





# Operational Guideline of Rashtriya Kishor Swasthya Karyakram (RKSK)

ROP-2024-25 & 2025-26

# NATIONAL HEALTH MISSION, ASSAM

#### PREFACE

Adolescents (10-19 years) constitute about one fourth (21%) of total population and this represents a huge opportunity that can transform the social and economic fortunes of the country by investing in education, health, growth and development and other areas like nutrition and mental well-being. Moreover, considering the life cycle approach, adolescent age plays an important stage where right interventions can lead to positive outcome on both maternal and child health indicators. As per Annual Health Survey and NFHS-5 high percentage of early marriage was reported in many districts in the state. Even as per the analysis of MCTS data and NITI indicator analysis, teenage pregnancy was found to be very high in 12 districts in the state.

Keeping in view of the above, the State Assam has been started Rashtriya Kishor Swasthya Karyakram (RKSK) programme during 2014-15 in 6 High Priority districts (HPDs), namely Dhubri, Kokrajhar, Nagaon, Golaghat, Hailakandi and Karimganj for improving the allround development of adolescents in the age group of 10-19 years (i.e. males and females; urban and rural; in school and out of school; married and unmarried; and vulnerable and underserved). After national level trainings, process of establishment of AFHCs, trainings and selection of Peer Educators, etc were done in the state in the initial two years after its launch. From 2016-17, all activities have been started under RKSK and the programme has taken a new look in 13 RKSK districts. Apart from this, WIFS and Menstrual Hygiene programme has been fully implemented in all 33 Health districts of the state. In the FY 2024-26, the RKSK programme has been extended to another 2 districts, viz. Jorhat and Tinsukia. Now, all 33 districts will be covered under RKSK Peer Educator programme with a special focus to reduce early marriage and Teenage pregnancy in FY 2024-26. To provide counselling services to adolescents, the State has been established 81 nos. of Adolescent Friendly Health clinics (AFHCs) in Medical Colleges, District Hospitals, CHCs and BPHCs and will extend up to 91 no's of AFHCs with the inclusion of newly proposed 10 AFHCs for FY 2024-25 & 2025-26.

For addressing different issues related to adolescents in holistic manner, the Ministry of Health and Family Welfare (MoHFW) has launched RashtriyaKishorSwasthyaKaryakram with a comprehensive strategy, based on seven critical components (7Cs), i.e. coverage, content, communities, clinics (health facilities), counseling, communication and convergence. The programme emphasizes six strategic priorities (programme) i.e. nutrition, sexual and reproductive health (SRH), non-communicable diseases (NCDs), substance misuse, injuries and violence (including gender-based violence) and mental health which have emerged from a situational analysis of adolescent health and development needs in India. Strategies to achieve objectives:

#### **Community based interventions:**

- Peer Education (PE)
- Quarterly Adolescent Health Day (AHD)
- Weekly Iron and Folic Acid Supplementation Programme (WIFS)
- Menstrual Hygiene Scheme (MHS)

#### **Facility based interventions:**

- Strengthening of Adolescent Friendly Health Clinics (AFHC)
- Convergence with other departments/ schemes

Social Behaviour Change Communication with focus on Inter Personal Communication.

#### School Health and Wellness Programme (SHWP)

Implementation of School Health and Wellness Program in existing 13 Districts (which includes 7 Aspirational districts and 6 Non-Aspirational districts) and 4 new districts, viz. Dibrugarh, Kamrup (Metro), Nalbari and Bongaigaon is also an important activity for this FY 2024-25 & 2025-26.

## <u>Key deliverables of RKSK, Assam</u> Adolescent Health/ Rashtriya Kishor Swasthya Karyakram (RKSK)

So No	Indicator Type	Indicator Statement	Indicator	Unit	<b>Target</b> 2024-25	Target 2025-26	Source of Data
49	Output	Client load at AFHC	Average monthly Client load at AFHC/month in PE Districts at DH/SDH/CHC level to increase by 25% in 2022-23 and 50% in 2023-24 from the baseline data of 2021-22  Numerator: Total Clients registered at AFHC  Denominator: Number of AFHCs divided by no. of months (per AFHC per month	Percentage	45	60	(HMIS)/ Quarterly AFHC Report)
50	Output	WIFS coverage	% coverage of in- school beneficiaries under WIFS Programme every month.  Numerator-Total no. in School beneficiaries covered.  Denominator- Targeted beneficiaries (In School)	Percentage	85%	90%	HMIS
51	Output	WIFS coverage	% coverage of out- of school (girls) under WIFS Programme every month  Numerator- Total number out of School beneficiaries covered  Denominator- Targeted beneficiaries (out of School)	Percentage	85%	90%	HMIS
52	Output	Selection of Peer Educator	% of Peer Educator selected against the target.  Numerator- Total no. PEs selected  Denominator- Total no. PEs to be selected.	Percentage	100%	-	State PE Reports

So No	Indicator Type	Indicator Statement	Indicator	Unit	Target 2024-25	Target 2025-26	Source of Data
53		Training of Peer Educator	% of Peer Educator trained against the Peer Educator selected.  Numerator- Total no. PEs Trained.  Denominator- Total no. of PEs selected.	Percentage	100%	-	State PE Reports
54	Output	Menstrual Hygiene Scheme coverage	% coverage of adolescent Girls against the target under Menstrual Hygiene Scheme  Numerator- Total no. of adolescent girls receiving sanitary napkins under MHS. Denominator- Total no. of adolescent girls to be covered.	Percentage	70%	80%	HMIS
55	Output	School Health & Wellness Program me implemen tation	% of the selected Districts Implementing School Health & Wellness Programme against the RoP approval.  Numerator- Total no. districts implementing SHP. Denominator- Total No. of District selected for SHP	Percentage	100% 15/33	90% 17/33	SHWP Report
56	Output	School Health & Wellness Program me Implemen tation	% of Health & Wellness Ambassadors trained to transact weekly activities in schools in the select district  Numerator- Total no of Health & Wellness Ambassadors (HWAs) trained  Denominator- Total no of HWAs to be trained.	Percentage	100%	100%	SHWP Report

			Write up for activiti	ies unde	r RKSK,	Adolesce	ent Healt	:h		
S					2024-25			2025-26	3	
I n o	FMR Cod e	S. No	Budget Head( RKSK)	ROP Appr oved	State Alloc ation	Distri ct Alloca tion	ROP Appr oved	State Alloc ation	Distric t Alloca tion	Pa ge No
	35	•	Α	dolesce	nt Friend	lly Health	Clinics		,	
1		35. 1	Operating expenses for existing clinics	10.92	5.46	5.46	10.92	5.46	5.46	8 to 11
2		35. 2	Mobility support for AH counsellors	36.06	9.852	26.208	36.06	9.852	26.208	12 to 15
3		35. 3	Review/convergence/D issemination Meeting/workshop	11.95	5.71	6.24	11.95	5.71	6.24	16 to 18
4	ı,	35. 4	AFHS training of Medical Officers	10	10	0	10	10	0	19 to 20
5	RCH.5	35. 5	AFHS training of ANM/LHVs/MPWs	13.63	0	13.63	13.63	0	13.63	21 to 23
6		35. 6	One Day Training of AH Counsellor	2.44	2.44	0	2.48	2.48	0	24 to 26
7		35. 7	Model Adolescent Friendly Health Clinic (M-AFHC)	0	0	0	1	0	1	27 to 31
8		35. 8	Communication support for AH counsellors	2.73	0	2.73	2.73	0	2.73	32 to 34
			TOTAL	87.73	33.46	54.27	88.77	33.50	55.27	
	36		We	eekly Iro	n Folic S	uppleme	nt (WIFS	5)		
9	1.5	36. 1	Weekly Iron Folic Supplement (WIFS)	305.65	305.65	0.00	320.20	320.20	0.00	35 to 38
10	10 SCH 36.		Meeting of ASHA/AWW/Teachers on WIFS and MHM at block level	15.30	15.30	0.00	15.30	15.30	0.00	
			TOTAL	320.95	320.95	0.00	335.5	335.5	0.00	
	37		N	/lenstrua	I Hygien	e Schem	e (MHS)			
11	RCH.5	37	Drugs and supplies for RKSK (Sanitary napkins procurement)	439.33	439.33	0.00	439.33	439.33	0.00	39 to 40
			TOTAL	439.33	439.33	0.00	439.33	439.33	0.00	

	F				2024-25			2025-26			
SI. no	M R C o de	S. No.	Budget Head(RKSK)	ROP Appro ved	State Alloca tion	Distri ct Alloca tion	ROP Appro ved	State Alloca tion	Distri ct Alloca tion	Pa ge No	
	38			Peer Educator Programme							
12		38. 1	Organizing Adolescent Health & Wellness Day at Sub Center/ HWC	96.04	0	96.04	96.04	0	96.04	41 to 42	
13		38. 2	Organizing Adolescent Friendly Club meetings at Sub Centre level	36.19	0	36.19	36.19	0	36.19	43 to 45	
14		38. 3	Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)	13.74	0	13.74	5.44	0	5.44	46 to 49	
15	RCH.5	38. 4	Incentives for mobilizing adolescents for Adolescent Health Days (AHDs) for Adolescent Health & Wellness Day at Sub Center/HWC	9.604	0	9.604	9.604	0	9.604	50 to 52	
16		38. 5	Incentives for Peer Educator	77.26	0	77.26	115.42	0	115.42	53 to 54	
17		38. 6	Training of PE+ASHA at Block level	187.65	0	187.65	212.17	0	212.17	55 to 62	
18		38. 7	Printing of AFHS Training modules for MOs/ANMs/LHVs /MPWs and PEs	38.47	38.47	0	42.45	42.45	0	63 to 64	
		TC	TAL	458.95	38.47	420.48	517.32	42.45	474.87		

	FM				2024-25			2025-26		Р	
SI. no	R Cod e	S.N o.	Budget Head( RKSK)	ROP Appro ved	State Alloca tion	Distric t Alloca tion	ROP Appro ved	State Alloca tion	Distric t Alloca tion	ag e N o	
	39		School H	chool Health And Wellness Program under Ayushman Bharat							
19		39. 1	State Level Meeting for SHP	1	1	0	1	1	0	65	
20	2	39. 2	Kits for Schools,H WAs and HWMs (merchandi se) and Printing Materials under SHWP	25.53	25.53	0	15.19	15.19		66 to 68	
21	RCH.5	39. 3	Training of master trainers at State, district and block level Training of two nodal teachers per school	29.229	4.5	24.729	21.925	0	21.925	69 to 72	
		39. 4	Refresher Training of the Principals and HWAs	0	0	0	22.51	0	22.51	73 to 74	
		TOTA	<b>L</b>	55.76	31.03	24.729	60.63	16.19	44.435		
	40			Othe	Adolesc	ent Healt	th Compo	onents			
22	RCH.5	40. 1	Awareness related to Girl Child Day	1.7	0	1.7	1.7	0	1.7	75 to 77	
	TOTAL		1.7	0	1.7	1.7	0	1.7			

					2024-25			2025-26		Р
SI. no	FM R Cod e	S.N o.	Budget Head( RKSK)	ROP Appro ved	State Alloca tion	Distric t Alloca tion	ROP Appro ved	State Alloca tion	Distric t Alloca tion	a g e N o
	41			State s	pecific Ir	nitiatives	and Inno	vations		
23		41. 2.a	Hoarding on Key Adolescent awareness & Services for demand generation	16.83	16.83	0	16.83	16.83	0	78
24	RCH.5	41. 2.b	Print media for Adolescent Health	40	40	0	40	40	0	79
25		41. 2.c	Electronic Media for Adolescent Health	40	40	0	40	40	0	80
		TOTA	\L	96.83	96.83	0.00	96.83	96.83	0.00	

## 35: Adolescent Friendly Health Clinics

Activity: 1	Operating expenses for existing clinics					
FMR Code: 35	RCH.5					
SL. No.	35.1					
Year	2024-25	2025-26				
Total Approval	10.92	10.92				
State Allocation	5.46	5.46				
District Allocation	5.46	5.46				
	FMR Owner					
At State HQ	At District Level	At Block Level				
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS)	Block Coordinator, (RBSK/RKSK/WIFS)				

 Operating expenses for 91 nos. of Adolescent Friendly Health Clinics for 12 months @ 500/- per clinic. (For existing 81 AFHCs and newly proposed 10 AFHCs) for FY 2024-25 & 2025-26.

	Operating expenses for existing clinics									
	Budget Details for Operating Expenditure for AFHC									
SN	One of the cost of									
1	Operating expenses for existing 91 nos. AFHCs	500	91	12	5,46,000	5.46				
	Total Budget required for Recurring expenditure  91 5,46,000.00 5.46									
NB:	Operating cost of existing 91 established AFHCs @ Rs. 500/-per month for 12 months.									

