





Operational Guideline of Rashtriya Kishore Swasthya Karyakram (RKSK)

ROP-2022-23 & 2023-24

NATIONAL HEALTH MISSION, ASSAM

PREFACE

Adolescents (10-19 years) constitute about one fourth (21%) of total population and this represents a huge opportunity that can transform the social and economic fortunes of the country by investing in education, health, growth and development and other areas like nutrition and mental well-being. Moreover, considering the life cycle approach, adolescent age plays an important stage where right interventions can lead to positive outcome on both maternal and child health indicators. As per Annual Health Survey and NFHS-5 high percentage of early marriage was reported in many districts in the state. Even as per the analysis of MCTS data and NITI indicator analysis, teenage pregnancy was found to be very high in 12 districts in the state.

Keeping in view of the above, the State Assam has been started Rashtriya Kishor Swasthya Karyakram (RKSK) programme during 2014-15 in 6 High Priority districts (HPDs), namely Dhubri, Kokrajhar, Nagaon, Golaghat, Hailakandi and Karimganj for improving the all-round development of adolescents in the age group of 10-19 years (i.e. males and females; urban and rural; in school and out of school; married and unmarried; and vulnerable and under-served). After national level trainings, process of establishment of AFHCs, trainings and selection of Peer Educators, etc were done in the state in the initial two years after its launch. From 2016-17, all activities have been started under RKSK and the programme has taken a new look in 6 RKSK districts. Apart from this, WIFS and Menstrual Hygiene programme has been fully implemented in all 27 Health districts of the state. In the FY 2018-19 the RKSK programme has been extended to another district Goalpara. Now total 7 districts 21 blocks covered under RKSK Peer Educator programme with a special focus to reduce early marriage and Teenage pregnancy. To provide counselling services to adolescents, the State has been established 64 nos. of Adolescent Friendly Health clinics (AFHCs) in Medical Colleges, District Hospitals, CHCs and BPHCs.

For addressing different issues related to adolescents in holistic manner, the Ministry of Health and Family Welfare (MoHFW) has launched Rashtriya Kishor Swasthya Karyakram with a comprehensive strategy, based on seven critical components (7Cs), i.e. coverage, content, communities, clinics (health facilities), counseling, communication and convergence. The programme emphasizes six strategic priorities (programme) i.e. nutrition, sexual and reproductive health (SRH), non-communicable diseases (NCDs), substance misuse, injuries and violence (including gender-based violence) and mental health which have emerged from a situational analysis of adolescent health and development needs in India.

Strategies to achieve objectives:

Community based interventions:

- Peer Education (PE)
- Quarterly Adolescent Health Day (AHD)
- Weekly Iron and Folic Acid Supplementation Programme (WIFS)
- Menstrual Hygiene Scheme (MHS)

Facility based interventions:

- Strengthening of Adolescent Friendly Health Clinics (AFHC)
- Convergence with other departments/ schemes

Social Behaviour Change Communication with focus on Inter Personal Communication.

School Health and Wellness Programme (SHWP)

Implementation of School Health and Wellness Program in 7 Aspirational Districts and 3 Non-Aspirational Districts is also an important activity for this FY 2022-23 & 2023-24.

<u>Key deliverables of RKSK, Assam</u> <u>Adolescent Health/Rashtriya Kishor Swasthya Karyakram (RKSK)</u>

So. No	Indic ator Type	Indicator Statement	Indicator	Unit	Target 2022-23	Target 2023-24	Source of Data
49	Outp ut	Client load at AFHC	Average monthly Client load at AFHC/month in PE Districts at DH/SDH/CHC level to increase by 25% in 2022-23 and 50% in 2023-24 from the baseline data of 2021-22 Numerator: Total Clients registered at AFHC Denominator: Number of	Percentage	45	60	(HMI S)/ Quarte rly AFHC
			AFHCs divided by no. of months (per AFHC per month % coverage of in- school				Report)
50	Outp ut	WIFS coverage	beneficiaries under WIFS Programme every month. Numerator- Total no. in School beneficiaries covered.	Percentage	85%	90%	HMIS
			Denominator- Targeted beneficiaries (In School)				
			% coverage of out- of school (girls) under WIFS Programme every month		85%	90%	
51	Outp ut	WIFS coverage	Numerator- Total number out of School beneficiaries covered Denominator- Targeted beneficiaries (out of School)	Percentage	8370	9070	HMIS
52	Outp ut	Selection of Peer Educator	% of Peer Educator selected against the target. Numerator- Total no. PEs selected Denominator- Total no. PEs to be selected.	Percentage	100%	-	State PE Report s
53		Training of Peer Educator	% of Peer Educator trained against the Peer Educator selected. Numerator- Total no. PEs Trained. Denominator- Total no. of PEs selected.	Percentage	100%	-	State PE Report s
			% coverage of adolescent Girls against the target under Menstrual Hygiene Scheme			00%	
		Menstrual	Numerator- Total no. of	Percentage	70%	80%	HMIS

So. No	Indic ator Type	Indicator Statement	Indicator	Unit	Target 2022-23	Target 2023-24	Source of Data
54	Outp	Hygiene	adolescent girls receiving sanitary				
	ut	Scheme	napkins under MHS.				
		coverage	Denominator- Total no. of				
			adolescent girls to be covered.				
55	Outp	School Health &	% of the selected Districts Implementing School Health & Wellness Programme against the RoP approval.	Percentage	100%	90%	SHW P
	ut	Wellness Program me implemen tation	Numerator- Total no. districts implementing SHP. Denominator- Total No. of District selected for SHP		10/55	13/33	P Report
56	Outp ut	School Health & Wellness Program me Implemen tation	% of Health & Wellness Ambassadors trained to transact weekly activities in schools in the select district Numerator- Total no of Health & Wellness Ambassadors (HWAs) trained Denominator- Total no of HWAs to be trained.	percentage	100%	100%	SHWP Report

				Write up for activiti	es under	RKSK, A	dolescen	t Health			
S						2022-23			2023-24		
I. n	FMR Cod e	S.N o.		Budget Head(RKSK)	ROP Appro ved	State Alloca tion	Distric t Allocat ion	ROP Appr oved	State Alloca tion	Distric t Alloca tion	Pa ge No
	35 Adolescent Friendly Health Clinics										
1		35. 1		perating expenses for isting clinics	4.86	0	4.86	4.86	0	4.86	8 to 11
2		35. 2		bbility support for AH unsellors	28.61	0	28.61	28.61	0	28.61	12 to 16
3		35. 3	en	eview/convergence/Diss nination eeting/workshop	20.42	11	9.42	10.42	1	9.42	16 to 19
4		35. 4		FHS training of Medical ficers	6.6	6.6	0	6.6	6.6	0	19 to 20
5	RCH .5	35. 5		FHS training of IM/LHVs/MPWs	12	0	12	12	0	12	21 to 23
6		35. 6		ne Day Training of AH ounsellor	2	2	0	2	2	0	23 to 24
7		35. 7	Fr	odel Adolescent iendly Health Clinic (M- FHC)	1	0	1	1	0	1	25 to 28
8		35. 8		ommunication support r AH counsellors	2.43	0	2.43	2.43	0	2.43	29 to 31
			тс	DTAL	77.92	19.6	58.32	67.92	9.6	58.32	
	36	;		١	Weekly Ir	on Folic S	Suppleme	ent (WIFS	5)	1	
9	RCH.5	; ;	36	Weekly Iron Folic Supplement (WIFS)	396.93	396.93	0	400. 66	400.66	0	31 to 32
	37	,			Menstru	al Hygier	ne Schem	e (MHS)			_
1 0	RCH.	5	37	Drugs and supplies for RKSK (Sanitary napkins procurement)	274.01	274.01	0.00	274.01	274.01	0.00	33 to 34

	F				2022-23			2023-24		
SI. no	R	S.N o.	Budget Head (RKSK)	ROP Appro ved	State Allocat ion	Distric t Allocat ion	ROP Appro ved	State Allocat ion	Distric t Allocat ion	Pa ge No
	38				Peer Educ	ator Prog	amme			
1 1		38.1	Organizing Adolescent Health & Wellness Day at Sub Center/ HWC	67.98	0	67.98	67.98	0	67.98	35 to 37
1 2		38.2	Organizing Adolescent Friendly Club meetings at Sub Centre level	9.084	0	9.084	28.952	0	28.952	38 to 42
1 3		38.3	Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)	17.1	0	17.1	0	0	0	42 to 43
1 4	RC H.5	38.4	Incentives for mobilizing adolescents for Adolescent Health Days (AHDs) for Adolescent Health & Wellness Day at Sub Center/ HWC	6.798	0	6.798	6.798	0	6.798	43 to 45
1 5		38.5	Incentives for Peer Educator	86.89	0	86.89	72.818	0	72.818	45 to 47
1 6		38.6	Training of PE+ASHA at Block level	64.192	0	64.192	81.056	0	81.056	47 to 51
1 7		38.7	Printing of AFHS Training modules for MOs/ANMs/LHVs/ MPWs and PEs	66.00	66.00	0	15.27	15.27	0	51 to 53
		т	DTAL	318.04	66.00	252.40	272.87	15.27	257.60	

	FMR		Pudgot		2022-23			2023-24		Pa
SI. no	Cod e	S.N o.	Budget Head(RKSK)	ROP Approv ed	State Allocat ion	District Allocat ion	ROP Approv ed	State Allocat ion	District Allocat ion	ge No
	39		School	Health A	nd Wellne	ss Progra	m under	Ayushma	n Bharat	
18		39.1	State Level Meeting for SHP	0.7	0.7	0	0.7	0.7	0	53
19	RCH .5	39.2	Kits for Schools, HWAs and HWMs (merchandis e) and Printing Materials under SHWP	80.87	80.87	0	34.87	34.87		54
20		39.3	Training of master trainers at State, district and block level	6.35	6.35	0	0	0	0	55 to 57
			Training of two nodal teachers per school	32.88	0	32.88	37.26	0	37.26	57
		TOTA	\L	120.8	87.92	32.88	72.83	35.57	37.26	
	41	6		State	specific I	nitiatives	and Inno	vations		
21	RCH .5	41.1	Incentivised innovative activity related to Child Marriage	15	0	15	15	0	15	58 to 62
22		41.2	IEC/BCC on Adolescent Health	91.71	56.83	34.88	91.71	56.83	34.88	62 to 67
		TOTA	L	106.71	56.83	49.88	106.71	56.83	49.88	

35: Adolescent Friendly Health Clinics

Activity: 1	Operating expenses for e	existing clinics
FMR Code: 35	RCH.5	
SL. No.	35.1	
Year	Operating expenses for existing clinics	2023-24
Total Approval	4.86	4.86
State Allocation	0	0
District Allocation	4.86	4.86
	FMR Owner	
At State HQ	At District Level	At Block Level
State Nodal Officer- RKSK	District Coordinator	Block Coordinator, (RBSK/RKSK/WIFS)

• Operating expenses for 81 nos. of Adolescent Friendly Health Clinics for 12 months @ 500/per clinic. (For existing 64 AFHCs and newly proposed 17 AFHCs) for FY: 2022-23 & 2023-24.

	Operating expenses for existing clinics									
	Budget Details for Operating Expenditure for AFHC									
SN	Particular Unit cost		Total Unit	Duration (In month)	Total Amount (In Rs)	In lakh				
1	Operating expenses for existing 81 nos. AFHCs 500		81	12	486000	4.86				
	Total Budget required for Recurring expenditure	81		4,86,000.00	4.86					
NB:	Operating cost of existing 81 established AFHCs @ Rs. 500/-per month for 12 months.									

	Operating Cost for AFHC									
SI. no	Name of Districts	Earlier AFHC	Nos. of AFHC Proposed	Total AFHC's	Unit Cost @ Rs. 500/-per month for 12 months per clinic in Rs	Total Budget in Lakh	Newly proposed AFHCs(Multiskilled Counsellors are in position)			
1	Bajali	0		0	0	0				
2	Baksa	1		1	6000	0.06				
3	Barpeta	1		1	6000	0.06				
4	Biswanath	0		0	0	0				
5	Bongaigaon	1		1	6000	0.06				
6	Cachar	1	1	2	12000	0.12	Medical College			
7	Charaideo	0		0	0	0				
8	Chirang	1		1	6000	0.06				
9	Darrang	1	1	2	12000	0.12	Sipajhar BPHC/ CHC			
10	Dhemaji	1	1	2	12000	0.12	Silapathar MPHC/ Model Hospital			
11	Dhubri	7		7	42000	0.42				
12	Dibrugarh	1	1	2	12000	0.12	Moran Tiloi CHC/ FRU,			
13	Dima Hasao	1		1	6000	0.06				
14	Goalpara	4		4	24000	0.24				
15	Golaghat	6		6	36000	0.36				
16	Hailakandi	4		4	24000	0.24				
17	Hojai	5	1	6	36000	0.36	Lanka BPHC			
18	Jorhat	1	2	3	18000	0.18	Teok CHC/ FRU, Titabor SDCH			
19	Kamrup Metro	2	2	4	24000	0.24	Maternity and Child Welfare Hospital, Dhirenpara and Pandu FRU			
20	Kamrup Rural	1	4	5	30000	0.3	Rangia SDCH, Hajo BPHC/ CHC, Azara BPHC/ CHC, Chhaygaon BPHC/ CHC,			
21	Karbi Anglong	1		1	6000	0.06				
22	Karimganj	4		4	24000	0.24				

	Total	64	17	81	486000	4.86	
34	West Karbi Anglong	0		0	0	0	
33	Udalguri	1		1	6000	0.06	
32	Tinsukia	1		1	6000	0.06	
31	South Salmara	1		1	6000	0.06	
30	Sonitpur	1		1	6000	0.06	
29	Sivasagar	1	1	2	12000	0.12	Demow CHC/ Model Hospital
28	Nalbari	1	1	2	12000	0.12	Mukalmua FRU
27	Nagaon	7		7	42000	0.42	
26	Morigaon	1	2	3	18000	0.18	Laharighat BPHC/ Model Hospital and Jhargaon BPHC
25	Majuli	0		0	0	0	
24	Lakhimpur	1		1	6000	0.06	
23	Kokrajhar	5		5	30000	0.3	

