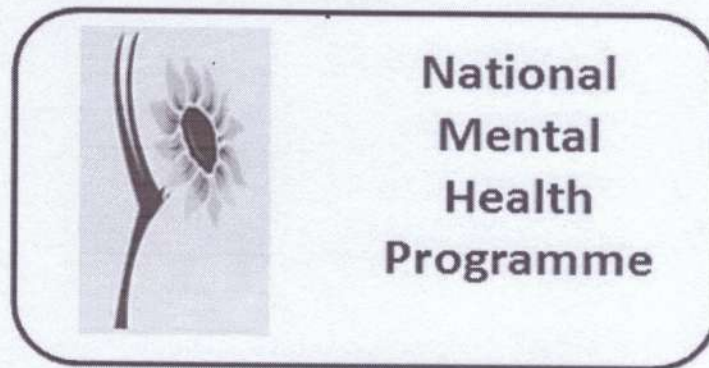


197^c

OPERATIONAL GUIDELINE UNDER NATIONAL MENTAL HEALTH PROGRAMME (NMHP) FY 2021-22



National Health Mission, Assam

Saikia Commercial Complex, Christian Basti, Guwahati-05

1966

Preface

The National Health Mission (NHM) strives to provide health care services on Mental Health to all the citizens of the State in an equitable manner through the National Mental Health Programme (NMHP). The main objectives of the programme is to provide mental health services including prevention, promotion and long- term continuing care at different levels of healthcare delivery system, to augment institutional capacity in terms of infrastructure, equipment and human resource for mental health care, to promote community awareness and participation in the delivery of mental health care services, to broad- base mental health into other related health programmes.

The strategy of NMHP is to integrate mental health serevices with primary health care, provision of tertiary care institutions for treatment of mental disorders and eradicating stigmatization of mentally ill patients and protecting their rights through regulatory institutions like the Central Mental Health Authority and State Mental health Authority.

Components included in this programme are **a. Service provision:** Management of cases of mental disorders in both OPD and IPD, counseling at healthcare delivery system and providing the essential psychiatric drugs, **b. Targeted intervention camps:** District level screening cum intervention camps in the community including schools, colleges, offices, slum areas, out of schools, jails, NGOs, Stress management workshops at workplaces, Camps on suicide prevention in the community/ Depression clinics etc., **c. Capacity building:** Manpower training on mental health to the MOs, Staff Nurses, Paramedical workers, 108 & 102 drivers & technicians , police personnels, Jail Doctors, Persons from Social Welfare department, Govt. officials, Magistrates and NGO workers for mentally ill patient and development for prevention, early identification and management of mental disorders, **d. Awareness generation:** through IEC activities for early identification of mental disorders so that timely management of such cases is possible as well as for removal of stigma attached to Mental illness.

This operational guideline is intended to support the efforts of the districts in ensuring a smooth and successful functioning of District Mental Health Programme (DMHP) under National Mental Health Programme (NMHP) of health facilities.

1956

INDEX

Sl. No	FMR Code	Activity	RoP Approval s, 2021-22(Rs. In Lakhs)	State HQ Allocation		Total Allocation against Districts		Page No.
				Phy. Target	Fresh RoP approvals (Rs. In Lakhs)	Phy. Target	Fresh RoP approvals (Rs. In Lakhs)	
1	2.3.2.3	DMHP: Targeted interventions at community level Activities & interventions targeted at schools, colleges, workplaces, out of schools, colleges, workplaces, out of school adolescents, urban slums and suicide prevention camps and strengthening of Day Care Centre	154.44	-	-	2376 camps	154.44	6-27
2	6.2.16.1	Drugs and Supplies for NMHP	67.65	1	22.15	33 districts	45.50	28-29
3	7.7	Ambulatory Services	1.50	1	0.50	9	1.00	30
4	9.5.16.1	Training of PHC Medical Officers, Nurses, Paramedical workers & Other Health Staff working under NMHP	35.85	1	0.21	100 batches	35.64	31-34
5	9.5.16.2	Others (Training)	36.70	1	19.06	50 batches	17.64	35-36
6	11.19.1	Translation of IEC materials and distribution	15.00	1	15.00	-	-	37
7	11.19.2	Awareness generation activities in the community, schools, workplace with community involvement	28.25	-	-	33 districts	28.25	38-41

Sl. No	FMR Code	Activity	RoP Approvals, 2021-22 (Rs. In Lakhs)	State HQ Allocation		Total Allocation against Districts		Page No.
				Phy. Target	Fresh RoP approvals (Rs. In Lakhs)	Phy. Target	Fresh RoP approvals (Rs. In Lakhs)	
8	11.19.3	Any other IEC/BCC activities	15.00	1	15.00	-	-	42
9	B- Printing under NCD (12.4.2)	Printing activities under NMHP	10.00	1	10.00	-	-	43
10	16.1- (16.1.3.3.13)	Miscellaneous/Travel/Contingency under NMHP	25.50	1	4.35	24 districts	21.15	44,45
11	16.1 – (16.1.4.2.6)	Operational expenses of the district centre: rent, telephone expenses, website etc.	2.64	-	-	24 districts	2.64	46-47
Total			392.53		86.27		306.26	

District wise total fund breakup for the FY- 2021-22

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	10.02
2	Barpeta	10.84
3	Biswanath	4.50
4	Bongaigaon	12.93
5	Cachar	11.43
6	Charaideo	4.42
7	Chirang	2.50
8	Darrang	13.45
9	Dhemaji	10.80
10	Dhubri	2.83
11	Dibrugarh	11.25
12	DimaHasao	3.00
13	Goalpara	10.90
14	Golaghat	11.90
15	Hailakandi	11.03
16	Hojai	3.57
17	Jorhat	5.27
18	Kamrup (M)	12.46
19	Kamrup (R)	10.68
20	Karimganj	11.90
21	KarbiAnglong	10.57
22	Kokrajhar	12.02
23	Lakhimpur	12.50
24	Majuli	9.23
25	Morigaon	13.00
26	Nalbari	10.44
27	Nagaon	13.46
28	Sivasagar	11.48
29	Sonitpur	10.04
30	South Salmara	1.43
31	Tinsukia	13.2
32	Udalguri	11.00
33	West Karbi Anglong	2.21
	Total for 33 district	306.26
	Total for State HQ	86.27
	Total	392.53

192

Activity No. 1:

FMR Code: 2.3.2.3

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP

Approved Budget in the FY 2021-22: 154.44 Lakhs

At Dist. Level: District Programme Officer

Name of the Activity: DMHP: Targeted interventions at community level, schools, colleges, out of school adolescents, district jail, NGOs, urban slums and suicide prevention camps.

About the activity:

- District level screening cum intervention camps in schools, colleges, slum areas, jails, NGOs, by the DMHP team.
- District level screening cum intervention camps in BPHCs/MPHCs/SDs/UPHCs etc.
- Suicide prevention/Depression camps at Community Health Centres (CHCs).

Aim: To sensitize the whole community about mental health, features of mental disorders, screening of mental health disorders among the population, availability of their management in the PHCs/CHCs/District Hospitals and benefits of treatment.

Expenditure can be incurred on the following activity:

1. Targeted interventions about mental health, features of mental disorders, availability of their management in the BPHCs/MPHCs/SDs/UPHCs etc.
2. Targeted intervention about mental health, features of mental disorders, availability of their management in **schools.**
3. Targeted interventions about mental health, features of mental disorders, availability of their management in **colleges.**
4. Targeted intervention camps about Suicide prevention/Depression at Community Health Centres (CHCs) .
5. Targeted interventions about mental health, features of mental disorders, availability of their management and stress management in the **jail once in a month (about the same time in every month.)**
6. Targeted interventions about mental health, features of mental disorders, availability of their management and stress management at **NGOs (Twice in a month to each NGO).**

Timeline to complete the activity: This activity needs to be completed by the end of the March, 2021.

Note:

- For conducting targeted intervention camps and suicide prevention/depression camps at CHCs/BPHCs/MPHCs/SDs/UPHCs etc., the DMHP team has to inform the ASHAs of that particular block for better communication with the mentally ill patients of that block.
- The camps at CHCs/BPHCs/MPHCs/SDs/UPHCs etc. needs to be repeated in quarterly basis so that total 3 visits (in one block) can be made in 9 months.
- Those districts who do not have NGO for mentally ill/homeless mentally ill/de-addiction centre/halfway homes will conduct these camps in the community, school & colleges.
- A monthly format capturing the number of cases screened and interventions given in each such camp has to be recorded.

- During the visit to the NGO, **a survey needs to be done as per the Mental Healthcare Act and Rules and report shall be submitted to the State cell on a monthly basis.**
- Average number of camps will be **9-10 per month.** The clinical Psychologist shall take active part in camps conducted in schools and colleges and shall visit the schools and colleges as and when required.
- It is necessary to **take support of Deputy Commissioner and Joint Director of Health Services concerned** to organize the targeted intervention cum screening camps at workplaces.
- The amount provided in the budget for travel is tentative amount and in case it is not sufficient for the same the DMHP team may utilize the amount given under the **FMR code: 16.1 (16.1.3.3.13)** which is given for miscellaneous/travel/contingency.
- The amount provided in the budget for lunch is meant for the DMHP team (DPO, CP, PSW, CN and others) who are directly involve in the activities in the camps.

Total Budget and Numbers of Camps:

❖ Budget Breakup for targeted intervention cum screening camps:-

FMR Code	Sl. No	Particulars	Unit Cost	Quantity	Amount
2.3.2.3	1	IEC materials (Banner, Poster etc.)	500/-	1	500/-
	2	Tea & Refreshment	50/-	10	500/-
	3	Lunch	250/-	10	2500/-
	4	Vehicle	2000/-	1	2000/-
	5	Miscellaneous	1000/-	1	1000/-
Total					6500/-

Note:

- Above mentioned budget breakup is applicable for all kind of targeted intervention cum screening camps under the **FMR code:2.3.2.3**

Targeted intervention camp at <u>BPHCs/MPHCs/SDs/UPHCs etc.</u>											
Sl. No.	Districts	1st quarter			2nd quarter			3rd quarter			Total
		July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	
1	Baksa	4	4	4	4	4	4	4	4	4	36
2	Barpeta	3	4	3	3	4	3	3	4	3	30
3	Biswanath	1	1	1	1	1	1	1	1	1	9
4	Bongaigaon	3	4	4	3	4	4	3	4	4	33
5	Cachar	3	4	3	3	4	3	3	4	3	30
6	Charaideo	1	1	1	1	1	1	1	1	1	9
7	Chirang	0	0	0	0	0	0	0	0	0	0
8	Darrang	4	5	5	4	5	5	4	5	5	42
9	Dhemaji	5	6	5	5	6	5	5	6	5	48
10	Dhubri	0	0	0	0	0	0	0	0	0	0
11	Dibrugarh	3	3	2	3	3	2	3	3	2	24
12	DimaHasao	0	0	0	0	0	0	0	0	0	0
13	Goalpara	3	3	3	3	3	3	3	3	3	27
14	Golaghat	4	4	4	4	4	4	4	4	4	36
15	Hailakandi	3	4	3	3	4	3	3	4	3	30
16	Hojai	0	1	1	0	1	1	0	1	1	6
17	Jorhat	2	2	1	2	2	1	2	2	1	15
18	Kamrup (M)	3	4	3	3	4	3	3	4	3	30
19	Kamrup (R)	4	4	4	4	4	4	4	4	4	36
20	Karimganj	3	4	4	3	4	4	3	4	4	33
21	KarbiAnglong	3	3	3	3	3	3	3	3	3	27
22	Kokrajhar	4	5	5	4	5	5	4	5	5	42
23	Lakhimpur	3	4	3	3	4	3	3	4	3	30
24	Majuli	3	3	2	3	3	2	3	3	2	24
25	Morigaon	4	4	4	4	4	4	4	4	4	36
26	Nalbari	3	3	3	3	3	3	3	3	3	27
27	Nagaon	3	4	3	3	4	3	3	4	3	30
28	Sivasagar	4	4	4	4	4	4	4	4	4	36
29	Sonitpur	2	3	2	2	3	2	2	3	2	21
30	South Salmara	0	0	0	0	0	0	0	0	0	0
31	Tinsukia	3	4	4	3	4	4	3	4	4	33
32	Udalguri	3	3	2	3	3	2	3	3	2	24
33	West Karbi Anglong	0	0	0	0	0	0	0	0	0	0
Total Camps		84	98	86	84	98	86	84	98	86	804