			Ope	rating Cos	t for AFHC		
SI. no	Name of Districts	Earlier AFHC	Nos of AFHC Proposed	Total AFHC	Unit Cost @ Rs. 500/-per month for 12 months per clinic in Rs	Total Budget in Lakh	Newly proposed AFHCs
1	Baksa	1		1	6000	0.06	
2	Barpeta	1	2	3	18000	0.18	FAA Medical College, Chenga BPHC
3	Biswanath	0	1	1	6000	0.06	Biswanath SDCH
4	Bongaigaon	1	_	1	6000	0.06	
5	Cachar	2		2	12000	0.12	
6	Charaideo	0	1	1	6000	0.06	Sonari SDCH
7	Chirang	1		1	6000	0.06	301101132011
8	Darrang	2	1	3	18000	0.18	Kharupetia FRU
9	Dhemaji	2		2	12000	0.12	Marapetta i No
10	Dhubri	7		7	42000	0.42	
11	Dibrugarh	2		2	12000	0.12	
12	Dima Hasao	1		1	6000	0.06	
13	Goalpara	4		4	24000	0.24	
14	Golaghat	6		6	36000	0.36	
15	Hailakandi	4		4	24000	0.24	
16	Hojai	6		6	36000	0.36	
17	Jorhat	3		3	18000	0.18	
18	Kamrup Metro	4		4	24000	0.24	
	Kamrup						
19	Rural	5		5	30000	0.3	
	Karbi	_					
20	Anglong	1		1	6000	0.06	
21	Karimganj	4		4	24000	0.24	
22	Kokrajhar	5	1	5	30000	0.3	NA selical Callaga
23	Lakhimpur	1	1	2	12000	0.12	Medical College
24	Majuli	0	1	1	6000	0.06	District Hospital
25	Morigaon	3		3 7	18000	0.18	
26	Nagaon	7	4		42000	0.42	Madical Callaga
27	Nalbari	2	1	3	18000	0.18	Medical College
28	Sivasagar	2		2	12000	0.12	Tozpur Madical
29	Sonitpur	1	1	2	12000	0.12	Tezpur Medical College
30	South Salmara	1		1	6000	0.06	

	Operating Cost for AFHC										
SI. no	Name of Districts	Earlier AFHC	Nos of AFHC Proposed	Total AFHC	Unit Cost @ Rs. 500/-per month for 12 months per clinic in Rs	Total Budget in Lakh	Newly proposed AFHCs				
31	Tinsukia	1	1	2	12000	0.12	Hapjan BPHC				
32	Udalguri	1		1	6000	0.06					
33	West Karbi Anglong	0		0	0	0					
	Total 81 10 91 546000 5.46										

	District wise Target & Budget (Rs. In lakh)										
SI. no	Name of the District	FY 2	024-25	FY 2025-26							
	District	Target	Budget	Target	Budget						
1	Bajali	0	0	0	0						
1	Baksa	1	0.06	1	0.06						
2	Barpeta	3	0.18	3	0.18						
3	Biswanath	1	0.06	1	0.06						
4	Bongaigaon	1	0.06	1	0.06						
5	Cachar	2	0.12	2	0.12						
6	Charaideo	1	0.06	1	0.06						
7	Chirang	1	0.06	1	0.06						
8	Darrang	3	0.18	3	0.18						
9	Dhemaji	2	0.12	2	0.12						
10	Dhubri	7	0.42	7	0.42						
11	Dibrugarh	2	0.12	2	0.12						
12	DimaHasao	1	0.06	1	0.06						
13	Goalpara	4	0.24	4	0.24						
14	Golaghat	6	0.36	6	0.36						
15	Hailakandi	4	0.24	4	0.24						
16	Hojai	6	0.36	6	0.36						
17	Jorhat	3	0.18	3	0.18						
18	Kamrup Metro	4	0.24	4	0.24						
19	Kamrup Rural	5	0.3	5	0.3						
20	KarbiAnglong	1	0.06	1	0.06						
21	Karimganj	4	0.24	4	0.24						

22	Kokrajhar	5	0.3	5	0.3
23	Lakhimpur	2	0.12	2	0.12
24	Majuli	1	0.06	1	0.06
25	Morigaon	3	0.18	3	0.18
26	Nagaon	7	0.42	7	0.42
27	Nalbari	3	0.18	3	0.18
28	Sivasagar	2	0.12	2	0.12
29	Sonitpur	2	0.12	2	0.12
30	South Salmara	1	0.06	1	0.06
31	Tinsukia	2	0.12	2	0.12
32	Udalguri	1	0.06	1	0.06
33	West KarbiAnglong	0	0	0	0
	Total	91	5.46	91	5.46

FY wise target & budget (Rs. In Lakh)				
FY Target Budget				
2024-25	91	10.92		
2025-26	91	10.92		

Activity: 2	Mobility support for AH Counsellors				
FMR Code: 35	RCH.5				
SL. No.	35.2				
Year	2024-25	2025-26			
Total Approval	36.06	36.06			
State Allocation	9.852	9.852			
District Allocation	26.208	26.208			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS)	Block Coordinator, (RBSK/RKSK/WIFS)			

### **Activity:**

- A) All dedicated multi skilled 91 nos. (Existing 81 AFHCs and newly proposed 10 AFHCs) of counselors will do counseling for Adolescent Health and will provide their support in field/outreach areas, for which they get Rs. 300/ per visit (8 visits/each month). The required expenditure of counselor's mobility and communication for 12 months.
- B) Mobility and communication support for District and Block officials under SHWP as a Mentor.

	Mobility support under RKSK							
SI. no	FMR	Activity	Target	Total Budget in Rs	Total Budget in Lakh	Remarks		
1	35.2(A)	Mobility support for AH Counselors	8736	2620800	26.208	Rs. 300 per visit for 8 visits per month (Rs.2400/- per month) for 91 counselors for 12 months and @ Rs 2400/- per month.		
2	35.2 (B)	Mobility and communication support for District and Block officials under SHWP as a Mentor	2616	985200	9.852	Supportive Supervision and monitoring visits of District and Block officials under SHWP		
	To	tal	11352	3606000	36.06			

	FMR Code: 35.2(A): Mobility support for AH Counsellors							
SN	Particular	Unit cost	Total Unit	Duration	Total Amount (In Rs.)	In Lakh		
1	Mobility Support to 91 Counsellor @ Rs. 300 per field/outreach visit per month(8 visits in a month)	2400	91	12	2620800	26.208		
To	Total Amount Required for Mobility support		91	12	2620800	26.208		

FI	FMR: 35.2(B), Mobility and communication support for District and Block officials under SHWP as a Mentor							
SN	Officials	Monitoring Cost in Rs. per visit	Total nos. of Visit per month	Total Monitoring Visit	Total cost for monitoring in Rs. for 12 Months	Total cost for monitoring in Lakh.		
1	District Nodal Officer	500	1	156	78000	0.78		
2	District Coordinator & I/c	400	1	156	62400	0.624		
3	Block Nodal Officer	500	1	768	384000	3.840		
4	Block Coordinator & I/c	300	2	1536	460800	4.608		
To	Total Budget in Lakh (DNO+DCO+BNO+BCO)				985200	9.852		

	Mobility support for AH Counsellor							
SI. no	Name of Districts	Total AFHC	Total Target visits of Counsellor	Unit Cost @ Rs. 300/-per outreach visit (8 visit/per month/ counselor)	District wise Fund Allocation for outreach visit by Counselors (in lakh)			
1	Baksa	1	96	28800	0.288			
2	Barpeta	3	288	86400	0.864			
3	Biswanath	1	96	28800	0.288			
4	Bongaigaon	1	96	28800	0.288			
5	Cachar	2	192	57600	0.576			
6	Charaideo	1	96	28800	0.288			
7	Chirang	1	96	28800	0.288			
8	Darrang	3	288	86400	0.864			
9	Dhemaji	2	192	57600	0.576			

10	Dhubri	7	672	201600	2.016
11	Dibrugarh	2	192	57600	0.576
12	Dima Hasao	1	96	28800	0.288
13	Goalpara	4	384	115200	1.152
14	Golaghat	6	576	172800	1.728
15	Hailakandi	4	384	115200	1.152
16	Hojai	6	576	172800	1.728
17	Jorhat	3	288	86400	0.864
18	Kamrup Metro	4	384	115200	1.152
19	Kamrup Rural	5	480	144000	1.44
20	Karbi Anglong	1	96	28800	0.288
21	Karimganj	4	384	115200	1.152
22	Kokrajhar	5	480	144000	1.44
23	Lakhimpur	2	192	57600	0.576
24	Majuli	1	96	28800	0.288
25	Morigaon	3	288	86400	0.864
26	Nagaon	7	672	201600	2.016
27	Nalbari	3	288	86400	0.864
28	Sivasagar	2	192	57600	0.576
29	Sonitpur	2	192	57600	0.576
30	South Salmara	1	96	28800	0.288
31	Tinsukia	2	192	57600	0.576
32	Udalguri	1	96	28800	0.288
33	West Karbi Anglong	0	0	0	0
	Total	91	8736	2620800	26.208

District wise Target & Budget (Rs. In lakh)						
SI.	Name of the District	FY 20	24-25	FY 202	25-26	
no	Name of the District	Target	Budget	Target	Budget	
1	Bajali	0	0	0	0	
2	Baksa	96	0.288	96	0.288	
3	Barpeta	288	0.864	288	0.864	
4	Biswanath	96	0.288	96	0.288	
5	Bongaigaon	96	0.288	96	0.288	
6	Cachar	192	0.576	192	0.576	
7	Charaideo	96	0.288	96	0.288	
8	Chirang	96	0.288	96	0.288	
9	Darrang	288	0.864	288	0.864	
10	Dhemaji	192	0.576	192	0.576	
11	Dhubri	672	2.016	672	2.016	
12	Dibrugarh	192	0.576	192	0.576	
13	DimaHasao	96	0.288	96	0.288	

14	Goalpara	384	1.152	384	1.152
15	Golaghat	576	1.728	576	1.728
16	Hailakandi	384	1.152	384	1.152
17	Hojai	576	1.728	576	1.728
18	Jorhat	288	0.864	288	0.864
19	Kamrup Metro	384	1.152	384	1.152
20	Kamrup Rural	480	1.44	480	1.44
21	KarbiAnglong	96	0.288	96	0.288
22	Karimganj	384	1.152	384	1.152
23	Kokrajhar	480	1.44	480	1.44
24	Lakhimpur	192	0.576	192	0.576
25	Majuli	96	0.288	96	0.288
26	Morigaon	288	0.864	288	0.864
27	Nagaon	672	2.016	672	2.016
28	Nalbari	288	0.864	288	0.864
29	Sivasagar	192	0.576	192	0.576
30	Sonitpur	192	0.576	192	0.576
31	South Salmara	96	0.288	96	0.288
32	Tinsukia	192	0.576	192	0.576
33	Udalguri	96	0.288	96	0.288
34	West Karbi Anglong	0	0	0	0
	Total	8736	26.208	8736	26.208

FY wise target & budget (Rs. In Lakh)						
FY Target Budget						
2024-25	11352	36.06				
2025-26	11352	36.06				

Activity: 3	Review/convergence/Dissemination Meeting/workshop				
FMR Code: 35	RCH.5				
SL. No.	35.3				
Year	2024-25	2025-26			
Total Approval	11.95	11.95			
State Allocation	5.71	5.71			
District Allocation	6.24	6.24			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant, RKSK	District Coordinator (RBSK/RKSK/WIFS) & DCM	Block Coordinator, (RBSK/RKSK/WIFS) & BCM/ Counsellor			

- District level RKSK/WIFS/MHS review cum convergence meeting with line department
   @Rs.5000/ in all 33 districts
- Block level RKSK/WIFS/MHS review cum convergence meeting with line department @Rs.3000/-in 153 blocks

	FMR: RCH 5, Sl no. 35.3 -Review/convergence/Dissemination Meeting/workshop							
S.N.		Quantity (State/ RKSK Dist/ RKSK Blocks)	Target	Total Cost in Rs.	Cost in Lakh	Remarks		
1	District level Meeting	33	33	165000	1.650	Dist. Level review meeting in a year @Rs.5000/- in 33 both RKSK & non RKSK districts- and		
2	Block level Meeting	153	153	459000	4.590	Block Level meeting in a year @Rs.3000/-in 153 Blocks (Topics are to covered in agenda like AFHC, PE		
Total		186	624000	6.240	implementation, Menstrual Hygiene Scheme, WIFS and School Health and Wellness Program, NTCP, NLEP, NTEP and Malaria/JE etc)			

	Budget for Review Meeting at District and Block level (RKSK/WIFS/SHWP)								
SI	District	District level yearly meeting @ Rs 5000/-	ВРНС	Block level yearly review meeting @ Rs 3000/-	Total District budget	Total Budget in Lakhs	Remarks		
1	Baksa	5,000	6	18,000	23,000	0.230			
2	Barpeta	5,000	7	21,000	26,000	0.260			
3	Biswanath	5,000	3	9,000	14,000	0.140			
4	Bongaigaon	5,000	4	12,000	17,000	0.170			
5	Cachar	5,000	8	24,000	29,000	0.290			
6	Charaideo	5,000	2	6,000	11,000	0.110			
7	Chirang	5,000	2	6,000	11,000	0.110	Topics are to		
8	Darrang	5,000	4	12,000	17,000	0.170	covered in agenda like		
9	Dhemaji	5,000	5	15,000	20,000	0.200	AFHC, PE		
10	Dhubri	5,000	5	15,000	20,000	0.200	implementat ion,		
11	Dibrugarh	5,000	6	18,000	23,000	0.230	Menstrual Hygiene		
12	Dima Hasao	5,000	3	9,000	14,000	0.140	Scheme, WIFS and		
13	Goalpara	5,000	5	15,000	20,000	0.200	School Health and		
14	Golaghat	5,000	5	15,000	20,000	0.200	Wellness Program,		
15	Hailakandi	5,000	4	12,000	17,000	0.170	NTCP, NLEP, NTEP etc		
16	Hojai	5,000	2	6,000	11,000	0.110	NATE CCC		
17	Jorhat	5,000	6	18,000	23,000	0.230			
18	Kamrup M	5,000	5	15,000	20,000	0.200			
19	Kamrup R	5,000	12	36,000	41,000	0.410			
20	Karbi Anglong	5,000	4	12,000	17,000	0.170			
21	Karimganj	5,000	5	15,000	20,000	0.200			
22	Kokrajhar	5,000	4	12,000	17,000	0.170			

	Total in Lakh	1.65		-	6.24		Meeting
	Assam Total	165,000	153	459,000	624,000	6.240	Excluding State level
33	West Karbianglong	5,000	4	12,000	17,000	0.170	
32	Udalguri	5,000	3	9,000	14,000	0.140	
31	Tinsukia	5,000	4	12,000	17,000	0.170	
30	South Salmara	5,000	2	6,000	11,000	0.110	
29	Sonitpur	5,000	4	12,000	17,000	0.170	
28	Sibsagar	5,000	6	18,000	23,000	0.230	
27	Nalbari	5,000	4	12,000	17,000	0.170	
26	Nagaon	5,000	9	27,000	32,000	0.320	
25	Marigaon	5,000	3	9,000	14,000	0.140	
24	Majuli	5,000	1	3,000	8,000	0.080	
23	Lakhimpur	5,000	6	18,000	23,000	0.230	

FY wise target & budget (Rs. In Lakh)								
FY	Target	Budget						
2024-25	188 (2 for State HQ)	11.95						
2025-26	188 (2 for State HQ)	11.95						

### **Disclaimer:**

The expenditure cost of Bajali districts activities has been added with Barpeta.

