



RBSK



# Paalan

1000

A happier beginning for a brighter future

A simple formula for developing your infant's mind, no. **1**

## Lots of pamper, love and care, mental development also gets its share.



- ASHA

For more information, contact ASHA or download the app.



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# Paalan 1000

A happier beginning for  
a brighter future

A simple formula for  
developing your infant's mind, no. **2**

## Let your time for breastfeeding, also be a time for loving.



- ASHA

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download the app.



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# Paalan

1000

A happier beginning for a brighter future

A simple formula for developing your infant's mind, no. **3**

**Let your baby walk, run, play and dance, well-being and curiosity it will enhance.**



- ASHA

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# Paalan

1000

A happier beginning for a brighter future

A simple formula for developing your infant's mind, no. **4**

**Counting, songs, shapes and comparisons, awaken the baby's knowledge and understandings.**



- ASHA

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# Paalan 1000

A happier beginning for  
a brighter future

A simple formula for  
developing your infant's mind, no. **5**

## Read a story page by page, ignite your baby's imagination and language.



- ASHA

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# Paalan 1000

A happier beginning for  
a brighter future

A simple formula for  
developing your infant's mind, no. **6**

## Live your life stress-free, make your baby sharp and full of glee.



- ASHA

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# Paalan 1000

A happier beginning for a brighter future

## Let your baby's future be bright, Paalan 1000 is every baby's right.

80% of the baby's mental development happens in the first 1000 days of life.

Hence, Paalan 1000 is the most important time of the infant's mental development.

### During this time



Give a lot of love



Play Together



Talk



Tell stories



Sing songs



Stay stress-free

**Give your baby a beautiful childhood.**

**To guarantee a bright future of your baby, follow Paalan 1000 methods today.**



- ASHA

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