List of PHCs/BPHCs/MPHCs/SDs/UPHCs assigned for targeted intervention camps

Sl No.	District Name	Health Block	Facility Name	Location	Remarks
1	Baksa	Barama	Barimakha SD	Rural	12
2	Baksa	Barama	Medaghat MPHC	Rural	
3	Baksa	Golagaon	Golagaon BPHC	Rural	
4	Baksa	Golagaon	Koklabari SHC	Rural	
5	Baksa	Jalah	MAJORGAON MPHC	Rural	
6	Baksa	Mushalpur	Borbori MPHC	Rural	
7	Baksa	Mushalpur	Subankhata SD	Rural	
8	Baksa	Mushalpur	Athiabari SD	Rural	
9	Baksa	Niz Kaurbaha	Goreswar MPHC	Rural	
10	Baksa	Niz Kaurbaha	Niz Kaurbaha BPHC	Rural	
11	Baksa	Tamulpur	Gandhibari MPHC	Rural	
12	Baksa	Tamulpur	Tamulpur BPHC	Rural	
13	Barpeta	Bhawanipur	HOWLY SHC	Rural	10
14	Barpeta	Barpeta Urban	Urban Health Centre		
15	Barpeta	Chenga	CHENGA BPHC	Rural	
16	Barpeta	Kalgachia	SORBHOG SHC	Rural	
17	Barpeta	Kalgachia	KALGACHIA BPHC	Rural	
18	Barpeta	Mandia	BAGHMARA RPHC	Rural	
19	Barpeta	Nagaon	NAGAON BPHC	Rural	
20	Barpeta	Nagaon	NASATRA PHC	Rural	
21	Barpeta	Nityananda	NITYANANDA BPHC	Rural	
22	Barpeta	Nityananda	SARUPETA MPHC		
23	Biswanath	Behali	Bedeti PHC	Rural	3
24	Biswanath	Biswanath Chariali	Biswanath Ghat NPHC	Rural	
25	Biswanath	North Jamuguri (part)	Itakhola New PHC	Rural	
26	Bongaigaon	Boitamari	Bishnupur SD	Rural	11
27	Bongaigaon	Boitamari	Dhantola MPHC	Rural	
28	Bongaigaon	Boitamari	Kachudola MPHC	Rural	
29	Bongaigaon	Bongaigaon	Majgaon SD	Rural	
30	Bongaigaon	Bongaigaon	Panchapur MPHC	Rural	
31	Bongaigaon	Bongaigaon Urban	Bongaigaon BPHC		
32	Bongaigaon	Manikpur	Patiladaha MPHC	Rural	
33	Bongaigaon	Srijangram	ABHYAPURI SD	Rural	
34	Bongaigaon	Srijangram	LENGTISINGA MPHC	Rural	
35	Bongaigaon	Srijangram	RANGAPANI SD	Rural	
36	Bongaigaon	Srijangram	SRIJANGRAM BPHC	Rural	
37	Cachar	Bikrampur	Bikrampur PHC	Rural	10
38	Cachar	Borkhola	Salchapra MPHC	Rural	
39	Cachar	Dholai	Dholai BPHC	Rural	
40	Cachar	Harinagar	Harinagar BPHC	Rural	
41	Cachar	Jalalpur	Jalalpur BPHC	Rural	

SI No.	District Name	Health Block	Facility Name	Location	Remarks
42	Cachar	Lakhipur	Chotomamda MPHC	Rural	
43	Cachar	Lakhipur	Lakhipur BPHC	Rural	
44	Cachar	Sonai	Sonai BPHC	Rural	
45	Cachar	Sonai	Natun Ramnagar S. D.	Rural	
46	Cachar	Udarbond	Udharbond BPHC	Rural	
47	Charaideo	Patsaku	Narod Kumar New PHC	Rural	3
48	Charaideo	Patsaku	Sepon New PHC	Rural	
49	Charaideo	Sapekhati	Sapekhati BPHC	Rural	
50	Darrang	Jaljali	GOSHAIGAON	Rural	14
51	Darrang	Jaljali	NIZ DANHEE	Rural	
52	Darrang	Jaljali	RANGAMATI	Rural	
53	Darrang	Kharupetia	DALGAON	Rural	
54	Darrang	Kharupetia	No.1 Magurmari Riverine PHC	Rural	
55	Darrang	Kharupetia	No.4 Arimari Riverine PHC	Rural	
56	Darrang	Kharupetia	SILBORI NEW PHC	Rural	
57	Darrang	Mangaldai Urban	Urban Health Centre	Rural	
58	Darrang	Patharighat	ANDHERIGHAT	Rural	
59	Darrang	Patharighat	CHAMATIAPARA PHC	Rural	
60	Darrang	Patharighat	SARABARI	Rural	
61	Darrang	Patharighat	KENDUGURI	Rural	
62	Darrang	Sipajhar	HAZARIKAPARA	Rural	
63	Darrang	Sipajhar	KURUA SD	Rural	
64	Dhemaji	Bengenagarah	Machkhowa MPHC	Rural	16
65	Dhemaji	Bengenagarah	Sissimukh MPHC	Rural	
66	Dhemaji	Dhemaji	Amguri MPHC	Rural	
67	Dhemaji	Dhemaji	Changchangia Riverine PHC	Rural	
68	Dhemaji	Dhemaji	Dhemaji UHC	Rural	
69	Dhemaji	Gogamukh	Adut Gaon Riverine PHC	Rural	
70	Dhemaji	Gogamukh	Bordoloni MPHC	Rural	
71	Dhemaji	Gogamukh	Gerukamukh UHC	Rural	
72	Dhemaji	Jonai	Jonai PHC	Rural	
73	Dhemaji	Jonai	Ramdhan MPHC	Rural	
74	Dhemaji	Jonai	Simen Chapori New MPHC	Rural	
75	Dhemaji	Jonai	Telam MPHC	Rural	
76	Dhemaji	Sissiborgaon	Deorighat MPHC	Rural	
77	Dhemaji	Sissiborgaon	Khanamukh MPHC	Rural	
78	Dhemaji	Sissiborgaon	Silapathar UHC	Rural	
79	Dhemaji	Sissiborgaon	Sissiborgaon BPHC	Rural	
80	Dibrugarh	Barbaruah	Jamirah Tvr SD	Rural	8
81	Dibrugarh	Khowang	KHOWANG BPHC	Rural	
82	Dibrugarh	Khowang	Moran SD	Rural	
83	Dibrugarh	Lahowal	LAHOWAL BPHC	Rural	
84	Dibrugarh	Naharani	Naharkatia SD	Rural	

Sl No.	District Name	Health Block	Facility Name	Location	Remarks
85	Dibrugarh	Naharani	Dhaman Halmari	Rural	
86	Dibrugarh	Panitola	PANITOLA BPHC	Rural	
87	Dibrugarh	Tengakhat	Bhadoi Panchali PHC	Rural	
88	Goalpara	Agia	AGIA BPHC	Rural	
89	Goalpara	Agia	Barvita MPHC	Rural	
90	Goalpara	Agia	JOYPUR MPHC	Rural	
91	Goalpara	Agia	Tiagara Char PHC	Rural	
92	Goalpara	Lakhipur	CHAIBARI MPHC	Rural	9
93	Goalpara	Lakhipur	Chunari Char PHC	Rural	
94	Goalpara	Matia	Simlitola Char PHC	Rural	
95	Goalpara	Mornoi	DILMAJAKHILI SD	Rural	
96	Goalpara	Mornoi	MORNOI BPHC	Rural	
97	Golaghat	Bokakhat	Kamar Gaon MPHC	Rural	
98	Golaghat	Charingia	Badulipar MPHC	Rural	
99	Golaghat	Charingia	Charingia BPHC	Rural	
100	Golaghat	Charingia	Dusutumukh SD	Rural	
101	Golaghat	Kamarbandha Ali	ATHKHELIA MPHC	Rural	
102	Golaghat	Kamarbandha Ali	FURKATING SD	Rural	12
103	Golaghat	Kamarbandha Ali	Kamarbondha Ali BPHC	Rural	
104	Golaghat	Missamora	DERGAON SHC	Rural	
105	Golaghat	Missamora	MISSAMORA BPHC	Rural	
106	Golaghat	Sarupathar	Bhagyapur MPHC	Rural	
107	Golaghat	Sarupathar	Gelabil MPHC	Rural	
108	Golaghat	Sarupathar	NAOJAN MPHC	Rural	
109	Hailakandi	Algapur	North Narainpur NPHC	Rural	
110	Hailakandi	Algapur	Santushnagar PHC	Rural	
111	Hailakandi	Algapur	Matijuri SHC	Rural	
112	Hailakandi	Hailakandi Urban	Urban Helath Centre	Rural	
113	Hailakandi	Kalinagar	Kalinagar PHC	Rural	10
114	Hailakandi	Katlicherra	Gharmura FV PHC	Rural	
115	Hailakandi	Katlicherra	Katlicherra PHC	Rural	
116	Hailakandi	Lala	Bilaipur MPHC	Rural	
117	Hailakandi	Lala	Vernerpur PHC	Rural	
118	Hailakandi	Lala	Nityanandapur SD	Rural	
119	Hojai	Lanka	Fultoli MPHC	Rural	2
120	Hojai	Lanka	Lanka PHC	Rural	
121	Jorhat	Bhogamukh	BHOGAMUKH BPHC	Rural	
122	Jorhat	Kakojan	Kakojan PHC	Rural	
123	Jorhat	Nakachari	Nakachari BPHC	Rural	5
124	Jorhat	SOLMORA	SOLMORA BPHC	Rural	
125	Jorhat	Titabor	Titabar BPHC	Rural	
126	Kamrup	Bihdia	Bihdia BPHC	Rural	
127	Kamrup	Boko	Tarabari SD	Rural	12