Activity: 4	AFHS training of Medical Officers				
FMR Code: 35	RCH.5				
SL. No.	35.4				
Year	2024-25	2025-26			
Total Approval	10	10			
State Allocation	10	10			
District Allocation	0	0			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS)	Block Coordinator, (RBSK/RKSK/WIFS)			

Total 66 nos. of Medical Officers will be trained on RKSK MO module for 4 days at state level as ToT. The Medical Officers to be engaged district level training (if required block level also) and support RKSK adolescent health check-ups as referred. For health check-ups of adolescents they are needed to sit at AFH Clinics after general OPD time.

	AFHS training of Medical Officers									
	4 days module training for MO at state level (ToT)									
S.N.	N. Unit (MO @ 2 per (in RS.) Unit (Batch) Total amount (in RS.) In Lakh									
1	66	499850	2	999700	9.99	All related topics like NLEP, NTEP, NTCP and Family Planning will be covered				
N.B	B Total 66 nos of MOs (2 from each district) to be trained in 1 batch at State level.									

### State Level 4 days module training for Medical Officers on AFHS (RKSK)

S.N	Particulars	Unit cost	Unit	Duration	Total Amount	Remarks
5.11	raruculars	(in Rs.	Omt	Duration	(in Rs.)	Kemarks
1	TA for Participants (on actual)	600	32	2	38400	
2	DA for Participants	300	32	5	48000	
3	Honourarium for Resource Persons	1500	2	2	6000	
5	Accommodation (Single Bedded)	1800	29	5	261000	
6	Training Material (Folder, writing Pad, Pen, etc.)	100	35	1	3500	
7	Breakfast, Working lunch, Tea	600	35	4	84000	
9	Venue Charge with Projector and generator etc.	16000	1	3	48000	
10	Standy/Banner	1500	3	1	4500	
11	Vehicle	2000	1	2	4000	
12	Contingency	2450	1	1	2450	
	Total		171	26	499850	

FY wise target & budget (Rs. In Lakh)								
FY	Target	Budget						
2024-25	2	10						
2025-26	2	10						

Activity: 5	AFHS training of ANM/LHVs/MPWs				
FMR Code: 35	RCH.5				
SL. No.	35.5				
Year	2024-25	2025-26			
Total Approval	13.63	13.63			
State Allocation	0	0			
District Allocation	13.63	13.63			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS) & DCM	Block Coordinator, (RBSK/RKSK/WIFS) & BCM			

**Total 435 nos. of ANM/LHV/MPWs** are to be trained in 15 RKSK districts (2-new districts are added Viz: Jorhat & Tinsukia) in 29 batches for 4 days module training at District level. The trained ANM/LHV/MPWs to be engaged at block level training and support RKSK adolescent health check-ups and counselling too. For health check-ups and counselling of adolescents they need to provide support at AFH Clinics as per allotted time. The trained ANM/LHV/MPWs may be accompanied to the field/outreach activity in absence of the counsellor.

	FMR Code: RCH 5, SI no. 35.5: AFHS training of ANM/LHVs/MPWs								
	4 days mod	lule training f	or ANM/LH	V/MPWs/Co	unselors a	t District level			
S.N.	Unit (ANM/LHVs of 17 Districts @ 15 Participants per Batch)	Unit Cost (in RS.)	Unit (Batch)	Total amount (in RS.)	In Lakh (in Rs)	Remarks			
1	435	47000	29	1363000	13.630	a) Total 435 nos. of ANM/LHVs/MPWs to be trained from 85 blocks of RKSK districts (1 batch/each district)(min 15 person/per batch) b) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered			

	Budget Break up							
SN	Particulars	Unit Cost (in Rs.)	Unit	Duration	Total fund for each batch (in Rs.)	Total cost in Lakh		
1	TA for Participants (Subject to actual)	300	15	1	4500	0.045		
2	Accommodation , Working lunch, tea snacks etc.	600	15	4	36000	0.36		
3	Honorarium for Resource Persons	500	2	4	4000	0.04		
4	Stationary, Training materials (Printed module to be provided from state if not available at district)	100	15	1	1500	0.015		
5	Contingency (Banner, miscellaneous expenses, etc)	1000	1	1	1000	0.01		
	Total	cost for each	Batch		47,000	0.47		

	District wise Budget									
SN	District	No. of Blocks	Nos of participants (per batch per blocks @ min 5 participants)	Total Batch	Total Cost(@Rs. 47,000 per batch with 15 participants	Total Cost in Lakh				
1	Baksa	6	30	2	94000	0.94				
2	Barpeta	7	45	3	141000	1.41				
3	Darrang	4	30	2	94000	0.94				
4	Dhubri	5	30	2	94000	0.94				
5	Goalpara	5	30	2	94000	0.94				
6	Golaghat	5	30	2	94000	0.94				
7	Hailakandi	4	30	2	94000	0.94				
8	Hojai	2	15	1	47000	0.47				
9	Karimganj	5	30	2	94000	0.94				

	District wise Budget								
SN	District	No. of Blocks	Nos of participants (per batch per blocks @ min 5 participants)	Total Batch	Total Cost(@Rs. 47,000 per batch with 15 participants	Total Cost in Lakh			
10	Kokrajhar	4	30	2	94000	0.94			
11	Nagaon	9	45	3	141000	1.41			
12	South Salmara	2	15	1	47000	0.47			
13	Udalguri	3	15	1	47000	0.47			
14	Jorhat	5	30	2	94000	0.94			
15	Tinsukia	5	30	2	94000	0.94			
	Total	71	435	29	1363000	13.630			

FY wise target & budget (Rs. In Lakh)					
FY Target Budget					
2024-25	29	13.63			
2025-26	29	13.63			

Activity: 6	One Day Training of AH Counsellor				
FMR Code: 35	RCH.5				
SL. No.	35.6				
Year	2024-25	2025-26			
Total Approval	2.44	2.48			
State Allocation	2.44	2.48			
District Allocation	0	0			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS)	Block Coordinator, (RBSK/RKSK/WIFS) (RBSK/RKSK/WIFS)			

- 1 batch with 47 nos of Counselors will be trained at State level in the FY 2024-25 and other 1 batch with 48 nos of Counselors will be trained at State level in the FY 2025-26
- Topics related to NLEP, NTEP, NTCP and Family Planning will be covered along with the six thematic areas of RKSK.

#### <u>2024-25</u>

	FMR Code: RCH 5, Sl no. 35.6 One Day Training of AH Counselor						
S.N.	Nos of Counselor	Unit Cost (in RS.)	Unit (Batch)	Total amount (in RS.)	In Lakh	Remarks	
1	47	19500	1	243500	2.44	a) Total 95 nos of Counselor from RKSK District & Non RKSK districts to be trained in 1 batch at state level.47 for 2024-25 & 48 for 2025-26) B) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered	

	Budget Break up for Training					
SN	Head of expenditure	Unit Cost (In Rs)	Unit	Duration	Total (In Rs)	Total in Lakh
1	TA for Participants (on actual)	500	47	2	47000	0.47
2	DA for Participants	200	47	3	28200	0.282
3	Accommodation	1200	47	2	112800	1.128
4	Training Material (Bag, Pad, Pen, etc.)	100	55	1	5500	0.055
5	Breakfast	150	60	1	9000	0.09
6	Working lunch	350	60	1	21000	0.21
7	Venue Charge with Projector and generator etc.	12500	1	1	12500	0.125
8	Standy/Banner	1500	3	1	4500	0.045
9	Vehicle	2000	1	1	2000	0.02
10	Contingency	1000	1	1	1000	0.01
	Total	19500	322	14	243500	2.44

### **2025-26**

	FMR Code: RCH 5, Sl no. 35.6 One Day Training of AH Counselor							
S.N.	Nos of Counselor	Unit Cost (in RS.)	Unit (Batch)	Total amount (in RS.)	In Lakh	Remarks		
1	48	19500	1	247500	2.48	a) Total 95 nos of Counselor from RKSK District & Non RKSK districts to be trained in 1 batch at state level.47 for 2024-25 & 48 for 2025-26) B) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered		

	Budget Break up for Training					
SN	Head of expenditure	Unit Cost (In Rs)	Unit	Duration	Total (In Rs)	Total in Lakh
1	TA for Participants (on actual)	500	48	2	48000	0.48

	Budget Break up for Training						
SN	Head of expenditure	Unit Cost (In Rs)	Unit	Duration	Total (In Rs)	Total in Lakh	
2	DA for Participants	200	48	3	28800	0.288	
3	Accommodation	1200	48	2	115200	1.152	
4	Training Material (Bag, Pad, Pen, etc.)	100	55	1	5500	0.055	
5	Breakfast	150	60	1	9000	0.09	
6	Working lunch	350	60	1	21000	0.21	
7	Venue Charge with Projector and generator etc.	12500	1	1	12500	0.125	
8	Standy/Banner	1500	3	1	4500	0.045	
9	Vehicle	2000	1	1	2000	0.02	
10	Contingency	1000	1	1	1000	0.01	
	Total	19500	325	14	247500	2.48	

FY wise target & budget (Rs. In Lakh)				
FY Target Budget				
2024-25	1	2.44		
2025-26	1	2.48		

Activity: 7	Model Adolescent Friendly Health Clinic (M-AFHC)			
FMR Code: 35	RCH.5			
SL. No.	35.7			
Year	2024-25	2025-26		
Total Approval	0	1.00		
State Allocation	0	0		
District Allocation	0	1.00		
	FMR Owner			
At State HQ	At District Level	At Block Level		
State Nodal Officer/ State Consultant,RKSK	District Coordinator (RBSK/RKSK/WIFS), DPM & DCM	Block Coordinator, (RBSK/RKSK/WIFS) BCM/ Counsellor		

#### Rationale -

India has the largest adolescent population in the world, 253 million, and every fifth person is between 10 to 19 years. During their formative years, adolescents are confronted with several challenges that could impede their overall growth and development. While some adolescents have access to necessary information and services, many are not adequately supported to make a successful transition from childhood to adulthood.

The idea behind setting up of M-AFHC (**Model Adolescent Friendly Health Clinic**) at the level of District Hospital of the District with certain additional components apart from providing regular clinical and counseling services is to strengthen the district level AFHC into a:

- a) Learning hub,
- b) Training centre and
- c) Repository for all available communication materials developed and being updated.

For the year of 2025-26, Adolescent Friendly Health Clinic based at District Hospital of **Cachar** will be upgraded as Model Adolescent Friendly Health Clinic (M-AFHC). Following are a few indicators from NFHS 4 and NFHS 5 regarding Adolescent Pregnancies and Child Marriage from the district of Cachar:

District	Women age 20-24 years married before age 18 years (%)		already mothers or p of the survey (%) ma	Women age 15-19 years who were already mothers or pragnant at the time of the survey (%) married before age 18 years (%)		
	NFHS 5	NFHS 4	NFHS 5	NFHS 4		
Cachar	29.9	16.9	8.5	10.1		

#### Criteria of M-AFHC-

- Full-time placement of one AFHS trained Medical Officer (MO) and Auxiliary Nurse Midwife/Lady Health Visitor (ANM/LHV) should be ensured by the facility in-charge.
- A dedicated AH Counsellor is to be placed at the M-AFHC for counselling services.
- 3. The role of AH Counsellor is divided into two parts—counselling and block-level programme management support.
- 4. Half-day orientation visit of the MOs, ANMs and Counsellors posted in that District to M-AFHCs to be made a part of their training curriculum.
- 5. Quarterly meetings of all the AH Counsellors of the District will be conducted at the M-AFHCs.
- 6. Once every two months, one theme will be selected out of the six thematic areas of the RKSK i.e. SRH, Nutrition, Substance Misuse, NCDs, Violence and Injuries and Mental Health and counselling and clinical services on that theme will be provided to the clients during designated hours.
- 7. In-charge of the M-AFHC will develop linkages with the nearby schools/Rashtriya Bal Swasthya Karyakram (RBSK) team and Anganwadi Workers (AWWs) for referral of in school and out of school adolescents.
- 8. Counsellors (and or Medical Officers) at M-AFHC should prepare a tour plan for visiting Schools, Colleges, Youth Clubs, Major Health events, Adolescent Health Day etc. twice a week.
- 9. Reporting and Recording.

#### Provision of Services at AFHRC -

- I. Convergence within various Health Programmes
- II. Maternal Health Programme
- III. Family Planning Programme.
- IV. RBSK/RKSK.
- V. Ayushman Bharat-Health & Wellness Center.
- **VI.** National Tobacco Control Programme.
- VII. National AIDS Control Programme
- VIII. National Mental Health Programme
- IX. NCDs (NPCDCS)

### Convergence between Schools and Ayushman Bharat - Health & Wellness Centres (AB-HWCs)

Provision of services, commodities and counselling services related to adolescents' health by CPHC team led by CHO during walk-in clinic sessions and Adolescent Health and Wellness days including sensitization of commodities on Adolescent Health issues.

