

**Operation Guideline under National Iodine Deficiency  
Disorders Control Programme  
for the year 2022-23 & 2023-24.**



**National Health Mission**  
Health & F.W. Department, Govt. of Assam

## PREFACE

### **National Iodine Deficiency Disorders Control Programme**

Iodine deficiency disorders impact “refers to all of the ill effects of iodine deficiency in a population, which can be prevented by ensuring that the population has an adequate intake of iodine”. The spectrum of Iodine deficiency is not only Goitre but it might result in physical and mental retardation. It affects people of all ages, sexes and different socio economic status. It could also result in still birth, abortion, deaf-mutism, dwarfism, squint, cretinism, goitre of all ages, neuromotor defects, etc (Govt. of India’s guideline for NIDDCP). The consumption of adequate iodised salt can prevent and eliminate Iodine Deficiency Disorders.

**Objectives:** To make aware the people about use of adequate iodised salt and ensure the 100% consumption of adequate iodised salt and 100 % elimination of IDD in Assam.

**Key priority area:-**

1. House to house salt testing by ASHA in 14 nos. of IDD endemic districts.
  2. The several awareness programme will be conducted on occasion of Global IDD Prevention day , 2022.
  3. Goitre survey/resurvey.
  4. Monthly collection of urine and salt samples from all districts.
1. The district has to follow the guideline strictly for payment of ASHA incentive and reporting. Report and payment should be proportionate and must be booked the expenditure only in allotted **FMR Code/ Sl. No. 62.1- An amount of Rs. 25/- per ASHA per month has to be given against 50 nos. of salt samples testing per month.** The incentive has to be paid to ASHA after submission of salt testing report by ASHA. Both DME & DCM are responsible for payment and reporting. Report and FMR should be reached to State IDD Cell on or before 7<sup>th</sup> of every month.
  2. For Tally sheets (reporting format) we have allotted @Rs. 10,000/- for 14 IDD endemic districts.
  3. Under **FMR Code/ Sl. No. 62.4** we have allotted @Rs. 200/- per month per district as a courier charges for sending salt and urine samples. 25 nos. of urine samples and 50 nos. of salt samples per month must be sent by trained Lab. Tech. of all districts to state IDD cell, Directorate of Health Services, Assam. Two nos. of lab. Tech per district will be trained to collect urine and salt sample.
  4. Global IDD Prevention Day is celebrated in every year on 21<sup>st</sup> October. An amount of @Rs. 15,000/- per districts for 34 nos. districts. Which is approved for celebration of Global IDD

Prevention Day in 2022-23 & 2023-24 RoP. The DME will be the responsible person to carry out the activities in the districts. A report with photograph have to be submitted after completion of the work. Additional amount of @Rs. 10,000/- given for 14(fourteen) nos. of IDD endemic districts for salt testing format(Tally sheets). Expenditure should be booked in the **FMR code/ Sl. No. 62.5**.

The above said reports and FMR must be submitted in following address:-

The SPO(NIDDCP)  
Directorate of Health Services, Assam  
Hengrabari, Guwahati-36  
Email id:- [niddcp.assam@gmail.com](mailto:niddcp.assam@gmail.com)  
Phone No. 9864089025, 6000344489, 9401662100.

**Budget summary of RoP approval under NIDDCP for the year 2022-23 &  
2023-24**

**RCH. 8**

Sl. No.	FMR Code as per RoP 2021-22	Activities	Budget Proposed 2022-23	Budget Proposed 2023-24
1	62.1	ASHA Incentive under NIDDCP	43.59	43.59
2	62.2	Supply of salt testing kits	69.74	69.74
3	62.3	Goitre survey in 6 nos. of districts	3.00	3.00
4	62.4	Management of IDD monitoring lab- by State IDD Cell	3.00	3.00
5	62.5	Health Education & Publicity	12.90	12.90
<b>Total</b>			<b>132.23</b>	<b>132.23</b>

Sl. No.	New FMR Code/ Sl. No.	Activity	Total RoP approval (Rs. In lakhs)	State H.Q. Allocation (Rs. In lakhs)	District Allocation (Rs. In lakhs)	Page No.
1	62.1	ASHA Incentive under NIDDCP	43.59	0.00	43.59	5
2	62.2	Supply of salt testing kits	69.74	69.74	0.00	5 & 6
3	62.3	Goitre survey in 6 nos. of districts	3.00	3.00	0.00	6 & 7
4	62.4	Management of IDD monitoring lab- by State IDD Cell	3.00	1.708	1.292	7
5	62.5	Health Education & Publicity	12.90	6.40	6.50	8, 9 & 10.
<b>Total</b>			<b>132.23</b>	<b>80.848</b>	<b>51.382</b>	

