DMHP  
(Name of the district):**



**Annexure-III**

<b><u>List of BPHC</u></b>		
<b><u>SI No</u></b>	<b><u>District Name</u></b>	<b><u>Block Name</u></b>
1	Baksa	Barama
2	Baksa	Golagaon
3	Baksa	Jalah
4	Baksa	Mushalpur
5	Baksa	Niz Kaurbaha
6	Baksa	Tamulpur
7	Barpeta	Barpeta Road
8	Barpeta	Bhawanipur
9	Barpeta	Chenga
10	Barpeta	Kalgachia
11	Barpeta	Mandia
12	Barpeta	Nagaon
13	Barpeta	Nityananda
14	Biswanath	Behali
15	Biswanath	Biswanath Chariali
16	Biswanath	Gohpur
17	Bongaigaon	Boitamari BPHC
18	Bongaigaon	Bongaigaon BPHC
19	Bongaigaon	Manikpur BPHC
20	Bongaigaon	Srijangram BPHC
21	Cachar	Bikrampur BPHC
22	Cachar	Borkhola BPHC
23	Cachar	Dholai BPHC
24	Cachar	Harinagar BPHC
25	Cachar	Jalalpur BPHC
26	Cachar	Sonai BPHC
27	Cachar	Udarbond BPHC
28	Charaideo	Geleky BPHC (part)
29	Charaideo	Patsaku
30	Charaideo	Patsaku BPHC
31	Charaideo	Sapekhati BPHC
32	Chirang	Ballamguri BPHC
33	Chirang	Sidli
34	Darrang	Jaljali
35	Darrang	Kharupetia

<b>List of BPHC</b>		
36	Darrang	Patharighat
37	Darrang	Sipajhar
38	Dhemaji	BENGENAGARAH
39	Dhemaji	Dhemaji
40	Dhemaji	Gogamukh
41	Dhemaji	Jonai
42	Dhemaji	Sissiborgaon
43	Dhubri	Chapar
44	Dhubri	Dharmasala BPHC
45	Dhubri	Golakganj BPHC
46	Dhubri	HALAKURA
47	Dhubri	Raniganj BPHC
48	Dibrugarh	Barbaruah BPHC
49	Dibrugarh	Khowang BPHC
50	Dibrugarh	Lahowal BPHC
51	Dibrugarh	Naharani BPHC
52	Dibrugarh	Panitola BPHC
53	Dibrugarh	Tengakhat BPHC
54	Dima Hasao	Gunjung BPHC
55	Dima Hasao	Langting BPHC
56	Dima Hasao	Mahur BPHC
57	Goalpara	Agia BPHC
58	Goalpara	Matia BPHC
59	Goalpara	Mornoi BPHC
60	Goalpara	Rangjuli BPHC
61	Golaghat	Bokakhat BPHC
62	Golaghat	Charingia BPHC
63	Golaghat	Kamarbandha Ali BPHC
64	Golaghat	Missamora BPHC
65	Golaghat	Sarupathar BPHC
66	Hailakandi	Algapur BPHC
67	Hailakandi	Kalinagar BPHC
68	Hailakandi	Katlicherra BPHC
69	Hailakandi	Lala BPHC
70	Hojai	Jugijan BPHC
71	Hojai	Kathiatoli BPHC (part)
72	Hojai	Lanka BPHC
73	Jorhat	Baghchung BPHC
74	Jorhat	Jorhat Urban
75	Jorhat	Nakachari BPHC
76	Jorhat	SOLMORA BPHC
77	Jorhat	Titabor BPHC
78	Kamrup M	CAPITAL ZONE
79	Kamrup M	DHIRENPARA ZONE