### 2. Package of Service

Г	
	Iron-Folic Acid (IFA)/Albendazole tablets
	Sanitary Napkins
	Contraceptives (condoms, Oral Contraceptive Pills (OCP),
	Emergency Contraceptive Pills (ECP))
Commodities to be	Other medicines (e.g. Paracetamol, anti-spasmodic and first
kept in AFHRC	aid)
	Pregnancy testing kits
	Body Mass Index (BMI) Charts, Snellen's Chart, Thermometer,
	Vaginal speculum, BP Apparatus etc.
	Hand sanitizer, Washbasins with soap, Towel,
Furniture	Chairs, Table, Examination Table, Bed side screen, LED
i uiiilluie	screen.
	IEC and Interpersonal Communication (IPC) for Nutrition,
Information Corners	Sexual and Reproductive Health (SRH), Mental Health, Gender-
Information Comord	Based Violence (GBV),COVID-19, NCD and Substance misuse
	Short films and audio clips for awareness purposes
	BMI screening (Height-Weight measurement), Blood
	Pressure (BP) checking
	Haemoglobin (Hb) testing/Blood sugar
	RTI/STI management
	Antenatal Care (ANC) for pregnant adolescents
	Counselling on Nutrition, Puberty related concerns,
	Premarital Counselling, Sexual Problems, Contraceptive,
	Abortion, RTI/STI, Substance Abuse, Learning problems,
	Stress, Depression, Suicidal Tendency, Violence (including
Services to be	GBV), Sexual Abuse, Risky Behaviour, Other Mental Health
provided in AFHRC	Issues, Healthy Lifestyle
	Management of Menstrual problems/ Iron Deficiency
	Anaemia/ common adolescent health problems/physical violence and sexual abuse
	Screening for Diabetes and Hypertension
	HIV testing and counselling
	Linkages with de-addiction centres and referrals
	Treatment by specialists
	Referrals

### Budget -

	Model Adolescent Friendly Health Resource Center					
Head	Nos	Rate	Total Budget in lakhs	Remarks		
M-AFHRC	1	100000	100000	The idea behind setting up of M-AFHC (Model Adolescent Friendly Health Clinic) at the level of District Hospital of the District with certain additional components apart from providing regular clinical and counselling services is to strengthen the district level AFHC into a  a) Learning hub, b) Training centre and c) Repository for all available communication materials developed and being updated. For the 2025-26,M-AFHC will be planned at Cachar for 2025-26.		

SI.Nos.	Items	Unit Price	Unit	Total	Remarks
1	Signboard	5000	1	5000	Signboard in the outside & signage
2	LED TV	25000	1	25000	
3	Desktop with Printer	35000	1	35000	
4	Stationary for Training Purpose	0		0	To be met from the operational cost of AFHC
5	Renovation of the room	15000	1	15000	
6	RO Water purifiers System	10000	1	10000	
7	Furniture	10000	1	10000	To meet the additional requirements of Chairs, Table etc.
8	Equipment	0	0	0	To be met from the budgets of equipment under RKSK
9	IEC Materials	0	0	0	To be met from the IEC budget under RKSK
T	OTAL	100000	6	100000	

FY wise target & budget (Rs. In Lakh)						
FY Target Budget						
2024-25	0	0				
2025-26	1	1.00				

Activity: 8	Communication Support for AH Counsellors				
FMR Code: 35	RCH.5				
SL. No.	35.8				
Year	2024-25	2025-26			
Total Approval	2.73	2.73			
State Allocation	0	0			
District Allocation	2.73	2.73			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator & DAM	Block Coordinator & BCM (RBSK/RKSK/WIFS)			

 Communication support of Rs.250/pm will be provided to 81 nos. of Counsellors to attend virtual training on Counselling skills, orientation on programme updates, follow up of need based counselling cases and on line data entry for AFHC etc.

	Communication Support for AH Councellors						
SI. no	Name of Districts	Earlier AFHC	Nos of AFHC Proposed	Total AFHC	Communication Support Unit Cost @ Rs. 250/-per month for 12 months per clinic	Total Budget in Lakh	Newly proposed AFHCs
1	Baksa	1		1	3000	0.03	
2	Barpeta	1	2	3	9000	0.09	Medical College, Chenga BPHC
3	Biswanath	0	1	1	3000	0.03	Biswanath SDCH
4	Bongaigaon	1		1	3000	0.03	
5	Cachar	2		2	6000	0.06	
6	Charaideo	0	1	1	3000	0.03	Sonari SDCH
7	Chirang	1		1	3000	0.03	
8	Darrang	2	1	3	9000	0.09	Kharupetia FRU
9	Dhemaji	2		2	6000	0.06	
10	Dhubri	7		7	21000	0.21	
11	Dibrugarh	2		2	6000	0.06	
12	Dima Hasao	1		1	3000	0.03	
13	Goalpara	4		4	12000	0.12	
14	Golaghat	6		6	18000	0.18	
15	Hailakandi	4		4	12000	0.12	
16	Hojai	6		6	18000	0.18	
17	Jorhat	3		3	9000	0.09	
18	Kamrup Metro	4		4	12000	0.12	

	Communication Support for AH Councellors						
SI. no	Name of Districts	Earlier AFHC	Nos of AFHC Proposed	Total AFHC	Communication Support Unit Cost @ Rs. 250/-per month for 12 months per clinic	Total Budget in Lakh	Newly proposed AFHCs
19	Kamrup Rural	5		5	15000	0.15	
20	Karbi Anglong	1		1	3000	0.03	
21	Karimganj	4		4	12000	0.12	
22	Kokrajhar	5		5	15000	0.15	
23	Lakhimpur	1	1	2	6000	0.06	Medical College
24	Majuli	0	1	1	3000	0.03	District Hospital
25	Morigaon	3		3	9000	0.09	
26	Nagaon	7		7	21000	0.21	
27	Nalbari	2	1	3	9000	0.09	Medical College
28	Sivasagar	2		2	6000	0.06	
29	Sonitpur	1	1	2	6000	0.06	Medical College
30	South Salmara	1		1	3000	0.03	
31	Tinsukia	1	1	2	6000	0.06	Hapjan BPHC
32	Udalguri	1		1	3000	0.03	
33	West Karbi Anglong	0		0	0	0	
	Total	81	10	91	273000	2.73	

	District wise Target & Budget (Rs. In lakh)						
SI. no	Name of the	FY 20	24-25	FY 2025-26			
01. 110	District	Target	Budget	Target	Budget		
1	Bajali	0	0	0	0		
2	Baksa	1	0.03	1	0.03		
3	Barpeta	3	0.09	3	0.09		
4	Biswanath	1	0.03	1	0.03		
5	Bongaigaon	1	0.03	1	0.03		
6	Cachar	2	0.06	2	0.06		
7	Charaideo	1	0.03	1	0.03		
8	Chirang	1	0.03	1	0.03		
9	Darrang	3	0.09	3	0.09		
10	Dhemaji	2	0.06	2	0.06		

11	Dhubri	7	0.21	7	0.21
12	Dibrugarh	2	0.06	2	0.06
13	DimaHasao	1	0.03	1	0.03
14	Goalpara	4	0.12	4	0.12
15	Golaghat	6	0.18	6	0.18
16	Hailakandi	4	0.12	4	0.12
17	Hojai	6	0.18	6	0.18
18	Jorhat	3	0.09	3	0.09
19	Kamrup Metro	4	0.12	4	0.12
20	Kamrup Rural	5	0.15	5	0.15
21	KarbiAnglong	1	0.03	1	0.03
22	Karimganj	4	0.12	4	0.12
23	Kokrajhar	5	0.15	5	0.15
24	Lakhimpur	2	0.06	2	0.06
25	Majuli	1	0.03	1	0.03
26	Morigaon	3	0.09	3	0.09
27	Nagaon	7	0.21	7	0.21
28	Nalbari	3	0.09	3	0.09
29	Sivasagar	2	0.06	2	0.06
30	Sonitpur	2	0.06	2	0.06
31	South Salmara	1	0.03	1	0.03
32	Tinsukia	2	0.06	2	0.06
33	Udalguri	1	0.03	1	0.03
34	West KarbiAnglong	0	0	0	0
	Total	91	2.73	91	2.73

FY wise target & budget (Rs. In Lakh)					
FY Target Budget					
2024-25	91	2.73			
2025-26	91	2.73			

### 36: Weekly Iron Folic Supplement (WIFS)

Activity: 9	Weekly Iron and Folic Acid Supplementation (WIFS)						
FMR Code: 36	RCH.5	RCH.5					
SL. No.	36.1						
Year	2024-25	2025-26					
Total Approval	305.65	320.20					
State Allocation	305.65	320.20					
District Allocation	0 0						
	FMR Owner						
At State HQ At District Level		At Block Level					
State Nodal Officer/ State Consultant,RKSK	District Coordinator, DDSM	Block Coordinator, Block Pharmacist (RBSK/RKSK/WIFS)					

**Activity**: Anaemia, a manifestation of under-nutrition and poor dietary intake of iron is a serious public health problem, not only among pregnant women, infants and young children but also among adolescents.

Weekly Iron and Folic Acid Supplementation (WIFS) Programme to meet the challenge of high prevalence and incidence of anaemia amongst adolescent girls and boys

The Ministry of Health and Family Welfare, Government of India has launched the Weekly Iron and Folic Acid Supplementation (WIFS) Programme to reduce the prevalence and severity of nutritional anaemia in adolescent population (10-19 years).

Weekly Iron and Folic Acid supplementation (WIFS) programme is planned and implemented for the following two target groups in both rural and urban areas:

- A. Adolescent girls and boys enrolled in government/government aided/municipal schools from 6th to 12th classes.
- B. Adolescent Girls who are not in school. The WIFS programme will also cover married adolescent girls. Pregnant and lactating adolescent girls will be given IFA supplements, according to current guidelines for antenatal and postnatal care through the existing health system of NRHM.

Total adolescent population (as per the UDISE) is **27,98,978.** The details data enclosed with as sub-annexure for WIFS. Budget of procurement for WIFS, the amount calculated @Rs. 0.20/tablets is Rs.305.65 Lakhs for 2024-25 and Rs.320.20 Lakhs for 2025-26 under RKSK budget.

		IFA Tablets (H	Blue) under WII	FS (10-19 Ye	ars) For the FY	2024-25		
S1 no.	District	years/Class VI-Class XII (In School) (Govt. & Govt aided) (as per UDISE)	10-19 years (Out of School) Adolescents	Total	Requireme nt of IFA tablets	5% Buffer (Requireme nt)	Total cost@ Rs 0.20/ per tablet	Budget in lakhs
1	BAKSA+ TAMULPUR	83743	1,816	85,559	4449068	4671521	934304	9.34
2	BARPETA+ BAJALI	166717	10,910	1,77,627	9236604	9698434	1939687	19.40
3	BONGAIGAON	73706	2,275	75,981	3951012	4148563	829713	8.30
4	BISWANATH	63437	1,782	65,219	3391388	3560957	712191	7.12
5	CACHAR	155508	3,541	1,59,049	8270548	8684075	1736815	17.37
6	CHARAIDEO	32655	1,382	34,037	1769924	1858420	371684	3.72
7	CHIRANG	50199	1,652	51,851	2696252	2831065	566213	5.66
8	DARRANG	72376	2,989	75,365	3918980	4114929	822986	8.23
9	DHEMAJI	69871	1,001	70,872	3685344	3869611	773922	7.74
10	DHUBRI	183985	9,035	1,93,020	10037040	10538892	2107778	21.08
11	DIBRUGARH	86115	5,382	91,497	4757844	4995736	999147	9.99
12	DIMA HASAO	17927	201	18,128	942656	989789	197958	1.98
13	GOALPARA	107465	6,916	1,14,381	5947812	6245203	1249041	12.49
14	GOLAGHAT	79398	1,612	81,010	4212520	4423146	884629	8.85
15	HAILAKANDI	59102	753	59,855	3112460	3268083	653617	6.54
16	HOJAI	70681	3470	74,151	3855852	4048645	809729	8.10
17	JORHAT	62736	2308	65,044	3382288	3551402	710280	7.10
18	KAMRUP METRO	70890	5155	76,045	3954340	4152057	830411	8.30
19	KAMRUP	122180	1562	1,23,742	6434584	6756313	1351263	13.51
20	KARBI ANGLONG	55953	3128	59,081	3072212	3225823	645165	6.45
21	KARIMGANJ	104360	1830	1,06,190	5521880	5797974	1159595	11.60
22	KOKRAJHAR	91136	4191	95,327	4957004	5204854	1040971	10.41
23	LAKHIMPUR	117491	3794	1,21,285	6306820	6622161	1324432	13.24
24	MAJULI	19566	57	19,623	1020396	1071416	214283	2.14
25	MARIGAON	94079	3361	97,440	5066880	5320224	1064045	10.64
26	NAGAON	160690	6443	1,67,133	8690916	9125462	1825092	18.25
27	NALBARI	66197	2411	68,608	3567616	3745997	749199	7.49
28	SIVASAGAR	51710	1597	53,307	2771964	2910562	582112	5.82

	IFA Tablets (Blue) under WIFS (10-19 Years) For the FY 2024-25												
SI no.	District	10-19 years/Class VI-Class XII (In School) (Govt. & Govt aided) (as per UDISE)	10-19 years (Out of School) Adolescents	Total	Requireme nt of IFA tablets	5% Buffer (Requireme nt)	Total cost@ Rs 0.20/ per tablet	Budget in lakhs					
29	SONITPUR	87743	4159	91,902	4778904	5017849	1003570	10.04					
30	SOUTH SALMARA	37041	3654	40,695	2116140	2221947	444389	4.44					
31	TINSUKIA	86143	4961	91,104	4737408	4974278	994856	9.95					
32	UDALGURI	64749	3329	68,078	3540056	3717059	743412	7.43					
33	West KARBI ANLONG	26336	436	26,772	1392144	1461751	292350	2.92					
	Total	2691885	1,07,093	27,98,978	145546856	152824199	30564840	305.65					

# **FY 2025-26**

		IFA Tablets (	Blue) under WI	FS (10-19 Y	ears) For the FY	7 2025-26		
SI no.	District	10-19 years/Class VI-Class XII (In School) (Govt. & Govt aided) (as per UDISE)	10-19 years (Out of School) Adolescents	Total	Requirement of IFA tablets	10% Buffer (Requirem ent)	Total cost@ Rs 0.20/ per tablet	Budget in lakhs
1	BAKSA+ TAMULPUR	83743	1,816	85,559	4449068	4893975	978795	9.79
2	BARPETA+ BAJALI	166717	10,910	1,77,627	9236604	10160264	2032053	20.32
3	BONGAIGAON	73706	2,275	75,981	3951012	4346113	869223	8.69
4	BISWANATH	63437	1,782	65,219	3391388	3730527	746105	7.46
5	CACHAR	155508	3,541	1,59,049	8270548	9097603	1819521	18.20
6	CHARAIDEO	32655	1,382	34,037	1769924	1946916	389383	3.89
7	CHIRANG	50199	1,652	51,851	2696252	2965877	593175	5.93
8	DARRANG	72376	2,989	75,365	3918980	4310878	862176	8.62
9	DHEMAJI	69871	1,001	70,872	3685344	4053878	810776	8.11
10	DHUBRI	183985	9,035	1,93,020	10037040	11040744	2208149	22.08
11	DIBRUGARH	86115	5,382	91,497	4757844	5233628	1046726	10.47