Sl No.	District Name	Health Block	Facility Name	Location	Remarks	
128	Kamrup	Chaygaon	Chhaygaon OPD	Rural		
129	Kamrup	Chaygaon	Panikhaity Char PHC	Rural		
130	Kamrup	Hajo	Soniadi MPHC	Rural		
131	Kamrup	Nagarbera	Chamaria SD	Rural		
132	Kamrup	Nagarbera	Nagarbera BPHC	Rural		
133	Kamrup	Rampur	Rampur BPHC	Rural		
134	Kamrup	Rangia	Baranghati MPHC	Rural		
135	Kamrup	Sualkuchi	Halogaon MPHC	Rural		
136	Kamrup	Uparhali	Palasbari SD	Rural		
137	Kamrup	Uparhali	Uparhali BPHC	Rural		
138	Kamrup Metro	CAPITAL ZONE	KHANAPARA SD	Urban		
139	Kamrup Metro	DHIRENPARA ZONE	FATASIL UHC	Urban		10
140	Kamrup Metro	EAST ZONE	SATGAON SD	Urban		
141	Kamrup Metro	EAST ZONE	ULUBARI UHC	Urban		
142	Kamrup Metro	SONAPUR	PANIKHATI MPHC	Rural		
143	Kamrup Metro	SONAPUR	DIGARU SD	Rural		
144	Kamrup Metro	SONAPUR	DIMORIA SD	Rural		
145	Kamrup Metro	SONAPUR	NORTAP MPHC	Rural		
146	Kamrup Metro	WEST ZONE	Amingaon UHC	Urban		
147	Kamrup Metro	WEST ZONE	FERRY GHAT UHC	Urban		
148	Karbi Anglong	Bokajan	Dillai SD	Rural	9	
149	Karbi Anglong	Bokajan	Balipothar MPHC	Rural		
150	Karbi Anglong	Chowkihola	Chokihola	Rural		
151	Karbi Anglong	Chowkihola	Dolamara	Rural		
152	Karbi Anglong	Chowkihola	Rongmongve	Rural		
153	Karbi Anglong	Howraghat	DOKMOKA MPHC	Rural		
154	Karbi Anglong	Howraghat	PHULONI MPHC	Rural		
155	Karbi Anglong	Manja	Dhansiri MPHC	Rural		
156	Karbi Anglong	Manja	Manja BPHC	Rural		
157	Karimganj	Girishganj	Dasgram SHC	Rural	11	
158	Karimganj	Girishganj	Maizgram SD	Rural		
159	Karimganj	Kachuadam	Adarkuna MPHC	Rural		
160	Karimganj	Kachuadam	Badarpur SHC	Rural		
161	Karimganj	Karimganj Urban	URBAN HEALTH CENTRE	Urban		
162	Karimganj	Nilambazar	Kaliganj MPHC	Rural		
163	Karimganj	Nilambazar	Nilambazar PHC	Rural		

SI No.	District Name	Health Block	Facility Name	Location	Remarks
164	Karimganj	Patharkandi	Lakhipur PHC	Rural	
165	Karimganj	Patharkandi	Nagra Bazar MPHC	Rural	
166	Karimganj	Ramkrishna Nagar	CHORGOLA MPHC	Rural	
167	Karimganj	Ramkrishna Nagar	R.K.NAGAR PHC	Rural	
168	Kokrajhar	Balajan	Owbari	Rural	14
169	Kokrajhar	Balajan	Balajan	Rural	
170	Kokrajhar	Balajan	Dholmara	Rural	
171	Kokrajhar	Balajan	Nayekgaon SD	Rural	
172	Kokrajhar	Balajan	Urban Health Center Kokrajhar	Rural	
173	Kokrajhar	Dotoma	Dotma BPHC	Rural	
174	Kokrajhar	Dotoma	Fakiragram SHC	Rural	
175	Kokrajhar	Dotoma	Pratapkhata SD	Rural	
176	Kokrajhar	Gossaigaon	Debitola PHC	Rural	
177	Kokrajhar	Gossaigaon	Kurshakati SHC	Rural	
178	Kokrajhar	Gossaigaon	Bhowraguri PHC	Rural	
179	Kokrajhar	Gossaigaon	Gossaigaon PHC	Rural	
180	Kokrajhar	Kachugaon	KACHUGAON PHC	Rural	
181	Kokrajhar	Kachugaon	Patakata SD	Rural	
182	Lakhimpur	Bihpuria	Harmotty Mini PHC	Rural	10
183	Lakhimpur	Bihpuria	Islampur State Dispensary	Rural	
184	Lakhimpur	Bihpuria	Meneha MPHC	Rural	
185	Lakhimpur	Boginodi	Dorge Riverine PHC	Rural	
186	Lakhimpur	Dhakuakhana	Bakulguri Riverine PHC	Rural	
187	Lakhimpur	Ghilamora	Bebejia SD	Rural	
188	Lakhimpur	Ghilamora	Sonarichapori Mini PHC	Rural	
189	Lakhimpur	Lakhimpur Urban	North Lakhimpur Urban Centre	Rural	
190	Lakhimpur	Nawboicha	Rampur PHC	Rural	8
191	Lakhimpur	Nawboicha	Panigaon SHC	Rural	
192	Majuli	Kamalabari	Bongaon SD	Rural	
193	Majuli	Kamalabari	Dakhinpat SD	Rural	
194	Majuli	Kamalabari	Gereki Riverine MPHC	Rural	
195	Majuli	Kamalabari	Jengraimukh MPHC	Rural	
196	Majuli	Kamalabari	Karatipar MPHC	Rural	
197	Majuli	Kamalabari	Rangachahi SD	Rural	
198	Majuli	Kamalabari	Ratanpur Lahan MPHC	Rural	
199	Majuli	Kamalabari	Ratanpur Miri MPHC	Rural	
200	Marigaon	Bhurbandha	Udari SD	Rural	12
201	Marigaon	Bhurbandha	Jaluguti SD	Rural	
202	Marigaon	Bhurbandha	Mikirbhatta SD	Rural	
203	Marigaon	Jhargaon	Merugaon SD	Rural	
204	Marigaon	Jhargaon	Burgaon MPHC	Rural	
205	Marigaon	Jhargaon	Khandakhaity Riverine PHC	Rural	

SI No.	District Name	Health Block	Facility Name	Location	Remarks
206	Marigaon	Jhargaon	Urban Health Centre	Rural	
207	Marigaon	Laharighat	Bhuragaon SHC	Rural	
208	Marigaon	Laharighat	Kathani Riverine PHC	Rural	
209	Marigaon	Laharighat	Nagabandha PHC	Rural	
210	Marigaon	Laharighat	Niz Gerua SD	Rural	
211	Marigaon	Laharighat	Ulubari Riverine PHC	Rural	
212	Nagaon	Barapujia	Laopani SD	Rural	
213	Nagaon	Buragohaitan	Borkola MPHC	Rural	
214	Nagaon	Dagaon	Arimari Char Riverine PHC	Rural	
215	Nagaon	Dagaon	Dagaon BPHC	Rural	
216	Nagaon	Dagaon	Jengani Koladoba Riverine PHC	Rural	
217	Nagaon	Dhing	Kandhulimari RPHC	Rural	
218	Nagaon	Kathiatoli	Lutumari New PHC	Rural	
219	Nagaon	Samaguri	SAMAGURI BPHC	Rural	
220	Nagaon	Simonabasti	SIMONABASTI BPHC	Rural	
221	Nagaon	Singimari	SINGIMARI PHC	Rural	9
222	Nalbari	Chamata	Chandakuchi SHC	Rural	
223	Nalbari	Chamata	Jagara PHC	Rural	
224	Nalbari	Ghograpar	Ghograpar PHC	Rural	
225	Nalbari	Ghograpar	Barkhala MPHC	Rural	
226	Nalbari	Kamarkuchi	Kamarkuchi PHC	Rural	
227	Nalbari	Mukalmua	Daulashal MPHC	Rural	
228	Nalbari	Mukalmua	Sialmari Bejirsutipar Riverine PHC	Rural	
229	Nalbari	Mukalmua	Peradharachar Riverine PHC	Rural	
230	Nalbari	Tihu FRU (Reporting Unit)	Haribhanga SD	Rural	12
231	Sivasagar	Dimow	Demow BPHC	Rural	
232	Sivasagar	Dimow	Palengi MPHC	Rural	
233	Sivasagar	Dimow	Desangmukh MPHC	Rural	
234	Sivasagar	Geleky	Geleky BPHC	Rural	
235	Sivasagar	Geleky	Nazira SHC	Rural	
236	Sivasagar	Gourisagar	Hafaluting MPHC	Rural	
237	Sivasagar	Gourisagar	Gourisagar BPHC	Rural	
238	Sivasagar	Kaloogaon	Kaloogaon BPHC	Rural	
239	Sivasagar	Khelua	Khelua BPHC	Rural	
240	Sivasagar	Morabazar	Morabazar BPHC	Rural	
241	Sivasagar	Patsaku (part)	Bokota MPHC	Rural	
242	Sivasagar	Sivasagar Urban	Wood Urban Health Centre	Urban	
243	Sonitpur	Bihaguri	Bhojkhwa Reverine PHC	Rural	
244	Sonitpur	Bihaguri	Bihaguri BPHC	Rural	
245	Sonitpur	Dhekiajuli	INo.Basasimalu River PHC	Rural	
246	Sonitpur	Dhekiajuli	Dhekiajuli PHC	Rural	

SI No.	District Name	Health Block	Facility Name	Location	Remarks
247	Sonitpur	North Jamuguri	Jamuguri SHC	Rural	
248	Sonitpur	Rangapara	Rangapara PHC	Rural	
249	Sonitpur	Sonitpur Urban	Urban Health Centre (UHC) Tezpur	Urban	
250	Tinsukia	Hapjan	Hapjan	Rural	11
251	Tinsukia	Kakopathar	Bordirak MPHC	Rural	
252	Tinsukia	Kakopathar	Kakopathar BPHC	Rural	
253	Tinsukia	Ketetong	Inthem SD	Rural	
254	Tinsukia	Ketetong	Jagun MPHC	Rural	
255	Tinsukia	Ketetong	Ledo MPHC	Rural	
256	Tinsukia	Ketetong	Urban Health Centre Margherita	Urban	
257	Tinsukia	Na Sadiya	Na Sadiya BPHC	Rural	
258	Tinsukia	Na Sadiya	Santipur MPHC	Rural	
259	Tinsukia	Na Sadiya	Sunpura MPHC	Rural	
260	Tinsukia	Tinsukia Urban	Urban Health Centre	Urban	
261	Udalguri	Khoirabari	Dimakuchi New PHC	Rural	8
262	Udalguri	Khoirabari	PANISHELI SD	Rural	
263	Udalguri	Orang	Dhansrighat New PHC	Rural	
264	Udalguri	Udalguri	Bhokelikhanda	Rural	
265	Udalguri	Udalguri	Dakua	Rural	
266	Udalguri	Udalguri	PANERY SHC	Rural	
267	Udalguri	Udalguri	UDALGURI BPHC	Rural	
268	Udalguri	Udalguri	Urban Health Centre Tangla	Rural	
Total Camps					268

