

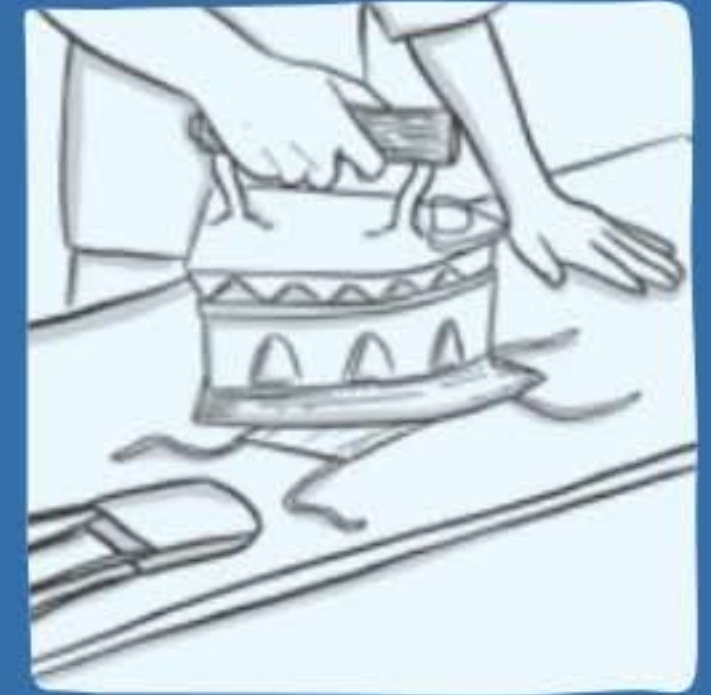


सत्यमेव जयते
Government of Assam



National Health Mission, Assam

HOMEMADE MASKS



How to Clean and Sanitize your Homemade Masks!

- Thoroughly wash the mask in soap and warm water and leave it to dry in hot sun for at least 5 hours.
- Alternatively, you can place the mask in salt water in a pressure cooker and pressure boil it for at least 10 minutes and leave it to dry.
- In the absence of a pressure cooker, you can boil the cloth mask in hot water for 15 minutes.
- Wash and clean with soap and apply heat on the mask for up to five minutes. For this, you can use an iron.