	IFA Tablets (Blue) under WIFS (10-19 Years) For the FY 2025-26												
S1 no.	District	years/Class VI-Class XII (In School) (Govt. & Govt aided) (as per UDISE)	years/Class VI-Class XII (In School) (Govt. & School) Govt Adolescents aided) (as per		Requirement of IFA tablets	10% Buffer (Requirem ent)	Total cost@ Rs 0.20/ per tablet	Budget in lakhs					
12	DIMA HASAO	17927	201	18,128	942656	1036922	207384	2.07					
13	GOALPARA	107465	6,916	1,14,381	5947812	6542593	1308519	13.09					
14	GOLAGHAT	79398	1,612	81,010	4212520	4633772	926754	9.27					
15	HAILAKANDI	59102	753	59,855	3112460	3423706	684741	6.85					
16	HOJAI	70681	3470	74,151	3855852	4241437	848287	8.48					
17	JORHAT	62736	2308	65,044	3382288	3720517	744103	7.44					
18	KAMRUP METRO	70890	5155	76,045	3954340	4349774	869955	8.70					
19	KAMRUP	122180	1562	1,23,742	6434584	7078042	1415608	14.16					
20	KARBI ANGLONG	55953	3128	59,081	3072212	3379433	675887	6.76					
21	KARIMGANJ	104360	1830	1,06,190	5521880	6074068	1214814	12.15					
22	KOKRAJHAR	91136	4191	95,327	4957004	5452704	1090541	10.91					
23	LAKHIMPUR	117491	3794	1,21,285	6306820	6937502	1387500	13.88					
24	MAJULI	19566	57	19,623	1020396	1122436	224487	2.24					
25	MARIGAON	94079	3361	97,440	5066880	5573568	1114714	11.15					
26	NAGAON	160690	6443	1,67,133	8690916	9560008	1912002	19.12					
27	NALBARI	66197	2411	68,608	3567616	3924378	784876	7.85					
28	SIVASAGAR	51710	1597	53,307	2771964	3049160	609832	6.10					
29	SONITPUR	87743	4159	91,902	4778904	5256794	1051359	10.51					
30	SOUTH SALMARA	37041	3654	40,695	2116140	2327754	465551	4.66					
31	TINSUKIA	86143	4961	91,104	4737408	5211149	1042230	10.42					
32	UDALGURI	64749	3329	68,078	3540056	3894062	778812	7.79					
33	West KARBI ANLONG	26336	436	26,772	1392144	1531358	306272	3.06					
	Total	2691885	1,07,093	27,98,978	145546856	160101542	32020308	320.20					

FY wise target & budget (Rs. In Lakh)								
FY Target Budget								
2024-25	152824199	305.65						
2025-26	160101542	320.20						

## 37 : Menstrual Hygiene Scheme (MHS)

Activity: 10	Drugs and supplies for RKSK (Sanitary napkins procurement)						
FMR Code: 37	RCH.5						
SL. No.	37						
Year	2024-2025	2025-26					
Total Approval	439.33	439.33					
State Allocation	439.33	439.33					
District Allocation	0.00	0.00					
	FMR Owner						
At State HQ	At District Level	At Block Level					
State Nodal Officer/ State Consultant,RKSK	District Coordinator & DDSM	Block Coordinator, Block Pharmacist (RBSK/RKSK/WIFS)					

**Activity:** Sanitary Napkins to be procured and will be provided to Adolescent Girls (10-19 years) for 15% of total Adolescent girls of 34 districts i. e. estimated total Adolescent Girls 576520 and 33656 nos of ASHA @ Rs. 13.55/pack of 6 Napkin for 6 months. The rate per item is proposed based on the L1 rate through GEM + 5% service charge of Assam Medical Services Corporation Limited (AMSCL) for their services. The details district wise breakup of the number of sanitary Napkins and with the budget breakup is given below:

	Drugs and Supplies for RKSK (Sanitary Napkins procurement)													
S.N.	Name of the District	Adolescent Girl (10-14 yrs)	Adolescent Girl (15-19 yrs)	Total Adolescent Girl (10- 19 yrs)	15% of total AG to cover in 2022-23	Total SN Packets for AG for 6 months	Total nos of ASHA	Total SN Packets for ASHAs for 6 months	Total Pkts of Sanitary Napkins required	Calculating per pack with addition to 5% charge to AMSCL	Budget in lakhs			
1	Bajali	31054	26617	57671	8651	51904	329	1974	53878	646535	6.47			
2	Baksa	56672	48576	105249	15787	94724	970	5820	100544	1206527	12.07			
3	Barpeta	99940	85663	185603	27840	167043	1474	8844	175887	2110642	21.11			
4	Biswanath	37355	32019	69374	10406	62437	786	4716	67153	805831	8.06			
5	Bongaigaon	43886	37616	81502	12225	73352	752	4512	77864	934370	9.34			
6	Cachar	102807	88121	190928	28639	171835	1830	10980	182815	2193782	21.94			
7	Charaideo	26413	22640	49053	7358	44148	485	2910	47058	564692	5.65			
8	Chirang	28690	24592	53282	7992	47954	742	4452	52406	628872	6.29			

9	Darrang	54796	46968	101765	15265	91588	1047	6282	97870	1174441	11.74
10	Dhemaji	40488	34704	75193	11279	67673	777	4662	72335	868024	8.68
11	Dhubri	115028	98595	213623	32043	192261	1783	10698	202959	2435506	24.36
12	Dibrugarh	78575	67350	145924	21889	131332	1309	7854	139186	1670231	16.70
13	DimaHasao	12489	10705	23194	3479	20875	254	1524	22399	268786	2.69
14	Goalpara	59834	51286	111119	16668	100008	1150	6900	106908	1282890	12.83
15	Golaghat	63320	54274	117594	17639	105835	1072	6432	112267	1347200	13.47
16	Hailakandi	38859	33308	72166	10825	64950	745	4470	69420	833036	8.33
17	Hojai	64737	55489	120227	18034	108204	775	4650	112854	1354247	13.54
18	Jorhat	73310	62837	136146	20422	122532	967	5802	128334	1540005	15.40
19	Kamrup Metro	89357	76591	165948	24892	149353	707	4242	153595	1843145	18.43
20	Kamrup Rural	56358	48307	104665	15700	94199	1782	10692	104891	1258689	12.59
21	Karbi Anglong	72883	62471	135354	20303	121818	739	4434	126252	1515026	15.15
22	Karimganj	52500	45000	97501	14625	87751	1235	7410	95161	1141927	11.42
23	Kokrajhar	61958	53107	115065	17260	103558	1382	8292	111850	1342206	13.42
24	Lakhimpur	64491	55278	119769	17965	107792	1284	7704	115496	1385953	13.86
25	Majuli	9626	8251	17877	2682	16089	310	1860	17949	215392	2.15
26	Morigaon	56918	48786	105704	15856	95134	1054	6324	101458	1217491	12.17
27	Nagaon	167408	143493	310901	46635	279811	1915	11490	291301	3495613	34.96
28	Nalbari	45415	38927	84342	12651	75908	792	4752	80660	967918	9.68
29	Sivasagar	67927	58223	126150	18923	113535	774	4644	118179	1418152	14.18
30	Sonitpur	113673	97434	211107	31666	189997	1160	6960	196957	2363481	23.63
31	South Salmara	36561	31338	67899	10185	61109	410	2460	63569	762829	7.63
32	Tinsukia	78308	67121	145430	21814	130887	1403	8418	139305	1671657	16.72
33	Udalguri	49576	42494	92070	13811	82863	1065	6390	89253	1071037	10.71
34	West Karbi Anglong	18347	15726	34073	5111	30666	397	2382	33048	396572	3.97
	Total	2069561	1773909	3843470	576520.5	3459123	33656	201936	3661059	43932706	439.33

FY wise target & budget (Rs. In Lakh)								
FY Target Budget								
2024-25	3459123	439.33						
2025-26 3459123 439.33								

# 38 : Peer Educator Programme

Activity: 11		Organizing Adolescent Health & Wellness Day at Sub Center/ HWC								
FMR Code: 38	RCH.5									
SL. No.	38.1									
Year	2024-25	2025-26								
Total Approval	96.04	96.04								
State Allocation	0	0								
District Allocation	96.04	96.04								
	FMR Owner									
At State HQ	At District Level	At Block Level								
State Nodal Officer/ State Consultant, RKSK	District Coordinator & DCM	Block Coordinator, BCM/Counsellor (RBSK/RKSK/WIFS)								

 Quarterly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts including the Peer Educators, parents, local people and others (total in 15 Districts) @4 AH&WD per HWC/SC per Year. The amount for conducting per AHWD is Rs. 1000/-

FMR (	FMR Code:RCH 5, Sl no. 38.1 : Organizing Adolescent Health & Wellness Day at Sub Center/ HWC												
SI. No	Districts	Block	Total Nos of Sub Center	Total Nos of ASHA	Total quaterly Adolescent Health & Wellness Day to be organisd at SC/HWC (@4 AH&WD per Year in old RKSK Districts and @2 AH&WD per Year in new Districts /SHWP)	Total Budget in Rs.(@1000 per AH & WD)	Total Budget in Lakhs	Remarks					
1	Dhubri	5	197	1566	788	788000	7.88	Quarterly					
2	Goalpara	5	155	1025	620	620000	6.20	Adolescent Health &					
3	Golaghat	5	147	1057	588	588000	5.88	Wellness Day in RKSK and					
4	Hailakandi	4	107	715	428	428000	4.28	SH&WP					

## $FMR\ Code: RCH\ 5, Sl\ no.\ 38.1: Organizing\ Adolescent\ Health\ \&\ Wellness\ Day\ at\ Sub\ Center/\ HWC$

SI. No	Districts	Block	Total Nos of Sub Center	Total Nos of ASHA	Total quaterly Adolescent Health & Wellness Day to be organisd at SC/HWC (@4 AH&WD per Year in old RKSK Districts and @2 AH&WD per Year in new Districts /SHWP)	Total Budget in Rs.(@1000 per AH & WD)	Total Budget in Lakhs	Remarks
5	Hojai	2	94	701	376	376000	3.76	implementing Districts @4
6	Karimganj	5	232	1205	928	928000	9.28	AH&WD per
7	Kokrajhar	4	162	1377	648	648000	6.48	HWC/SC per Year
8	Nagaon	9	258	1682	1032	1032000	10.32	
9	South Salmara	2	50	345	200	200000	2.00	
10	Baksa	6	154	950	616	616000	6.16	
11	Barpeta	7	262	1610	1048	1048000	10.48	
12	Darrang	4	159	978	636	636000	6.36	
13	Udalguri	3	150	1065	600	600000	6.00	
14	Jorhat	5	110	912	440	440000	4.40	
15	Tinsukia	5	164	1346	656	656000	6.56	
	Total	71	2401	16534	9604	9604000	96.04	

FY wise target & budget (Rs. In Lakh)							
FY Target Budget							
2022-23	9604	96.04					
2023-24	9604	96.04					

Activity: 12	Organizing Adolescent Friendly Club meetings at Sub Centre level					
FMR Code: 38	RCH.5					
SL. No.	38.2					
Year	2024-25	2025-26				
Total Approval	36.19	36.19				
State Allocation	0	0				
District Allocation	36.19	36.19				
	FMR Owner					
At State HQ At District Level At Block Level						
State Nodal Officer/ State Consultant,RKSK	District Coordinator & DCM	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)				

Adolescent Friendly Club (AFC) meetings are organized at sub-centre level under the overall guidance of ANM. During meetings, Peer educators from different villages meet and clarify issues which they face with the help of ANM.

Adolescent Friendly Club meetings to be organized for the adolescents/Peer Educators at Sub Center level/HWC in all the districts @ 250/- Rs. per meeting.

	FMR Code: RCH 5, Sl no. 38.2 : Organizing Adolescent Friendly Club meetings at Sub Centre level								
Si	N Particulars	Unit Cost (in RS.)	Unit (SC/HWC)	Total Club Meeting to be conducted	Total amount @250 Rs, per meeting (in Rs)	Total amount (In Lakh)	Remarks		
1	To organize Adolescent Friendly Club Meeting at Sub Centre/HWC meeting/2months	250	4624	14476	3619000	36.19	1) Adolescent Friendly Club meetings at SC level in all Districts.  2) Budget has proposed @		
	Total	250	4624	14476	3619000	36.19	Rs. 250/- per meeting. (Bi- monthly in 8 RKSK Districts and half yearly in 25 Districts		

			District wise b	reak up		
S.N	S.N Name of RKSK District		Meeting Frequency(Bi- monthly & Half yearly)	Total Budget in Rs.(@ Rs. 250 per meeting)	Total Budget in Lakh	Remarks
1	Baksa 157		314	78500	0.785	Half yearly AFC
2	Barpeta	264	528	132000	1.32	meeting
3	Biswanath	140	280	70000	0.7	
4	Bongaigaon	108	216	54000	0.54	
5	Cachar	270	540	135000	1.35	
6	Charaideo	71	142	35500	0.355	
7	Chirang	87	174	43500	0.435	
8	Darrang	159	318	79500	0.795	
9	Dhemaji	98	196	49000	0.49	
10	Dhubri	165	990	247500	2.475	Bimonthly AFC meeting
11	Dibrugarh	240	480	120000	1.2	Half yearly AFC
12	Dima Hasao	71	142	35500	0.355	meeting
13	Goalpara	155	930	232500	2.325	Bimonthly AFC
14	Golaghat	144	864	216000	2.16	meeting
15	Hailakandi	107	642	160500	1.605	
16	Hojai	96	576	144000	1.44	
17	Jorhat	110	220	55000	0.55	Half yearly AFC
18	Kamrup_M	39	78	19500	0.195	meeting
19	Kamrup_R	264	528	132000	1.32	
20	Karbi Anglong	108	216	54000	0.54	
21	Karimganj	222	1332	333000	3.33	Bimonthly AFC
22	Kokrajhar	151	906	226500	2.265	meeting
23	Lakhimpur	154	308	77000	0.77	Half yearly AFC meeting
24	Majuli	34	68	17000	0.17	Half yearly AFC meeting
25	Morigaon	122	244	61000	0.61	Half yearly AFC meeting
26	Nagaon	267	1602	400500	4.005	Bimonthly AFC meeting
27	Nalbari	112	224	56000	0.56	Half yearly AFC
28	Sivasagar	150	300	75000	0.75	meeting
29	Sonitpur	140	280	70000	0.7	
30	South Salmara	55	110	27500	0.275	
31	Tinsukia	164	328	82000	0.82	

	District wise break up											
S.N Name of RKSK District Total SC		Meeting Frequency(Bi- monthly & Half yearly)	Total Budget in Rs.(@ Rs. 250 per meeting)	Total Budget in Lakh	Remarks							
32	Udalguri	150	300	75000	0.75							
33 West- Karbianglong		50	100	25000	0.25							
	Total	4624	14476	3619000	36.19							

FY wise target & budget (Rs. In Lakh)								
FY	Budget							
2024-25	14476	36.19						
2025-26	14476	36.19						

Activity: 13	Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)					
FMR Code: 38	RCH.5					
SL. No.	38.3					
Year	2024-25	2025-26				
Total Approval	13.74	5.44				
State Allocation	0 0					
District Allocation	13.74	5.44				
	FMR Owner					
At State HQ	At District Level	At Block Level				
State Nodal Officer/ State Consultant,RKS K	District Coordinator, DCM & DAM	Block Coordinator, BCM (RBSK/RKSK/WIFS)				

- An ASHA will get Rs. 200 for the selection of 4 Peer Educators @ Rs. 50/PE in all ASHA Villages of 20 Districts for 2024-25.
- An ASHA will get Rs. 200 for the selection of 4 Peer Educators @ Rs. 50/PE in all ASHA Villages of 14 Districts for 2025-26.

