

Reduce the risk of Coronavirus infection

Follow these important precautions



Wash hands with soap and water frequently



When coughing and sneezing, cover mouth and nose with handkerchief, tissue or elbow



Avoid close contact with anyone with cold, cough or flu like symptoms



If you have cough, fever or difficulty in breathing, contact a doctor immediately

Stay protected! **Stay safe from Coronavirus!**

If you have returned from Wuhan China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline

If you have returned from China in the last 15 days, or have been in contact with any person affected by Coronavirus, then limit your contact with others and use a separate room for sleeping

If you develop fever, cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline

24x7 +91-11-23978046

Reduce the risk of Coronavirus infection

Follow these important precautions



1

After coughing and sneezing

Remember to wash hands with soap frequently



4

After using toilet



2

Clean your hands before and after caring for sick person



3

Before cooking, after cooking and before eating food



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Reduce the risk of Coronavirus infection

Follow these important precautions

Coronavirus is a new disease which is happening in China and has affected other countries. The virus has flu like symptoms such as:



Fever



Cough



Difficulty
in breathing



If you have returned from Wuhan, China after January 15, then get yourself tested for 2019-nCov. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline +91-11-23978046

If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and follow these important steps:



Limit contact with everybody for the next 14 days and sleep in a separate room



Cover your nose and mouth while sneezing



Wash your hands with soap regularly



Stay far away from persons who have cough, cold and fever



If you have cough, fever or difficulty in breathing, contact a doctor immediately

If you develop fever, cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline



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protected!

Stay safe from
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Reduce the risk of Corona Virus infection, follow these important precautions

Corona virus is a new disease which is happening in China and has affected other countries. The virus has flu like symptoms such as:



Fever



Cough



Difficulty in breathing

If you have returned from Corona affected countries like China, Hongkong, Japan, Singapore, Thailand, Malaysia, Vietnam, Indonesia, Nepal, South Korea, Iran, Italy etc. within last 1 month then :



1 Stay in home isolation for 28 days after your return

1. Sleep in a separate room
2. Limit contact with other family members and avoid visitors



2 Cover nose and mouth when Coughing and sneezing



3 Wash your hands with soap regularly



4 Avoid close contact with anyone with cold or flu like symptoms (maintain a distance of at least 1 meter from any individual)



Attention Please :

Incase you have fever, cough or difficulty in breathing anytime within 28 days of return then wear a mask immediately and get yourself checked-up at nearest Govt. Medical College / District Head Quarter Hospital or Capital Hospital, Bhubaneswar.

Immediately contact Health and Family Welfare Department, Odisha Control Room Tel. No. **0674 2390466** or Mob: **9439994857/ 9439994859**