

Supportive Supervision Checklist for Menstrual Hygiene Scheme

Name of the District:.....

Name of Block:

Name of Village:

Date of Visit:.....

1. Menstrual Hygiene Scheme at Block Level:

- No. of Adolescent Girls (AGs) in block:
- No. of AGs covered under MHS:
- Are ASHAs oriented about the scheme: Y/N
- Site for storage of stock:
- Platform for sale of Napkins
 - i. door to door
 - ii. Schools
 - iii. AWC
- No. of schools/hostels are covered:
- Amount of fund recouped under MHS:
- Amount of fund utilized on activities:
 - i. Transportation:
 - ii. Rent for storage space:.....
 - iii. Incentives to ASHA:
- Amount deposited at DHS:
- Status of IEC for MHS at District/Block level:
- Any stock out in last 3 months: Y/N

2. Interaction with ASHA

Name of ASHA		
Does she know about MHS ? Y/N		
Was she been oriented on MHS? Y/N		
From where does she get sanitary napkins (CHC/PHC/Sub Centre/any other)		
If she has to carry from CHC/PHC does she get transportation charges		
Where does she store the stocks?		
No. of adolescent girls are registered with her?		
No. of adolescent girls using sanitary napkins?		
No. of AGs using Freedays?		
Out of total Freedays user how many are repeat user?		
No. of drop outs		

Reason for drop out		
Material being used by drop outs		
Does she go to Schools/AWC to educate AGs and sell sanitary napkins Y/N		
Does she conduct monthly meeting with adolescents (Y/N)		
If Yes, what issues are discussed		
Average number of adolescent girls attending these meetings		
ASHA entitlements: Is she aware that		
i. She is entitled for one free packet of freedayes per month Y/N		
ii. Re. 1 incentive for every pack sold by her Y/N		
iii. Is she getting Rs. 50 for holding monthly meeting Y/N		
Problems faced by ASHA in selling freedayes napkins		

3. Interaction with Beneficiaries (talk to at least 3-5 adolescent Girls)

Details of AG (Name/age/ class)					
Material during menstrual cycle freedayes/ Other sanitary napkins / clothes/any other thing)					
If adolescent is using Freedayes, then					
How she came to know about it ?					
What was being used before freedayes?					
At what rate she gets Freedayes?					
Is she satisfied with the quality?					
If adolescent is using Sanitary Napkins other than Freedayes					

Since when she is using sanitary napkins					
Who buys Sanitary napkins for her					
Has she ever used Freedays (Y/N)					
If Yes then why she is not using it now					
If she is using clothes or any other thing, then					
What is being used					
Does she use clean and sun dried cloth					
Is she aware about Freedays (Y/N)					
If Yes then why she is not using it					
Does Adolescent attend any meeting called by ASHA for adolescent girls (these are other than held during VHND, kishori diwas)					
If yes what topics were discussed					

4. Any other comments/ observation by monitor:

RKSK
Rashtriya Kishor
Swasthya Karyakram
राष्ट्रीय किशोर स्वास्थ्य कार्यक्रम

Name and Signature of Monitor