# FMR: RCH 5, SI no. 38.3 Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)

SI. No	Districts	No of Blocks selected for PE Programme	Total Nos of Sub Center selected against the selected block	Nos of ASHA	No. of PE s to be Selected(@ 4 PE per ASHA Village)	Fund allotted in District ROP (@ 200 per ASHA for selecting 4 PE) (In lakh)	Total Budget in Lakhs
1	Dhubri	6	54	180	720	36000	0.36
2	Goalpar a	5	33	112	448	22400	0.22
3	Golagha t	5	144	358	1432	71600	0.72
4	Hailakan di	4	59	240	960	48000	0.48

# FMR: RCH 5, SI no. 38.3 Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)

SI. No	Districts	No of Blocks selected for PE Programme	Total Nos of Sub Center selected against the selected block	Nos of ASHA	No. of PE s to be Selected(@ 4 PE per ASHA Village)	Fund allotted in District ROP (@ 200 per ASHA for selecting 4 PE) (In lakh)	Total Budget in Lakhs
5	Hojai	2	53	320	1280	64000	0.64
6	Karimga nj	5	51	256	1024	51200	0.51
7	Kokrajha r	4	10	80	320	16000	0.16
8	Nagaon	9	96	760	3040	152000	1.52
9	South Salmara	2	0	0	0	0	0.00
10	Baksa	3	157	503	2012	100600	1.01
11	Barpeta	3	264	817	3268	163400	1.63
12	Darrang	2	159	638	2552	127600	1.28
13	Udalguri	2	150	804	3216	160800	1.61
14	Jorhat	1	25	200	800	40000	0.40
15	Dhemaji	1	19	137	548	27400	0.27
16	Dibrugra h	1	56	354	1416	70800	0.71
17	Tinsukia	1	74	464	1856	92800	0.93
18	Bongain gaon	1	43	284	1136	56800	0.57
19	Biswana th	1	30	123	492	24600	0.25
20	Cachar	1	43	242	968	48400	0.48

FMR: RCH 5, SI no. 38.3 Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)

SI. No	Districts	No of Blocks selected for PE Programme	Total Nos of Sub Center selected against the selected block	Nos of ASHA	No. of PE s to be Selected(@ 4 PE per ASHA Village)	Fund allotted in District ROP (@ 200 per ASHA for selecting 4 PE) (In lakh)	Total Budget in Lakhs
Total		59	1520	6872	27488	1374400	13.74

## FY 2025-26

FMR: RCH 5, SI no. 38.3 Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)

SI. No	Districts	No of Blocks selected for PE Programme	Total Nos of Sub Center	Nos of ASHA	No. of PE s to be Selected(@ 4 PE per ASHA Village)	Fund allotted in District ROP (@ 200 per ASHA for selecting 4 PE) (In lakh)	Total Budget in Lakhs
1	Bajali	1	40	241	964	48200	0.48
2	Charaideo	1	38	192	768	38400	0.38
3	Chirang	1	39	336	1344	67200	0.67
4	Dima Hasao	1	22	62	248	12400	0.12
5	Kamrup M	1	14	153	612	30600	0.31
6	Kamrup	1	40	201	804	40200	0.40
7	Karbi Anlong	1	16	79	316	15800	0.16
8	Lakhimpur	1	20	253	1012	50600	0.51
9	Majuli	1	59	298	1192	59600	0.60
10	Moigaon	1	89	270	1080	54000	0.54
11	Nalbari	1	36	223	892	44600	0.45

12	Sibsagar	1	28	102	408	20400	0.20
13	Sonitpur	1	66	256	1024	51200	0.51
14	West Karbi Anlong	1	13	55	220	11000	0.11
Total		14	520	2721	10884	544200	5.44

FY wise target & budget (Rs. In Lakh)				
FY	Target	Budget		
2024-25	27488	13.74		
2025-26	10884	5.44		

Activity: 14	ASHA Incentives for mobilizing adolescents for Adolescent Health & Wellness Day at Sub-Center/ HWC				
FMR Code: 38	RCH.5				
SL. No.	38.4				
Year	2024-25 2025-26				
Total Approval	9.604 9.604				
State Allocation	0	0			
District Allocation	9.604	9.604			
	FMR Owner				
At State HQ	At District Level At Block Level				
State Nodal Officer/ State Consultant,RKSK	District Coordinator, DCM & DAM	Block Coordinator, BCM (RBSK/RKSK/WIFS)			

- Incentives of Rs. 100/-per AHWD to be provided to ASHAs for mobilizing adolescents for quarterly AHDs at HWC/SC level.
- Quarterly Adolescent Health & Wellness Day in RKSK and SH&WP implementing 15 Districts @4 AH&WD per HWC/SC per Year

# FMR: RCH 5, Sl no. 38.4, Incentives for mobilizing adolescents for Adolescent Health Days (AHDs) for Adolescent Health & Wellness Day at Sub Center/ HWC

SI. No	Districts	Block	Total Nos of Sub Center	Total Nos of ASHA	Total quaterly Adolescent Health & Wellness Day to be organisd at SC/HWC (@4 AH&WD per Year in RKSK Districts and @ 2 AH&WD SHP Districts & 2 new District )	Total Budget in Rs. (@100/ AHD/per ASHA))	Total Budget in Lakhs	Remarks
1	Dhubri	5	197	1309	788	78800	0.79	Quarterly
2	Goalpara	5	155	1030	620	62000	0.62	Adolescent Health &
3	Golaghat	5	147	1018	588	58800	0.59	Wellness Day in
4	Hailakandi	4	107	507	428	42800	0.43	RKSK and SH&WP

# FMR: RCH 5, Sl no. 38.4, Incentives for mobilizing adolescents for Adolescent Health Days (AHDs) for Adolescent Health & Wellness Day at Sub Center/ HWC

SI. No	Districts	Block	Total Nos of Sub Center	Total Nos of ASHA	Total quaterly Adolescent Health & Wellness Day to be organisd at SC/HWC (@4 AH&WD per Year in RKSK Districts and @ 2 AH&WD SHP Districts & 2 new District )	Total Budget in Rs. (@100/ AHD/per ASHA))	Total Budget in Lakhs	Remarks
5	Hojai	2	94	694	376	37600	0.38	implement ing
6	Karimganj	5	232	1182	928	92800	0.93	Districts @4
7	Kokrajhar	4	162	1376	648	64800	0.65	AH&WD per
8	Nagaon	9	258	1669	1032	103200	1.03	HWC/SC per Year
9	South Salmara	2	50	345	200	20000	0.20	
10	Baksa	6	154	950	616	61600	0.62	
11	Barpeta	7	262	1496	1048	104800	1.05	
12	Darrang	4	159	950	636	63600	0.64	
13	Udalguri	3	150	1065	600	60000	0.60	
14	Jorhat	6	110	912	440	44000	0.44	
15	Tinsukia	5	164	1346	656	65600	0.66	
7	Total	72	2401	15849	9604	960400	9.60	

	District wise Target & Budget (Rs. In lakh)						
SI no	Name of the District	FY 20	22-23	FY 2023-24			
SI. no	Name of the district	Target	Budget	Target	Budget		
1	Dhubri	788	0.79	788	0.79		
2	Goalpara	620	0.62	620	0.62		
3	Golaghat	588	0.59	588	0.59		
4	Hailakandi	428	0.43	428	0.43		
5	Hojai	376	0.38	376	0.38		
6	Karimganj	928	0.93	928	0.93		
7	Kokrajhar	648	0.65	648	0.65		
8	Nagaon	1032	1.03	1032	1.03		
9	South Salmara	200	0.20	200	0.20		
10	Baksa	616	0.62	616	0.62		
11	Barpeta	1048	1.05	1048	1.05		
12	Darrang	636	0.64	636	0.64		
13	Udalguri	600	0.60	600	0.60		
14	Jorhat	440	0.44	440	0.44		
15	Tinsukia	656	0.66	656	0.66		
	Total	9604	9.60	9604	9.60		

FY wise target & budget (Rs. In Lakh)					
FY Target Budget					
2024-25	9604	9.60			
2025-26	9604	9.60			

Activity: 15	Incentives for Peer Educator				
FMR Code: 38	RCH.5				
SL. No.	38.5				
Year	2024-25	2025-26			
Total Approval	77.26	115.42			
State Allocation	0	0			
District Allocation	77.26	115.42			
	FMR Owner				
At State HQ	At District Level At Block Leve				
State Nodal Officer/ State Consultant,RKSK	District Coordinator, DCM & DAM	Block Coordinator & BCM (RBSK/RKSK/WIFS)			

- Incentives for total PE s selected for the FY 2024-25 and FY 2025-26 @Rs. 50 per month per PE for 6 months.
- The Peer Educators' incentives are given in kind not in cash.

The breakup is given below:

	For the FY 2024-25								
	FMR: RCH 5, SI no. 38.5 Incentives for Peer Educator								
SN	Blocks for PE Month for 6 Lakhs months in Rs.					Total Budget in Lakhs			
1	Dhubri	5	5	3932	1179600	11.80			
2	Goalpara	5	5	3668	1100400	11.00			
3	Golaghat	5	5	2513	753900	7.54			
4	Hailakandi	4	4	2860	858000	8.58			
5	Karimganj	5	5	3704	1111200	11.11			
6	Kokrajhar	4	4	2628	788400	7.88			
7	Nagaon	9	9	3576	1072800	10.73			
8	Hojai	2	2	1492	447600	4.48			
9	South Salmara	2	2	1380	414000	4.14			
	Total	41	41	25753	7725900	77.26			

	For the FY 2025-26							
SN	District	No. of Blocks	No. of Blocks implementing PEs	Total PEs (old+New)	Total cost @Rs. 50 per PE per Month for 6 months in Rs.	Total Budget in Lakhs		
1	Dhubri	5	5	3932	1179600	11.796		
2	Goalpara	5	5	3668	1100400	11.004		
3	Golaghat	5	5	2513	753900	7.539		
4	Hailakandi	4	4	2860	858000	8.58		
5	Karimganj	5	5	3704	1111200	11.112		
6	Kokrajhar	4	4	2628	788400	7.884		
7	Nagaon	9	9	3576	1072800	10.728		
8	Hojai	2	2	1492	447600	4.476		
9	South Salmara	2	2	1380	414000	4.14		
10	Baksa	6	3	992	297600	2.976		
11	Barpeta	5	3	1632	489600	4.896		
12	Darrang	4	2	1280	384000	3.84		
13	Udalguri	3	2	1600	480000	4.8		
14	Jorhat	6	1	800	240000	2.4		
15	Dhemaji	5	1	548	164400	1.644		
16	Dibrugrah	6	1	1416	424800	4.248		
17	Tinsukia	4	1	1856	556800	5.568		
18	Bongaingaon	4	1	1136	340800	3.408		
19	Biswanath	3	1	492	147600	1.476		
20	Cachar	8	1	968	290400	2.904		
T	otal	95	58	38473	11541900	115.42		

FY wise target & budget (Rs. In Lakh)					
FY Target Budget					
2024-25	25753	77.26			
2025-26	38473	115.42			

Activity: 16	Training of PE+ASHA at Block level				
FMR Code: 38	RCH.5				
SL. No.	38.6				
Year	2024-25	2025-26			
Total Approval	187.65	212.17			
State Allocation	0	0			
District Allocation	187.65	212.17			
	FMR (	Owner			
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator & DCM	Block Coordinator, BPM & BCM/Counsellor (RBSK/RKSK/WIFS)			

- Newly selected/replaced Peer Educators in 2024-25 will be provided 2 days module training along with ASHAs.
- In the FY 2024-25 total 564 batches are proposed to be trained for newly selected PEs of each RKSK Districts. 20 districts will be covered in the FY 2024-25 including the old 9 RKSK districts for selection and training of the Peer Educators.