	Di	istrict wise Tar	get & Budget (R	s. In lakh)		
SI. no	Name of the District	FY 2	022-23	FY 2023-24		
	District	Target	Budget	Target	Budget	
1	Bajali	0	0	0	0	
1	Baksa	1	0.06	1	0.06	
2	Barpeta	1	0.06	1	0.06	
3	Biswanath	0	0	0	0	
4	Bongaigaon	1	0.06	1	0.06	
5	Cachar	2	0.12	2	0.12	
6	Charaideo	0	0	0	0	
7	Chirang	1	0.06	1	0.06	
8	Darrang	2	0.12	2	0.12	
9	Dhemaji	2	0.12	2	0.12	
10	Dhubri	7	0.42	7	0.42	
11	Dibrugarh	2	0.12	2	0.12	
12	Dima Hasao	1	0.06	1	0.06	
13	Goalpara	4	0.24	4	0.24	
14	Golaghat	6	0.36	6	0.36	
15	Hailakandi	4	0.24	4	0.24	
16	Hojai	6	0.36	6	0.36	

17	Jorhat	3	0.18	3	0.18
18	Kamrup Metro	4	0.24	4	0.24
19	Kamrup Rural	5	0.3	5	0.3
20	Karbi Anglong	1	0.06	1	0.06
21	Karimganj	4	0.24	4	0.24
22	Kokrajhar	5	0.3	5	0.3
23	Lakhimpur	1	0.06	1	0.06
24	Majuli	0	0	0	0
25	Morigaon	3	0.18	3	0.18
26	Nagaon	7	0.42	7	0.42
27	Nalbari	2	0.12	2	0.12
28	Sivasagar	2	0.12	2	0.12
29	Sonitpur	1	0.06	1	0.06
30	South Salmara	1	0.06	1	0.06
31	Tinsukia	1	0.06	1	0.06
32	Udalguri	1	0.06	1	0.06
33	West Karbi Anglong	0	0	0	0
	Total	81	4.86	81	4.86

FY wise target & budget (Rs. In Lakh)						
FY	Target	Budget				
2022-23	81	4.86				
2023-24	81	4.86				

Activity: 2	Mobility support for AH Counsellors					
FMR Code: 35	RCH.5					
SL. No.	35.2					
Year	2022-23	2023-24				
Total Approval	28.611	28.611				
State Allocation	0	0				
District Allocation	28.611	28.611				
	FMR Owner					
At State HQ	At District Level	At Block Level				
State Nodal Officer-RKSK	District Coordinator	Block Coordinator, (RBSK/RKSK/WIFS)				

Activity:

- A) All dedicated multi skilled 81 nos. (Existing 64 AFHCs and newly proposed 17 AFHCs) of counselors will do counseling for Adolescent Health and will provide their support in field/outreach areas also and submit a report, for which they get Rs. 200/ per visit (8 visits/each month). The required expenditure of counselor's mobility and communication for 12 months.
- B) Mobility and communication support for District and Block officials under SHWP as a Mentor

			Mobility s	upport unde	r RKSK	
SI. no	FMR	Activity	Target	Total Budget in Rs	Total Budget in Lakh	Remarks
1	35.2(A)	Mobility support for AH Counselors	7776	1555200	15.552	Rs. 200 per visit for 8 visits per month (Rs.1600/- per month) for 81 Counselors for 12 months and @ Rs 1600/- per month.
2	35.2 (B)	Mobility and communication support for District and Block officials under SHWP as a Mentor	2220	1305984	13.060	Supportive Supervision and monitoring visits of District and Block officials under SHWP
	Тс	otal	9996	2861184	28.61184	

	FMR Code: 35.2(A): Mobility support for AH Counsellors							
SN	Particular	Unit cost	Total Unit	Duration	Total Amount (In Rs.)	In Lakh		
1	Mobility Support to 81 Counsellor @ Rs. 200 per field/outreach visit per month(8 visits in a month)	1600	81	12	1555200	15.552		
٦	Total Amount Required for Mobility support			12	1555200	15.552		

FMF	FMR: 35.2(B), Mobility and communication support for District and Block officials under SHWP as a Mentor							
SN	Officials	Monitoring Cost in Rs. per visit	Total nos. of Visit per month	Total Monitoring Visit	Total cost for monitoring in Rs. for 12 Months	Total cost for monitoring in Lakh.		
1	District Nodal Officer	800	3	252	201600	2.016		
2	District Coordinator & I/c	800	4	336	268800	2.688		
3	Block Nodal Officer	624	2	816	509184	5.09184		
4	Block Coordinator & I/c	400	2	816	326400	3.264		
Т	otal Budget in Lakh (DNC	+DCO+BNO+	2220	1305984	13.06			

F	FMR: 35.2(B) Mobility and communication support for District and Block officials under SHWP as a Mentor											
SI. No.	Districts	No. of BPHC	Supportive supervision visit of District Nodal Officer @3 visit per month for 12 months	Total Cost in Lakh for DNO for 12 Month(@Rs.800/- per Visit	Supportive supervision visit of District Coordinator @4 visits per month for 12 months	Total Cost in Lakh for Dco for 12 Month (@Rs. 800/ per visit	Supportive supervision visit Block Nodal Officer, RBSK/SDM & HO @2 visit per month for 12 months	Total Cost in Lakh for BNO for 12 Month(@Rs.624/- per Visit per month)	Supportive supervision visit of Block Coordinators RBSK, @2 visits per month for 12 months	Total Cost in Lakh Bco for 12 month (@Rs. 400/ per visit	Total Target(Visits of DNO+Dco+BNO+Bco)	Total Budget(Visits of DNO+Dco+BNO+Bco)
1	Baksa	6	36	0.288	48	0.384	144	0.899	144	0.576	372	2.147
2	Barpeta	7	36	0.288	48	0.384	168	1.048	168	0.672	420	2.392
3	Darrang	4	36	0.288	48	0.384	96	0.599	96	0.384	276	1.655

4	Dhubri	5	36	0.288	48	0.384	120	0.749	120	0.480	324	1.901
5	Goalpara	5	36	0.288	48	0.384	120	0.749	120	0.480	324	1.901
6	Hailakandi	4	36	0.288	48	0.384	96	0.599	96	0.384	276	1.655
7	Udalguri	3	36	0.288	48	0.384	72	0.449	72	0.288	228	1.409
	Total	34	252	2.016	336	2.688	816	5.092	816	3.264	2220	13.06

	FMR	: 35.2 (A)	, Mobility su	pport for o	utreach visits	of AH Counselo	rs
SI. no	Name of Districts	Earlier AFHC	Nos of AFHC Proposed	Total AFHC's	Total visits of Counsellor	Unit Cost @ Rs. 200/-per outreach visit (8 visit/per month/counsel lor)	District wise Fund Allocation for outreach visit by Counsellors (in lakh)
1	Bajali	0	0	0	0	0	0
2	Baksa	1		1	96	19200	0.192
3	Barpeta	1		1	96	19200	0.192
4	Biswanath	0		0	0	0	0
5	Bongaigaon	1		1	96	19200	0.192
6	Cachar	1	1	2	192	38400	0.384
7	Charaideo	0		0	0	0	0
8	Chirang	1		1	96	19200	0.192
9	Darrang	1	1	2	192	38400	0.384
10	Dhemaji	1	1	2	192	38400	0.384
11	Dhubri	7		7	672	134400	1.344
12	Dibrugarh	1	1	2	192	38400	0.384
13	Dima Hasao	1		1	96	19200	0.192
14	Goalpara	4		4	384	76800	0.768
15	Golaghat	6		6	576	115200	1.152
16	Hailakandi	4		4	384	76800	0.768
17	Hojai	5	1	6	576	115200	1.152
18	Jorhat	1	2	3	288	57600	0.576
19	Kamrup Metro	2	2	4	384	76800	0.768
20	Kamrup Rural	1	4	5	480	96000	0.96
21	Karbi Anglong	1		1	96	19200	0.192
22	Karimganj	4		4	384	76800	0.768
23	Kokrajhar	5		5	480	96000	0.96
24	Lakhimpur	1		1	96	19200	0.192
25	Majuli	0		0	0	0	0
26	Morigaon	1	2	3	288	57600	0.576
27	Nagaon	7		7	672	134400	1.344
28	Nalbari	1	1	2	192	38400	0.384

29	Sivasagar	1	1	2	192	38400	0.384
30	Sonitpur	1		1	96	19200	0.192
31	South Salmara	1		1	96	19200	0.192
32	Tinsukia	1		1	96	19200	0.192
33	Udalguri	1		1	96	19200	0.192
34	West Karbi Anglong	0		0	0	0	0
	Total	64	17	81	7776	1555200	15.552

	District wise Target & Budget (Rs. In lakh)							
SI.	Name of the District	FY 202	2-23	FY 20)23-24			
no	Name of the District	Target	Budget	Target	Budget			
1	Bajali	0	0	0	0			
2	Baksa	468	2.34	468	2.34			
3	Barpeta	516	2.58	516	2.58			
4	Biswanath	0	0	0	0			
5	Bongaigaon	96	0.19	96	0.19			
6	Cachar	192	0.38	192	0.38			
7	Charaideo	0	0	0	0			
8	Chirang	96	0.19	96	0.19			
9	Darrang	468	2.04	468	2.04			
10	Dhemaji	192	0.38	192	0.38			
11	Dhubri	996	3.24	996	3.24			
12	Dibrugarh	192	0.38	192	0.38			
13	Dima Hasao	96	0.19	96	0.19			
14	Goalpara	708	2.67	708	2.67			
15	Golaghat	576	1.15	576	1.15			
16	Hailakandi	660	2.42	660	2.42			
17	Hojai	576	1.15	576	1.15			
18	Jorhat	288	0.58	288	0.58			
19	Kamrup Metro	384	0.77	384	0.77			
20	Kamrup Rural	480	0.96	480	0.96			
21	Karbi Anglong	96	0.19	96	0.19			
22	Karimganj	384	0.77	384	0.77			
23	Kokrajhar	480	0.96	480	0.96			
24	Lakhimpur	96	0.19	96	0.19			
25	Majuli	0	0	0	0			
26	Morigaon	288	0.58	288	0.58			
27	Nagaon	672	1.34	672	1.34			
28	Nalbari	192	0.38	192	0.38			
29	Sivasagar	192	0.38	192	0.38			
30	Sonitpur	96	0.19	96	0.19			
31	South Salmara	96	0.19	96	0.19			
32	Tinsukia	96	0.19	96	0.19			

33	Udalguri	324	1.6	324	1.6
34	West Karbi Anglong	0	0	0	0
	Total	9996	28.6118	9996	28.611

FY wise target & budget (Rs. In Lakh)						
FY	Target	Budget				
2022-23	9996	28.61				
2023-24	9996	28.61				

Activity: 3	Review/convergence/Dissen	nination Meeting/workshop
FMR Code: 35	RCH.5	
SL. No.	35.3	
Year	2022-23	2023-24
Total Approval	20.42	10.42
State Allocation	11.00	1.00
District Allocation	9.42	9.42
	FMR Owner	
At State HQ	At District Level	At Block Level
State Nodal Officer- RKSK	District Coordinator & DCM	Block Coordinator,BCM/Counsellor (RBSK/RKSK/WIFS)

For FY 2022-23

Activity: Following activities are planned under this FMR.

Review/convergence/Dissemination Meeting/workshop

- Regional level Review Meeting/Workshop 1 nos./year (As per directed by AH division, Govt of India 1000000/-)
- State level review meeting for district level officials on Adolescent Health programme (2 meetings For all 27 districts), @Rs.50000/-,
- District level RKSK/WIFS/MHS review cum convergence meeting with line department 2 nos/each district,@Rs.5000/ in all 33 districts
- Block level RKSK/WIFS/MHS review cum convergence meeting with line department 2 nos./each block, @Rs.2000/-in 153 blocks

Disclaimers:

The expenditure cost of Bajali districts activities has been added with Barpeta.

For FY 2022-23

		Review/converge	ence/Di	sseminatio	n Meeting	g/workshop
S. N.		Quantity(Stat e/RKSK Dist/RKSK Blocks)	Targ et	Total Cost in Rs.	Cost in Lakh	Remarks
1	Regional level Review Meeting/Works hop	1	1	1000000	10.000	1) Regional level Review Meeting/Workshop 1nos./year (As per directed by AH division, Govt. of India 1000000/-)
2	State level Meeting	1	2	100000	1.000	 2) State Level meeting 2 nos. in a year @Rs.50000/- per meeting, 3) Dist. Level review meeting 2
3	District level Meeting	33	66	330000	3.300	nos. in a year @Rs.5000/ in 33 both RKSK & non RKSK districts- and 4) Block Level meeting 2 nos. in
4	Block level Meeting	153	306	612000	6.120	a year @Rs.2000/-in 153 Blocks (Topics are to covered in agenda like AFHC, PE
	Total		375	2042000	20.420	implementation, Menstrual Hygiene Scheme, WIFS and School Health and Wellness Program in 7 Aspirational Districts, NTCP, NLEP, NTEP and Malaria/JE etc.)