Suicide prevention/Depression camps at CHCs

<u>Sl. No.</u>	<u>Districts</u>	<u>July</u>	<u>Aug</u>	<u>Sep</u>	<u>Oct</u>	<u>Nov</u>	<u>Dec</u>	<u>Jan</u>	<u>Feb</u>	<u>Mar</u>	<u>Total</u>
1	Baksa	0	1	1	1	1	1	1	1	1	8
2	Barpeta	1	1	2	1	2	1	1	1	1	11
3	Biswanath	0	0	1	1	1	0	0	0	0	3
4	Bongaigaon	0	1	1	0	1	1	1	1	0	6
5	Cachar	0	0	1	1	1	1	1	1	1	7
6	Charaideo	0	0	0	0	1	0	1	0	0	2
7	Chirang	0	0	0	0	1	0	0	0	0	1
8	Darrang	0	1	1	1	1	1	1	1	0	7
9	Dhemaji	0	1	1	1	1	1	1	1	0	7
10	Dhubri	0	0	1	0	1	0	1	0	0	3
11	Dibrugarh	1	1	1	1	1	1	1	1	2	10
12	DimaHasao	0	0	0	1	0	1	0	1	0	3
13	Goalpara	0	1	1	1	0	1	1	1	1	7
14	Golaghat	1	1	1	1	1	1	1	1	1	9
15	Hailakandi	0	0	1	0	1	0	1	1	0	4
16	Hojai	0	0	1	1	0	1	1	1	0	5
17	Jorhat	0	1	0	1	1	1	1	1	0	6
18	Kamrup (M)	1	1	1	1	1	1	1	1	0	8
19	Kamrup (R)	1	1	1	2	1	2	2	2	1	13
20	Karimganj	0	1	1	1	1	1	1	0	1	7
21	KarbiAnglong	0	1	1	1	0	1	1	0	1	6
22	Kokrajhar	0	1	1	1	1	1	1	1	0	7
23	Lakhimpur	1	0	1	2	1	1	1	1	1	9
24	Majuli (Jorhat)	0	0	1	0	0	0	0	0	1	2
25	Morigaon	0	1	1	1	1	1	1	1	1	8
26	Nalbari	1	1	1	1	2	1	1	2	1	11
27	Nagaon	2	2	1	1	2	1	1	1	2	13
28	Sivasagar	0	1	1	1	0	1	1	1	0	6
29	Sonitpur	1	0	1	0	1	1	1	1	0	6
30	South Salmara	0	0	0	1	0	0	0	1	0	2
31	Tinsukia	1	1	1	1	1	1	0	1	1	8
32	Udalguri	0	1	1	0	1	1	1	1	1	7
33	West Karbi Anglong	0	0	0	0	1	0	0	1	0	2
Total		11	21	28	26	29	26	27	28	18	214

List of CHCs assigned for Suicide Prevention/Depression camps

S No.	District Name	Health District	Facility Name	Total camps
1	Baksa	Barama	Barama CHC	8
2	Baksa	Barama	Barama Model Hospital	
3	Baksa	Jalah	Jalah CHC	
4	Baksa	Jalah	Salbari Model Hospital	
5	Baksa	Niz Kaurbaha	Goreswar CHC	
6	Baksa	Niz Kaurbaha	Jogen Basumatary Memorial 30 Beded Hospital	
7	Baksa	Tamulpur	Nagrijule Model Hospital	
8	Baksa	Tamulpur	Tamulpur CHC	
9	Barpeta	Barpeta Road	BARPETA ROAD FRU	11
10	Barpeta	Bhawanipur	BHAWANIPUR CHC	
11	Barpeta	Bhawanipur	HOWLY CHC	
12	Barpeta	Bhawanipur	Majgaon Model Hospital	
13	Barpeta	Chenga	SARUKHETRI CHC	
14	Barpeta	Kalgachia	Bhulukadoba Model Hospital	
15	Barpeta	Kalgachia	Chandmama Model Hospital	
16	Barpeta	Kalgachia	SORBHOG CHC	
17	Barpeta	Mandia	Mandia Model Hospital	
18	Barpeta	Nagaon	BHAKTARDOBA MODEL HOSPITAL	
19	Barpeta	Nityananda	BAGHMARA CHC	
20	Biswanath	Behali	Borgang Model Hospital	3
21	Biswanath	Biswanath Chariali	Balichang Model Hospital	
22	Biswanath	Gohpur	Kalabari Model Hospital	
23	Bongaigaon	Boitamari	M G MODEL HOSPITAL BOITAMARI	6
24	Bongaigaon	Bongaigaon	Bidyapur CHC	
25	Bongaigaon	Manikpur	M G MODEL HOSPITAL MANIKPUR	
26	Bongaigaon	Srijangram	Abhayapuri CHC	
27	Bongaigaon	Bongaigaon Urban	Bhawlaguri UHC	
28	Bongaigaon	Bongaigaon Urban	Bongaigaon BPHC	
29	Cachar	Borkhola	MG Model Hospital Chibitabichia	7
30	Cachar	Dholai	M.G.Model Hospital Palonghat	
31	Cachar	Jalalpur	Kalain CHC	
32	Cachar	Jalalpur	Katigorah Modal Hospital	
33	Cachar	Sonai	M.G Model Hospital Kachudaram	
34	Cachar	Udarbond	MG Model Hospital Choto Dudhpatil	
35	Cachar	Udarbond	MG Model Hospital Tikal Salganga	

S No.	District Name	Health District	Facility Name	Total camps
36	Charaideo	Khelua	Lakwa Model Hospital	2
37	Charaideo	Sapekhati	Sapekhati Model Hospital	
38	Chirang	Ballamguri	Mahatma Gandhi Subhaijhar Model Hospital	1
39	Darrang	Jaljali	JANARAM CHOWKA MODEL HOSPITAL	7
40	Darrang	Kharupetia	KHARUPETIA	
41	Darrang	Kharupetia	KUNWARI PUKHURI MODEL HOSPITAL	
42	Darrang	Patharighat	DEOMORNOI	
43	Darrang	Patharighat	DUNI MODEL HOSPITAL	
44	Darrang	Sipajhar	BAZNAPATHAR	
45	Darrang	Sipajhar	SIPAJHAR	
46	Dhemaji	Bengenagarah	Bengenagarah CHC	7
47	Dhemaji	Bengenagarah	Machkhowa Model Hospital	
48	Dhemaji	Gogamukh	Gogamukh CHC	
49	Dhemaji	Jonai	Jonai CHC	
50	Dhemaji	Sissiborgaon	Silapathar Model Hospital	
51	Dhemaji	Gogamukh	Borala New PHC	
52	Dhemaji	Sissiborgaon	Mechaki Tangani New PHC	
53	Dhubri	Chapar	CHAPAR CHC	3
54	Dhubri	HALAKURA	AGOMANI CHC	
55	Dhubri	HALAKURA	HALAKURA CHC	
56	Dibrugarh	Barbaruah	Jokai Model Hospital	10
57	Dibrugarh	Barbaruah	Lezai Kalakhowa Model Hospital	
58	Dibrugarh	Khowang	Lengeri Model Hospital	
59	Dibrugarh	Khowang	Moran Tilo CHC	
60	Dibrugarh	Naharani	Naharani CHC	
61	Dibrugarh	Naharani	Naharkatia CHC	
62	Dibrugarh	Naharani	Sassoni CHC	
63	Dibrugarh	Naharani	Rajgarh CHC	
64	Dibrugarh	Panitola	MG Model Hospital Chabua	
65	Dibrugarh	Tengakhata	MG Model Hospital Tengakhata	
66	Dima Hasao	Gunjung	Umrangso CHC	3
67	Dima Hasao	Langting	LANGTING MODEL HOSPITAL	
68	Dima Hasao	Langting	Maibang CHC	
69	Goalpara	Agia	Ambari Bazar Model Hospital	7
70	Goalpara	Lakhipur	JOLESWAR MODEL HOSPITAL	
71	Goalpara	Lakhipur	Lakhipur CHC/BPHC	
72	Goalpara	Matia	Matia Model Hospital	
73	Goalpara	Rangjuli	DUDHNOI FRU	
74	Goalpara	Rangjuli	Bikali Model Hospital	
75	Goalpara	Rangjuli	Rangjuli CHC/BPHC	

S No.	District Name	Health District	Facility Name	Total camps
76	Golaghat	Bokakhat	Kohora Model Hospital	9
77	Golaghat	Charingia	Charingia CHC	
78	Golaghat	Charingia	Khumtai Model Hospital	
79	Golaghat	Kamarbandha Ali	Kachamari Model Hospital	
80	Golaghat	Kamarbandha Ali	MERAPANI CHC	
81	Golaghat	Missamora	DERGAON CHC	
82	Golaghat	Missamora	Nahardonga Grant Model Hospital	
83	Golaghat	Sarupathar	Sarupathar CHC	
84	Golaghat	Sarupathar	Uriamghat Model Hospital	
85	Hailakandi	Algapur	Algapur Model Hospital	4
86	Hailakandi	Algapur	Mohanpur CHC	
87	Hailakandi	Katlicherra	MG Model Hospital Katlicherra	
88	Hailakandi	Lala	Lala CHC	
89	Hojai	Jugijan	Hojai	5
90	Hojai	Jugijan	Jugijan MG Model Hospital	
91	Hojai	Jugijan	Nilbagan MG Model Hospital	
92	Hojai	Kathiatoli (part)	Doboka	
93	Hojai	Lanka	Lunding	
94	Jorhat	Baghchung	Chungi Kahar Gaon Model Hospital	6
95	Jorhat	Baghchung	Nagajanka CHC	
96	Jorhat	Bhogamukh	Bhogamukh Model Hospital	
97	Jorhat	Kakojan	Teok FRU	
98	Jorhat	Nakachari	Nakachari Model Hospital	
99	Jorhat	Titabor	Borholla CHC	
100	Kamrup	Azara	Azara CHC	13
101	Kamrup	Azara	Moina khurung Model Hospital	
102	Kamrup	Azara	Rani CHC	
103	Kamrup	Boko	Bamunigaon Model Hospital	
104	Kamrup	Boko	Boko CHC	
105	Kamrup	Chaygaon	Chhaygaon CHC	
106	Kamrup	Chaygaon	Goroimari CHC	
107	Kamrup	Hajo	Hajo CHC	
108	Kamrup	Kamalpur	Kamalpur CHC	
109	Kamrup	North Guwahati	Bezera CHC	
110	Kamrup	Rangia	Rangia Model Hospital	
111	Kamrup	Sualkuchi	Sualkuchi CHC	
112	Kamrup	Uparhali	Mirza CHC	
113	Kamrup Metro	DHIRENPARA ZONE	Maternity and Child Welfare Hospital, Dhirenpara	8
114	Kamrup Metro	SONAPUR	KHETRI CHC	
115	Kamrup Metro	WEST ZONE	PANDU FRU	

