



Government of Assam



National Health Mission, Assam

Developing Holistic Development of Adolescents With Rashtriya Kishor Swasthya Karyakram (RKSK)

- Expands the scope of adolescent health programming in India
- Includes sexual and reproductive health, along with nutrition, injuries and violence, non-communicable diseases, mental health and substance misuse.
- Health promotion approach
- Promotion and prevention method, reaching adolescents in their own environment, such as in schools, families and communities.

Key Drivers of the Program

- Outreach by Counsellors
- Facility based Counselling
- Social and Behaviour Change Communication
- Strengthening of Adolescent Friendly Health Clinics across Levels of Care
- Menstrual Hygiene Scheme
- Weekly Iron Folic Acid Supplementation



For more information, contact your nearest healthcare centre or Dial 104