#### For FY 2024-25

For the FY 2024-25								
	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level							
	Unit Cost	Unit(Training batches)	Total Cost in Rs.	Total Cost in Lakhs	Remarks			
Training of PE+ASHA at Block level	33300	564	18764550	187.65	1) 2 days training with 40 participants (32 PE s and 8 ASHAs) 2) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered			

	Budget Break up												
SN	Particulars	Unit Cost (in Rs.)	Unit	Duration	Total amount (in RS.)	Total Amount in lakhs	Remarks						
1	TA for Participants	100	40	2	8000	0.08							
2	Honorarium for Resource Persons	300	4	2	2400	0.024							
3	Stationary & training materials	100	40	1	4000	0.04	Total amount Rs. 187.65 Lakhs						
4	Working lunch, snacks and Tea	200	45	2	18000	0.18	proposed @Rs. 33,300/ per batch of 40 participants(32 PE						
8	Contingency (Banner, miscellaneous expenses, etc)	900	1	1	900	0.009	s and 8 ASHAs) for 338 batches.						
	nl cost for one batch/40 articipants				33,300	0.33							

	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2024-25												
NS	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2023-24	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2023-	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2024-25 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks
1	Dhub ri	5	5	180	720	960	720	30	23	12	399600	4.00	
2	Goalp ara	5	5	112	448	704	448	22	14	14	466200	4.66	
3	Golag hat	5	5	358	1432	352	1432	11	45	25	832500	8.33	
4	Haila kandi	4	4	240	960	256	960	8	30	15	499500	5.00	Rep
5	Karim ganj	5	5	256	1024	201 6	1024	63	32	20	666000	6.66	alce
6	Kokra jhar	4	4	80	320	211 2	320	66	10	10	333000	3.33	t of PEs
7	Naga on	9	9	760	3040	134 4	3040	42	95	50	1665000	16.65	
8	Hojai	2	2	320	1280	896	1280	28	40	20	666000	6.66	
9	South Salma ra	2	2	0	0	928	0	29	0	0	0	0.00	
10	Baksa	6	3	503	2012	0	2012	0	63	31	1032300	10.32	
11	Barpe ta	5	3	817	3268	0	3268	0	102	51	1698300	16.98	Trai ning

	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2024-25												
NS	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2023-24	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2023-	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2024-25 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks
12	Darra ng	4	2	638	2552	0	2552	0	80	40	1332000	13.32	of New
13	Udalg uri	3	2	804	3216	0	3216	0	101	50	1665000	16.65	PEs
14	Jorhat	6	1	200	800	0	800	0	25	25	832500	8.33	
15	Dhem aji	5	1	137	548	0	548	0	17	17	570263	5.70	
16	Dibru grah	6	1	354	1416	0	1416	0	44	44	1473525	14.74	
17	Tinsuk ia	4	1	464	1856	0	1856	0	58	58	1931400	19.31	
18	Bonga ingao n	4	1	284	1136	0	1136	0	36	36	1182150	11.82	
19	Biswa nath	3	1	123	492	0	492	0	15	15	511988	5.12	
20	Cacha r	8	1	242	968	0	968	0	30	30	1007325	10.07	
	Total	95	58	6872	27488	9568	27488	299	634	564	18764550	187.65	

#### **For the FY 2025-26**

- Newly selected/replaced Peer Educators in 2025-26 will be provided 2 days module training along with ASHAs.
- In the FY 2025-26 total 637 batches are proposed to be trained for newly selected PEs of each RKSK blocks. 1 block from 14 districts will be covered under the PE programme.

	Unit Cost	Unit(Training batches)	Total Cost in Rs.	Total Cost in Lakhs	Remarks
Training of PE+ASHA at Block level	33300	637	21216263	212.16	1) 2 days training with 40 participants (32 PE s and 8 ASHAs) 2) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered

	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2025-26												
SN	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2024-25	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2024-25	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2025- 26 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks
1	Dhubri	5	5	180	720	384	720	12	23	11	366300	3.663	R
2	Goalpa ra	5	5	112	448	448	448	14	14	0	0	0	e p
3	Golagh at	5	5	358	1432	800	1432	25	45	20	666000	6.66	al c

	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2025-26													
NS	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2024-25	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2024-25	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2025- 26 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks	
4	Hailaka ndi	4	4	240	960	480	960	15	30	15	499500	4.995	e m	
5	Karimg anj	5	5	256	1024	640	1024	20	32	12	399600	3.996	e n	
6	Kokraj har	4	4	80	320	320	320	10	10	0	0	0	t of	
7	Nagao n	9	9	760	3040	1600	3040	50	95	45	1498500	14.985	P E	
8	Hojai	2	2	320	1280	640	1280	20	40	20	666000	6.66	S	
9	South Salmar a	2	2	0	0	0	0	0	0	0	0	0		
10	Baksa	6	3	503	2012	992	2012	31	63	32	1065600	10.656	T	
11	Barpet a	7	3	817	3268	1632	3268	51	102	51	1698300	16.983	ai	
12	Darran g	4	2	638	2552	1280	2552	40	80	40	1332000	13.32	ni n	
13	Udalgu ri	3	2	804	3216	1600	3216	50	101	51	1698300	16.98	of N	
14	Bajali	2	1	241	964	0	964	0	0	30	1003163	10.03	e	
15	Charaid eo	2	1	192	768	0	768	0	0	24	799200	7.99	W P	

	FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2025-26													
SN	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2024-25	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2024-25	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2025- 26 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks	
16	Chirang	2	1	336	1344	0	1344	0	0	42	1398600	13.99	E s	
17	Dima Hasao	3	1	62	248	0	248	0	0	8	258075	2.58		
18	Kamrup M	5	1	153	612	0	612	0	0	19	636863	6.37		
19	Kamrup	12	1	201	804	0	804	0	0	25	836663	8.37		
20	Karbi Anlong	4	1	79	316	0	316	0	0	10	328838	3.29		
21	Lakhim pur	6	1	253	1012	0	1012	0	0	32	1053113	10.53		
22	Majuli	1	1	298	1192	0	1192	0	0	37	1240425	12.40		
23	Moigao n	3	1	270	1080	0	1080	0	0	34	1123875	11.24		
24	Nalbari	4	1	223	892	0	892	0	0	28	928238	9.28		
25	Sibsaga r	6	1	102	408	0	408	0	0	13	424575	4.25		
26	Sonitpu r	4	1	256	1024	0	1024	0	0	32	1065600	10.66		

## FMR Code: RCH 5, Sl no. 38.6 Training of PE+ASHA at Block level 2025-26

NS	District	No. of Blocks	No. of blocks selected for PE programme	No. of ASHA	No. of PE to be selected in the Districts (RKSK Districts)	Total PEs to be trained (Old) in FY 2024-25	Total PEs to be trained (New)	No. of batches of training for Old PE & ASHAs(32 PEs+8 ASHAs in a batch) in 2024-25	No. of batches of training for New PE & ASHAs(32 PEs+8 ASHAs in a batch)	No. of batches planned to be trained in 2025- 26 (@ 40 participants per batch)	Cost (In Rs) @ Rs. 33,300/- per batch	Total Cost (In Lakh)	Remarks
27	West Karbi Anlong	4	1	55	220	0	220	0	0	7	228938	2.29	
	Total	119	65	7789	31156	10816	31156	338	634	637.125	212162 63	212.16	

FY wise target & budget (Rs. In Lakh)										
FY	FY Target Budget									
2024-25	564	187.65								
2025-26	637	212.16								

Activity: 17		FAFHS Training Modules for NMs/LHVs/MPWs and PEs
FMR Code: 38	RCH.5	
SL. No.	38.7	
Year	2024-25	2025-26
Total Approval	38.47	42.45
State Allocation	38.47	42.45
District Allocation	0	0
	FMR	Owner
At State HQ	At District Level	At Block Level
State Nodal Officer/ State Consultant,RKSK	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)

- Training modules for MOs, ANM/LHVs/MPWs and Peer Educators on AFHS
- Booklet in story pictorial form to be used during AHD & PE sessions
- Registers for AFHC

### For the FY 2024-25

# FMR Code: RCH 5, Sl no. 38.7: Printing of AFHS Training modules for MOs/ANMs/LHVs/MPWs and PEs

Sl. no	Particulars	Unit Cost (in RS.)	Unit(Nos of MO, Counsellor, ANMs/LHVs/M PW)	Total amount ( in RS.)	Total amount ( in lakh)	Remaks
1	Printing for training modules Participants (Medical officers) for state level training	200	680	136000	1.36	Training module for MOs, ANM/LHVs/MP Ws
2	Modules for Peer Educators	200	18048	3609600	36.096	Training modules for PE
3	PE Kits (Flip book with messages on 6 thematic areas)	135	750	101250	1.0125	Booklet in story pictorial form to be used during AHD & PE sessions
	Total		19478	3846850	38.47	

## For the FY 2025-26

FMR Code: RCH 5, Sl no. 38.7: Printing of AFHS Training modules for MOs/ANMs/LHVs/MPWs and PEs

Sl. no	Particulars	Unit Cost (in RS.)	Unit(Nos of MO, Counsellor, ANMs/LHVs/MP W)	Total amount ( in RS.)	Total amount ( in lakh)	Remaks
1	Printing for training modules Participants(Me dical officcers) for statelevel training	200	680	136000	1.36	Training module for MOs, ANM/LHVs/MP Ws
2	Modules for Peer Educators	200	20388	4077600	40.776	Training modules for PE
3	AFHC Registers	170	185	31450	0.3145	
	Total		21253	4245050	42.45	

FY wise target & budget (Rs. In Lakh)				
FY	Target	Budget		
2024-25	19478	38.47		
2025-26	21253	42.45		

## 39: School Health and Wellness Program under Ayushman Bharat

Activity: 18	State Level Meeting for SHP				
FMR Code: 39	RCH.5				
SL. No.	39.1				
Year	2024-25	2025-26			
Total Approval	1.0	1.0			
State Allocation	1.0	1.0			
District Allocation	0	0			
	FMR	Owner			
At State HQ	At District Level	At Block Level			
State Nodal Officer/ State Consultant,RKSK	District Coordinator, DCM	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)			

• State level convergence and review meeting on School Health Programme with allied dept. and District officials of 16 Districts, @2 nos meeting in a year to discuss and review of the SHWP programme.

FMR: 5, Slno. 39.1 : State level convergence meeting on SHWP						
Head	Nos	Rate	Total Budget in lakhs	Remarks		
State Level Meeting on SHWP	2	50000	1	State level meeting on SHP with allied dept. and District officials of 16 Districts		

FY wise target & budget (Rs. In Lakh)					
FY Target Budget					
2024-25	2	1			
2025-26	2	1			

Activity: 19	Kits for Schools, HWAs and HWMs (Merchandise) and Printing Materials Under SHWP			
FMR Code: 39	RCH.5			
SL. No.	39.2			
Year	2024-25	2025-26		
Total Approval	25.53	15.19		
State Allocation	25.53	15.19		
District Allocation	0	0		
	FMR	Owner		
At State HQ	At District Level	At Block Level		
State Nodal Officer/ State Consultant,RKSK	District Coordinator &DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)		

#### Kits for Schools, HWAs and HWMs (merchandise) and Printing Materials under SHWP

Total Budget @Rs. 25.53 Lakhs have been proposed for printing of merchandise for HWAs and HWMs of 3 Districts (Nagaon, Tinsukia and West Karbi Anglong), where SHWP was implemented in FY 2023-24 and for printing materials for 4 new Districts (Dibrugarh, Kamrup Metro, Nalbari, Bongaigaon) where SH&WP is planning to expand in FY 2024-25 & FY 2025-26.

- Budget @Rs. 16.34 lakhs for Printing of Merchandise for HWA & HWM under SHWP.
- Budget @Rs. 4.64 lakhs for printing of Modules for the SRG, DRG, Principal and HWAs.
- Budget @Rs. 4.55 lakhs for the printing of IEC materials for SHWP.

#### 2024-25:

FMR: RCH 5, SI no. 39.2, Printing of Kits for Schools, HWAs and HWMs (merchandise) and Printing of Module for SRGs, DRGS, Principals and HWAs

SI. no.	Activity	Target (Quantity)	Unit cost (in Rs)	Total Budget in Rs.	Total Budget in Lakh
1	Kits for Schools, HWAs and HWMs (merchandise)	13926	117	1634460	16.34
2	Modules for the SRG, DRG, Principal and HWAs	1856	250	464000	4.64
3	Printing of IEC material s for SHWP	2755	15	454575	4.55
Total		18537	382	2553035	25.53

	Budget Breakup									
SI. no	DISTRICTS	TARGE T SCHOO LS	Health and Wellness Ambassad ors(@2 teachers per Schools)	HWM TARGET (14HWs / schools)	Cost of Tshirt for HWAs @ RS. 220 per T-shirt	Cost of CAP for HWAs @Rs 50	Cost of Badge @Rs 10 for HWMs	COST Cap @Rs 50 for HWMs	Total	In Lakhs
1	Nagaon	515	1040	7210	228800	52000	72100	36050 0	713400	7.13
2	Tinsukia	220	440	3080	123200	30800	26180 0	15400 0	569800	5.70
3	West Aarbi Anglong	134	280	1876	78400	19600	159460	93800	351260	3.51
	Total	869	1760	12166	430400	102400	493360	608300	163446 0	16.3 4

#### For the FY 2025-26:

#### Kits for Schools, HWAs and HWMs (merchandise) and Printing Materials under SHWP

Total Budget @Rs. 15.19 Lakhs have been proposed for printing of merchandise for HWAs and HWMs of 2 Districts (Dibrugarh and Kamrup Metro), where SHWP was implemented in FY 2024-25 and for printing of modules.

