

After the detection of signs, take care of the following



Inspect the fever



Check the weight



Count the number of breaths



Inspect the oxygen level

What needs to be done for protection from Pneumonia?



- Keep the body of the child, covered
- During winters, make them wear woollen clothes and don't let them walk bare-footed



- Wash your hands with soap before cooking and feeding, and after going to toilet



- Don't let your house be filled with smoke and keep the windows open
- Use only LPG gas stove for cooking



- Feed breastmilk in the first hour after birth
- Till 6 months, feed only breastmilk
- After 6 months, start including solid food in the baby's diet



- Make sure the child gets fully and timely vaccinated



Rush to the nearest Healthcare centre at the sight of any symptom



**Ensure your child's safety.
Know the symptoms
of Pneumonia.**

SGANS
साँस

निमोनिया नहीं, तो बचपन सही

WHAT IS PNEUMONIA?

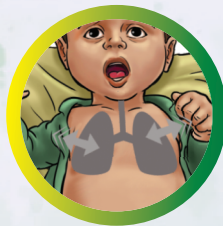
Pneumonia occurs due to the infection of lungs by germs.

Pneumonia is a serious ailment. It is the biggest cause of death of most number of children under the age of five in our country. So, don't waste your time seeking home remedies. If you observe the symptoms of Pneumonia, immediately take your child to the nearest health worker or the nearest Healthcare centre.

Symptoms of Pneumonia



Increase of cold and cough



Faster breathing



Breathing with whistling or rattling sound



High fever

Serious signs of Pneumonia



Loss of appetite



Getting chills



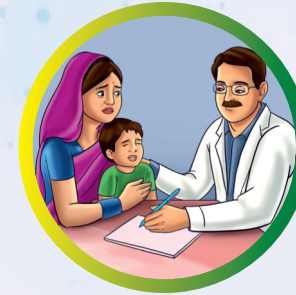
Fatigue or excessive sleep



Rush to the nearest Healthcare centre at the sight of any symptom

How to identify fast breathing of the child as per age?

(Refer the table given below)



To know whether the speed of breath is normal or fast, health worker may use a stopwatch.

Age	Criteria for fast breathing
Children from the age of 0-2 months	Per minute, the speed of breath is 60 or more
Children from the age 2 months to 1 year	Per minute, the speed of breath is 50 or more
Children from the age 1-5 year	Per minute, the speed of breath is 40 or more

How does Pneumonia thrive?

Being in the proximity of smoke for a long time, Change in weather, Weak immunity, Lack of nutritious food

How does Pneumonia spread?

When a Pneumonia patient coughs or sneezes.