For FY 2023-24

- State level review meeting for district level officials on Adolescent Health programme (2 meetings For all 27districts), @Rs.50000/-,
- District level RKSK/WIFS/MHS review cum convergence meeting with line department 2 nos./each district,@Rs.5000/ in all 33 districts
- Block level RKSK/WIFS/MHS review cum convergence meeting with line department 2 nos./each block, @Rs.2000/-in 153 blocks

	Review/convergence/Dissemination Meeting/workshop									
S. N.		Quantity (State/R KSK Dist/RK SK Blocks)	Tar get	Total Cost in Rs.	Cost in Lakh	Remarks				
1	State level Meeting	1	2	100000	1.000	 State Level meeting 2 nos. in a year @Rs.50000/- per meeting, Dist. Level review meeting 2 nos. in a year 				
2	District level Meeting	33	66	330000	3.300	@Rs.5000/ in 33 both RKSK & non RKSK districts- and				
3	Block level Meeting	153	306	612000	6.120	3) Block Level meeting 2 nos. in a year@Rs.2000/-in 153 Blocks				
Total			374	1042000	10.42	(Topics are to covered in agenda like AFHC, PE implementation, Menstural Hygiene Scheme, WIFS and School Health & Wellness Program in 7 Aspirational Districts, NTCP, NLEP, NTEB and Malaria/JE etc)				

District wise Target & Budget (Rs. In lakh)									
SI. no	Name of the District)22-23	FY 2023-24					
51. 110	Name of the District	Target	Budget	Target	Budget				
1	Baksa	14	0.34	14	0.34				
2	Barpeta	16	0.38	16	0.38				
3	Biswanath	8	0.22	8	0.22				
4	Bongaigaon	10	0.26	10	0.26				
5	Cachar	18	0.42	18	0.42				
6	Charaideo	6	0.18	6	0.18				
7	Chirang	6	0.18	6	0.18				
8	Darrang	10	0.26	10	0.26				
9	Dhemaji	12	0.30	12	0.30				
10	Dhubri	12	0.30	12	0.30				
11	Dibrugarh	14	0.34	14	0.34				
12	Dima Hasao	8	0.22	8	0.22				
13	Goalpara	12	0.30	12	0.30				
14	Golaghat	12	0.30	12	0.30				
15	Hailakandi	10	0.26	10	0.26				
16	Hojai	6	0.18	6	0.18				
17	Jorhat	14	0.34	14	0.34				
18	Kamrup Metro	12	0.30	12	0.30				
19	Kamrup Rural	26	0.58	26	0.58				
20	Karbi Anglong	10	0.26	10	0.26				
21	Karimganj	12	0.30	12	0.30				

22	Kokrajhar	10	0.26	10	0.26
23	Lakhimpur	14	0.34	14	0.34
24	Majuli	4	0.14	4	0.14
25	Morigaon	8	0.22	8	0.22
26	Nagaon	20	0.46	20	0.46
27	Nalbari	10	0.26	10	0.26
28	Sivasagar	14	0.34	14	0.34
29	Sonitpur	10	0.26	10	0.26
30	South Salmara	6	0.18	6	0.18
31	Tinsukia	10	0.26	10	0.26
32	Udalguri	8	0.22	8	0.22
33	West Karbi Anglong	10	0.26	10	0.26
	Total	372	9.42	372	9.42

FY wise target & budget (Rs. In Lakh)								
FY	Target	Budget						
2022-23	372	9.42						
2023-24	372	9.42						

Activity: 4	AFHS training of Medical Officers						
FMR Code: 35	RCH.5						
SL. No.	35.4						
Year	2022-23	2023-24					
Total Approval	6.6	6.6					
State Allocation	6.6	6.6					
District Allocation	0	0					
	FMR Owner	·					
At State HQ	At District Level	At Block Level					
State Nodal Officer- RKSK	District Coordinator	Block Coordinator (RBSK/RKSK/WIFS)					

• Total 66 nos. of Medical Officers will be trained on RKSK MO module for 4 days at state level as ToT. The Medical Officers to be engaged district level training (if required block level also) and support RKSK adolescent health check-ups as referred. For health check-ups of adolescents they are needed to sit at AFH Clinics after general OPD time.

	AFHS training of Medical Officers									
	4 days module training for MO at state level (ToT)									
S.N.	Unit(MO from both RKSK & non RKSK Dist@ 2 per Dist	Unit Cost (in RS.)	Unit (Batch)	Total amount (in RS.)	ln Lakh	Remarks				
1	66	330000	2	660000	6.600	All related topics like NLEP, NTEP, NTCP and Family Planning will be covered				
N.B	Total 66 nos. of MOs (2 trained in 2 batches at		istrict) from	n RKSK Distri	ct & Noi	n RKSK districts to be				

	Budget Break up for Training										
SN	Head of expenditure	Unit Cost (In Rs)	Unit	Duration	Total (In Rs)	Total in Lakh					
1	TA for Participants (on actual)	500	66	2	66000	0.66					
2	DA for Participants	400	66	4	105600	1.056					
3	Honorarium for Resource Persons	1000	4	4	16000	0.16					
4	TA for resource Person	1000	4	2	8000	0.08					
5	Accomodation (Single Bedded)	1000	66	5	330000	3.3					
6	Training Material (Bag, Pad, Pen, etc.)	100	70	1	7000	0.07					
7	Breakfast	140	70	4	39200	0.392					
8	Working lunch	300	70	4	84000	0.84					
10	Venue Charge with Projector and generator etc.	2000	1	1	2000	0.02					
11	Contingency	2200	1	1	2200	0.022					
	Total	8640	418	28	660000	6.600					

FY wise target & budget (Rs. In Lakh)								
FY	Target Budget							
2022-23	2	6.6						
2023-24	2	6.6						

Activity: 5	AFHS training of ANM/LHVs/MPWs						
FMR Code: 35	RCH.5						
SL. No.	35.5						
Year	2022-23 2023-24						
Total Approval	12	12					
State Allocation	0	0					
District Allocation	12	12					
	FMR Owner						
At State HQ	At District Level	At Block Level					
State Nodal Officer-RKSK	District Coordinator, DCM	Block Coordinator (RBSK/RKSK/WIFS)					

Total 375 nos. of ANM/LHV/MPWs are to be trained in all 13 districts in 25 batches for 5 days module training at District level. The trained ANM/LHV/MPWs to be engaged block level training and support RKSK adolescent health check-ups and counselling too. For health check-ups and counselling of adolescents they need to provide support at AFH Clinics as per allotted time.

	AFHS training of ANM/LHVs/MPWs										
S.N.	5 days module training for ANM/LHV/MPWs/Counselors at District level										
Unit (ANM/LHVs of Unit 13 Districts @ Cost 15 (in Participants RS.) per Batch) Unit (in RS.) Unit (in RS.)											
1	375	48000	25	1200000	12.000	a) Total 375 nos. of ANM/LHVs/MPWs to be trained from 153 blocks of RKSK districts (1 batch/each district)(min 15 person/per batch) b) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered					

Budget Break up										
SN	Particula	ars	Unit Cost (in Rs.)	Uni	t	Dura	tion	Total fund for each batch (in Rs.)	Total cost in Lakh	
1	TA for Particip (Subject to act		200	15		1		3000	0.03	
2	Accommodatic Working lunch snacks etc.		500	15		5		37500	0.375	
3	Honorarium fo Resource Pers		500	2		5		5000	0.05	
4	Stationary, Training materials (Printed module to be provided from state if not available at district)		100	15		1		1500	0.015	
5	Contingency (Banner, miscellaneous expenses, etc)		1000	1		1		1000	0.01	
	Total cost for	each Bat	ch					48,000	0.48	
			Dist	rict wis	e Bu	udget				
SN	District	No. of Blocks	Nos o participa (per batcl blocks @ 15 particip	ants h per) min		Fotal Batch	Total Cost(@Rs. 48000 per batch with 15 participants		Total Cost in Lakh	
1	Baksa	6	30			2		96000	0.96	
2	Barpeta	7	45			3		144000	1.44	
3	Darrang	4	30			2		96000	0.96	
4	Dhubri	5	30			2		96000	0.96	
5	Goalpara	5	30			2		96000	0.96	
6	Golaghat	5	30			2		96000	0.96	
7	Hailakandi	4	30 15			2		96000	0.96	
8 9	Hojai Karimganj	2 5	30			2		48000 96000	0.48	
9 10	Kaninganj Kokrajhar		30			2		96000	0.96	
11	Nagaon	9	45			3		144000	1.44	
12	South Salmara	2	15			1		48000	0.48	
13	Udalguri	3	15			1		48000	0.48	
	Total	61	375			25		1200000	12.000	

District wise Target & Budget (Rs. In lakh)							
SI. no	Name of the District	FY 20	22-23	FY 2023-24			
	District	Target	Budget	Target	Budget		
1	Baksa	2	0.96	2	0.96		
2	Barpeta	3	1.44	3	1.44		
3	Darrang	2	0.96	2	0.96		
4	Dhubri	2	0.96	2	0.96		
5	Goalpara	2	0.96	2	0.96		
6	Golaghat	2	0.96	2	0.96		
7	Hailakandi	2	0.96	2	0.96		
8	Hojai	1	0.48	1	0.48		
9	Karimganj	2	0.96	2	0.96		
10	Kokrajhar	2	0.96	2	0.96		
11	Nagaon	3	1.44	3	1.44		
12	South Salmara	1	0.48	1	0.48		
13	Udalguri	1	0.48	1	0.48		
	Total	25	12.00	25	12.00		

FY wise target & budget (Rs. In Lakh)						
FY Target Budget						
2022-23	25	12.00				
2023-24	25	12.00				

Activity: 6	One Day Training of AH Counsellor			
FMR Code: 35	RCH.5			
SL. No.	35.6			
Year	2022-23	2023-24		
Total Approval	2	2		
State Allocation	2	2		
District Allocation	0	0		
	FMR Owner			
At State HQ	At District Level	At Block Level		
State Nodal Officer-RKSK	District Coordinator	Block Coordinator, BPM (RBSK/RKSK/WIFS)		

- 1 batch with 64 nos. of Counselors will be trained in State.
- Topics related to NLEP, NTEP, NTCP and Family Planning will be covered.

One Day Training of AH Counsellor									
S.N.	Nos. of Counselor	Uni Cos (in R	st /p	Jnit atch)	Tota amou (in RS	nt	In Lakh		Remarks
1	64	1995	500	1	1995	00	2.00	from RKS RKSK dis in 1 batch B) All rela NLEP, N	A nos of Counselor SK District & Non stricts to be trained at state level. ated topics like TEP, NTCP and anning will be
	Budget Break up for Training								
SN	Head of expendit	ure	Unit Cost (In Rs		Unit	D	ouration	Total (In Rs)	Total in Lakh
1	TA for Participants (actual)	(on	500	,	64		2	64000	0.64
2	DA for Participants		300		64		2	38400	0.384
3	Accommodation		1500		30		1	45000	0.45
4	Training Material (B Pad, Pen, etc.)	ag,	100		64		1	6400	0.064
5	Breakfast		100		70		1	7000	0.07
6	Working lunch		350		70		1	24500	0.245
	Dinner		350		30		1	10500	0.105
7	Venue Charge with Projector and gener etc.	ator	2500		1		1	2500	0.025
8	Contingency		1200		1		1	1200	0.012
	Total		6900		394		11	199500	2.00

FY wise target & budget (Rs. In Lakh)						
FY	Target	Budget				
2022-23	1	2.00				
2023-24	1	2.00				

Activity: 7	Model Adolescent Friendly Health Clinic (M-AFHC)				
FMR Code: 35	RCH.5				
SL. No.	35.7				
Year	2022-23	2023-24			
Total Approval	1.00	1.00			
State Allocation	0	0			
District Allocation	1.00	1.00			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer- RKSK	District Coordinator, DPM & DCM	Block Coordinator,BCM/Counsellor (RBSK/RKSK/WIFS)			

Rationale –

India has the largest adolescent population in the world, 253 million, and every fifth person is between 10 to 19 years. During their formative years, adolescents are confronted with several challenges that could impede their overall growth and development. While some adolescents have access to necessary information and services, many are not adequately supported to make a successful transition from childhood to adulthood.

The idea behind setting up of M-AFHC (**Model Adolescent Friendly Health Clinic**) at the level of District Hospital of the District with certain additional components apart from providing regular clinical and counselling services is to strengthen the district level AFHC into a

- a) Learning hub,
- b) Training centre and
- c) Repository for all available communication materials developed and being updated.

For the year of 2022-23 and 2023-24, Adolescent Friendly Health Clinic based at District Hospital of Nagaon and Dhubri will be upgraded as Model Adolescent Friendly Health Clinic (M-AFHC).

Gist of Nagaon and Dhubri District -

Nagaon is the centrally located district of Assam with headquarters at Nagaon town and Dhubri is the hub of adolescent health issues.

Child marriage is still a major social challenge in Nagaon and Dhubri Districts because of minoritydominated and tea belt areas along with Adolescent Pregnancies, Substance abuse.

Following are a few indicators from NFHS 5 regarding Adolescent Pregnancies and Child Marriages.

District	Women age 20- 24 years married before age 18 years (%)	Women15-19 years who were already mothers or pregnant at the time of the survey (%)	All women age 15-19 years who are anaemic	Men age 15 years and above who use any kind of tobacco
Nagaon	42.6	15	65.1	49
Dhubri	50.8	12.3	65.2	55

Criteria of M-AFHC-

- 1. Full-time placement of one AFHS trained Medical Officer (MO) and Auxiliary Nurse Midwife/Lady Health Visitor (ANM/LHV) should be ensured by the facility in-charge.
- 2. A dedicated AH Counsellor is to be placed at the M-AFHC for counselling services.
- 3. The role of AH Counsellor is divided into two parts—counselling and block-level programme management support.
- 4. Half-day orientation visit of the MOs, ANMs and Counsellors posted in that District to M-AFHCs to be made a part of their training curriculum.
- 5. Quarterly meetings of all the AH Counsellors of the District will be conducted at the M-AFHCs.
- 6. Once every two months, one theme will be selected out of the six thematic areas of the RKSK i.e. SRH, Nutrition, Substance Misuse, NCDs, Violence and Injuries and Mental Health and counselling and clinical services on that theme will be provided to the clients during designated hours.
- 7. In-charge of the M-AFHC will develop linkages with the nearby schools/Rashtriya Bal Swasthya Karyakram (RBSK) team and Anganwadi Workers (AWWs) for referral of in school and out of school adolescents.
- 8. Counsellors (and or Medical Officers) at M-AFHC should prepare a tour plan for visiting Schools, Colleges, Youth Clubs, Major Health events, Adolescent Health Day etc. twice a week.
- 9. Reporting and Recording.

Provision of Services at AFHRC -

- I. Convergence within various Health Programmes
- II. Maternal Health Programme
- **III.** Family Planning Programme.
- IV. RBSK/RKSK.
- V. Ayushman Bharat-Health & Wellness Center.
- VI. National Tobacco Control Programme.
- VII. National AIDS Control Programme
- VIII. National Mental Health Programme
- IX. NCDs (NPCDCS)

1. Convergence between Schools and Ayushman Bharat - Health &Wellness Centres (AB-HWCs)

Provision of services, commodities and counselling services related to adolescents' health by CPHC team led by CHO during walk-in clinic sessions and Adolescent Health and Wellness days including sensitization of commodities on Adolescent Health issues.