- Budget @Rs. 11.10 lakhs for Printing of Merchandise for HWA & HWM under SHWP
- Budget @Rs. 4.09 lakhs for printing of Modules for the DRGs, Principal and HWAs

# FMR: RCH 5, SI no. 39.2, Kits for Schools, HWAs and HWMs (merchandise) and Printing of Module for SRGs, DRGS, Principals and HWAs

SI. no.	Activity	Target(Quantity)	Unit cost (in Rs)	Total Budget in Rs.	Total Budget in Lakh
1	Kits for Schools,HWAs and HWMs (merchandise)	9472	117	1109780	11.10
2	Modules for the SRG, DRG, Principal and HWAs	1637	250	409250	4.09
Total		11109	367	1519030	15.19

Sl.	DISTRI CTS	TAR GET SCH OOL S	Health and Wellness Ambassador s(@2 teachers per Schools)	HWM TARGET (14HWMs / schools)	Cost of Tshirt for HWAs @ RS. 220 per T-shirt	Cost of CAP for HWAs @Rs 50	Cost of Badge @Rs 10 for HWMs	COST Cap @Rs 50 for HWM s	Tota l	In Lakhs
1	Dibrug arh	350	700	4900	154000	35000	49000	2450 00	483 000	4.83
2	Kamru p (M)	242	484	3388	135520	33880	28798 0	1694 00	626 780	6.27
,	Total	592	1184	8288	289520	68880	336980	41440	110 978 0	11.10

FY	Target	Budget
2024-25	18537	25.53
2025-26	11109	15.19

Activity: 20	Training of master trainers at State, district and block level Training and two nodal teachers per school			
FMR Code: 39	RCH.5			
SL. No.	39.3			
Year	2024-25	2025-26		
Total Approval	29.229	21.925		
State Allocation	4.5	0		
District Allocation	24.729	21.925		
	FMR	Owner		
At State HQ	At District Level	At Block Level		
State Nodal Officer/ State Consultant,RKSK	District Coordinator &DCM	Block Coordinator & BCM / Counsellor (RBSK/RKSK/WIFS)		

Training of master trainers (State Resource Group) at State level (SRGs), District Resource Group (DRGs) at district and Training of two nodal teachers per school (Health & Wellness Ambassadors) at block level.

#### For Fy 2024-25

Fund proposed for

- SRGs training for 4 Districts, Dibrugarh, Kamrup (M), Nalbari, Bongaigaon, DRGs training for 2 Districts, Dibrugarh, Kamrup (M).
- DRGs, Principals and HWA's training for 2 Districts, Dibrugarh, Kamrup (M).
- Total Budget @Rs.29.229 Lakhs has been proposed.

	Budget for Training under SHP						
SI. no	Training	Total Batch	Total Budget in Rs.	Total Budget in Lakh.	Remarks		
1	SRGs Training for 4 Districts	1	450000	4.5	SRGs training for 4 Districts, Dibrugarh, Kamrup (M), Nalbari, Bongaigaon.		
2	DRG's Training District Level	6	286200	2.862			
3	Principal's Training	15	403300	4.033	DRGs training for 2 Districts, Dibrugarh, Kamrup (M)		
4	HWA's Training	30	1783400	17.834			
Total		52	2898700	29.229			

SI. no.	District	Blocks (Education)	SRGs are to be Trained@5 SRGs per District for 4districts (Dibrugarh, Kamrup (M), Nalbari, Bongaigaon)	Budget for Training of SRGs (National level)	DRGs are to be selected (Total 5-6 particiapnts per Block@3 from Education Dept. and 2 from Health Dept.)	Nos of Training Batch	Budget for DRG's Training District Level @RS.47700 per batch with 10 participants	Total nos of School(UP+HS+Hr. S)	Total nos of Principal are to be Trained	Total nos of HWA are to be Trained	Total Batch @ 40 participants per batch	Total Budget for Training HWA @Rs. 60250/ per batch	Total Principal's to be trained	Total Batch to be trained (@40 perticipants per batch)	Budget for Principal's Training (@Rs. 27,250 per batch)	Total Requirement of Training Modules@ 3 copies per school (for 1 Pricipal & 2 Teachers per schools)
1	Dibrugarh	6			30	3	1.431	350	350	700	17.5	10.543 75	350	8.75	2.384 375	1050
2	Kamrup (M)	5	20	450000	30	3	1.431	242	242	484	12.1	7.2902 5	242	6.05	1.648 625	726
G	rand Total	11	20	450000	60	6	2.862	592	592	1184	29.6	17.834	592	14.8	4.033	1776

### For FY 2025-26

Fund proposed for

- DRGs, Principals and HWA's training for 2 Districts Nalbari and Bongaigaon
- Total Budget @Rs.21.929 Lakhs has proposed.

	Budget for Training under SHP										
SI. no	Training	Total Batch	Total Budget in Rs.	Total Budget in Lakh.	Remarks						
1	DRG's Training District Level	5	238500	2.385	DRGs training for 3						
2	Principal's Training	13	360381	3.604	Districts, Charaideo, Jorhat, Kokrajhar,						
3	HWA's Training	26	1593612	15.94							
	Total	44	2192493	21.924							

	Target for implementation for SHP (District Selected by the Dept. of Education)														
	District	Blocks (Education)	SRGs are to be Trained@5 SRGs per District for 4 Districts(Dibrugarh.Kamrup Metro.Nalbari.Bongaingaon)	Budget for Training of SRGs (National level)	DRGs are to be selected (Total 5-6 particiapnts per Block @3 from Education Dept. and 2 from Health Dept.)	Nos of Training Batch	Budget for DRG's Training District Level @RS.47700 per batch with 10 participants	Total nos of School(UP+HS+Hr. S)	Total nos of Principal are to be Trained	Total nos of HWA are to be Trained	Total Batch @ 40 participants per batch	Total Budget for Training HWA @Rs. 60250/ per batch	Total Principal's to be trained	Total Batch to be trained (@40 perticipants per batch)	Budget for Principal's Training (@Rs. 27,250 per batch)
1	Nalbari	4	20	450000	20	2	0.954	266	266	532	13.3	8.0133	266	6.65	1.812125
2	Bongaingaon	4			30	3	1.431	263	263	526	13.15	7.9229	263	6.575	1.7916875
G	rand Total	8	20	450000	50	5	2.385	529	529	1058	26.45	15.936	529	13.225	3.6038

FY	Target	Budget
2024-25	52	29.229
2025-26	44	21.924

Activity: 21	Training of the DRGs at the District level, Principal and HWAs of the old implementing districts under SHWP.						
FMR Code: 39	RCH.5						
SL. No.	39.4						
Year	2024-25	2025-26					
Total Approval	0	22.51					
State Allocation	0	0					
District Allocation	0	22.51					
	FMR	Owner					
At State HQ	At District Level	At Block Level					
State Nodal Officer/ State Consultant,RKSK	District Coordinator &DCM	Block Coordinator & BCM / Counsellor (RBSK/RKSK/WIFS)					

The SHWP was started in 7 Aspirational districts of Assam. The training was conducted in the FY 2021-22 for those districts. In the FY 2025-26; 2 of the old implementing districts (Goalpara and Hailakandi) from the 7 Aspirational districts are selected for the refresher training for successfully conducting the activities and properly reporting under the School Health & Wellness Programme.

	Budget for Refresher Training under SHP										
SI. no	Training	Total Batch	Total Budget in Rs.	Total Budget in Lakh.	Remarks						
1	Principal's Training	17	389275	3.89275	Refresher Training for DRGs, Principals and HWAs for						
2	HWA's Training	34	1861750	18.6175	Goalpara and Hailakandi Districts						
	Total	51	2251025	22.51025							

	Target for refresher training for SHP for FY 2025-26										
SI. no.	District	Blocks (Educ ation)	Total nos of School(U P+HS+Hr . S)	Total nos of Principal are to be Trained	Total nos of HWA are to be Trained	Total Batch @ 40 partic ipants per batch	Total Budget for Trainin g HWA @Rs. 55000/ per batch	Total Principal's to be trained	Total Batch to be trained (@40 participan ts per batch)	Budget for Principal' s Training (@Rs. 23000 per batch)	
1	Goalpara	5	328	328	656	16.4	9.02	328	8.2	1.886	
2	Hailakandi	4	349	349	698	17.45	9.5975	349	8.725	2.00675	
Gr	<b>Grand Total</b>		677	677	1354	33.85	18.617 500	677	16.925	3.89275	

FY	Target	Budget
2024-25	0	0
2025-26	51	22.51

#### **40: Other Adolescent Health Components**

Activity: 22	Awareness related to Girl Child Day							
FMR Code: 40	RCH.5							
SL. No.	40.1							
Year	2024-25	2025-26						
Total Approval	1.7	1.7						
State Allocation	0	0						
District Allocation	1.7	1.7						
	FMR	Owner						
At State HQ	At District Level	At Block Level						
State Nodal Officer/ State Consultant, RKSK	DPM, DCM & District Coordinator	BPM, BCM, Block Coordinator & Counsellor (RBSK/RKSK/WIFS)						

Sensitization of the stakeholders on Girl Child Day (11th October) emphasis on Adolescent Health issues involving the AH counselors and expert from Mental Health Programme. The Healthcare workers of the health institution will be sensitized on Adolescents regarding adolescent health issues, mental health, menstrual hygiene, Nutrition, etc. and special emphasis on Girl child. So every health professionals in the district hospital will be sensitized on the Adolescent Health Issues on the Girl Child Day.

FMR. RCH 5, SI no. 40: Awareness Meeting on Girl Child Day (11th October) emphasis on Adolescent Health issues.

Activity	Unit cost	Unit	Amount in Lakhs	Remarks
Awareness	5000	34	1.70	Meeting among the service providers at district level on Girl child Day for the Adolescent Health Issues on 11th October.
Total	5000	34	1.70	

SN	Head of expenditure	Unit Cost (In Rs)	Unit	Duration	Total (In Rs)	Total in Lakh
1	Venue Charge	1400	1	1	1400	0.014
2	Refreshment	60	50	1	3000	0.03
3	Standy/Banner	300	2	1	600	0.006
	Total	1760	53	3	5000	0.05

SI No	District	No of venues	Amount @Rs 5000/- per meeting	Budget in Lakhs
1	Bajali	1	5000	0.05
2	Baksa	Baksa 1		0.05
3	Barpeta	Barpeta 1 5000		0.05
4	Biswanath	1	5000	0.05
5	Bongaigaon	1	5000	0.05
6	Cachar	1	5000	0.05
7	Charaideo	1	5000	0.05
8	Chirang	1	5000	0.05
9	Darrang	1	5000	0.05
10	Dhemaji	1	5000	0.05
11	Dhubri	1	5000	0.05
12	Dibrugarh	1	5000	0.05
13	Dima Hasao	1	5000	0.05
14	Goalpara	1	5000	0.05
15	Golaghat	1	5000	0.05
16	Hailakandi	1	5000	0.05
17	Hojai	1	5000	0.05
18	Jorhat	1	5000	0.05
19	Kamrup M	1	5000	0.05
20	Kamrup R	1	5000	0.05
21	Karbi Anglong	1	5000	0.05
22	Karimganj	1	5000	0.05
23	Kokrajhar	1	5000	0.05
24	Lakhimpur	1	5000	0.05
25	Majuli	1	5000	0.05
26	Marigaon	1	5000	0.05
27	Nagaon	1	5000	0.05
28	Nalbari	1	5000	0.05
29	Sibsagar	1	5000	0.05
30	Sonitpur	1	5000	0.05

SI No	District	No of venues	Amount @Rs 5000/- per meeting	Budget in Lakhs
31	South Salmara	1	5000	0.05
32	Tinsukia	1	5000	0.05
33	Udalguri	1	5000	0.05
34	West Karbianglong	1	5000	0.05
Total		34	170000	1.70

FY	Target	Budget
2024-25	34	1.70
2024-26	34	1.70

#### 41: State specific Initiatives and Innovations

Activity: 23	Hoarding on Key Adolescent awareness & Services for demand generation			
FMR Code: 41	RCH.5			
SL. No.	41.2.a			
Year	2024-25	2025-26		
Total Approval	16.83	16.83		
State Allocation	16.83			
District Allocation	0 0			
	FMI	R Owner		
At State HQ	At District Level At Block Level			
State Nodal Officer/ State Consultant, RKSK & SME	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)		

Lack of awareness on substance abuse, mental health, SRH and menstrual hygiene, etc is seen. To create demand and publicity of the various schemes and AFHC and various services on peer educations, five hoardings per district on key messages on Mental Health, Substance abuse, Sexual and Reproductive Health is proposed.

The hoardings will be displayed in Block PHCs, Weekly Market areas or Places with High Visibility. The messages will be in local languages pertaining to area specific English, Assamese, Bengali, Bodo among others.

RCH 5, Sl. No.: 41.2.a:: Hoarding on key messages for Adolescent Awareness & Services for demand Generation

SI no.	No. of Unit	Cost per unit	Total Cost (in Rs)	Total cost (in Lakhs)
1	33	51000	1683000	16.83

FY	Target	Budget
2024-25	33	16.83
2024-26	33	16.83

Activity: 24	Print media for Adolescent Health			
FMR Code: 41	RCH.5			
SL. No.	41.2.b			
Year	2024-25	2025-26		
Total Approval	40	40		
State Allocation	40	40		
District Allocation	0 0			
	FMI	R Owner		
At State HQ	At District Level	At Block Level		
State Nodal Officer/ State Consultant, RKSK & SME	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)		

Print Media on Mental Health, Nutrition, Anemia, Menstrual Hygiene, NCD, Sexual & Reproductive Health for Adolescent Health issues. Advertisements in print media on various issues will be telecast for awareness/demand generation.

	RCH 5, Sl. No.: 41.2.b:: RKSK- Adolescent Health (Print media)			
SI no.	No. of Unit	Cost per unit	Total Cost (in Rs)	Total cost (in Lakhs)
1	20	200000	400000	40.00

FY	Target	Budget
2024-25	20	40.00
2024-26	20	40.00

Activity: 25	Electronic Media for Adolescent Health			
FMR Code: 41	RCH.5			
SL. No.	41.2.c			
Year	2024-25	2025-26		
Total Approval	40	40		
State Allocation	40 40			
District Allocation	0 0			
	FMI	R Owner		
At State HQ	At District Level	At Block Level		
State Nodal Officer/ State Consultant, RKSK & SME	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)		

Print Media on Mental Health, Nutrition, Anemia, Menstrual Hygiene, NCD, Sexual & Reproductive Health for Adolescent Health issues. Advertisements in print media on various issues will be telecast for awareness/demand generation.

	RCH 5, Sl. No.: 41.2.c:: RKSK- Adolescent Health (Electronic media)			
SI no.	No. of Unit	Cost per unit	Total Cost (in Rs)	Total cost (in Lakhs)
1	20	200000	400000	40.00

FY	Target	Budget
2024-25	20	40.00
2024-26	20	40.00