



National Health Mission, Assam



सत्यमेव जयते

GOVERNMENT OF ASSAM



National
Mental
Health
Programme

Free Tele-Mental Health Counselling Service Tele-MANAS - a toll free, 24x7 helpline

As part of National Tele-Mental Health Programme,
Government of India launched Tele-MANAS on **10th October, 2022**

Launched in the State of Assam by
Hon'ble Health Minister on **1st November, 2022**

Call **14416** or
1800-891-4416



- Free tele-mental health counselling
- 24x7 service
- Availability of mental health professionals
- Availability of language options