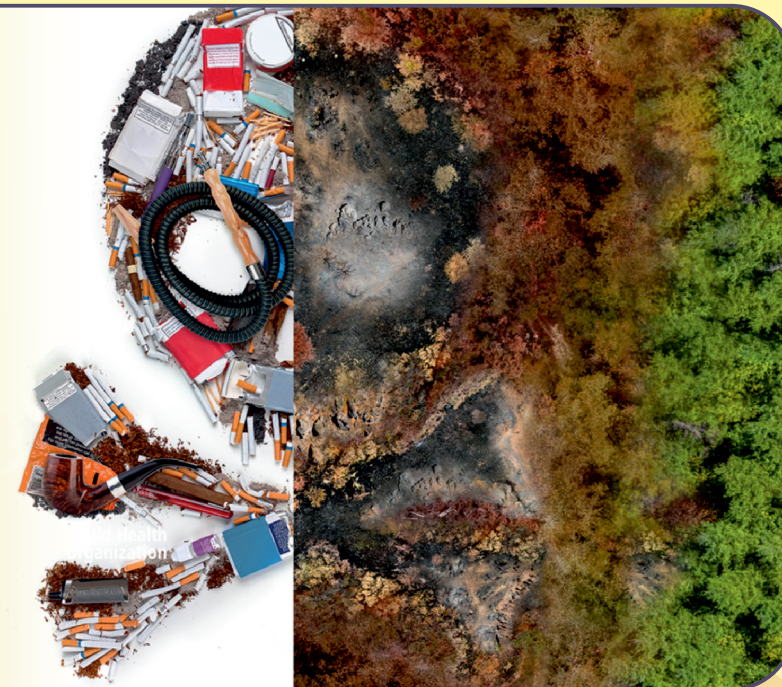


WORLD NO-TOBACCO DAY

May 31st, 2022

Tobacco: A Threat to our Environment

Tobacco pollutes the planet and damages the health of all people. The harmful effects of tobacco on the environment are vast and growing, adding unnecessary pressure to our planet's already scarce resources and fragile ecosystems.



Types of Tobacco



Bidi



Cigarettes



Cigars



Smokeless Tobacco
(Pan, Gutka, Khaini etc.)



Hookah

Harmful Effects of Tobacco

Different types of Cancers specially Lung and Oral Cancer | Cardiovascular Diseases | Respiratory Diseases | Affects Pregnancy and Outcome | Affects New-born and Childhood | Rheumatologic Conditions: Rheumatoid Arthritis | Kidney Damage | Eye Disease: Macular Degeneration | Dental Diseases like Caries | Diabetes | Inflammatory Bowel Diseases | Erectile Dysfunction

For more information, call Tobacco Quit-Line **1800 11 2356**

Call 104 for Health Related Queries | Call 108 for Ambulance Services