2. Package of Service

	Iron-Folic Acid (IFA)/Albendazole tablets				
	Sanitary Napkins				
	Contraceptives (condoms, Oral Contraceptive Pills (OCP), Emergency				
Commodition to be kent	Contraceptive Pills (ECP))				
Commodities to be kept in AFHRC	Other medicines (e.g. Paracetamol, anti-spasmodic and first aid)				
	Pregnancy testing kits				
	Body Mass Index (BMI) Charts, Snellen's Chart, Thermometer, Vaginal				
	speculum, BP Apparatus etc.				
	Hand sanitizer, Washbasins with soap, Towel,				
Furniture	Chairs, Table, Examination Table, Bed side screen, LED screen.				
Information Corners	IEC and Interpersonal Communication (IPC) for Nutrition, Sexual and Reproductive Health (SRH), Mental Health, Gender- Based Violence (GBV),COVID-19, NCD and Substance misuse Short films and audio clips for awareness purposes				
	BMI screening (Height-Weight measurement), Blood Pressure (BP) checking				
	Haemoglobin (Hb) testing/Blood sugar				
	RTI/STI management				
	Antenatal Care (ANC) for pregnant adolescents				
Services to be provided	Counselling on Nutrition, Puberty related concerns, Premarital Counselling, Sexual Problems, Contraceptive, Abortion, RTI/STI, Substance Abuse, Learning problems, Stress, Depression, Suicidal Tendency, Violence (including GBV), Sexual Abuse, Risky Behaviour, Other Mental Health Issues, Healthy Lifestyle				
in AFHRC	Management of Menstrual problems/ Iron Deficiency Anaemia/ common adolescent health problems/physical violence and sexual abuse				
	Screening for Diabetes and Hypertension				
	HIV testing and counselling				
	Linkages with de-addiction centres and referrals				
	Treatment by specialists				
	Referrals				
•					

Budget –

	Model Adolescent Friendly Health Resource Center							
Head	Nos	Rate	Total Budget in lakhs	Remarks				
M-AFHRC	1	100000	100000	The idea behind setting up of M-AFHC (Model Adolescent Friendly Health Clinic) at the level of District Hospital of the District with certain additional components apart from providing regular clinical and counselling services is to strengthen the district level AFHC into a a) Learning hub, b) Training centre and c) Repository for all available communication materials developed and being updated. For the 2022-23,M-AFHC will be planned at Nagaon and for 2023-24 it will be in Dhubri.				

SI.Nos.	Items	Unit Price	Unit	Total	Remarks
1	Signboard	5000	1	5000	Signboard in the outside & signage
2	LED TV	25000	1	25000	
3	Desktop with Printer	35000	1	35000	
4	Stationary for Training Purpose	0		0	To be met from the operational cost of AFHC
5	Renovation of the room	15000	1	15000	
6	RO Water purifiers System	10000	1	10000	
7	Furniture	10000	1	10000	To meet the additional requirements of Chairs, Table etc.
8	Equipment	0	0	0	To be met from the budgets of equipment under RKSK
9	IEC Materials	0	0	0	To be met from the IEC budget under RKSK
Т	OTAL	100000	6	100000	

FY wise target & budget (Rs. In Lakh)						
FY Target Budget						
2022-23	1	1.00				
2023-24	2023-24 1 1.00					

Activity: 8	Communication Support for AH Counsellors				
FMR Code: 35	RCH.5				
SL. No.	35.8				
Year	2022-23	2023-24			
Total Approval	2.43	2.43			
State Allocation	0	0			
District Allocation	2.43	2.43			
	FMR Owner				
At State HQ	At District Level	At Block Level			
State Nodal Officer-RKSK	District Coordinator & DAM	Block Coordinator & BCM (RBSK/RKSK/WIFS)			

• Communication support of Rs.250/pm will be provided to 81 nos. of Counsellors to attend virtual training on Counselling skills, orientation on programme updates, follow up of need based counselling cases and on line data entry for AFHC etc.

		Comr	nunication s	support for	AH counsellors	
SI. no	Name of Districts	Earlier AFHC	Nos. of AFHC Proposed	Total AFHC's	For Communication support Unit Cost @Rs. 250/- per month for 12 months	District wise Fund Allocation for Communication support by AH Counselors (in lakh)
1	Bajali	0	0	0	0	0
2	Baksa	1		1	3000	0.03
3	Barpeta	1		1	3000	0.03
4	Biswanath	0		0	0	0
5	Bongaigaon	1		1	3000	0.03
6	Cachar	1	1	2	6000	0.06
7	Charaideo	0		0	0	0
8	Chirang	1		1	3000	0.03
9	Darrang	1	1	2	6000	0.06
10	Dhemaji	1	1	2	6000	0.06
11	Dhubri	7		7	21000	0.21
12	Dibrugarh	1	1	2	6000	0.06
13	Dima Hasao	1		1	3000	0.03
14	Goalpara	4		4	12000	0.12
15	Golaghat	6		6	18000	0.18

16	Hailakandi	4		4	12000	0.12
17	Hojai	5	1	6	18000	0.18
18	Jorhat	1	2	3	9000	0.09
19	Kamrup Metro	2	2	4	12000	0.12
20	Kamrup Rural	1	4	5	15000	0.15
21	Karbi Anglong	1		1	3000	0.03
22	Karimganj	4		4	12000	0.12
23	Kokrajhar	5		5	15000	0.15
24	Lakhimpur	1		1	3000	0.03
25	Majuli	0		0	0	0
26	Morigaon	1	2	3	9000	0.09
27	Nagaon	7		7	21000	0.21
28	Nalbari	1	1	2	6000	0.06
29	Sivasagar	1	1	2	6000	0.06
30	Sonitpur	1		1	3000	0.03
31	South Salmara	1		1	3000	0.03
32	Tinsukia	1		1	3000	0.03
33	Udalguri	1		1	3000	0.03
34	West Karbi Anglong	0		0	0	0
	Total	64	17	81	243000	2.43

	Dis	trict wise Target 8	k Budget (Rs. In	lakh)		
SI. no	Name of the	FY 202	22-23	FY 2023-24		
	District	Target	Budget	Target	Budget	
1	Bajali	0	0	0	0	
2	Baksa	1	0.03	1	0.03	
3	Barpeta	1	0.03	1	0.03	
4	Biswanath	0	0	0	0	
5	Bongaigaon	1	0.03	1	0.03	
6	Cachar	2	0.06	2	0.06	
7	Charaideo	0	0	0	0	
8	Chirang	1	0.03	1	0.03	
9	Darrang	2	0.06	2	0.06	
10	Dhemaji	2	0.06	2	0.06	
11	Dhubri	7	0.21	7	0.21	
12	Dibrugarh	2	0.06	2	0.06	
13	Dima Hasao	1	0.03	1	0.03	
14	Goalpara	4	0.12	4	0.12	

15	Golaghat	6	0.18	6	0.18
16	Hailakandi	4	0.12	4	0.12
17	Hojai	6	0.18	6	0.18
18	Jorhat	3	0.09	3	0.09
19	Kamrup Metro	4	0.12	4	0.12
20	Kamrup Rural	5	0.15	5	0.15
21	Karbi Anglong	1	0.03	1	0.03
22	Karimganj	4	0.12	4	0.12
23	Kokrajhar	5	0.15	5	0.15
24	Lakhimpur	1	0.03	1	0.03
25	Majuli	0	0	0	0
26	Morigaon	3	0.09	3	0.09
27	Nagaon	7	0.21	7	0.21
28	Nalbari	2	0.06	2	0.06
29	Sivasagar	2	0.06	2	0.06
30	Sonitpur	1	0.03	1	0.03
31	South Salmara	1	0.03	1	0.03
32	Tinsukia	1	0.03	1	0.03
33	Udalguri	1	0.03	1	0.03
34	West Karbi Anglong	0	0	0	0
	Total	81	2.43	81	2.43

FY wise target & budget (Rs. In Lakh)							
FY Target Budget							
2022-23	81	2.43					
2023-24 81 2.4							

36: Weekly Iron Folic Supplement (WIFS)

Activity: 9	Weekly Iron and Folic Acid Supplementation (WIFS)							
FMR Code: 36	RCH.5							
SL. No.	36							
Year	2022-23	2023-24						
Total Approval	396.93	400.66						
State Allocation	396.93	400.66						
District Allocation	0	0						
	FMR Owner							
At State HQ	At District Level	At Block Level						
State Nodal Officer- RKSK	District Coordinator, DDSM	Block Coordinator, Block Pharmacist (RBSK/RKSK/WIFS)						

Activity: Anaemia, a manifestation of under-nutrition and poor dietary intake of iron is a serious public health problem, not only among pregnant women, infants and young children but also among adolescents.

Weekly Iron and Folic Acid Supplementation (WIFS) Programme to meet the challenge of high prevalence and incidence of anaemia amongst adolescent girls and boys

The Ministry of Health and Family Welfare, Government of India has launched the Weekly Iron and Folic Acid Supplementation (WIFS) Programme to reduce the prevalence and severity of nutritional anaemia in adolescent population (10-19 years).

Weekly Iron and Folic Acid supplementation (WIFS) programme is planned and implemented for the following two target groups in both rural and urban areas:

- A. Adolescent girls and boys enrolled in government/government aided/municipal schools from 6th to 12th classes.
- B. Adolescent Girls who are not in school. The WIFS programme will also cover married adolescent girls. Pregnant and lactating adolescent girls will be given IFA supplements, according to current guidelines for antenatal and postnatal care through the existing health system of NRHM.

Total estimated total adolescent population is 7483548 and out of the total,60% beneficiaries is 4490129. The details data enclosed with as sub-annexure for WIFS. (Budget of procurement for WIFS is approved Rs.396.93 Lakhs for 2022-23 and Rs.400.66 Lakhs under RKSK budget 2023-24).

	IFA Tablets(Blue) under WIFS (10-19 Years)								
	Budget f	or 2022-23 (In lakh)			Budget for	or 2023-24	(In lakh)	
Total Adolesc ent Target	Target Benefici aries (60%)	IFA(Blue) tablet	Require ment of IFA for 60% coverage	Total cost@ Rs 0.17/ per tablet	Total Adoles cent Target	Target Benefici aries(60 %)	IFA(Blu e)tablet	Require ment of IFA for 60% coverag e	Total cost@ Rs 0.17/ per tablet
748354 8	4490129	3891445 12	2334867 07	396.9 3	755397 5	453238 5	39280 6699	235684 019	400.66

FY wise target & budget (Rs. In Lakh)							
FY	Target Budget						
2022-23	233486707	396.93					
2023-24 235684019 400.66							

Activity: 10	Drugs and supplies for RKSK (Sanitary napkins procurement)						
FMR Code: 37	RCH.5						
SL. No.	37						
Year	2022-23	2023-24					
Total Approval	274.01	274.01					
State Allocation	274.01	274.01					
District Allocation	0.00	0.00					
	FMR Owner						
At State HQ	At District Level	At Block Level					
State Nodal Officer- RKSK	District Coordinator & DDSM	Block Coordinator, Block Pharmacist (RBSK/RKSK/WIFS)					

37 : Menstrual Hygiene Scheme (MHS)

Activity: Sanitary Napkins to be provided Adolescent Girls (10-19yrs) for 15% of total Adolescent girls of 34 Districts i.e. estimated total AG 538298 and 32546 nos of ASHAS, @Rs.8/per pack of 6 napkins for 6 months. The details data enclosed with as <u>sub annexure</u> for Rural and urban AG.

	Drugs and Supplies for RKSK (Sanitary Napkins procurement)										
S. N.	Name of the District	Adolesce nt Girl (10-14 yrs)	Adole scent Girl (15-19 yrs)	Total Adolesc ent Girl (10-19 yrs)	15% of total AG to cover in 2022-23	Total SN Packet s for AG for 6 month s	Tot al nos of AS HA	Total SN Packe ts for ASHA s for 6 month s	Total Pkts of Sanitar y Napkin s require d	Cost @Rs.8 per pack of 6 napkins for 6 months	Total fund to be proposed for all 33 districts in 2022- 23(in lakhs)
1	Bajali	31054	26617	41193	6179	37074	329	1971	39045	312361	3.12
2	Baksa	55407	47492	102899	15435	92609	950	5700	98309	786473	7.86
3	Barpeta	77634	66544	160655	24098	144590	128 1	7689	152278	1218225	12.18
4	Biswanath	37355	32019	69374	10406	62437	786	4716	67153	537221	5.37
5	Bongaigao n	47069	40345	87414	13112	78673	752	4512	83185	665477	6.65
6	Cachar	110296	94540	204836	30725	184352	182 6	10956	195308	1562467	15.62
7	Charaideo	26413	22640	49053	7358	44148	482	2892	47040	376318	3.76
8	Chirang	28266	24228	52494	7874	47245	742	4452	51697	413573	4.14
9	Darrang	59959	51393	111352	16703	100217	978	5868	106085	848678	8.49
10	Dhemaji	43487	37275	80762	12114	72686	746	4476	77162	617294	6.17
11	Dhubri	91821	78704	170525	25579	153473	165 1	9906	163379	1307028	13.07