S No.	District Name	Health District	Facility Name	Total camps
116	Kamrup Metro	SONAPUR	Chandrapur PHC	
117	Kamrup Metro	SONAPUR	KHETRI SD	
118	Kamrup Metro	WEST ZONE	KAMAKHYA SD	
119	Kamrup Metro	Kamrup_M Urban	NORTH GHY UHC	
120	Kamrup Metro	DHIRENPARA ZONE	ODALBAKRA MPHIC	
121	Karbi Anglong	Bokajan	Bokajan CHC	6
122	Karbi Anglong	Chowkihol	Deihori Model Hospital	
123	Karbi Anglong	Howraghat	Balijuri Model Hospital	
124	Karbi Anglong	Howraghat	Bokolia CHC	
125	Karbi Anglong	Howraghat	Dentaghat CHC	
126	Karbi Anglong	Howraghat	Howraghat CHC	
127	Karimganj	Girishganj	Girishganj MG Model Hospital	7
128	Karimganj	Kachuadam	Kachuadam MG Model Hospital	
129	Karimganj	Kachuadam	Srigouri CHC	
130	Karimganj	Patharkandi	Baroigram MG Model Hospital	
131	Karimganj	Patharkandi	Patharkandi MG Model Hospital	
132	Karimganj	Patharkandi	Patherkandi CHC	
133	Karimganj	Ramkrishna Nagar	Dullavcherra MG Model Hospital	7
134	Kokrajhar	Dotoma	Dotma CHC	
135	Kokrajhar	Kachugaon	Kachugaon CHC	
136	Kokrajhar	Balajan	Salakati	
137	Kokrajhar	Dotoma	Serfanguri SD	
138	Kokrajhar	Gossaigaon	Tulshibil SHC	
139	Kokrajhar	Kachugaon	Ballimari PHC	
140	Kokrajhar	Balajan	Patgaon	
141	Lakhimpur	Bihpuria	Bihpuria CHC	9
142	Lakhimpur	Bihpuria	Bongalmora CHC	
143	Lakhimpur	Bihpuria	Laluk Model Hospital	
144	Lakhimpur	Boginodi	Boginodi Model Hospital	
145	Lakhimpur	Dhalpur	Dhalpur CHC	
146	Lakhimpur	Dhalpur	Narayanpur Model Hospital	
147	Lakhimpur	Ghilamora	Ghilamora CHC	
148	Lakhimpur	Nawboicha	Nawboicha CHC	
149	Lakhimpur	Nawboicha	Telahi Model Hospital	
150	Majuli	Kamalabari	Jengraimukh Model Hospital	2
151	Majuli	Kamalabari	Kamalabari CHC	
152	Marigaon	Bhurbandha	Bhurbandha Model Hospital	8
153	Marigaon	Bhurbandha	Chabukdhara CHC	
154	Marigaon	Bhurbandha	Dolongghat Model Hospital	
155	Marigaon	Jhargaon	Nakhola SHC / Model Hospital	

S No.	District Name	Health District	Facility Name	Total camps
156	Marigaon	Laharighat	Laharighat BPHC/Model Hospital	13
157	Marigaon	Laharighat	Moirabari CHC/FRU	
158	Marigaon	Laharighat	Niz Gerua SD	
159	Marigaon	Bhurbandha	Garmari SD	
160	Nagaon	Barapujia	Raha Rantholi CHC	
161	Nagaon	Buragohaithan	Bebejia CHC	
162	Nagaon	Buragohaithan	Ujaragaon Model Hospital	
163	Nagaon	Dhing	DHING FRU	
164	Nagaon	Jakhalabandha	Jakhalabandha FRU	
165	Nagaon	Kathiatoli	Kachua Model Hospital	
166	Nagaon	Kathiatoli	Kampur FRU	
167	Nagaon	Kathiatoli	Kondoli Model Hospital	
168	Nagaon	Samaguri	BAMUNI CHC	
169	Nagaon	Samaguri	KAWAIMARI FRU	
170	Nagaon	Samaguri	Mowamari Model Hospital	
171	Nagaon	Samaguri	Rupohi Model Hospital	
172	Nagaon	Simonabasti	ULUWANI CHC	
173	Nalbari	Chamata	Bornoddi CHC	
174	Nalbari	Chamata	Chamata CHC	
175	Nalbari	Chamata	Kakaya CHC	
176	Nalbari	Chamata	MG Model Hospital Belsor	
177	Nalbari	Ghograpar	Khatikuchi Model Hospital	
178	Nalbari	Kamarkuchi	Kalag CHC	
179	Nalbari	Mukalmua	Bhangnamari CHC	
180	Nalbari	Mukalmua	MG Model Hospital Adabari	
181	Nalbari	Mukalmua	Mukalmua FRU CHC BPHC	
182	Nalbari	Tihu FRU (Reporting Unit)	Makhibaha Model Hospital Tihu	6
183	Nalbari	Tihu FRU (Reporting Unit)	Tihu FRU	
184	Sivasagar	Dimow	Demow Model Hospital	6
185	Sivasagar	Morabazar	Amguri CHC	
186	Sivasagar	Morabazar	Jhanji SHC	
187	Sivasagar	Dimow	Konwarpur SHC	
188	Sivasagar	Geleky	Simaluguri MPHC	
189	Sivasagar	Sivasagar Urban	Wood Urban Health Centre	
190	Sonitpur	Balipara	Chariduar	6
191	Sonitpur	Balipara	Ghoramari Model Hospital Kasumata	
192	Sonitpur	Dhekiajuli	Dhekiajuli	
193	Sonitpur	Dhekiajuli	Sirajuli Model Hospital	
194	Sonitpur	North Jamuguri	Kusumtala Model Hospital	
195	Sonitpur	North Jamuguri	North Jamuguri	
196	South Salmara Mancachar	Gazarikandi	Mankachar CHC	2

S No.	District Name	Health District	Facility Name	Total camps
197	South Salmara Mancachar	South Salmara	TUMNI	
198	Tinsukia	Hapjan	Mohkhuli Model Hospital	8
199	Tinsukia	Kakopathar	Dangori CHC	
200	Tinsukia	Kakopathar	Doomdooma FRU	
201	Tinsukia	Kakopathar	Phillobari Model Hospital	
202	Tinsukia	Ketetong	Digboi CHC	
203	Tinsukia	Ketetong	Margherita FRU	
204	Tinsukia	Ketetong	MG Kothalguri Model Hospital	
205	Tinsukia	Na Sadiya	GHUMTIBIL MODEL HOSPITAL	
206	Udalguri	Khoirabari	BHERGAON MODEL HOSPITAL	7
207	Udalguri	Khoirabari	KHOIRABARI CHC	
208	Udalguri	Orang	ORANG CHC	
209	Udalguri	Orang	ROWTA MODEL HOSPITAL	
210	Udalguri	Udalguri	HARISINGA MODEL HOSPITAL	
211	Udalguri	Udalguri	Kalaigaon Model Hospital	
212	Udalguri	Udalguri	TANGLA CHC	
213	West Karbi Anglong	Donkamokam	Donkamokam CHC	2
214	West Karbi Anglong	Donkamokam	Kheroni Model Hospital	
Total				214

Targeted Intervention camps at School

<u>Sl. No.</u>	<u>Districts</u>	<u>July</u>	<u>Aug</u>	<u>Sep</u>	<u>Oct</u>	<u>Nov</u>	<u>Dec</u>	<u>Jan</u>	<u>Feb</u>	<u>Mar</u>	<u>Total</u>
1	Baksa	0	0	1	1	1	1	1	1	0	6
2	Barpeta	0	0	1	1	1	1	1	1	0	6
3	Biswanath	0	0	0	0	0	0	0	0	0	0
4	Bongaigaon	0	0	1	1	1	1	1	1	0	6
5	Cachar	0	0	1	1	1	1	1	1	0	6
6	Charaideo	0	0	0	0	0	0	0	0	0	0
7	Chirang	0	0	0	0	0	0	0	0	0	0
8	Darrang	0	0	1	1	1	1	1	1	0	6
9	Dhemaji	0	0	1	1	1	1	1	1	0	6
10	Dhubri	0	0	0	0	0	0	0	0	0	0
11	Dibrugarh	0	0	1	1	1	0	1	1	1	6
12	DimaHasao	0	0	0	0	0	0	0	0	0	0
13	Goalpara	0	0	1	1	0	1	1	1	0	5
14	Golaghat	0	0	1	1	0	1	1	1	0	5
15	Hailakandi	0	0	1	1	1	1	1	1	0	6
16	Hojai	0	0	0	0	0	0	0	0	0	0
17	Jorhat	0	0	0	0	0	0	0	0	0	0
18	Kamrup (M)	0	0	1	1	0	1	1	1	0	5
19	Kamrup (R)	0	0	1	1	0	1	1	1	0	5
20	Karimganj	0	0	1	1	1	1	1	1	0	6
21	KarbiAnglong	0	0	1	1	0	1	0	1	1	5
22	Kokrajhar	0	0	1	1	0	1	1	1	0	5
23	Lakhimpur	0	0	1	1	1	1	1	1	0	6
24	Majuli	0	0	1	1	1	1	1	1	0	6
25	Morigaon	0	0	1	1	0	1	1	1	0	5
26	Nalbari	0	0	1	1	0	1	0	1	1	5
27	Nagaon	0	0	1	1	0	1	1	1	0	5
28	Sivasagar	0	0	1	1	1	1	1	1	0	6
29	Sonitpur	0	0	1	1	0	1	1	1	0	5
30	South Salmara	0	0	0	0	0	0	0	0	0	0
31	Tinsukia	0	0	1	1	1	0	1	1	1	6
32	Udalguri	0	0	1	1	1	1	1	1	0	6
33	West Karbi Anglong	0	0	0	0	0	0	0	0	0	0
Total		0	0	24	24	14	22	22	24	4	134

Targeted Intervention camps at Colleges											
Sl. No.	Districts	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
1	Baksa	0	1	1	1	0	1	1	1	1	7
2	Barpeta	0	0	1	1	0	1	0	1	1	5
3	Biswanath	0	0	0	0	0	0	1	0	0	1
4	Bongaigaon	0	0	1	1	0	1	0	1	1	5
5	Cachar	0	1	1	1	0	1	1	1	0	6
6	Charaideo	0	0	0	0	0	1	0	0	0	1
7	Chirang	0	0	0	0	0	0	0	0	0	0
8	Darrang	0	1	1	1	0	1	1	1	1	7
9	Dhemaji	0	1	1	1	0	1	1	1	0	6
10	Dhubri	0	0	0	0	0	0	0	0	0	0
11	Dibrugarh	0	0	1	1	0	1	0	1	1	5
12	DimaHasao	0	0	0	0	0	0	0	0	0	0
13	Goalpara	0	0	1	1	0	1	0	1	1	5
14	Golaghat	0	1	1	1	0	1	1	1	0	6
15	Hailakandi	0	0	1	1	0	1	0	1	1	5
16	Hojai	0	0	0	0	0	0	0	0	0	0
17	Jorhat	0	0	0	0	0	0	0	0	0	0
18	Kamrup (M)	0	0	1	1	0	1	0	1	1	5
19	Kamrup (R)	0	1	1	1	0	1	1	1	0	6
20	Karimganj	0	0	1	1	0	1	0	1	1	5
21	KarbiAnglong	0	1	1	1	0	1	1	1	1	7
22	Kokrajhar	0	1	1	1	0	1	1	1	0	6
23	Lakhimpur	0	1	1	1	0	1	1	1	0	6
24	Majuli	0	1	1	1	0	1	1	1	0	6
25	Morigaon	0	1	1	1	0	1	1	1	1	7
26	Nalbari	0	1	1	1	0	1	1	1	0	6
27	Nagaon	0	1	1	1	0	1	1	1	0	6
28	Sivasagar	0	1	1	1	0	1	1	1	0	6
29	Sonitpur	0	0	1	1	0	1	0	1	1	5
30	South Salmara	0	0	0	0	0	0	0	0	0	0
31	Tinsukia	0	1	1	1	0	1	1	1	1	7
32	Udalguri	0	1	1	1	0	1	1	1	0	6
33	West Karbi Anglong	0	0	0	0	0	0	0	0	0	0
Total		0	16	24	24	0	25	17	24	13	143