<b>List of BPHC</b>		
80	Kamrup M	EAST ZONE
81	Kamrup M	SONAPUR
82	Kamrup M	WEST ZONE
83	Kamrup R	Azara PHC
84	Kamrup R	Bihdia PHC
85	Kamrup R	Boko PHC
86	Kamrup R	Chaygaon PHC
87	Kamrup R	Hajo PHC
88	Kamrup R	Kamalpur PHC
89	Kamrup R	Nagarbera PHC
90	Kamrup R	North Guwahati PHC
91	Kamrup R	Rampur PHC
92	Kamrup R	Rangia PHC
93	Kamrup R	Sualkuchi PHC
94	Kamrup R	Uparhali PHC
95	Karbi Anglong	Bokajan BPHC
96	Karbi Anglong	Chowkiholo BPHC
97	Karbi Anglong	Howraghat BPHC
98	Karbi Anglong	Manja BPHC
99	Karimganj	Girishganj BPHC
100	Karimganj	Kachuadam BPHC
101	Karimganj	Nilambazar BPHC
102	Karimganj	Patharkandi BPHC
103	Karimganj	Ramkrishna Nagar BPHC
104	Kokrajhar	Balajan
105	Kokrajhar	Dotoma
106	Kokrajhar	Gossaigaon
107	Kokrajhar	Kachugaon
108	Lakhimpur	Bihpuria BPHC
109	Lakhimpur	Boginodi BPHC
110	Lakhimpur	Dhakuakhana BPHC
111	Lakhimpur	Dhalpur BPHC
112	Lakhimpur	Ghilamora BPHC
113	Lakhimpur	Nawboicha BPHC
114	Majuli	Kamalabari BPHC
115	Marigaon	Bhurbandha
116	Marigaon	Jhargaon
117	Marigaon	Laharighat
118	Nagaon	Barapujia BPHC
119	Nagaon	Buragohainthan
120	Nagaon	Dagaon BPHC
121	Nagaon	Dhing BPHC
122	Nagaon	Jakhalabandha
123	Nagaon	Kathiatoli BPHC

<b>List of BPHC</b>		
124	Nagaon	Samaguri BPHC
125	Nagaon	Simonabasti BPHC
126	Nagaon	Singimari BPHC
127	Nagaon	Urban
128	Nalbari	Chamata BPHC
129	Nalbari	Ghograpar BPHC
130	Nalbari	Kamarkuchi BPHC
131	Nalbari	Mukalmua BPHC
132	Nalbari	Tihu FRU (Reporting Unit)
133	Sibsagar	Dimow BPHC
134	Sibsagar	Gourisagar BPHC
135	Sibsagar	Kaloogaon BPHC
136	Sibsagar	Morabazar BPHC
137	Sonitpur	Balipara
138	Sonitpur	Bihaguri
139	Sonitpur	Dhekiajuli
140	Sonitpur	Rangapara
141	South Salmara	Gazarikandi BPHC
142	Tinsukia	Hapjan BPHC
143	Tinsukia	Kakopathar BPHC
144	Tinsukia	Ketetong BPHC
145	Tinsukia	Na Sadiya BPHC
146	Tinsukia	Tinsukia Urban
147	Udalguri	Khoirabari
148	Udalguri	Orang
149	Udalguri	Udalguri
150	West Karbi Anglong	Boithalangso BPHC
151	West Karbi Anglong	Donkamokam BPHC
152	West Karbi Anglong	Umpanai BPHC
153	West Karbi Anglong	Zirikindeng BPHC



**Annexure-IV**

**Training attendance sheet**

Training of \_\_\_\_\_

Venue: \_\_\_\_\_

Date: \_\_\_\_\_

<b><u>Sl. No.</u></b>	<b><u>Name</u></b>	<b><u>Designation &amp; place of posting</u></b>	<b><u>Contact No.</u></b>	<b><u>Mail ID</u></b>	<b><u>Signature</u></b>
1.					
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30.					

**Agenda:**

<b><u>Sl. No.</u></b>	<b><u>Name of the Resource Person</u></b>	<b><u>Topics covered</u></b>

**Seal & signature of DPO, DMHP**



### Annexure-V

#### Home visit register sheet

Name of the District: \_\_\_\_\_

Home Visit at \_\_\_\_\_ block (Name of the health block)

Name of the Place: \_\_\_\_\_

Date: \_\_\_\_\_

**Details of the DMHP team members and ASHA/ASHAs/ANMs/Anganwadi Workers accompanied during the camp:**

<u>Sl. No.</u>	<u>Name</u>	<u>Designation</u>	<u>Signature</u>

#### Case details:

<u>Sl. No.</u>	<u>Name of the beneficiary</u>	<u>Age</u>	<u>Sex</u>	<u>Contact No.</u>	<u>Address</u>	<u>No. of family members</u>	<u>Income category*</u>

**Description of case:**

**Any other details:**

**Seal & signature of DPO, DMHP**

Note: \*Income category describes low income/lower-middle income/upper-middle income/high income.