
Operational Guidelines

National Programme for Health

Care of Elderly (NPHCE), Assam

2024-2026



State NCD Cell, Assam

National Health Mission, Assam

Saikia Commercial Complex, Christanbasti, Guwahati-5

ANNEXURE - 2: REVISED KEY DELIVERABLES UNDER NHM 2024-26

Sl. No.	Indicator or Type	Indicator Statement	Indicator	Unit	Target 2024-25	Target 2025-26	Source of Data
National Programme for Health Care of Elderly (NPHCE)							
1	Output	Provision of primary and secondary Geriatric health care services at District Hospital and below	Numerator: No. of DH with Geriatric Unit (at least 10 beds) Denominator : No. of total DH in the state	Number	32	32	NPHCE
2	Output	Provision of primary and secondary Geriatric health care services at District Hospital and below	Numerator: No. of DH with physiotherapy unit for elderly Denominator : No. of total DH in the state	Number	32	32	NPHCE
3	Output	Provision of primary and secondary Geriatric health care services at District Hospital and below.	Numerator: No. of CHCs with physiotherapy unit Denominator : No of total CHCs in the state	Number	30	54	NPHCE

Budget Summary for FY 2024-25 and FY 2025-2026 of NPHCE Programme

Sl. No	FMR Code	SL No	Sub SL No	Scheme / Activity	Sub Scheme / Activity	ROP APPROVED AMOUNT FY - 2024- 2025			ROP APPROVED AMOUNT FY - 2025- 2026			Page Number
						Total Amount Approved	Fund Allocation for State HQ	Fund Allocation for District	Total Amount Approved	Fund Allocation for State HQ	Fund Allocation for District	
						(Rs. In Lakhs)	(Rs. In Lakhs)	(Rs. In Lakhs)	(Rs. In Lakhs)	(Rs. In Lakhs)	(Rs. In Lakhs)	
1	NCD.3	99	99.1	Geriatric Care at DH	Procurement of Furniture and Equipments for District Hospitals (Non Recurring)	-	-	-	-	-	-	
			99.2		Procurement of Machinery and Equipment	-	-	-	-	-	-	
			99.3		IPC, Group activities and mass media for NPHCE (IEC/BCC Activities under NPHCE)	-	-	-	-	-	-	
			99.4		Celebration of days-ie International Day for older persons (IEC/BCC under NPHCE)	25.50	-	25.50	25.50	-	25.50	
2	NCD.3	100	100.1	Geriatric Care at CHC/SDH	Procurement of Machinery and Equipment	-	-	-	-	-	-	
			100.2		Drugs and supplies for NPHCE	68.00	68.00	-	68.00	68.00	-	
			100.3		Moduler Training of Doctors and Staff Nurses on Geriatric	17.00	17.00	-	17.00	17.00	-	
TOTAL:						110.50	85.00	25.50	110.50	85.00	25.50	

1. Geriatric Care at District Hospital

Main F.M.R. Code – NCD.3, SL No-99

Budget Approved :

Sl. No	FMR Code	SL No	Sub SL No	Scheme / Activity	Sub Scheme / Activity	Total Amount Approved FY-2024-2025	Total Amount Approved FY-2025-2026
						(Rs. In Lakhs)	(Rs. In Lakhs)
A	NCD.3	99	99.1	Geriatric Care at DH	Procurement of Furniture and Equipment's for District Hospitals (Non-Recurring)	-	-
B			99.2		Procurement of Machinery and Equipment	-	-
C			99.3		IPC, Group activities and mass media for NPHCE (IEC/BCC Activities under NPHCE)	-	-
D			99.4		Celebration of days-ie International Day for older persons (IEC/BCC under NPHCE)	25.50	25.50
Total:						25.50	25.50

A) FMR Code: NCD.3, SL No.-99.1

Activity: Geriatric Care at DH: Procurement of Furniture and Equipments for DH

Approved Amount: Rs. Nil for FY 2024-2025 and FY 2025-2026

F.M. R. Owner- a) State Level: Not Applicable
b) Dist. Level: Not Applicable

Guideline for the activity: NIL

Budget Breakup:

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	-	-
2	District	-	-
Total		-	-

B) FMR Code: NCD.3, SL No.-99.2

Activity: Geriatric Care at DH: Procurement of Machinery and Equipment

Approved Amount: Nil for FY 2024-2025 and FY 2025-2026

F.M. R. Owner- a) State Level: Not Applicable
b) Dist. Level: Not Applicable

Guideline for the activity: Nil**Budget Breakup:**

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	-	-
2	District	-	-
Total		-	-