Adolescent Problems and targeted interventions at Urban Slums

Sl. No.	Districts	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
1	Bongaigaon	0	0	1	1	1	0	1	1	0	5
2	Cachar	0	0	1	1	1	0	1	1	0	5
3	Dibrugarh	0	1	1	1	1	1	1	1	1	8
4	Goalpara	0	0	0	1	0	1	0	1	0	3
5	Jorhat	0	0	1	0	1	0	1	0	1	4
6	Kamrup (M)	0	2	3	3	2	2	2	2	2	18
7	Karimganj	0	0	1	0	1	0	1	1	0	4
8	Karbi Anglong	0	0	1	1	1	0	1	1	1	6
9	Lakhimpur	0	0	1	1	1	0	1	1	0	5
10	Nagaon	0	1	2	2	1	2	1	2	1	12
11	Sivasagar	0	1	1	1	1	1	1	1	1	8
12	Sonitpur	0	0	1	1	1	0	1	1	0	5
13	Tinsukia	0	0	1	1	1	0	1	1	0	5
Total		0	5	15	14	13	7	13	14	7	88

Compulsory Targeted Intervention camps at Jail and NGOs (in 12 months)

<u>Sl. No.</u>	<u>Districts</u>	<u>Jail (Once in a month)</u>	<u>NGOs (Twice in a month)</u>	<u>Total</u>
1	Baksa	0	24	24
2	Barpeta	12	24	36
3	Biswanath	12	24	36
4	Bongaigaon	12	24	36
5	Cachar	12	24	36
6	Charaideo	12	24	36
7	Chirang	12	0	12
8	Darrang	12	24	36
9	Dhemaji	12	0	12
10	Dhubri	12	0	12
11	Dibrugarh	12	24	36
12	DimaHasao	12	0	12
13	Goalpara	12	24	36
14	Golaghat	12	24	36
15	Hailakandi	12	24	36
16	Hojai	0	24	24
17	Jorhat	12	24	36
18	Kamrup (M)	12	24	36
19	Kamrup (R)	0	24	24
20	Karimganj	12	24	36
21	KarbiAnglong	12	24	36
22	Kokrajhar	12	24	36
23	Lakhimpur	12	24	36
24	Majuli	12	24	36
25	Morigaon	12	24	36
26	Nalbari	12	24	36
27	Nagaon	12	24	36
28	Sivasagar	12	24	36
29	Sonitpur	12	24	36
30	South Salmara	0	0	0
31	Tinsukia	12	24	36
32	Udalguri	12	24	36
33	West Karbi Anglong	12	0	12
Total		348	648	996

District wise fund breakup under FMR Code- 2.3.2.3

<u>Sl. No.</u>	<u>Districts</u>	<u>Phy. Target (Camps)</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	81	5.27
2	Barpeta	88	5.72
3	Biswanath	49	3.19
4	Bongaigaon	91	5.92
5	Cachar	90	5.85
6	Charaideo	48	3.12
7	Chirang	13	0.85
8	Darrang	98	6.37
9	Dhemaji	79	5.14
10	Dhubri	15	0.98
11	Dibrugarh	89	5.79
12	DimaHasao	15	0.98
13	Goalpara	83	5.40
14	Golaghat	92	5.98
15	Hailakandi	78	5.07
16	Hojai	35	2.28
17	Jorhat	61	3.97
18	Kamrup (M)	102	6.63
19	Kamrup (R)	84	5.46
20	Karimganj	91	5.92
21	KarbiAnglong	87	5.66
22	Kokrajhar	96	6.24
23	Lakhimpur	92	5.98
24	Majuli	74	4.81
25	Morigaon	92	5.98
26	Nalbari	85	5.53
27	Nagaon	102	6.63
28	Sivasagar	98	6.37
29	Sonitpur	78	5.07
30	South Salmara	2	0.13
31	Tinsukia	95	6.18
32	Udalguri	79	5.14
33	West Karbi Anglong	14	0.91
	<u>Total</u>	2376	154.44

Activity No. 2:

FMR Code: 6.2.16.1

FMR Owner & Responsible Person: At State HQ: DSM (HQ)/State Programme Officer (NMHP)

At Dist. Level: District Programme Officer/ DSM

Name of the Activity: Drugs and supplies under NMHP

Approved Budget in the FY 2021-22: 67.65 lakhs

Aim: For providing psychotic drugs to the mentally ill patients.

Guideline: This activity is for providing psychotic drugs to the patients. In the district level, there is a purchase committee for emergency procurement of psychotic drugs which was notified vide **letter no: NHM/18011/30/2018-PROC-NHM/746/791 dated: 25/07/2019** which will be responsible for the local procurement of psychotic drugs as per the drugs & consumables in EDL. Respective Account Manager will ensure the proper booking of expenditure at district level.

In the State level, tender process will be done for providing psychotic drugs and consumables to the District and the procurement process will be done at the State level.

Timeline to complete the activity: This activity needs to be completed at the earliest.

District wise fund breakup under FMR Code: 6.2.16.1

Sl.No.	District/ State HQ	Allocated Fund (Rs. In Lakhs)
1	Baksa	1.00
2	Barpeta	1.00
3	Biswanath	0.50
4	Bongaigaon	3.00
5	Cachar	1.00
6	Charaideo	0.50
7	Chirang	0.50
8	Darrang	2.50
9	Dhemaji	2.00
10	Dhubri	0.50
11	Dibrugarh	1.50
12	DimaHasao	0.50
13	Goalpara	2.00
14	Golaghat	2.00
15	Hailakandi	2.00
16	Hojai	0.50
17	Jorhat	0.50
18	Kamrup (M)	1.50
19	Kamrup (R)	1.00
20	Karimganj	2.00
21	KarbiAnglong	1.00
22	Kokrajhar	1.50
23	Lakhimpur	2.50
24	Majuli	0.50
25	Morigaon	3.00
26	Nalbari	1.00
27	Nagaon	2.50
28	Sivasagar	1.50
29	Sonitpur	1.00
30	South Salmara	0.50
31	Tinsukia	2.50
32	Udalguri	1.50
33	West Karbi Anglong	0.50
Total for 33 district		45.50
34	State HQ	22.15
Total		67.65

Activity No. 3:**FMR Code: 7.7****FMR Owner & Responsible Person:** At State HQ: State Programme Officer, NMHP

At Dist. Level: District Programme Officer

Name of the Activity: Ambulatory Services**Approved Budget in the FY 2021-22:** 1.50 lakhs**About the activity:** Ambulatory services for the mobility of the patients**Aim:** For providing mobility services for the mentally ill patients within the district and out of the district also.

- For the transfer of the patients from Dist/Block will use free 108/102 referral transport services, if free transportation services is not available, Dist/Block will use local transport facilities as per norms.

Expenditure can be incurred on the following activity: : For providing mobility services for the mentally ill patients within the district and out of the district also.**District wise fund breakup under FMR Code- 7.7**

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Bongaigaon	0.10
2	Darrang	0.10
3	Dhemaji	0.10
4	Goalpara	0.10
5	Hailakandi	0.20
6	Lakhimpur	0.10
7	Morigaon	0.10
8	Tinsukia	0.20
Total		1.00
9	State HQ	0.50
Total		1.50

167

Activity No. 4:

FMR Code: 9.5.16.1

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP

At Dist. Level: District Programme Officer

Approved Budget in the FY FY 2021-22: 35.85 lakhs

Name of the Activity: Training of PHC Medical Officers, Nurses, Paramedical Workers and Other Health Staff working under NMHP.

About the activity: District level training of PHC Medical Officers, Nurses, Paramedical Worker, 108 & 102 drivers & technicians, Other Health Staff, ASHA & ASHA Supervisors, police personnels, Jail Doctor, Personal from Social Welfare Deptt., Govt. officials, Magistrates and NGO workers for mentally ill patient and School & College Teachers.

Aim:

1. For providing knowledge, basic information about the mental illnesses and their treatment to **the Medical Officers of BPHCs/PHCs/MMU/Tea Garden/Jail Doctors**, so that they can provide basic mental health OPD services and can identify the mentally ill patient and refer to the District Hospitals if needed.
2. For providing knowledge to the **Staff Nurses** on mental illnesses and basic treatment, so that they can help the MOs to treat the mentally ill patient and refer to the District Hospital if needed.
3. For providing the knowledge to the **paramedical staff** about the mentally ill patient and the basic things for their treatment at PHC/CHC level, **108 & 102 ambulance drivers, technicians and other staff** so that they may help in the mobility of the patient from the respective places.
4. For providing training to the **Police personnels, Magistrates, Govt. Officials and Personals from Deptt. of Social Welfare, NGO workers** who are working for homeless mentally ill patients **/De-addiction Centers** so that they can get the knowledge about their duty in terms of homeless mentally ill patients, their rescue, treatment etc.
5. For providing training to the **school teachers and college teachers** to orient them about the students with mental illness so that they can be detected and help in initiating their treatment by appropriate referral. The students may have different types of mental issues namely depression, anxiety, somatoform disorder, adjustment disorder, personality disorder, stress problem, alcohol and drug abuse problem.
6. Training of **ASHA and ASHA Supervisors**.