	Total	1932353	16563 03	358865 5	538298	32297 90	325 46	19527 6	34250 66	274005 24	274.01
34	West Karbi Anglong	18347	15726	34073	5111	30666	390	2340	33006	264046	2.64
33	Udalguri	47999	41142	89141	13371	80227	106 5	6390	86617	692935	6.93
32	Tinsukia	80905	69347	150252	22538	135227	140 3	8418	143645	1149158	11.49
31	South Salmara	36561	31338	67899	10185	61109	345	2070	63179	505433	5.05
30	Sonitpur	79994	68566	148560	22284	133704	116 0	6960	140664	1125312	11.25
29	Sivasagar	39880	34183	74063	11109	66657	774	4644	71301	570406	5.70
28	Nalbari	45520	39017	84537	12681	76083	775	4650	80733	645866	6.46
27	Nagaon	122087	10464 6	226733	34010	204060	174 2	10452	214512	1716094	17.16
26	Morigaon	62472	53547	116019	17403	104417	948	5688	110105	880841	8.81
25	Majuli	9626	8251	17877	2682	16089	298	1788	17877	143018	1.43
24	Lakhimpur	64491	55278	119769	17965	107792	130 8	7848	115640	925121	9.25
23	Kokrajhar	49056	42048	91104	13666	81994	137 7	8262	90256	722045	7.22
22	Karimganj	79179	67868	147047	22057	132342	123 5	7410	139752	1118018	11.18
21	Karbi Anglong	41030	35168	76198	11430	68578	739	4434	73012	584098	5.84
20	Kamrup Rural	92650	79414	172064	25810	154858	174 4	10464	165322	1322573	13.23
19	Kamrup Metro	78327	67138	145465	21820	130919	676	4056	134975	1079796	10.80
18	Jorhat	53216	45614	98830	14825	88947	967	5802	94749	757992	7.58
17	Нојаі	60072	51490	111562	16734	100406	701	4206	104612	836894	8.37
16	Hailakandi	42310	36266	78576	11786	70718	715	4290	75008	600067	6.00
15	Golaghat	63397	54340	117737	17661	105963	105 7	6342	112305	898442	8.98
14	Goalpara	65375	56036	121411	18212	109270	106 7	6402	115672	925375	9.25
13	Dima Hasao	12856	11019	23875	3581	21488	238	1428	22916	183324	1.83
12	Dibrugarh	78242	67064	145306	21796	130775	129 9	7794	138569	1108555	11.09

FY wise target & budget (Rs. In Lakh)								
FY Target Budget								
2022-23	1	274.01						
2023-24 1 274.01								

38 : Peer Educator Programme

Activity: 11	Organizing Adolescent Health & Wellness Day at Sub Center/ HWC								
FMR Code: 38	RCH.5								
SL. No.	38.1								
Year	2022-23	2023-24							
Total Approval	67.98	67.98							
State Allocation	0	0							
District Allocation	67.98	67.98							
	FMR Owner								
At State HQ	At District Level	At Block Level							
State Nodal Officer- RKSK	District Coordinator & DCM	Block Coordinator, BCM/Counsellor (RBSK/RKSK/WIFS)							

For the FY 2022-23

- Quarterly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts(total in 13 Districts) @4 AH&WD per HWC/SC per Year
- Half yearly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts @2 AH&WD per HWC/SC per Year

	Organizing Adolescent Health & Wellness Day at Sub Center/ HWC										
SI. No	Districts	Block	Total Nos.of Sub Cente r	Total Nos. of ASHA Village	Total Nos.of ASHA	Total quarterly Adolescen t Health & Wellness Day to be organised at SC/HWC (@4 AH&WD per Year in old RKSK Districts and @2 AH&WD per Year in new Districts /SHP)	Total Budget in Rs.(@1000 per AH & WD)	Total Budget in Lakhs	Remarks		
1	Dhubri	5	165	1163	1309	660	660000	6.60	Quarterly		
2	Goalpara	5	155	1030	1030	620	620000	6.20	Adolescent		
3	Golaghat	5	144	1170	1018	576	576000	5.76	Health & Wellness Day		
4	Hailakandi	4	107	687	507	428	428000	4.28	in RKSK and SH&WP		
5	Hojai	2	96	694	694	384	384000	3.84			
6	Karimganj	5	222	1182	1182	888	888000	8.88	implementing		
7	Kokrajhar	4	151	1395	1376	604	604000	6.04	Districts @4		

8	Nagaon	9	267	1773	1669	1068	1068000	10.68	AH&WD per HWC/SC per Year
9	South Salmara	2	55	345	345	110	110000	1.10	Half yearly Adolescent
10	Baksa	6	157	725	950	314	314000	3.14	Health & Wellness Day
11	Barpeta	7	264	1077	1518	528	528000	5.28	in RKSK and SH&WP implementing
12	Darrang	4	159	727	950	318	318000	3.18	Districts @2 AH&WD per HWC/SC per Year
13	Udalguri	3	150	904	1065	300	300000	3.00	Tear
	Total	61	2092	12872	13613	6798	6798000	67.98	

For the FY 2022-23

- Quarterly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts(total in 13 Districts) @4 AH&WD per HWC/SC per Year
- Half yearly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts @2 AH&WD per HWC/SC per Year

	Organizing Adolescent Health & Wellness Day at Sub Center/ HWC									
SI. No	Districts	Block	Total Nos. of Sub Cent er	Total Nos. of ASHA Village	Total Nos. of ASHA	Total quarterly Adolescent Health &Wellness Day to be organised at SC/HWC (@4 AH&WD per Year in old RKSK Districts and @2 AH&WD per Year in new Districts /SHP)	Total Budget in Rs.(@1 000 per AH &WD)	Total Budget in Lakhs	Remarks	
1	Dhubri	5	165	1163	1309	660	660000	6.60	Quarterly	
2	Goalpara	5	155	1030	1030	620	620000	6.20	Adolescent Health &	
3	Golaghat	5	144	1170	1018	576	576000	5.76	Wellness Day	
4	Hailakandi	4	107	687	507	428	428000	4.28	in RKSK and	
5	Hojai	2	96	694	694	384	384000	3.84	SH&WP implementing	
6	Karimganj	5	222	1182	1182	888	888000	8.88	Districts @4	
7	Kokrajhar	4	151	1395	1376	604	604000	6.04	AH&WD per	
8	Nagaon	9	267	1773	1669	1068	106800 0	10.68	HWC/SC per Year	
9	South Salmara	2	55	345	345	110	11000 0	1.10	Half yearly Adolescent	
10	Baksa	6	157	725	950	314	31400 0	3.14	Health & Wellness Day in RKSK and	
11	Barpeta	7	264	1077	1518	528	52800 0	5.28	SH&WP implementing	

12	Darrang	4	159	727	950	318	31800 0	3.18	Districts @2 AH&WD per HWC/SC per Year
13	Udalguri	3	150	904	1065	300	30000 0	3.00	
	Total	61	2092	12872	13613	6798	67980 00	67.98	

	District wise Target & Budget (Rs. In lakh)										
SI. no	Name of the District	FY 20	22-23	FY 2023-24							
		Target	Budget	Target	Budget						
1	Dhubri	660	6.6	660	6.6						
2	Goalpara	620	6.2	620	6.2						
3	Golaghat	576	5.76	576	5.76						
4	Hailakandi	428	4.28	428	4.28						
5	Hojai	384	3.84	384	3.84						
6	Karimganj	888	8.88	888	8.88						
7	Kokrajhar	604	6.04	604	6.04						
8	Nagaon	1068	10.68	1068	10.68						
9	South Salmara	110	1.1	110	1.1						
10	Baksa	314	3.14	314	3.14						
11	Barpeta	528	5.28	528	5.28						
12	Darrang	318	3.18	318	3.18						
13	Udalguri	300	3	300	3						
	Total	6798	67.98	6798	67.98						

FY wise target & budget (Rs. In Lakh)							
FY Target Budge							
2022-23	6798	67.98					
2023-24	6798	67.98					

Activity: 12	Organizing Adolescent Friendly	Organizing Adolescent Friendly Club meetings at Sub Centre level				
FMR Code: 38	RCH.5					
SL. No.	38.2					
Year	2022-23	2023-24				
Total Approval	9.08	28.95				
State Allocation	0	0				
District Allocation	9.08	28.95				
	FMR Owner					
At State HQ	At District Level	At Block Level				
State Nodal Officer- RKSK	District Coordinator & DCM	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)				

For the FY 2022-23

• Adolescent Friendly Club meetings to be organized at Sub Center level (Bi Monthly) at 757 SCs in existing RKSK districts @ Rs. 200/- per meeting.

	Organizing Adolescent Friendly Club meetings at Sub Centre level									
S N	Particulars	Unit Cost (in RS.)	Unit (SC)	Freque ncy/ Year	Total Club Meeti ng to be cond ucted	Total amount (in Rs)	Total amount (In Lakh)	Remarks		
1	To organize Adolescent Friendly Club Meeting at Sub Centre meeting/2months	200	757	6	4542	908400	9.084	For organizing Adolescent Friendly Club meetings at SC level in all 757 SCs covered		
	Total					908400	9.084	under PE blocks of 7 RKSK districts @ Rs. 200/- per meeting.		
N.B	: 757 Sub Centres is p	oropose	d to co	nduct clu	b meetin	gs Bi-annu	ally.			

			D	istrict wise bre	eak up		
S.N	Name of RKSK District	Total no. of RKSK Blocks	No. of AFC under SC	Frequency(Bi-monthly)	No. of AFC meetings to be conducted bi- monthly in each SC(Target)	Total Budget in Rs.(@ Rs. 200 per meeting)	Total Budget in Lakh
1	Dhubri	3	109	6	654	130800	1.308
2	Goalpara	3	89	6	534	106800	1.068
3	Golaghat	3	95	6	570	114000	1.14
4	Hailakandi	2	78	6	468	93600	0.936
5	Karimganj	2	91	6	546	109200	1.092
6	Kokrajhar	2	97	6	582	116400	1.164
7	Nagaon	6	198	6	1188	237600	2.376
Tota	Total Budget to						
District		21	757	42	4542	908400	9.084

For the FY 2023-24

- Adolescent Friendly Club meetings at SC/HWC level in all 756 SCs is proposed for PE blocks of 7 RKSK districts @ Rs. 200/- per meeting. (Bi-monthly)
- Adolescent Friendly Club meetings at SC level in all 3867 SCs is proposed under new implemented PE blocks of 34 districts @ Rs. 200/- per meeting. (Half yearly)

	Organizing Adolescent Friendly Club meetings at Sub Centre level								
S N	Particulars	Unit Cost (in RS.)	Unit (SC/HWC)	Total Club Meetin g to be condu cted	Total amount @200 Rs, per meeting (in Rs)	Total amoun t (In Lakh)	Remarks		
1	To organize Adolescent Friendly Club Meeting at Sub Centre meeting/2months (Old PE Implementation Block)	200	4623	14476	2895200	28.952	 Adolescent Friendly Club meetings at SC level in all Districts. Budget has proposed @ Rs. 		
	Total	200	4623	14476	2895200	28.952	200/- per meeting. (Bi-monthly in 8 RKSK Districts and half yearly in 25 Districts)		

			District wi	se break up		
S.N	Name of RKSK District	Total SC	Frequency(B i-monthly & Half yearly)	Total Budget in Rs.(@ Rs. 200 per meeting)	Total Budget in Lakh	Remarks
1	Bajali	81	162	32400	0.324	
2	Baksa	157	314	62800	0.628	
3	Barpeta	183	366	73200	0.732	
4	Biswanath	140	280	56000	0.56	
5	Bongaigaon	108	216	43200	0.432	
6	Cachar	270	540	108000	1.08	Half yearly AFC meeting
7	Charaideo	71	142	28400	0.284	meeting
8	Chirang	87	174	34800	0.348	
9	Darrang	159	318	63600	0.636	
10	Dhemaji	98	196	39200	0.392	
11	Dhubri	165	990	198000	1.98	
12	Dibrugarh	240	480	96000	0.96	Half yearly AFC
13	DiimaHasao	71	142	28400	0.284	meeting
14	Goalpara	155	930	186000	1.86	
15	Golaghat	144	864	172800	1.728	Bi-monthly AFC
16	Hailakandi	107	642	128400	1.284	meeting
17	Hojai	96	576	115200	1.152	
18	Jorhat	110	220	44000	0.44	
19	Kamrup_M	39	78	15600	0.156	Half yearly AFC
20	Kamrup_R	264	528	105600	1.056	meeting
21	Karbi Anglong	108	216	43200	0.432	
22	Karimganj	222	1332	266400	2.664	Bi-monthly AFC
23	Kokrajhar	151	906	181200	1.812	meeting
24	Lakhimpur	154	308	61600	0.616	
25	Majuli	34	68	13600	0.136	
26	Morigaon	122	244	48800	0.488	
27	Nagaon	267	1602	320400	3.204	Bi-monthly AFC meeting
28	Nalbari	112	224	44800	0.448	
29	Sivasagar	150	300	60000	0.6	
30	Sonitpur	140	280	56000	0.56	
31	South Salmara	55	110	22000	0.22	Half yearly AFC
32	Tinsukia	164	328	65600	0.656	meeting
33	Udalguri	150	300	60000	0.6	1
34	West Karbi Anglong	50	100	20000	0.2	
	Total	4624	14476	2895200	28.952	

		District w	ise Target & B	udget (Rs. In lakh)		
SI.	Name of the	FY 2	022-23	FY 2023-24		
no	District	Target	Budget	Target	Budget	
1	Bajali			162	0.324	
2	Baksa			314	0.628	
3	Barpeta			366	0.734	
4	Biswanath			280	0.56	
5	Bongaigaon			216	0.432	
6	Cachar			540	1.08	
7	Charaideo			142	0.284	
8	Chirang			174	0.348	
9	Darrang			318	0.636	
10	Dhemaji			196	0.392	
11	Dhubri	654	1.31	990	1.98	
12	Dibrugarh			480	0.96	
13	Dima Hasao			142	0.284	
14	Goalpara	534	1.07	930	1.86	
15	Golaghat	570	1.14	864	1.728	
16	Hailakandi	468	0.94	642	1.284	
17	Hojai			576	1.15	
18	Jorhat			220	0.44	
19	Kamrup Metro			78	0.156	
20	Kamrup Rural			528	1.056	
21	Karbi Anglong			216	0.432	
22	Karimganj	546	1.09	1332	2.664	
23	Kokrajhar	582	1.16	906	1.812	
24	Lakhimpur			308	0.616	
25	Majuli			68	0.136	
26	Morigaon			244	0.488	
27	Nagaon	1188	2.38	1602	3.204	
28	Nalbari			224	0.448	
29	Sivasagar			300	0.6	
30	Sonitpur			280	0.56	
31	South Salmara			110	0.22	
32	Tinsukia			328	0.656	
33	Udalguri			300	0.6	
34	West Karbi Anglong			100	0.2	
	Total	4542	9.084	14476	28.952	

FY wise target & budget (Rs. In Lakh)									
FY	Target	Budget							
2022-23	4542	9.084							
2023-24	14476	28.952							

Activity: 13	Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)					
FMR Code: 38	RCH.5					
SL. No.	38.3					
Year	2022-23	2023-24				
Total Approval	17.1	0				
State Allocation	0	0				
District Allocation	17.1	0				
	FMR Owner					
At State HQ	At District Level	At Block Level				
State Nodal Officer- RKSK	District Coordinator, DCM & DAM	Block Coordinator, BCM (RBSK/RKSK/WIFS)				

An ASHA will get Rs. @200/ for 4 PE Rs. 50 per 1 PE s) under one ASHA in all ASHA Villages of 9 Districts.