C) FMR Code: NCD.3, SL No.-99.3**Activity: Geriatric Care at DH: IPC, Group activities and mass media for NPHCE (IEC/BCC Activities under NPHCE)****Approved Amount: NIL** for each FY 2024-2025 and FY 2025-2026**F.M. R. Owner-** a) State Level: Not Applicable

b) Dist. Level: Not Applicable

Guideline for the activity: NIL**Budget Breakup:**

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	-	-
2	District	-	-
Total		-	-

D) FMR Code: NCD.3, SL No.-99.4**Activity: Geriatric Care at DH: Celebration of days-ie International Day for older persons (IEC/BCC under NPHCE)****Approved Amount: Rs. 25.50 Lakhs** for FY 2024-2025 and Rs.25.50 Lakhs for FY 2025-2026**F.M. R. Owner-** a) State Level: I/C Consultant NPHCE, SPO (NCD), FLC (NCD)

b) Dist. Level: Superintendent of District Hospital, DPC & FLC (NCD)

Guideline for the activity:

The fund is approved for observing international day of older person (IDOP) at District level. Multispecialty Camps will be organised at District Level for 5 Days for Comprehensive Geriatric Assessment of Elderly in the month of October.

Budget Break up for the FY 2024-25 and FY 2025-26

The detailed activities along with the estimated budget are detailed below:

Sl. No.	Component	Unit cost (in Rs)	Oty	Total (In Rs.)
1	Banner	500.00	2	1,000.00
2	Miking in local Area	2,500.00		2,500.00
3	Tent & sitting arrangement	4,000.00		4,000.00
4	Food cost for staff (Breakfast, lunch, tea,	4,500.00		4,500.00

	water bottle etc.,)			
5	Miscellaneous& contingencies (prescription pad, pen, miscellaneous etc)	3,000.00		3,000.00
Total for 1 camp				15,000.00
Total for 5 camp				75,000.00

District wise Budget Breakup:

SN	Name of Districts	Unit	Unit Cost Per Month	Total Fund Allocation for FY 2024-2025	Total Fund Allocation for FY 2025- 2026
			(Amount In Rs.)	(Rs. In Lakhs)	(Rs. In Lakhs)
1	Baksa	1	75,000.00	0.75	0.75
2	Bajali	1	75,000.00	0.75	0.75
3	Barpeta	1	75,000.00	0.75	0.75
4	Biswanath	1	75,000.00	0.75	0.75
5	Bongaigaon	1	75,000.00	0.75	0.75
6	Cachar	1	75,000.00	0.75	0.75
7	Charaideo	1	75,000.00	0.75	0.75
8	Chirang	1	75,000.00	0.75	0.75
9	Darrang	1	75,000.00	0.75	0.75
10	Dhemaji	1	75,000.00	0.75	0.75
11	Dhubri	1	75,000.00	0.75	0.75
12	Dibrugarh	1	75,000.00	0.75	0.75
13	Dima Hasao	1	75,000.00	0.75	0.75
14	Goalpara	1	75,000.00	0.75	0.75
15	Golaghat	1	75,000.00	0.75	0.75
16	Hailakandi	1	75,000.00	0.75	0.75
17	Hojai	1	75,000.00	0.75	0.75
18	Jorhat	1	75,000.00	0.75	0.75
19	Kamrup	1	75,000.00	0.75	0.75
20	KAMRUP (M)	1	75,000.00	0.75	0.75
21	Karbi Anglong	1	75,000.00	0.75	0.75
22	Karimganj	1	75,000.00	0.75	0.75
23	Kokrajhar	1	75,000.00	0.75	0.75
24	Lakhimpur	1	75,000.00	0.75	0.75
25	Majuli	1	75,000.00	0.75	0.75
26	Morigaon	1	75,000.00	0.75	0.75
27	Nagaon	1	75,000.00	0.75	0.75
28	Nalbari	1	75,000.00	0.75	0.75
29	Sivasagar	1	75,000.00	0.75	0.75
30	Sonitpur	1	75,000.00	0.75	0.75
31	South Salmara	1	75,000.00	0.75	0.75
32	Tinsukia	1	75,000.00	0.75	0.75
33	Udalguri	1	75,000.00	0.75	0.75
34	West Karbi Anglong	1	75,000.00	0.75	0.75
Total (District Wise) :		35		25.50	25.50
35	State HQ NCD			-	-
Grand Total:		35		25.50	25.50

Budget Breakup:

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	-	-
2	District	25.50	25.50
Total		25.50	25.50

2. Geriatric Care at CHC/ SDH**Main F.M.R. Code – NCD.3, SL No-100****Budget Approved :**

Sl. No	FMR Code	SL No	Sub SL No	Scheme / Activity	Sub Scheme / Activity	Total Amount Approved	Total Amount Approved
						(Rs. In Lakhs)	(Rs. In Lakhs)
2	NCD.3	100	100.1	Geriatric Care at CHC/SDH	Procurement of Machinery and Equipment	-	-
3			100.2		Drugs and supplies for NPHCE	68.00	68.00
4			100.3		Modular Training of Doctors and Staff Nurses on Geriatric	17.00	17.00
Total:						85.00	85.00

A) FMR Code: NCD.3, SL No.-100.1**Activity: Geriatric Care at CHC/SDH: Procurement of Machinery and Equipments****Approved Amount: NIL for FY 2024-2025 and for FY 2025-2026**

F.M. R. Owner- a) State Level: Not Applicable
b) Dist. Level: Not Applicable

Guideline for the activity: NIL**Budget Breakup:**

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	-	-
2	District	-	-
Total		-	-

B) FMR Code: NCD.3, SL No.-100.2**Activity: Geriatric Care at CHC/SDH: Drugs and supplies for NPHCE****Approved Amount: Rs. 68.00 Lakhs for FY 2024-2025 and Rs.68.00 Lakhs for FY 2025-2026**

F.M. R. Owner- a) State Level: I/C Consultant, NPHCE, SPO (NCD), FLC (NCD) and DSM HQ
b) Dist. Level: Not Applicable

Guideline for the activity:

The budget under this FMR code is approved for procurement of Drugs for Geriatric patients for 34 District Hospital @Rs.2.00 Lakhs per District. State shall procure the drugs centrally as per state EDL List through AMSCL.

There is no budget provision for District level.

Budget Breakup:

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	68.00	68.00
2	District	-	-
Total		68.00	68.00

C) FMR Code: NCD.3, SL No.-100.3**Activity: Geriatric Care at CHC/SDH: Modular Training of Doctors and Staff Nurses on Geriatric****Approved Amount:** Rs. 17.00 Lakhs for each FY 2024-2025 and for FY 2025-2026**F.M. R. Owner-** a) State Level: I/C Consultant, NPHCE, SPO (NCD), FLC (NCD)

b) Dist. Level: Not Applicable

Guideline for the activity:

The amount is approved for training of Medical Officers (MBBS) and Staff Nurses for Geriatric Care in Guwahati.

The budget under this FMR code is proposed for training of medical officers and staff nurses for geriatric care under National Programme for Health Care of Elderly.

A total of 68 medical officers will be trained from all 34 districts hospitals for 3 days at state level and similarly, a total 68 of staff nurses will be trained from all 34 districts hospitals for 3 days at state level in four batches by the personal after getting training at national level.

As per the guidelines, an amount of Rs.50,000/ per district is proposed for the training and capacity Building.

Training Details:

SL No	Activity	Unit of measure	No of Units	Per Unit cost (in Lakh)	Budget (in lakhs)
1	District TOT of 68 MOs for 3-Days	Per Batch	2	4.524	9.048
2	District TOT of 68 SNs for 3-Days	Per Batch	2	3.976	7.952
Total Budget					17.000

The budget calculation for Training :

Proposed Budget Details for State TOT of MOs for 3-Days					
SI No	Component	Unit cost	Unit	Duration	Total Amount
		(in Rs.)			(in Rs.)
1	TA to participants (subject to actual)	1,200.00	34	2	81,600.00
2	DA to Participants	500.00	34	3	51,000.00
3	Honorarium for Resource Persons	1,000.00	5	3	15,000.00
4	Accommodation for the participants including(L/F)	1,200.00	34	3	1,22,400.00

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5	Training Material (Bag, Pad, Pen, Pencil, Highlighter etc.)	600.00	40	1	24,000.00
6	Working lunch, snacks and Tea	650.00	40	3	78,000.00
7	Venue hiring Charge (FREMA)	25,000.00	1	3	75,000.00
8	Miscellaneous cost	5,400.00	1	1	5,400.00
A	Total amount for one batch (in Rs.)				4,52,400.00
B	Total Budget for 68 MOs of all 34 districts (Total- 2 Batches)				9,04,800.00