Expenditure can be incurred on the following activity:

1. Training of the **Medical Officers of BPHCs/PHCs/MMU/Tea Garden/Jail Doctors (Batch size- 30)**
2. Training of the **Staff Nurses (Batch size- 30)**
3. Training of the **paramedical staffs, 108 & 102 ambulance drivers and technicians and other staffs (Batch size- 30)**
4. Training of the **Police personnels, Magistrates, Govt. Officials and Personals from Deptt. of Social Welfare, NGO workers** who are working for homeless mentally ill patients **/De-addiction Centres (Batch size- 30)**
5. **Training of school teachers (Batch size- 30)**
6. **Training of college teachers (Batch size- 30)**
7. Training of **ASHA and ASHA Supervisors (Batch size- 30)**

District wise distribution of Training batches

Sl. No.	Districts	Medical Officers of BPHCs/PHCs/MMU/ Tea Garden/Jail Doctors	Staff Nurses	paramedical staffs, 108 & 102 ambulance drivers and technicians and other staffs	Police personnels, Magistrates, Govt. Officials and Personals from Deptt. of Social Welfare, NGO workers	School Teachers	College Teachers	ASHA & ASHA Supervisors	Total
1	Baksa	1	1	-	1	-	-	-	3
2	Barpeta	-	1	-	-	-	1	2	4
3	Biswanath	-	-	-	-	-	-	-	0
4	Bongaigaon	1	1	1	-	-	-	1	4
5	Cachar	-	1	1	-	1	1	1	5
6	Charaideo	-	-	-	-	-	-	-	0
7	Chirang	1	-	-	-	-	-	-	1
8	Darrang	1	1	1	-	1	1	-	5
9	Dhemaji	1	-	1	1	-	-	-	3
10	Dhubri	1	-	-	-	-	-	-	1
11	Dibrugarh	1	1	1	-	-	-	1	4
12	Dima Hasao	1	-	-	-	-	-	-	1
13	Goalpara	-	-	-	1	-	-	-	1
14	Golaghat	1	1	-	1	-	-	1	4
15	Hailakandi	1	1	1	-	-	-	-	3
16	Hojai	-	-	-	-	-	-	-	0
17	Jorhat	-	-	-	-	-	-	-	0
18	Kamrup (M)	1	1	1	1	-	-	1	5
19	Kamrup (R)	1	1	-	-	1	1	-	4
20	Karimganj	1	1	1	-	-	-	1	4
21	Karbi Anglong	1	-	-	1	1	1	1	5
22	Kokrajhar	1	1	-	1	1	1	-	5
23	Lakhimpur	1	1	-	1	-	-	1	4
24	Majuli	-	1	1	-	-	1	1	4
25	Morigaon	-	1	1	-	1	1	-	4
26	Nalbari	1	-	-	1	-	1	1	4
27	Nagaon	1	1	1	-	-	-	2	5
28	Sivasagar	1	-	-	1	-	-	1	3
29	Sonitpur	-	-	-	1	-	1	2	4
30	S. Salmara	-	-	-	-	-	-	-	0
31	Tinsukia	-	1	1	1	-	-	2	5
32	Udalguri	1	1	1	-	-	-	1	4
33	West Karbi Anglong	-	-	-	-	-	-	-	0
Total		20	18	14	12	6	10	20	99

District wise budget breakup:

<u>FMR Code</u>	<u>Sl. No</u>	<u>Particulars</u>	<u>Unit Cost (In Rs.)</u>	<u>Quantity</u>	<u>Amount (In Rs.)</u>
9.5.16.1	1	TA for the participants (on actual)	400.00	30	12000.00
	2	Breakfast, Lunch & Tea for the trainees	350.00	40	14000.00
	3	Honorarium for Resource Person	1000.00	2	2000.00
	4	Banner	350.00	1	350.00
	5	Venue Hiring	3000.00	1	3000.00
	6	Contingency (Teaching materials, folder, pen etc.)	150.00	30	4500.00
Total					35850.00

Note:

- Above mentioned budget breakup is applicable for all kind of training programmes under the **FMR code: 9.5.16.1**
- The above mentioned honorarium for resource person is not for DMHP staff.

District wise fund breakup under FMR Code- 9.5.16.1

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Phy. Target (Training batches)</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	3	1.08
2	Barpeta	4	1.44
3	Biswanath	0	0
4	Bongaigaon	4	1.44
5	Cachar	5	1.8
6	Charaideo	0	0
7	Chirang	1	0.36
8	Darrang	5	1.8
9	Dhemaji	3	1.08
10	Dhubri	1	0.36
11	Dibrugarh	4	1.44
12	Dima Hasao	1	0.36
13	Goalpara	1	0.36
14	Golaghat	4	1.44
15	Hailakandi	3	1.08
16	Hojai	0	0
17	Jorhat	0	0
18	Kamrup (M)	5	1.8
19	Kamrup (R)	4	1.44
20	Karimganj	4	1.44
21	Karbi Anglong	5	1.8
22	Kokrajhar	5	1.8
23	Lakhimpur	4	1.44
24	Majuli (Jorhat)	4	1.44
25	Morigaon	4	1.44
26	Nalbari	4	1.44
27	Nagaon	5	1.8
28	Sivasagar	3	1.08
29	Sonitpur	4	1.44
30	South Salmara	0	0
31	Tinsukia	5	1.8
32	Udalguri	4	1.44
33	West Karbi Anglong	0	0
For 33 districts		99	35.64
34	State HQ	1	0.21
Total		100	35.85

Activity No. 5:

FMR Code: 9,5.16.2

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP/SPM

At Dist. Level: District Programme Officer

Approved Budget in the FY 2021-22: 36.70 lakhs

Name of the Activity: Any other training

Aim:

1. **At State level: Training of Non- Psychiatric Medical Officers** at Lokpriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur/Assam Medical College & Hospital, Dibrugarh/Gauhati Medical College & Hospital, Guwahati under National Mental Health Programme (NMHP).
2. **At District level:** District level Training of Community Health Officers (CHO) under DMHP (Batch Size-30)

Timeline to complete the activity: This activity needs to be completed by the end of the **February, 2022.**

District wise budget breakup for training of Community Health Officers (CHO):

FMR Code	Sl. No	Particulars	Unit Cost (In Rs.)	Quantity	Amount (In Rs.)
9.5.16.2	1	TA for the participants (on actual)	400.00	30	12000.00
	2	Breakfast, Lunch & Tea for the trainees	350.00	40	14000.00
	3	Honorarium for Resource Person	1000.00	2	2000.00
	4	Banner	350.00	1	350.00
	5	Venue Hiring	3000.00	1	3000.00
	6	Contingency (Teaching materials, folder, pen etc.)	150.00	30	4500.00
Total					35850.00

Note:

- Above mentioned budget breakup is applicable only for CHO training at district level under the **FMR code: 9.5.16.2**
- The above mentioned honorarium for resource person is not for DMHP staff.

District wise training batch & fund breakup under FMR Code- 9.5.16.2

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Phy. Target (Training batches)</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	2	0.72
2	Barpeta	2	0.72
3	Biswanath	0	0
4	Bongaigaon	2	0.72
5	Cachar	2	0.72
6	Charaideo	0	0
7	Chirang	0	0
8	Darrang	2	0.72
9	Dhemaji	2	0.72
10	Dhubri	0	0
11	Dibrugarh	2	0.72
12	Dima Hasao	1	0.36
13	Goalpara	2	0.72
14	Golaghat	2	0.72
15	Hailakandi	2	0.72
16	Hojai	0	0
17	Jorhat	0	0
18	Kamrup (M)	2	0.72
19	Kamrup (R)	2	0.72
20	Karimganj	2	0.72
21	Karbi Anglong	2	0.72
22	Kokrajhar	2	0.72
23	Lakhimpur	2	0.72
24	Majuli (Jorhat)	2	0.72
25	Morigaon	2	0.72
26	Nalbari	2	0.72
27	Nagaon	2	0.72
28	Sivasagar	2	0.72
29	Sonitpur	2	0.72
30	South Salmara	0	0
31	Tinsukia	2	0.72
32	Udalguri	2	0.72
33	West Karbi Anglong	0	0
For 33 districts		49	17.64
34	State HQ	1	19.06
Total		100	36.70

Activity No. 6:**FMR Code: 11.19.1****Name of the Activity:** Translation of IEC materials and distribution**Total approved budget in FY 2021-22:** 15.00 Lakhs**FMR Owner & Responsible Person:** State Programme Officer/ State Media Expert**Name of the Activity:** Translation of IEC material and distribution**Aim:** For providing the IEC materials/for developing mass media activities**About the activity:** Under NMHP (State Level) for:

1. Developing and Providing IEC Materials to the districts
2. Developing small handy booklet for CHO (Basic Mental Health booklet)
3. Developing small handy booklet on basic Mental Health for School/College Teachers
4. Developing mass media activities
5. Celebration of Special Mental Health Days at State Level.

Budget breakup:

Sl. No.	FMR Code	Name of the Activity	No. of Dist.	Unit Cost in 21-22 (Rs. in Lakhs)	Total(Rs. in Lakhs)
1	11.19.1	Translation of IEC material and distribution	1 (State HQ)	15.00	15.00

Timeline to complete the activity: This activity needs to be completed by the end of the **March, 2022.**

160

Activity No.7:

FMR Code:11.19.2

Name of the Activity: Awareness generation activities in the community, schools, workplaces with community involvement

Total approved budget in FY 2021-22: 28.25 Lakhs

FMR Owner & Responsible Person: District Programme Officer/District Media Expert

About the activity: Under NMHP (**District Level**) for:

1. Awareness generation at district level **special focus on Suicide Prevention and Depression** among community people through different activities namely street plays, meeting with general people, home visit with interactive sessions with family members, development and execution of informative short documentary on mental health to end the stigma.
2. Development and exhibitions of posters, hoardings, Videos on Mental Health etc, publishment of different activities conducted under NMHP at different districts in local newspapers, magazines, news channels etc.
3. Celebration of Special Days like World Schizophrenia Day, Mental Health Awareness Week, World Suicide Prevention Day, World Mental Health Day etc.

Aim: For creating awareness generation amongst the people on mental health stigma, features of mental disorder, treatment availability and their management in the PHCs/ CHCs/District hospitals, benefits of treatment to the ill persons and the family.

Expenditure can be incurred on the following activity:

1. Mass Media
2. Outdoor Media
3. Folk Media
4. Interpersonal Communication (IPC)
5. Others

Timeline to complete the activity: This activity needs to be completed by the end of the **February, 2022.**

Budget:

- The following mentioned budget breakup is applicable for **7 aspirational districts** (Baksa, Barpeta, Darrang, Dhubri, Hailakandi, Goalpara & Udalguri):

Unit cost	Awareness generation through mass media	Awareness generation through outdoor media	Awareness generation through folk media	Awareness generation through interpersonal communication (IPC)	Celebration of Special Days	Others
	Advertisement/Publishing of various activities done under DMHP in local newspapers, magazines etc./printing of liflets/Hoarding etc.	Street plays	Community meetings with general people	Compulsory Home visits for mentally ill patients screened in the targeted intervention & awareness camps along with meetings with family members of the patients	World Schizophrenia Day, World Suicide Prevention Day, World Mental Health Day etc.	Puppet show/Wall Painting/Exhibition/Cultural Rally/Any Competition etc.
		Total:3	Total: As much can conduct	Total: As much can conduct		
Rs. 1.00 lakh/district	Total Budget: 15000/-	Budget: Rs. 6000/ play Total: Rs. 6000/- x 3= 18000/-	Total Budget: 17000/- per district	Total Budget: 25000/- per district	Total Budget: 15000/-	Total Budget: 10000/- per district.