	Incentive for support to Peer Educator (Incentive for ASHA for selecting Peer Educators)											
SI. No	Districts	Total Nos. of Sub Center	Total Nos. of ASHA Village	Total Nos. of ASHA	No. of PE s to be Selected(@ 4 PE per ASHA Village)	Fund allotted in District ROP (@ 100 per ASHA for selecting 1 PE) (In lakh)	Total Budget in Lakhs					
1	Dhubri	85	344	658	1376	137600	1.38					
2	Goalpara	66	414	414	1656	165600	1.66					
3	Golaghat	53	438	368	1752	175200	1.75					
4	Hailakandi	38	245	244	980	98000	0.98					
5	Hojai	53	330	330	1320	132000	1.32					
6	Karimganj	127	693	693	2772	277200	2.77					
7	Kokrajhar	54	704	704	2816	281600	2.82					
8	Nagaon	119	762	796	3048	304800	3.05					
9	South Salmara	55	345	345	1380	138000	1.38					
	Total	650	4275	4552	17100	1710000	17.1					

Operational & Financial Guideline for RKSK ROP 2022-23 & 2023-24, NHM, Assam

	District wise Target & Budget (Rs. In lakh)							
SI. no	Name of the	FY 20	22-23	FY	2023-24			
	District	Target	Budget	Target	Budget			
1	Dhubri	1376	1.376					
2	Goalpara	1656	1.656					
3	Golaghat	1752	1.752					
4	Hailakandi	980	0.98					
5	Hojai	1320	1.32					
6	Karimganj	2772	2.772					
7	Kokrajhar	2816	2.816					
8	Nagaon	3048	3.048					
9	South Salmara	1380	1.38					
	Total	17100	17.1	0	0			

FY wise target & budget (Rs. In Lakh)						
FY	Target	Budget				
2022-23	17100	17.1				
2023-24	0	0.000				

Activity: 14	ASHA Incentives for mobilizing adolescents for Adolescent Health & Wellness Day at Sub-Center/ HWC						
FMR Code: 38	RCH.5						
SL. No.	38.4						
Year	2022-23	2023-24					
Total Approval	6.80	6.80					
State Allocation	0.00	0.00					
District Allocation	6.80	6.80					
	FN	IR Owner					
At State HQ	At District Level	At Block Level					
State Nodal Officer-RKSK	District Coordinator, DCM & DAM	Block Coordinator, BCM (RBSK/RKSK/WIFS)					

- Incentives of Rs. 100/-per AHD to be provided to ASHAs for mobilizing adolescents for quarterly AHDs at HWC/SC level.
- Quarterly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts @4 AH&WD per HWC/SC per Year.

• Half yearly Adolescent Health & Wellness Day in RKSK and SH&WP implementing Districts @2 AH&WD per HWC/SC per Year.

Ince	Incentives for mobilizing adolescents for Adolescent Health Days (AHDs) for Adolescent Health & Wellness Day at Sub Center/ HWC								
SI. No.	Districts	Block	Total Nos. of Sub Cent er	Total Nos. of ASHA Village	Total Nos. of ASHA	Total quarterly Adolescent Health & Wellness Day to be organized at SC/HWC (@4 AH&WD per Year in RKSK Districts and @ 2 AH&WD SHP Districts & 1 new District)	Total Budget in Rs. (@100/ AHD/per ASHA))	Total Budget in Lakhs	Remarks
1	Dhubri	5	165	1163	1309	660	66000	0.66	Quarterly
2	Goalpara	5	155	1030	1030	620	62000	0.62	Adolescent Health &
3	Golaghat	5	144	1170	1018	576	57600	0.58	Wellness
4	Hailakandi	4	107	687	507	428	42800	0.43	Day in RKSK and
5	Hojai	2	96	694	694	384	38400	0.38	SH&WP implementin
6	Karimganj	5	222	1182	1182	888	88800	0.89	g Districts @4 AH&WD
7	Kokrajhar	4	151	1395	1376	604	60400	0.60	per HWC/SC per Year
8	Nagaon	9	267	1773	1669	1068	106800	1.07	per rear
9	South Salmara	2	55	345	345	110	11000	0.11	Half yearly Adolescent
10	Baksa	6	157	725	950	314	31400	0.31	Health & Wellness
11	Barpeta	7	264	1077	1518	528	52800	0.53	Day in RKSK and
12	Darrang	4	159	727	950	318	31800	0.32	SH&WP implementin
13	Udalguri	3	150	904	1065	300	30000	0.30	g Districts @2 AH&WD per HWC/SC per Year
	Total	61	2092	12872	13613	6798	679800	6.798	

	District wise Target & Budget (Rs. In lakh)						
SI. no	Name of the District	FY 20	22-23	FY 2023-24			
		Target	Budget	Target	Budget		
1	Dhubri	660	0.66	660	0.66		
2	Goalpara	620	0.62	620	0.62		
3	Golaghat	576	0.576	576	0.576		
4	Hailakandi	428	0.428	428	0.428		
5	Hojai	384	0.384	384	0.384		
6	Karimganj	888	0.888	888	0.888		
7	Kokrajhar	604	0.604	604	0.604		
8	Nagaon	1068	1.068	1068	1.068		
9	South Salmara	110	0.11	110	0.11		
10	Baksa	314	0.314	314	0.314		
11	Barpeta	528	0.528	528	0.528		
12	Darrang	318	0.318	318	0.318		
13	Udalguri	300	0.3	300	0.3		
	Total	6798	6.798	6798	6.798		

FY wise target & budget (Rs. In Lakh)						
FY Target Budget						
6798	6.798					
6798	6.798					
	Target 6798					

Activity: 15	Incen	tives for Peer Educator
FMR Code: 38	RCH.5	
SL. No.	38.5	
Year	2022-23	2023-24
Total		
Approval	86.89	72.82
State		
Allocation	0.00	0.00
District		
Allocation	86.89	72.82
	FMI	R Owner
At State HQ	At District Level	At Block Level
State Nodal Officer- RKSK	District Coordinator, DCM & DAM	Block Coordinator & BCM (RBSK/RKSK/WIFS)

For the FY 2022-23

• Incentives for total PEs selected upto the FY 2022-23 @Rs. 50 per month per PE for 9 months.

			Incentives for	or Peer Educator			
SN	District	No. of Block s	No. of blocks selected for PE programme(Ol d)	No of new block selected for PE Implementatio n	Total PE s(Old)	Total cost @Rs. 50 per PE per Month for 9 months in Rs.	Total Budget in Lakhs
1	Dhubri	5	3	2	3276	1474200	14.74
2	Goalpara	5	3	2	2460	1107000	11.07
3	Golaghat	5	3	2	2193	986850	9.87
4	Hailakandi	4	2	2	1768	795600	7.96
5	Karimganj	5	2	3	1956	880200	8.80
6	Kokrajhar	4	2	2	2628	1182600	11.83
7	Nagaon	9	6	3	3576	1609200	16.09
8	Hojai	2	1	1	1452	653400	6.53
	Total	39	22	17	1930 9	8689050	86.890

For the FY 2023-24

Incentives for total PEs (New + Old) selected upto the FY 2022-23 @Rs. 50 per month per PE for 4 months

	Incentives for Peer Educator									
SN	District	No. of Blocks	No. of blocks select ed for PE progra mme (Old)	No of new block select ed for PE Imple menta tion	Total PE s (Old)	Total New ASHA Villag es for PE Progr am Imple menta tion	Total PE (New)	Total Peer Educat ors (New+ Old)	Total cost @Rs. 50 per PE per Month for 4 month s in Rs.	Total Budge t in Lakhs
1	Dhubri	5	3	2	3276	344	1376	4652	93040 0	9.30
2	Goalpara	5	3	2	2460	414	1656	4116	82320 0	8.23
3	Golaghat	5	3	2	2193	438	1752	3945	78900 0	7.89

4	Hailakand i	4	2	2	1768	245	980	2748	54960 0	5.50
5	Karimganj	5	2	3	1956	693	2772	4728	94560 0	9.46
6	Kokrajhar	4	2	2	2628	704	2816	5444	10888 00	10.89
7	Nagaon	9	6	3	3576	762	3048	6624	13248 00	13.25
8	Hojai	2	1	1	1452	330	1320	2772	55440 0	5.54
9	South Salmara	2	0	2	0	345	1380	1380	27600 0	2.76
	Total	41	22	19	19309	4275	1710 0	36409	72818 00	72.81 8

FY wise target & budget (Rs. In Lakh)						
FY	Target	Budget				
2022-23	19309	86.890				
2023-24	36409	72.818				

Activity: 16	Training o	Training of PE+ASHA at Block level					
FMR Code: 38	RCH.5						
SL. No.	38.6						
Year	2022-23	2023-24					
Total Approval	64.19	81.056					
State Allocation	0.00	0.000					
District Allocation	64.19	81.056					
	FMF	Owner					
At State HQ	At District Level	At Block Level					
State Nodal Officer- RKSK	District Coordinator & DCM	Block Coordinator, BPM & BCM/Counsellor (RBSK/RKSK/WIFS)					

For the FY 2022-23

- Newly selected/replaced Peer Educators in 2022-23 will be provided 6 days module training along with ASHAs.
- In the FY 2022-23 total 236 batches are proposed to be trained for newly selected PEs of each RKSK blocks.

Training of PE+ASHA at Block level							
Particulars	Unit Cost	Unit(Train ing batches)	Total Cost in Rs.	Total Cost in Lakhs	Remarks		
Training of PE+ASHA at Block level	27200	236	641920 0	64.192	 6 days training with 40 participants(32 PE s and 8 ASHAs) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered 		

			Βι	udget Brea	ak up			
SN	Particulars	Unit Cost (in Rs.)	Unit	Duratio n	Total amount (in RS.)	Total Amount in lakhs	Remarks	
1	TA for Participants	100	40	2	8000	0.08		
2	Honorarium for Resource Persons	300	4	2	2400	0.024		
3	Stationary & training materials	100	40	1	4000	0.04	Proposed @Rs. 27000/ per batch of 40 participants(32 PE	
4	Working lunch, snacks and Tea	150	40	2	12000	0.12	s and 8 ASHAs) for 236 batches.	
8	Contingency (Banner, miscellaneous expenses, etc)	800	1	1	800	0.008		
	Total cost for on	e batch/40	0 participa	nts	0	0.27		
Т	otal cost for 236	batch with	40 partici	pants		64.192		

	Training of PE+ASHA at Block level												
SN	District	No. of Bloc ks	No. of block s selec ted for PE progr amm e(Old Block s)	No of new Block s for PE Progr am	No. of ASH A Villag e (New)	No. of PE to be selecte d in New District s(new blocks of 9 RKSK District s)	Total PEs to be traine d (Old)	Total PEs to be traine d (New)	No. of batch es of traini ng for Old PE & ASH As(32 PEs+ 8 ASH As in a batch)	No. of batche s of trainin g for New PE & ASHAs (32 PEs+8 ASHAs in a batch)	No. of bat che s pla nne d to be trai ned in 202 2- 23 (@ 40 part ich s per bat ch)	Cost (In Rs) @Rs. 27200/- per batch	Total Cost (In Lakh)
1	Dhubri	5	3	2	344	1376	132	1376	4	43	13	353600	3.536
2	Goalpara	5	3	2	414	1656	732	1656	23	52	30	816000	8.16
3	Golaghat	5	3	2	438	1752	964	1752	30	55	44	119680 0	11.968
4	Hailakandi	4	2	2	245	980	424	980	13	31	23	625600	6.256
5	Karimganj	5	2	3	693	2772	1039	2772	32	87	24	652800	6.528
6	Kokrajhar	4	2	2	704	2816	576	2816	18	88	22	598400	5.984
7	Nagaon	9	5	4	762	3048	1421	3048	44	95	53	144160 0	14.416
8	Hojai	2	1	1	330	1320	337	1320	11	41	13	353600	3.536
9	South Salmara	2	0	2	345	1380	0	1380	0	43	14	380800	3.808
	Total	41	21	20	4275	17100	5625	1710 0	175.7 8125	534.37 5	236	641920 0	64.19

For the FY 2023-24

- Rest Peer Educators in 2022-23 will be provided 6 days module training along with ASHAs.
- In the FY 2022-23 total 298 batches are proposed to be trained for newly selected PEs of each RKSK blocks.