Proposed Budget Details for State TOT of SNs for 3-Days					
SI No	Component	Unit cost	Unit	Duration	Total Amount
		(in Rs.)			(in Rs.)
1	TA to participants (subject to actual)	1,000.00	34	2	68,000.00
2	DA to Participants	300.00	34	3	30,600.00
3	Honorarium for Resource Persons	1,000.00	5	3	15,000.00
4	Accommodation for the participants including(L/F)	1,000.00	34	3	1,02,000.00
5	Training Material (Bag, Pad, Pen, Pencil, Highlighter etc.)	600.00	40	1	24,000.00
6	Working lunch, snacks and Tea	650.00	40	3	78,000.00
7	Venue hiring Charge (FREMA)	25,000.00	1	3	75,000.00
8	Miscellaneous cost	5,000.00	1	1	5,000.00
A	Total amount for one batch (in Rs.)				3,97,600.00
B	Total Budget for 68 SNs of all 34 districts (Total- 2 Batches)				7,95,200.00

Budget Breakup:

SN	District	Fund allocation for FY 2024-2025 (Rs. In Lakhs)	Fund allocation for FY 2025-2026 (Rs. In Lakhs)
1	State HQ	17.00	17.00
2	District	-	-
Total		17.00	17.00

Annexure I – Drugs for geriatric patients

Names of Medicines	
Sl no.	Names
1	Framycetin Sulphate Skin Cream 30mg tube
2	Diclofenac Sodium gel 1% IP
3	Metronidazole tab 400 mg
4	Tab. Paracetamol 500mg IP
5	Tab. Diclofenac Sodium 50 mg IP, Enteric coated
6	Tab Ibuprofen 400 mg IP
7	Inj. Tramadol 50 mg/2ml BP
8	Inj. Dicyclomine Hydrochloride 10 mg/ml IP
9	Inj. Pheniramine Maleate 22.75 mg/ml IP
10	Tab. Levocetirizine 5 mg IP
11	Inj Dexamethasone 4 mg/ml IP
12	Inj. Hydrocortisone Sodium Hemisuccinate 100 mg/ ml
13	Tab. Phenytoin Sodium 100 mg IP
14	Tab. Phenobarbitone 30 mg IP
15	Tab Amoxicillin 500 mg + Potassium Clavulanate 125 mg (625 mg) IP
16	Tab. Cefixime 200 mg IP
17	Inj Cefotaxime 1 gm + Sulbactam 500 mg IP
18	Tab. Ciprofloxacin 500 mg IP
19	Tab. Azithromycin 500 mg IP
20	Ointment Miconazole 2 % IP
21	Ointment Povidone Iodine USP XXII 5 % w/w
22	Tab Trypsin + Chymotrypsin IP
23	Tab. Isosorbide dinitrate 5 mg USP SL
24	Tab. Isosorbide Mononitrate 10 mg USP SL
25	Tab. Digoxin 250 mcg BP
26	Tab. Methyl Dopa 250 mg IP
27	Tab. Nifedepine 5 mg IP (sofgel)
28	Tab. S Amlodepin 5 mg IP
29	Tab. Losartan Potassium 50 mg IP
30	Tab. Frusemide 40 mg IP
31	Inj Frusemide 20 mg/ 2 ml IP
32	Tab. Pantoprazole 40 mg IP
33	Gel Antacid IP
34	Tab. Ondansetrone 4 mg USP
35	Inj. Ondansetrone 4 mg USP
36	Tab. Norfloxacin 400mg + Tinidazole 600 mg IP
37	Tab. Salbutamol Sulphate 4 mg IP
38	Syrup. Salbutamol 2 mg/ 5 ml IP
39	Inj. Theophylline 50.6 mg & Etophylline 169.4 mg IP
40	Inj. Sodium Chloride & Dextrose IP
41	Inj. Dextrose IP 5 %
42	Inj. Compound Sodium Lactate (R/L) 500 ml IP
43	Inj. Mannitol 20 % w/v IP
44	Tab. Vit. B complex
45	Tab Iron Folic Acid
46	Tab. Calcium Carbonate 500 mg IP with D 3
47	Tab. Albendazole 400 mg IP
48	Tab. Glimipride 1 mg IP
49	Tab. Metformin 500 mg IP
50	Inj. Human Insulin (short acting) in BP 40 IU/ ml
51	Inj. Regular Insulin 40 units/ ml Bovine & Human
52	Inj. Neutral Insulin 30 % + Isophane 70 %, 40 IU/ ml
53	Tab. Alprazolam IP 0.25 mg
54	Inj. Diazepam IP 10 mg/2 ml