

NOVEL CORONAVIRUS (COVID-19)



Are you washing your hands regularly?
Soap and water work best!

Wash your hands with soap and water



After coughing or sneezing



Before and after caring for a sick person or treating a cut or wound



After using or cleaning the bathroom



After touching an animal, its food or waste



Before and after eating or preparing food



After touching garbage or anytime your hands appear visibly dirty/greasy



If soap and water is not available, use sanitizer with at least 60% alcohol



Any other public place or situation where soap and water isn't available



Before and after visiting a hospital, nursing home or any health facility

Wash your hands frequently and thoroughly for at least 20 seconds

Together we can fight COVID-19

For further information:

Dial **6913347770/1/2/3** or **104**

National Health Mission, Assam