**Note:- The expenditure will be made as per above table for both of the financial years i.e. FY 2022-23 & 2023-24.**

## Guideline for NIDDCP for the year 2022-24

### RCH. 8

1. **FMR Code/ Sl. No. :- 62.1.**

**Name of the activity:- ASHA Incentive.**

**Owner of the activity at State:- SPO/SCM**

**Owner of the activity at District:- DCM/DAM**

**Owner of the activity at Block:- BCM/BAM**

**The approve amount is Rs. 43.59 lakhs.**

ASHA incentive has to distribute to 14 endemic districts as follows:-

<b>Name of the District</b>	<b>Total no of ASHA</b>	<b>Months</b>	<b>Unit Cost</b>	<b>Fund allocated to districts</b>
Barrpeta	1610	10 months	Rs. 25/-	402500
Dhubri	978	10 months	Rs. 25/-	244500
Darrang	1651	10 months	Rs. 25/-	412750
Dibrugarh	1299	10 months	Rs. 25/-	324750
Goalpara	1067	10 months	Rs. 25/-	266750
Jorhat	967	10 months	Rs. 25/-	241750
Karbi anglong	1744	10 months	Rs. 25/-	436000
Kamrup	739	10 months	Rs. 25/-	184750
Kokrajhar	1377	10 months	Rs. 25/-	344250
Lakhimpur	1308	10 months	Rs. 25/-	327000
Nagoan	1742	10 months	Rs. 25/-	435500
Sivsagar	775	10 months	Rs. 25/-	193750
Nalbari	774	10 months	Rs. 25/-	193500
Tinsukia	1403	10 months	Rs. 25/-	350750
<b>District Total</b>	<b>17434</b>			<b>4358500</b>
<b>State HQ.</b>				<b>500</b>
<b>Grand Total</b>				<b>4359000</b>

@Rs. 25/- per ASHA per month has to be given against 50 nos. of salt samples testing per month. The incentive has to be paid to ASHA after submission of salt testing report by ASHA.

2. **FMR Code/ Sl. No.:- 62.2**

**Name of the activity:- Supply of Salt testing kits.**

**Owner of the activity at State:- SPO/B.M.E**

**Owner of the activity at District:- N/A**

**The approve amount is Rs. 69.74 lakhs.**

The **Total 3,17,000 nos. of salt testing kits** has to be purchased at State level and has to be distributed in 14 nos. of endemic districts. The district are Barpeta, Darrang, Dhubri, Dibrugarh, Goalpara, Jorhat, Kamrup(R), Karbi Anglong, Kokrajhar, Lakhimpur, Nagaon, Nalbari, Sivasagar, & Tinsukia . Approved amount is **Rs. 69.74 lakhs @Rs. 22/- x 3,17,000** nos. of kits for the year 2022-23 & 2023-24. For the year 2022-23 AMSCL has purchased

17435 nos. of kits and distributed in the IDD endemic districts. Only payment has to be done from the approved fund. Rest 142650 nos. of kits have to be purchased and to be distributed in all the districts of Assam. For 2023-24, 317000 nos. of the salt kits have to be purchased and to be distributed in all the 34 numbers of districts.

	Activity	Amount(Rs. In Lakhs)
State H.Q.	Purchase of Salt Testing @Rs. 22/- x 3,17,000 nos.	Rs. 69.736
District		0.00
<b>Grand Total</b>		<b>Rs. 69.74</b>

3. **FMR Code/ Sl. No. :- 62.3**

**Name of the activity:- Goitre survey.**

**Owner of the activity at State:- SPO**

**Owner of the activity at District:- N/A.**

**The approve amount is Rs. 3.00 lakhs.**

- Goitre survey will be conducted in Six nos. of districts FY (2022-23 & 2023-24). The districts are Dhubri, West Karbi Anglong, Barpeta, Bongaigaon, Dhemaji & Lakhimpur for FY 2022-23 and Sonitpur, Baksa, Kokrajhar, Udalguri, Chirang & Goalpara for FY 2023-24. The approved fund is Rs. 3.00 lakhs.
- As per GoI guideline **@Rs. 50,000/- per districts** can be spent for Goitre survey.
- The total nos. of samples per districts for **clinical observation of Goitre should be – 2700 nos. (Age group 6- 12 years). The salt sample should be collected – 540 nos. The urine sample should collected – 270 nos.**
- Selection of samples must be done by Population proportionate to Size(PPS ) methods.
- Salts and urine samples must be collected and tested in State IDD monitoring lab.