Training of PE+ASHA at Block level								
	Unit Cost	Unit(Trai ning batches)	Total Cost in Rs.	Total Cost in Lakhs	Remarks			
Training of PE+ASHA at Block level	27200	298	810560 0	81.056	 6 days training with 40 participants(32 PE s and 8 ASHAs) 2) All related topics like NLEP, NTEP, NTCP and Family Planning will be covered 			

SN	Particulars	Unit Cost (in Rs.)	Unit	Dura tion	Total amount (in RS.)	Total Amou nt in lakhs		Remarks	
1	TA for Participants	100	40	2	8000	0.08			
2	Honorarium for Resource Persons	300	4	2	2400	0.024	Total amount Rs. 81.056 Lakhs proposed @Rs. 27000/ per batch of 40 participants(32 PE s and 8 ASHAs) for 298 batches.		
3	Stationary & training materials	100	40	1	4000	0.04			
4	Working lunch, snacks and Tea	150	40	2	12000	0.12			
8	Contingency (Banner, miscellaneous expenses, etc)	800	1	1	800	0.008			
Т	Total cost for one batch/40 participants					0		0.27	
Tot	Total cost for 298 batch with 40 participants						81.05 6		

S N	District	No. of Blo cks	No. of blocks selecte d for PE progra mme (Old Blocks)	No of new Blocks for PE Progra m	No. of ASHA Village (New)	No. of PE to be selected in New Districts(new blocks of 9 RKSK Districts)	Total PEs to be train ed (Old)	Total PEs to be trained (New)	No. of batche s of trainin g for Old PE & ASHAs (32 PEs+8 ASHAs in a batch)	No. of batche s of trainin g for New PE & ASHAs (32 PEs+8 ASHAs in a batch)	No. of batche s planne d to be trained in 2022- 23 (@ 40 partici pants per batch)
1	Dhubri	5	3	2	344	1376	132	1376	4	43	13
2	Goalpara	5	3	2	414	1656	732	1656	23	52	30
3	Golaghat	5	3	2	438	1752	964	1752	30	55	44
4	Hailakandi	4	2	2	245	980	424	980	13	31	23
5	Karimganj	5	2	3	693	2772	103 9	2772	32	87	24
6	Kokrajhar	4	2	2	704	2816	576	2816	18	88	22
7	Nagaon	9	5	4	762	3048	142 1	3048	44	95	53
8	Hojai	2	1	1	330	1320	337	1320	11	41	13
9	South Salmara	2	0	2	345	1380	0	1380	0	43	14
	Total	41	21	20	4275	17100	562 5	17100	175.7 8125	534.3 75	236

SI no	SI. no Name of the)22-23	FY 20	23-24
51. 110	District	Target	Budget	Target	Budget
1	Dhubri	13	3.536	30	8.16
2	Goalpara	30	8.16	22	5.984
3	Golaghat	44	11.968	11	2.992
4	Hailakandi	23	6.256	8	1.904
5	Karimganj	24	6.528	63	17.136
6	Kokrajhar	22	5.984	66	17.952
7	Nagaon	53	14.416	42	11.424
8	Hojai	13	3.536	28	7.616
9	South Salmara	14	3.808	29	7.888
	Total	236	64.192	298	81.056

FY wise target & budget (Rs. In Lakh)								
FY Target Budget								
2022-23	236	64.192						
2023-24	298	81.056						

Activity: 17	Printing of AFHS Training Modules for MOs/ANMs/LHVs/MPWs and PEs						
FMR Code: 38	RCH.5						
SL. No.	38.7						
Year	2022-23	2023-24					
Total Approval	66.00	15.270					
State Allocation	66.00	15.270					
District Allocation	0.00	0.00					
	FM	R Owner					
At State HQ	At District Level	At Block Level					
State Nodal Officer-RKSK	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)					

For the FY 2022-23

- Training module for MOs, ANM/LHVs/MPWs(930) and Peer Educators(8880) on AFHS
- Booklet in story pictorial form to be used during AHD & PE sessions

	Printing of AFHS Training modules for MOs/ANMs/LHVs/MPWs and PEs/B.10.7.4.6								
SI. no	Particulars	Unit Cost (in RS.)	Unit(Nos of Pes, ASHA, ANMs/LHVs/ MPW)	Total amount (in RS.)	Total amount (in lakh)	Remarks			
1	Printing for training modules Participants(Medical officers) for statelevel training	200	35	7000	0.07	Training module for MOs, ANM/LHVs/MP Ws(930) and			
2	Booklet for Peer Educators and LHVs	68	8034	546312	5.46312	Peer Educators (8880) on AFHS			
3	PE Kits(Flip book with messages on 6 thematic areas)	44	137324	6042256	60.42256	Booklet in story pictorial form to be used during AHD & PE sessions			
	Total		145393	6595568	66.0				

For the FY 2023-24

• Training module for MOs, ANM/LHVs/MPWs (930) and Peer Educators (8880) on AFHS

• Booklet in story pictorial form to be used during AHD & PE sessions

Registers for AFHC

F	Printing of AFHS Trai	ning mo	odules for MOs/AN	Ms/LHVs/Mi	PWs and I	PEs /B.10.7.4.6	
SI. no	Particulars	Unit Cost (in RS.)	Unit (Nos. of PEs, ASHA, ANMs/LHVs/MP W)	Total amount (in RS.)	Total amoun t (in lakh)	Remarks	
1	Printing for training modules Participants (Medical officers) for state level training	200	35	7000	0.070	Training module for MOs, ANM/LHVs/MPWs(930) and Peer	
2	Booklet for Peer Educators and LHVs	70	19571	1369970	13.700	Educators(8880) on AFHS	
3	PE Kits (Flip book with messages on 6 thematic areas)	150	200	30000	0.300	Bookelt in story pictorial form to be used during AHD & PE sessions	
4	Printing of Register for AFHCs	200	600	120000	1.200	Registers for AFHC	
	Total	620	20406	1526970	15.270		

FY wise target & budget (Rs. In Lakh)								
FY	Target	Budget						
2022-23	145393	66.00						
2023-24	20406	15.270						

39: School Health and Wellness Program under Ayushman Bharat

Activity: 18	State	Level Meeting for SHP
FMR Code: 39	RCH.5	
SL. No.	39.1	
Year	2022-23	2023-24
Total Approval	0.70	0.700
State Allocation	0.70	0.700
District Allocation	0.00	0.000
	FM	R Owner
At State HQ	At District Level	At Block Level
State Nodal Officer-RKSK	District Coordinator, DCM	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)

State Level Meeting for SHP: State level meeting on SHP with allied dept. and District officials of 7 Aspirational Districts along with 3 nos. of Non Aspirational Districts.

	State level convergence meeting on SHP											
Head	Nos.	Rate	Total Budget in lakhs	Remarks								
State Level Meeting on SHP	2	35000	0.7	State level meeting on SHP with allied dept. and District officials of 7 Aspirational Districts and 3 nos. of Non Aspirational Districts.								

FY wise target & budget (Rs. In Lakh)								
FY	FY Target Budget							
2022-23	2	0.7						
2023-24	2	0.7						

Activity: 19	Kits for Schools, HWAs and HWMs (Merchandise) and Printing Materials Under SHWP							
FMR Code: 39	RCH.5							
SL. No.	39.2							
Year	2022-23	2023-24						
Total Approval	80.87 34.870							
State								
Allocation	80.87	34.870						
District								
Allocation	0.00	0.000						
	FMF	Owner						
At State HQ	At District Level	At Block Level						
State Nodal Officer-RKSK	District Coordinator & DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)						

For FY 2022-23

Kits for Schools, HWAs and HWMs (merchandise) and Printing Materials under SHWP

Total Budget **@Rs. 80.87** Lakh has proposed for procurement of merchandise for HWAs and HWMs of 7 aspirational Districts, where SH & WP was implemented in FY 2021-22 and for printing materials for 6 new Districts (Charaideo, Jorhat, Kokrajhar, Nagaon, Tinsukia and West Karbi Anglong) where SH&WP is planning to expand in FY 2022-23 & FY 2023-24.

- Budget @Rs. 52.07 lakh Procurement of Merchandise for HWA & HWM under SHWP
- Budget @Rs. 28.80 lakh for Printing materials

For FY 2023-24

Kits for Schools, HWAs and HWMs (merchandise) under SHWP

Total Budget @**Rs. 34.87** has proposed for procurement of merchandise for HWAs and HWMs of Merchandise for 3 Districts namely Charaideo, Jorhat and Kokrajhar FY 2023-24

FY	Target	Budget
2022-23	20732	80.87
2023-24	6974	34.87

Activity: 20	Training of master trainers at State, district and block level Training and two nodal teachers per school								
FMR Code: 39	RCH.5								
SL. No.	39.3								
Year	2022-23	2023-24							
Total Approval	39.23	37.260							
State Allocation	6.35	0.000							
District Allocation	32.88	37.260							
	FMF	? Owner							
At State HQ	At District Level	At Block Level							
State Nodal Officer-RKSK	District Coordinator & DCM	Block Coordinator & BCM / Counsellor (RBSK/RKSK/WIFS)							

For FY 2022-23

Fund proposed for

- SRGs training for 6 Districts, Charaideo, Jorhat, Kokrajhar, Nagaon, Tinsukia and West Karbi Anglong, DRGs training for 3 Districts, Charaideo, Jorhat, Kokrajhar,
- DRGs, Principals and HWA's training for 3 Districts, Charaideo, Jorhat and Kokrajhar
- Total Budget @Rs.39.23 Lakh has proposed

		Budg	et for Trair	ning under S	HP
SI. no	Training	Total Batch	Duduct Duduct in		Remarks
1	SRGs Training for 6 Districts	1	635000	6.35	SRGs training for 6 Districts, Charaideo, Jorhat, Kokrajhar, Nagaon, Tinsukia and West Karbi Anglong
2	DRG's Training District Level	7	332500	3.33	
3	Principal's Training	20	545000	5.45	Training of DRGs, Principals and HWAs for 3 Districts, Charaideo, Jorhat, Kokrajhar,
4	HWA's Training	40	2410000	24.1	
	Total	68	3923000	39.230	

	Target for implementation for SHP (District Selected by the Dept. of Education)																
	Distric	BI oc ks (E du cat io n)	SRGs are to be Train ed@5 SRGs per Distri ct	Budg et for Traini ng of SRGs (Nati onal level)	DR Gs Tot al 5-6 part s per Blo ck @3 fro m Edu cati on Dep t. and 2 fro m Hea Ith Dep t.)	Nos of Traini ng Batc h	Budge t for DRG's Traini ng Distric t Level @RS.4 7500 per batch with 10 partici pants	Total nos of Scho ol(UP +HS+ Hr. S)	Total nos of Princi pal are to be Traine d	Tot al nos of HW A are to be Trai ned	Tot al Bat ch @ 40 part icipt ant s per bat ch	Tot al Bud get for Trai nin g HW A @R s. 602 50/ per bat ch	Tot al Prin cip al's to be trai ned	Tot al Bat ch to be trai ned (@4 0 pert icip ant s per bat ch)	Bud get for Prin cipal 's Train ing (@R s. 27,2 50 per batc h)	To tal Require entroining Module @ 3 co je s per scholo (fo 1 iripia & 2 Te a he rs per scholo))	Total Bud get in Lakh (@R s.45 0 per Scho ol)
1	CHAR AIDEO	2	5		10	1	0.475	144	144	320	8	4.82	160	4	1.09	43 2	1.94 4
2	JORHA T	5	5	6350 00	30	3	1.425	308	308	640	16	9.64	320	8	2.18	92 4	4.15 8
3	Kokr Ajhar	5	5		30	3	1.425	313	313	640	16	9.64	320	8	2.18	93 9	4.22 55
Gra	and Total	12	15	6350 00	70	7	3.325	765	765	160 0	40	24.1	800	20	5.45	22 95	10.3 275

For FY 2023-24

Fund proposed for

- DRGs, Principals and HWA's training for 3 Districts, Nagaon, Tinsukia and west Karbi Anglong
- Total Budget @Rs.37.26 Lakh has proposed

	Budget for Training under SHP									
SI. no	Training	Total Batch	Total Budget in Rs.	Total Budget in Lakh.	Remarks					
1	DRG's Training District Level	10	477000	4.77	Training for 3 Districts,					
2	Principal's Training	22	599500	5.995	Nagaon, Tinsukia and West Karbi Anglong					
3	HWA's Training	44	2649240	26.4924	West Narbi Angiong					
Total		76	3725740	37.26						

				Βι	udget	for 1	Fraini	ng unde	er SH	IP						
S N	District	Bloc ks	SRG s are to be Trai ned @5 SRG s per Dist rict	Bu dge t for Trai nin g of SR GS (Na tion al lev el)	DRG s are to be sele cted (Total 5-6 parti ciap nts per Bloc k @3 from Educ ation Dept . and 2 from Healt h Dept .)	No s of Tra ini ng Bat ch	Bud get for DRG' s Train ing Distr ict Leve I @RS .477 00 per batc h with 10 parti cipa nts	Total nos of School(UP+HS +Hr. S)	Tot al of Pri nci pal are to be Trai ned	Tot al no of H W A are to be Tra be Tra d	Total Batc h @ 40 parti cipa nts per batc h	Tot al Bu dge t for Tra inin g HW A @R s. 602 10/ per bat ch	Tota I Prina I's to be train ed	Total Batc h to be train ed (@40 perti cipa nts per batc h)	Bud for Prin cipa l's Trai ning (@R s. 27,2 50 per batc h)	Tot al Bu dg et (H+ M+ P)
Α	В	С	D	E	F	G	Н		J	K	L	М	N	0	Р	Q
1	NAGAON	۹ I	5		50	5	2.38 5	515	51 5	10 40	26	15. 65 46	520	13	3.54 25	21. 58 2
2	TINSUKI	A 5	5		30	3	1.43 1	220	22 0	44 0	11	6.6 23 1	240	6	1.63 5	9.6 89
3	WEST KAF ANGLON	1	5		20	2	0.95 4	134	13 4	28 0	7	4.2 14 7	120	3	0.81 75	5.9 86
	Grand Total	1 8	15	0	100	10	4.77	869	86 9	17 60	44	26. 49 24	880	22	5.99 5	37. 26

FY wise target & budget (Rs. In

	Lakh)							
FY	Target Budge							
2022-23	68 39.23							
2023-24	76	37.26						

Activity: 21	Incentivized innovati	ve activity related to Child Marriage
FMR Code: 41	RCH.5	
SL. No.	41.1	
Year	2022-23	2023-24
Total		
Approval	106.71	106.71
State		
Allocation	0.00	0.00
District		
Allocation	15.00	15.00
	FMR	Owner
At State HQ	At District Level	At Block Level
State Nodal Officer-RKSK	DPM, DCM & District Coordinator	BPM, BCM, Block Coordinator & Counsellor (RBSK/RKSK/WIFS)

41: State specific Initiatives and Innovations

Rationale

The complex interlinks age of myths and a misconception with religious and cultural beliefs often limits the uptake of health and health related services. During the implementation of the Adolescent Health related activities, these problems gained centre-stage as they often posed as barriers against the uptake of services.