- The following mentioned budget breakup is applicable for **9 districts** (Cachar, Dibrugarh, Kamrup M, Kamrup R, Karimganj, Nagaon, Sonitpur, Tinsukia & Sivsagar):

Unit cost	Awareness generation through mass media	Awareness generation through outdoor media	Awareness generation through folk media	Awareness generation through interpersonal communication (IPC)	Celebration of Special Days	Others
	Advertisement/Publishing of various activities done under DMHP in local newspapers, magazines etc.	Street plays	Community meetings with general people	Compulsory Home visits for mentally ill patients screened in the targeted intervention & awareness camps along with meetings with family members of the patients	World Schizophrenia Day, World Suicide Prevention Day, World Mental Health Day etc.	Puppet show/Wall Painting/Exhibition/Cultural Rally/Any Competition etc.
		Total:2	Total: As much can conduct	Total: As much can conduct		
Rs. 0.85 lakh/district	Total Budget: 10000/-	Budget: Rs. 6000/ play Total: Rs. 6000/- x 2= 12000/-	Total Budget: 15000/- per district	Total Budget: 25000/- per district	Total Budget: 15000/-	Total Budget: 8000/- per district

- The following mentioned budget breakup is applicable for **17 districts** (Bongaigaon, Biswanath, Chirang, Charaideo, Dima Hasao, Dhemaji, Golaghat, Hojai, Jorhat, Kokrajhar, Karbi Anglong, West Karbi Anglong, Lakhimpur, South Salmara, Majuli, Morigaon & Nalbari:

Unit cost	Awareness generation through mass media	Awareness generation through outdoor media	Awareness generation through folk media	Awareness generation through interpersonal communication (IPC)	Celebration of Special Days	Others
	Advertisement/Publishing of various activities done under DMHP in local newspapers, magazines etc.	Street plays	Community meetings with general people	Compulsory Home visits for mentally ill patients screened in the targeted intervention & awareness camps along with meetings with family members of the patients	World Schizophrenia Day, World Suicide Prevention Day, World Mental Health Day etc.	Puppet show/Wall Painting/Exhibition/Cultural Rally/Any Competition etc.
		Total:2	Total: As much can conduct	Total: As much can conduct		
Rs. 0.80 lakh/district	Total Budget: 8000/-	Budget: Rs. 6000/ play Total: Rs. 6000/- x 2= 12000/-	Total Budget: 15000/- per district	Total Budget: 25000/- per district	Total Budget: 15000/-	Total Budget: 5000/- per district

District wise fund breakup under FMR Code- 11.19.2

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Phy. Target</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	Awareness generation activities	1.00
2	Barpeta	Awareness generation activities	1.00
3	Biswanath	Awareness generation activities	0.80
4	Bongaigaon	Awareness generation activities	0.80
5	Cachar	Awareness generation activities	0.85
6	Charaideo	Awareness generation activities	0.80
7	Chirang	Awareness generation activities	0.80
8	Darrang	Awareness generation activities	1.00
9	Dhemaji	Awareness generation activities	0.80
10	Dhubri	Awareness generation activities	1.00
11	Dibrugarh	Awareness generation activities	0.85
12	DimaHasao	Awareness generation activities	0.80
13	Goalpara	Awareness generation activities	1.00
14	Golaghat	Awareness generation activities	0.80
15	Hailakandi	Awareness generation activities	1.00
16	Hojai	Awareness generation activities	0.80
17	Jorhat	Awareness generation activities	0.80
18	Kamrup (M)	Awareness generation activities	0.85
19	Kamrup (R)	Awareness generation activities	0.85
20	Karimganj	Awareness generation activities	0.85
21	KarbiAnglong	Awareness generation activities	0.80
22	Kokrajhar	Awareness generation activities	0.80
23	Lakhimpur	Awareness generation activities	0.80
24	Majuli (Jorhat)	Awareness generation activities	0.80
25	Morigaon	Awareness generation activities	0.80
26	Nalbari	Awareness generation activities	0.80
27	Nagaon	Awareness generation activities	0.85
28	Sivasagar	Awareness generation activities	0.85
29	Sonitpur	Awareness generation activities	0.85
30	South Salmara	Awareness generation activities	0.80
31	Tinsukia	Awareness generation activities	0.85
32	Udalguri	Awareness generation activities	1.00
33	West Karbi Anglong	Awareness generation activities	0.80
Total for 33 district			28.25

Activity No. 8:**FMR Code: 11.19.3****Name of the Activity:** Print and Electronic Media (Any other IEC/BCC activities)**Approved Budget in the FY 2021-22:** 15.00 lakhs**FMR Owner & Responsible Person:** At State HQ: State Programme Officer, NMHP**About the activity:** Under NMHP (State Level) for:

1. TV ad on various theme of Mental Health
2. Making and telecasting of short video clip on Suicide Prevention, Depression and other common mental health issues.
3. Ad on newspaper, magazines and Radio regarding special Mental Health Day (World Mental Health Day, Schizophrenia Day, Epilepsy Day etc.

Budget Breakup:

Sl. No.	FMR Code	Name of the Activity	Quantity	Unit Cost in 21-22 (Rs. in Lakhs)	Total(Rs. in Lakhs)
1	11.19.3	Any other IEC/BCC activities (Print & Electronic Media)	1	15.00	15.00

155

Activity No. 9:

FMR Code: B- Printing under NCD (12.4.2)

Name of the Activity: Printing activities under NMHP

Approved Budget in the FY 2021-22: 10.00 lakhs

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP

About the activity: Under NMHP (State Level) for: Printing of different Training modules, small handy booklets and others.

Budget Breakup:

Sl. No.	FMR Code	Name of the Activity	Quantity	Unit Cost in 21-22 (Rs. in Lakhs)	Total(Rs. in Lakhs)
1	12.4.2	Printing activities under NMHP	1	10.00	10.00

11/12/21

124

Activity No. 10.

FMR Code: 16.1.3.3.13

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP

At Dist. Level: District Programme Officer

Approved Budget in the FY 2021-22: 25.50 lakhs

Name of the Activity: Miscellaneous/Travel/Contingency costs under NMHP

Expenditure can be incurred on the following activity:

- The total fund given under **(1) Office Contingency/stationary/others** may be utilized for maintenance of the office, purchasing of stationary items, purchasing of internet data card and paying internet bill and other expenses.
- The total fund given under **(2) Monitoring/supervision/Travelling** may be utilized for monitoring of extension clinics, providing handholding to the trained (State and District level) Medical Officers working at different PHCs/CHCs within the district, Maintenance of counseling room in colleges (if needed), any kind of travelling costs for DMHP staff as per **NHM norms** for monitoring and supervision purposes and for camps if required.
- The total fund given under **(3) Office furniture** may be utilized for the procurement of office furniture if not purchased earlier and renovation (not for new construction) of district DMHP Centre after approval from Jt. DHS.
- The total fund given under **(4) Overhead expenses** may be utilized for any kind of miscellaneous costs at district level.

Timeline to complete the activity: This activity needs to be completed by the end of the March, 2022.

District wise budget breakup:

- The following mentioned budget breakup is applicable for **3 districts** (Cachar, Kamrup Rural, Udalguri):

(1)	(2)	(3)
Office Contingency/stationary/others	Monitoring/supervision/Travelling	Office furniture (If not purchased earlier and after approval from Jt. DHS)
10000	50000	50000

- The following mentioned budget breakup is applicable for **21 districts** (Baksa, Barpeta, Darrang, Hailakandi, Goalpara, Dibrugarh, Kamrup M, Karimganj, Nagaon, Sonitpur, Tinsukia, Sivsagar, Bongaigaon, Dhemaji, Golaghat, Kokrajhar, Karbi Anglong, Lakhimpur, Majuli, Morigaon & Nalbari):

(1)	(2)	(3)
Office Contingency/stationary/others	Monitoring/supervision/Travelling	Overhead expenses
15000	60000	10000

District wise fund breakup under FMR Code- 16.1.3.3.13

<u>Miscellaneous/Travel/Contingency</u>		
<u>Sl. No.</u>	<u>Districts</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	0.85
2	Barpeta	0.85
3	Biswanath	0.00
4	Bongaigaon	0.85
5	Cachar	1.10
6	Charaideo	0.00
7	Chirang	0.00
8	Darrang	0.85
9	Dhemaji	0.85
10	Dhubri	0.00
11	Dibrugarh	0.85
12	DimaHasao	0.00
13	Goalpara	0.85
14	Golaghat	0.85
15	Hailakandi	0.85
16	Hojai	0.00
17	Jorhat	0.00
18	Kamrup (M)	0.85
19	Kamrup (R)	1.10
20	Karimganj	0.85
21	KarbiAnglong	0.85
22	Kokrajhar	0.85
23	Lakhimpur	0.85
24	Majuli	0.85
25	Morigaon	0.85
26	Nalbari	0.85
27	Nagaon	0.85
28	Sivasagar	0.85
29	Sonitpur	0.85
30	South Salmara	0.00
31	Tinsukia	0.85
32	Udalguri	1.10
33	West Karbi Anglong	0.00
Total for 33 Districts		21.15
For State HQ		4.35
Total		25.50

Activity No. 11:

FMR Code: 16.1.4.2.6

FMR Owner & Responsible Person: At State HQ: State Programme Officer, NMHP

At Dist. Level: District Programme Officer

Approved Budget in the FY 2021-22: 2.64 lakhs

Name of the Activity: Operational expenses of the district centre: rent, telephone expenses, website etc.

About the activity: Operational expenses of the district centre: rent, telephone expenses, website etc.

Expenditure can be incurred on the following activity: Operational expenses of the district centre: rent/telephone expenses/website/overhead expenses etc. in 24 districts.

Total Budget:

Activity	Unit cost	Quantity	Total
Operational expenses of the district centre: rent, telephone expenses, website etc.	Rs. 0.11 lakh/ district	24	Rs. 2.64 lakhs

District wise fund breakup under FMR Code- 16.1.4.2.6

<u>Sl.No.</u>	<u>District/ State HQ</u>	<u>Phy. Target</u>	<u>Allocated Fund (Rs. In Lakhs)</u>
1	Baksa	Rent/Telephone bill/website	0.11
2	Barpeta	Rent/Telephone bill/website	0.11
3	Biswanath	Rent/Telephone bill/website	0.00
4	Bongaigaon	Rent/Telephone bill/website	0.11
5	Cachar	Rent/Telephone bill/website	0.11
6	Charaideo	Rent/Telephone bill/website	0.00
7	Chirang	Rent/Telephone bill/website	0.00
8	Darrang	Rent/Telephone bill/website	0.11
9	Dhemaji	Rent/Telephone bill/website	0.11
10	Dhubri	Rent/Telephone bill/website	0.00
11	Dibrugarh	Rent/Telephone bill/website	0.11
12	DimaHasao	Rent/Telephone bill/website	0.00
13	Goalpara	Rent/Telephone bill/website	0.11
14	Golaghat	Rent/Telephone bill/website	0.11
15	Hailakandi	Rent/Telephone bill/website	0.11
16	Hojai	Rent/Telephone bill/website	0.00
17	Jorhat	Rent/Telephone bill/website	0.00
18	Kamrup (M)	Rent/Telephone bill/website	0.11
19	Kamrup (R)	Rent/Telephone bill/website	0.11
20	Karimganj	Rent/Telephone bill/website	0.11
21	KarbiAnglong	Rent/Telephone bill/website	0.11
22	Kokrajhar	Rent/Telephone bill/website	0.11
23	Lakhimpur	Rent/Telephone bill/website	0.11
24	Majuli	Rent/Telephone bill/website	0.11
25	Morigaon	Rent/Telephone bill/website	0.11
26	Nalbari	Rent/Telephone bill/website	0.11
27	Nagaon	Rent/Telephone bill/website	0.11
28	Sivasagar	Rent/Telephone bill/website	0.11
29	Sonitpur	Rent/Telephone bill/website	0.11
30	South Salmara	Rent/Telephone bill/website	0.00
31	Tinsukia	Rent/Telephone bill/website	0.11
32	Udalguri	Rent/Telephone bill/website	0.11
33	West Karbi Anglong	Rent/Telephone bill/website	0.00
Total for 33 district			2.64