**Goitre survey in 6 nos. of districts @Rs. 50,000/- per districts as per GoI guide line and RoP approval.**

Mobility from State head quarter to Districts for 5 nos. of peoples	@Rs. 5,000/-
Mobility from Districts head quarter to Block and villages	@Rs.1,200/-
per day for 10(Ten) Days	@Rs. 12,000/-
D.A. for the officers @Rs. 500/- per person x 2 nos. x 10(Ten) Days	@Rs. 10,000/-
D.A. for the staff @Rs. 400/- per person x 4nos. x 10 (Ten) Days	@Rs. 16,000/-
Contingencies ,(meeting at school, survey materials like polthyne pouch, pen, scale, towel etc.)@Rs. 7,000/-	@Rs. 7,000/-

**Total = Rs. 50,000/-**

**@Rs. 50,000/- x 6 nos. of districts= Rs. 3,00,000/-  
(Rupees Three lakhs) only.**

**According to the distance and priority basis the amount of budget component may change within approved amount Rs. 50,000/-.**

	Activity	Amount (Rs. In Lakhs)
State H.Q.	Goitre survey/ re-survey will be done in 6 nos. of districts by the trained personal from state IDD cell, Assam.	3.00
District		0.00
<b>Total</b>		<b>3.00</b>

4. **FMR Code/ Sl. No.:- 62.4**

**Name of the activity:- Management of IDD monitoring Lab (Purchase of lab chemicals and consumables & strengthening of Lab. Tech).**

**Owner of the activity at State:- SNO/ DSM(HQ)**

**Owner of the activity at District:- N/A.**

**The approve amount is Rs. 3.00 lakhs.**

- The total amount approved for Management of IDD monitoring Lab is **Rs. 3.00 lakhs**. Chemical Reagents and Lab. Consumables such as beakers, test-tube, conical flask, rubber pipe, tissue paper and other laboratory essential stationeries has to be purchased for salt, urine & water testing for an amount of Rs. 1.137 lakhs for the year 2022-2023 and an amount of Rs. 2.180 for the year 2023-2024. For the capacity building of Lab. Technician we have kept amount of Rs. 1.387 lakh (for training).
- We have allotted @Rs. 200/- per month per district as a courier charges for sending salt and urine samples as 25 nos. of urine samples and 50 nos. of salt samples per month must be sent by trained Lab. Tech. of all districts to state IDD cell . An amount of Rs. 0.476 lakhs is kept for the year 2022-23 and Rs. 0.816 lakhs kept for the year 2023-2024.

**For Lab. Technician training details.**

Activities	Unit	Quantity	Unit cost	Total Budget
Training materials	Person	48	@150/-	Rs. 7,200.00
Lunch & Tea for the participants	Person	58	@350/-	Rs. 20,300.00
T.A./ D.A. of the participants	Person	48	@2000/-	Rs. 96,000.00
Banner	Nos.	2	@600/-	Rs. 1,200.00
Hall Rent & Audio Visual Hiring etc.	Nos.	1	@10,000/-	Rs. 10,000.00
Contingency	Nos.	1	@4,000/-	Rs. 4,000.00
<b>Total</b>				<b>1,38,700</b>

	Activity	Amount(Rs. In Lakhs)	
		FY 2022-23	FY 2023-24
State H.Q.	Purchase of lab chemicals and consumables	1.137	2.180
	Training of the Lab. Tech	1.387	
District	For sending urine and salt samples.	(@1400/- x 34 nos. of districts) 0.476	(@2400/- x 34 nos. of districts) 0.816
<b>Total</b>		<b>3.00</b>	<b>3.00</b>

5. **FMR Code/ Sl. No.:- 62.5**

**Name of the activity:- Health Education & Publicity for NIDDCP.**

**Owner of the activity at State:- SPO/SPM1/SME**

**Owner of the activity at District:- Jt. DHS/DME**

**The approve amount is Rs. 12.90 lakhs.**

- A. Printing of IEC materials such as leaflet, dangler, hoardings etc. for an amount @Rs. 2.00 lakhs.
- B. School awareness programme at Morigaon District and Printing of Talley sheet and reporting format. Rs. @ 0.80 lakhs. (Already completed the activities but not yet made the payment)
- C. Awareness meeting on Global IDD Prevention Day at State level , estimated budget @Rs. 1.50 lakhs.