Based on the anecdotal evidence gathered by field team, some of the cultural practices, beliefs and myths/taboos related to the abovementioned issues include:

- i. Vaccinations cause impotency or is a birth control;
- ii. Consumption of Iron Folic Acid tablets seen as a bad women;
- iii. Pregnancy is seen solely as women's concerns, with very little responsibility of males in the household.
- iv. Reluctancy over family planning methods due to old age belief on killing of unborn children etc.

Objectives

Understand the key barriers that hamper uptake of correct practices by communities relating to the following:

- i. Child marriage and teenage pregnancy.
- ii. Menstrual Hygiene and Sanitation
- iii. Nutrition
- iv. COVID Vaccination for Adolescent age group
- v. Family Planning
 - Sensitize religious leader, local leaders and faith-based organizations on positive messages around Health seeking behaviours.
 - Dispel pre-existing myths and misconceptions around health seeking behaviours and generate demand for healthcare services
 - To counter these identified challenges, Block level orientation meeting of Faith Leaders to be organized.

Brief Action Plan will be prepared on-

- Opportunities which faith leaders can use to communicate in community about various issue related to maternal and child health care.
- > Faith teachings in support of key messages
- Strategy for tackling myths

Status as per NFHS-5 (2019-20)

These districts being predominately consisting of tribal, riverine, minority population etc., Hence, as per the NFHS-5 reports for Assam, anaemia is prevalent among male in the age group of **15-19 is 39.6 and female amongst 15 -19 age group is 67 %** and acceptance of **Family Planning any methods is 60.8% and modern method is 45.3%.** Since early marriages are taking place in the districts, it is leading to the consequences such as adolescent pregnancies.

SI.	Name of the District	Women age 20-24 years married before age 18 years (%)		Women15-19 years who were already mothers or pregnant at time of the survey (%)	
		NFHS-5	NFHS-4	NFHS-5	NFHS-4
1	Assam	31.8	30.8	11.7	13.6
2	Baksa	24.9	27.4	12.3	11.1
3	Barpeta	40.1	43.2	14.2	16.2
4	Bongaigaon	41.7	41.5	15.4	22.3
5	Darrang	37.4	37.4	16.5	16.5
6	Dhubri	50.8	46.2	25.6	22.4
7	Goalpara	41.8	35.8	13.3	27.2
8	Golaghat	20.7	27.7	9.5	13.2
9	Hailakandi	32.9	22.9	10.4	11.2
10	Hojai	30.9		15.6	
11	Karimganj	27.7	31	9.9	7.6
12	Kokrajhar	36.2	40.9	11.3	12.4
13	Nagaon	42.6	35.6	15	16.3
14	Udalguri	32	28.6	4.7	10.8
15	South Salmara	44.7		22	

Activity:

 Rs.1000/- per Block Police Station will be spent on Awareness Meeting to inform about the Project "Informer's Incentive to lodge FIR on preventing Child Marriage with the support of Block NHM Officials.

Criteria to be followed -

- A. Information must be provided to all concerned Police Officials.
- B. Coordination with Police personnel to be adhered.
- C. Each complaint should be allotted a special case number that will be used as a reference number.
- D. Rs.4415/- per informer with the photocopy of FIR including validation from the Health Department. Criterias to be followed -
 - Information must be provided before the Marriage.
 - The reward will be provided only after the information is proved to be correct
 - Informer will not be rewarded if the marriage is solemnised.

Incentivised	Incentivised innovative activity related to Child Marriage- "Informer's Incentive"						
Activity	Unit cost	Unit	Amount in Lakhs	Remarks			
Awareness	1000	65	0.650	 Rs.1000/- per Block Police Station will be spent on Awareness Meeting to inform about the Project "Informer's Incentive to lodge FIR on preventing Child Marriage with the support of Block NHM Officials. Criterias to be followed: a) Information must be provided to all concerned Police Officials. b) Coordination with Police personnel to be adhered. c) Each complaint should be allotted a special case number that will be used as a reference number. 			
Incentive for Informer on Child Marriage	4415	325	14.349	 Rs. 4415/- per informer with the photocopy of FIR including validation from the Health Department. Criterias to be followed a) Information must be provided before the Marriage. b) b) The reward will be provided only after the information is proved to be correct. c) c) Informer will not be rewarded if the marriage is solemnised. 			
Total	5415	390	15.00				

	Budget for Awareness Meeting							
SI.	Name of the District	Number of Block	Awareness meeting at Block Police Station	Unit Cost (Rs.1000 per awareness meeting)	Total Budget in Rs.	Amount in Lakh	Remarks	
1	Baksa	6	6	1000	6000	0.06	Rs.1000/- per Block Police	
2	Barpeta	7	7	1000	7000	0.07	Station will be spent on	

3	Bongaigaon	4	4	1000	4000	0.04	Awareness Meeting to inform about
4	Darrang	4	4	1000	4000	0.04	the Project "Informer's
5	Dhubri	5	5	1000	5000	0.05	Incentive to lodge FIR on preventing
6	Goalpara	5	5	1000	5000	0.05	Child Marriage with the
7	Golaghat	5	5	1000	5000	0.05	support of Block NHM Officials.
8	Hailakandi	4	4	1000	4000	0.04	Criterias to followed -
9	Hojai	2	2	1000	2000	0.02	a) Information must be provided to all
10	Karimganj	5	5	1000	5000	0.05	concerned Police
11	Kokrajhar	4	4	1000	4000	0.04	Officials. b) Coordination
12	Nagaon	9	9	1000	9000	0.09	with Police personnel to
13	Udalguri	3	3	1000	3000	0.03	be adhered. c) Each complaint
14	South Salmara	2	2	1000	2000	0.02	should be allotted a special case number that will be used as a reference number.
	Total		65		65000	0.650	

	Incentive for Informer on Child Marriage							
SI.	Name of the District	Total nos. of Block	Informer per Block @5 informer per Block	Unit (Expected number of FIR to be lodged per District)	Total Budget in Rs (Rs. 4415 per informer per case)	Amount in lakh	Remarks	
1	Baksa	6	5	30	132450	1.3245	a) Any	
2	Barpeta	7	5	35	154525	1.54525	informer should submit	
3	Bongaigaon	4	5	20	88300	0.883	the FIR copy of Child marriage	
4	Darrang	4	5	20	88300	0.883	complain to the nearest PS	
5	Dhubri	5	5	25	110375	1.10375	along with the documents like	
6	Goalpara	5	5	25	110375	1.10375	ID proof, address proof,	
7	Golaghat	5	5	25	110375	1.10375	copy of pass	

Operational & Financial Guideline for RKSK ROP 2022-23 & 2023-24, NHM, Assam

8	Hailakandi	4	5	20	88300	0.883	book front page at
9	Hojai	2	5	10	44150	0.4415	nearest BPHC along with an
10	Karimganj	5	5	25	110375	1.10375	application.
11	Kokrajhar	4	5	20	88300	0.883	B) At BPHC
12	Nagaon	9	5	45	198675	1.98675	responsible officials like
13	Udalguri	3	5	15	66225	0.66225	BPM, BCM and Block
14	South Salmara	2	5	10	44150	0.4415	Coordinator will validate
	Total	65	70	325	1434875	14.349	the application. c) Validated applications are to be approved by SDM & HO with seal and signature. d) The amount is to be transferred to the concerned informer's accounts through PFMS

FY wise target & budget (Rs. In Lakh)				
FY Target Budget				
2022-23	390	15.00		
2023-24	390	15.00		

Activity: 22	IEC/BC	IEC/BCC on Adolescent Health			
FMR Code: 41	RCH.5				
SL. No.	41.2.a,b & c				
Year	2022-23	2023-24			
Total Approval	91.71	91.71			
State Allocation	56.83	56.83			
District Allocation	34.88	34.88			
	FMI	R Owner			
At State HQ	At District Level	At Block Level			
State Nodal Officer-RKSK & SME	District Coordinator, DME	Block Coordinator, BCM / Counsellor (RBSK/RKSK/WIFS)			

SI. no: 41.2.a

Activity Head/ Component: RKSK-Adolescent Health (Print Media)

This is a State Level activity Total fund approved for FY 2022-23: Rs. 40.00 Lakhs

Name of the activity: Print Media on (Substance Abuse, Mental Health, Nutrition, Menstrual Hygiene, NCD, Injury and Violence, Sexual & Reproductive Health, Freedays).

Whether new/ continued: Continued

Justification: Advertisements in print media on various issues will be published for awareness/ demand generation.

Deliverables:

- Increase in visibility of adolescent health issues
- Improved knowledge of masses on adolescent health issues

No of Units	Cost per unit	Total Cost	Total cost (Rs. in lakhs)
10	Rs. 40,00,00	Rs. 40,00,000	40.00

Total fund approved for FY 2022-23: Rs. 40 Lakhs. This will be a continued activity for the next corresponding FY 2023-24.

FY wise target & budget (Rs. In Lakh)

FY	Target	Budget
2022-23	10	40.00
2023-24	10	40.00

Sl. no: 41.2.b

Activity Head/ Component: Hoardings on key Adolescents awareness & Services for demand generation Activity owner: At State Level: State Nodal Officer- RKSK / SME This is a State Level activity Total fund approved for FY 2022-23: Rs. 16.83 Lakhs

Name of the activity: Five hoardings per district on key messages on Substance Abuse, Mental Health, Nutrition, Menstrual Hygiene, Injury and Violence, Sexual & Reproductive Health, Freedays

The hoardings will be displayed in Block PHCs, Weekly Market areas or Places with High Visibility. The messages will be in local languages pertaining to area specific English, Assamese, Bengali, Bodo among others.

Whether new/ continued: Continued

Justification: It is seen that many district has high teenage pregnancy and lack of awareness on substance abuse, mental health, and menstrual hygiene, adolescent's health and social behaviors in this digital world. to create demand and publicity of the various schemes and our AFHC and various services and peer educations.

Deliverables:

- Increase in awareness on key adolescents health issues
- Increase in the decision making of female health

No of Units	Cost per unit	Total Cost	Total cost (Rs. in lakhs)
33	Rs 51,000	Rs. 16,83,000	16.83

Total fund approved for FY 2022-23: Rs. 16.83Lakhs. This will be a continued activity for the next corresponding FY 2023-24.

FY	Target	Budget
2022-23	33	16.83
2023-24	33	16.83

Sl. no: 41.2.c

State specific Initiatives and Innovations - Formation of Adolescent Girls' Meet

Activity owner:

At State Level: SME/ State Nodal Officer-RKSK At District: DME/In-charge Total fund approved for FY 2022-23: Rs. 34.88 Lakhs

Name of the activity:

- An Adolescent Girls' Meet is proposed for every block in each district. These clubs will meet
 once every month (Age 13 to 19 years) to have a health screening, group discussion on
 issues of adolescent life, and indulge in some sporting activities. This day will be observed
 as Adolescent Girls' Day (AGD) every month. Specialists will be present for the one day
 health screening of the Club Members.
- District Media Experts (DME) will be in charge of formation of all the AGDs under each block and hand holding each month's activity. This activity will also complement the upcoming yearly health calendar days.
- On joining the AGDs a Health Kit comprising of Sanitary Napkins, Iron & Vitamin Tablets, IEC materials will also be distributed.
- Whether new/ continued: Continued

Justification:

It is seen that adolescents 'girls life is mostly confined to studies and household life, issues pertaining to one's health and biological development is hardly discussed openly with mothers. This is a platform where an adolescent can have direct interaction with health specialists, counsellors and also discuss with fellow peers on any issues not confined to ones studies or health, but a wholesome development of one's mind, body and spirit.

Objective:

- 1. Increase of Iron tablet consumption by adolescents
- 2. Elimination of myths and misconceptions related to adolescent health
- 3. Wholesome development of an adolescent life

No of Units	Cost per unit	Total Cost	Total cost (Rs. in lakhs)
1836	Rs. 1900	Rs. 34,88,400	34.88

District Budget Breakup:

SI No	District	No of Blocks	No of AGDs yearly @12 months	Fund per meet, kits, IEC Display & refreshments, prizes @1900 per	Total Cost in lakhs
1	Bajali	2	24	45600	0.455
2	Baksa	6	72	136800	1.368
3	Barpeta	5	60	114000	1.14
4	Biswanath	3	36	68400	0.683
5	Bongaigaon	4	48	91200	0.911
6	Cachar	8	96	182400	1.824
7	Charaideo	2	24	45600	0.456
8	Chirang	2	24	45600	0.456
9	Darrang	4	48	91200	0.912
10	Dhemaji	5	60	114000	1.14
11	Dhubri	5	60	114000	1.14
12	Dibrugarh	6	72	136800	1.368
13	Dima Hasao	3	36	68400	0.684
14	Goalpara	5	60	114000	1.14
15	Golaghat	5	60	114000	1.14
16	Hailakandi	4	48	91200	0.912
17	Hojai	2	24	45600	0.456
18	Jorhat	6	72	136800	1.368
19	Kamrup M	5	60	114000	1.14
20	Kamrup R	12	144	273600	2.736
21	Karbi Anglong	4	48	91200	0.912
22	Karimganj	5	60	114000	1.14
23	Kokrajhar	4	48	91200	0.912
24	Lakhimpur	6	72	136800	1.368
25	Majuli	1	12	22800	0.227
26	Marigaon	3	36	68400	0.684
27	Nagaon	9	108	205200	2.052
28	Nalbari	4	48	91200	0.912
29	Sibsagar	6	72	136800	1.368
30	Sonitpur	4	48	91200	0.912
31	South Salmara	2	24	45600	0.456
32	Tinsukia	4	48	91200	0.912
33	Udalguri	3	36	68400	0.684
34	West Karbi Anglong	4	48	91200	0.912
(Grand Total	153	1836	3488400	34.88

Operational & Financial Guideline for RKSK ROP 2022-23 & 2023-24, NHM, Assam

Total fund approved for FY 2022-23: Rs. 34.884 Lakhs. This will be a continued activity for the next corresponding FY 2023-24.

FY wise target & budget (Rs. In Lakh)					
FY	Target	Budget			
2022-23	1836	34.88			
2023-24	1836	34.88			