#### GOVERNMENT OF ASSAM HEALTH & FAMILY WELFARE DEPARTMENT DISPUR :: GUWAHATI

No.HLB.111/2020/326

Dated Dispur, the 24th July 2020

# Subject: New protocol for management and discharge of COVID-19 positive cases in Assam

In partial modification of existing protocol for discharge of COVID-19 positive cases in Assam issued vide Health & Family Welfare Department's communications No. HLB.111/2020/263, dated 8<sup>th</sup> June 2020 and HLB.111/2020/284 dated 28<sup>th</sup> June 2020, the new protocol for management & discharge of COVID-19 positive cases in Assam is hereby laid down, as follows:-

### 1. Asymptomatic cases:

- 1.1. Rapid Antigen Test (RAT) is to be done for all asymptomatic cases on Day 9 from the date of 1<sup>st</sup> sample collection, which turned out positive.
  - 1.1.1. If RAT result is "negative", then patient is to be discharged on the morning of Day-10, subject to meeting following criteria and receipt of approval from the State Discharge Board:

No fever and no symptoms for at least 3 consecutive days (without

antipyretics) before discharge.

- Oxygen saturation (sPO2) above 95% for last 3 days without oxygen support.
- Clinically fit to be discharged.
- 1.1.2. If RAT result is "positive", then RAT testing is to be repeated every alternate day, and the patient is to be discharged after a "negative" result, as mentioned as paragraph 1.1.1.

## 2. Symptomatic cases:

- 2.1. Rapid Antigen Test (RAT) to be done for all symptomatic cases on Day 9 from the date of 1<sup>st</sup> sample collection, which turned out positive. The following criteria to be met before RAT and discharge :
  - No fever and no symptoms for at least 3 consecutive days (without antipyretics) before discharge.
  - Oxygen saturation (sPO2) above 95% for last 3 days without oxygen support.
  - · Clinically fit to be discharged.
- 2.2. If RAT result is "negative" then patient to be discharged on the morning of Day-10, after receiving approval from the State Discharge Board.

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- 2.3. If RAT result is "positive", then repeat RAT testing every alternate day & discharge the patient following a "negative" result, after receiving approval from the State Discharge Board.
- 2.4. If there is worsening of symptoms or there is a dip in the oxygen saturation (sPO2), then the patient shall be transferred immediately to the nearest dedicated COVID hospital or to tagged medical college, taking all necessary precautions and arrangement for transportation.
- 3. Asymptomatic and admitted on basis of RT-PCR test result with CT value above 33:-
  - 3.1. The patient will be subjected to a fresh RT-PCR test on the day of admission and if the test result is "negative", the patient will be discharged from the hospital, subject to meeting the following criteria and receipt of approval from the State Discharge Board:
    - No fever and no symptoms for at least 3 consecutive days before discharge (without antipyretics).
    - Oxygen saturation (sPO2) above 95% for last 3 days without oxygen support.
    - Clinically fit to be discharged.
  - 3.2. If the test result is "positive", then steps at paragraph 1 will be followed.
- There shall be mandatory 7 days home quarantine for the discharged patients, with active surveillance by the Health Workers.

Samir K Sinha (AS)

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Principal Secretary to Government of Assam

Health & Family Welfare Department

Memo No.HLB. 111/2020/326 -A

Dated Dispur the 24th July, 2020

### Copy to:

- Chief Secretary, Assam.
- Principal Secretary to Hon'ble Chief Minister, Assam.
- 3. ADGP (L&O)/ ADGP (S)
- 4. Commissioner & Secretary, Health & Family Welfare Department.
- 5. Special Secretary, Health & Family Welfare Department.
- Chief Executive Officer, Assam State Disaster Management Authority.
- Mission Director, National Health Mission, Assam.
- 8. All Deputy Commissioners
- 9. All Superintendents of Police.
- 10. Director of Medical Education/ Director of Health Services, Assam.