**State level awareness meeting on Global IDD Prevention Day**

Activities	Unit	Quantity	Unit cost	Total Budget
Training materials	Person	60	@200/-	Rs. 12,000.00
Lunch & Tea for the participants	Person	200	@350/-	Rs. 70,000.00
Banner	Nos.	5	@600/-	Rs. 3,000.00
Back drop	No	1	@14,000/-	Rs. 14,000.00
Honorarium for Resource Person	Nos.	4	@1,000/-	Rs. 4,000.00
Hall Rent & Audio Visual Hiring etc.	Nos.	1	@32,000/-	Rs. 22,000.00
Street play/ Inaugural song.	Nos.	1	@Rs.10000/-	Rs. 10,000.00
Anchor	No.	1	@8,000/-	Rs. 8,000.00
Contingency	Nos.	1	@7,000/-	Rs. 7,000.00
<b>Total</b>				<b>Rs. 1,50,000.00</b>

- D. Published advertisement in print and electronic media specially on occasion of Global IDD prevention Day @Rs. 2.10 lakhs.

- E. Global IDD Prevention day is celebrated in every year on 21<sup>st</sup> October. In this connection we have planned to celebrate Global IDD Prevention day at districts with different activities such as Students rally, awareness programme by involving Gaon Panchayat Member, Teachers, ANM, ASHA, AWC, MPW's, Health Educators etc. @Rs. 15,000/- per districts for 34 nos. districts and extra @Rs. 10,000/- given for 14(fourteen) nos. of IDD endemic districts for develop tally sheet.

**@Rs. 15,000/- x 20 dists = Rs. 3,00,000/- + @Rs. 25,000/- x 14= Rs. 3,50,000/-**

**Grand Total= Rs. 6,50,000/-**



Sl. No.	Name of the Districts	Activity	Amount allocated to districts
1.	Baksa	Celebration of "Global IDD Prevention day " at districts with different activities such as Students rally, awareness programme by involving Gaon Panchayat Member, Teachers, ANM, ASHA, AWC, MPW's ( district may planned to observed the day as per their own idea within the mentioned budget @ Rs. 15,000/-) and for the endemic districts extra @Rs. 10,000/- is given for develop tally sheet for salt testing by ASHA.	Rs. 15,000.00
2.	Barpeta		Rs. 25,000.00
3.	Biswanath		Rs. 15,000.00
4.	Bajali		Rs. 15,000.00
5.	Bongaigaon		Rs. 15,000.00
6.	Cachar		Rs. 15,000.00
7.	Charaideo		Rs. 15,000.00
8.	Chirang		Rs. 15,000.00
9.	Darrang		Rs. 25,000.00
10.	Dhemaji		Rs. 15,000.00
11.	Dhubri		Rs. 25,000.00
12.	Dibrugarh		Rs. 25,000.00
13.	Dima Hasao		Rs. 15,000.00
14.	Goalpara		Rs. 25,000.00
15.	Golaghat		Rs. 15,000.00
16.	Hailakandi		Rs. 15,000.00
17.	Hojai		Rs. 15,000.00
18.	Jorhat		Rs. 25,000.00
19.	Kamrup		Rs. 25,000.00
20.	Kamrup Metropolitan		Rs. 15,000.00
21.	Karbi Anglong		Rs. 25,000.00
22.	Karimganj		Rs. 15,000.00
23.	Kokrajhar		Rs. 25,000.00
24.	Lakhimpur		Rs. 25,000.00
25.	Majuli		Rs. 15,000.00
26.	Morigaon		Rs. 15,000.00
27.	Nagaon		Rs. 25,000.00
28.	Nalbari		Rs. 25,000.00
29.	Sivasagar		Rs. 25,000.00
30.	Sonitpur		Rs. 15,000.00
31.	South Salmara		Rs. 15,000.00
32.	Tinsukia		Rs. 25,000.00
33.	Udalguri		Rs. 15,000.00
34.	West Karbi Anglong		Rs. 15,000.00
<b>District Total</b>			<b>Rs. 6,50,000.00</b>

**Budget Break-up:**

	Activity	Amount(Rs. In Lakhs)
<b>State H.Q.</b>	Printing of IEC materials such as leaflet, dangler, hoardings etc.	2.00
	Awareness meeting on Global IDD Prevention Day at State level.	1.50
	School awareness programme at Morigaon District and Printing of Talley sheet and reporting format. Rs.	0.80

	@ 0.80 lakhs. (Already completed the activities)	
	Published advertisement in print and electronic media.	2.10
	<b>Total</b>	<b>6.40</b>
<b>Districts</b>	Celebration Global IDD Prevention day at districts and Printing of Tally sheet	<b>6.50</b>
<b>Grand total (A+B+C+D+E):Rs.</b>		<b>12.90</b>

**Total allotted budget is Rs. 132.23 lakhs.**