

SOCIAL AWARENESS AND ACTION TO NEUTRALIZE PNEUMONIA SUCCESSFULLY (SAANS)

Ensure your child's safety.
Know the symptoms of Pneumonia.

Symptoms of Pneumonia



Increasing of cold and cough



Fast breathing



Chest indrawing



High fever

Pneumonia is a serious ailment. It is the leading cause of death among under-five children in our country. So, don't waste time seeking home remedies.

If you observe the symptoms of Pneumonia, immediately take your child to the nearest healthcare centre.



Objectives of SAANS:

- To create community awareness on interventions for protection and prevention of childhood pneumonia
- To increase awareness for caregivers to enable them to identify pneumonia early
- Dispel myths, notions and trigger behaviour change to take pneumonia seriously and seek care early

Protect, Prevent and Treat Strategy

Protect children by establishing good health practices from birth

- Exclusive breastfeeding for 6 months
- Adequate complementary feeding
- Vitamin A supplementation

Prevent children from becoming ill from pneumonia

- Vaccine pertussis, measles, Hib, PCV
- Handwashing with soap
- Reduce household air pollution

Treat children who are ill from pneumonia with appropriate treatment

- Improved care seeking and referral
- Case management at all health facilities and at community levels
- Supplies, antibiotics, oxygen
- Continued feeding including breastfeeding

Prevention of Pneumonia



Keep children covered in warm woolen clothes during winters and do not let them be barefoot



Use LPG gas stove for cooking to avoid smoke in the house



Do not keep the newborn without clothes

SAANS
साँस
निमोनिया नहीं, तो बचपन सही

For more information contact your nearest healthcare centre or Dial 104.