

GOVERNMENT OF ASSAM
HEALTH & FAMILY WELFARE DEPARTMENT
DISPUR :: GUWAHATI

No.HLB.111/2020/263

Dated Dispur, the 8th June, 2020

**Subject: Revised protocol for management and discharge of COVID-19
positive cases in Assam**

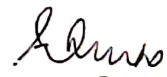
In view of the recent revision of the discharge protocol issued by Ministry of Health & Family Welfare , Government of India, and based on the opinion of the medical experts, the following revised protocol for management and discharge of COVID-19 positive cases are issued by the Government of Assam, in modification of earlier protocol:-

1. COVID-19 positive and Asymptomatic

- 1.1. All COVID-19 positive asymptomatic patients shall be isolated and treated at the COVID care center.
- 1.2. Asymptomatic individuals with positive RT PCR test report who continue to remain asymptomatic during their stay in the isolation ward of the hospital, shall be regularly monitored for temperature and oxygen saturation (sPO₂) and the patient shall be discharged on 10th day only after one negative RT PCR test performed between 7th -9th days from the date of collection of 1st sample (which turned positive).
- 1.3. If the 1st repeat RT-PCR test is positive within 7th-9th day, then test shall be repeated every 72 hours till the result is negative and the patient shall be discharged.
- 1.4. At any point of time prior to discharge from the isolation ward, the individual must be afebrile for 3 consecutive days without any antipyretics and oxygen saturation (sPO₂) should not dip below 95%.
- 1.5. If the patient develops symptoms or there is a dip in the oxygen saturation (sPO₂), then the patient shall be shifted immediately to the isolation ward of a dedicated COVID hospital.
- 1.6. At the time of discharge, the patient will be advised home quarantine for another 14 days.

2. COVID-19 positive and Symptomatic

- 2.1. All COVID-19 positive symptomatic patients shall be isolated and treated at dedicated COVID hospital.
- 2.2. The patients shall undergo regular temperature and oxygen saturation (sPO₂) monitoring.
- 2.3. The patients can be discharged only after 10 days from the date of collection of 1st Positive sample, if the following criteria are met :


8/6/20

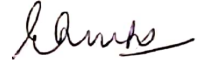
- i. No fever and no symptoms for at least 3 consecutive days before discharge (without antipyretics)
- ii. Maintain oxygen saturation (sPO2) above 95% for last 4 days without oxygen support.
- iii. One negative RT PCR test done after the patient is asymptomatic for 3 consecutive days.

2.4. If the 1st repeat RT PCR test is positive, then test shall be repeated every 72 hours till the result is negative. The discharge can be done after a negative RT PCR test.

2.5. At the time of discharge, the patient will be advised home quarantine for another 14 days.

The flowchart of the above protocol is given at Annexure-I

The discharge request is to be submitted to the State Discharge Board along with completed Annexure 'B' of the existing discharge policy circulated vide Order No. HLA 270/2020/102 dated 05/04/2020.



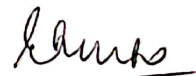
(Samir K Sinha, IAS)
Principal Secretary to Government of Assam
Health & Family Welfare Department

Memo No.HLB. 111/2020/261-A

Dated Dispur the 8th June, 2020

Copy to:

1. Chief Secretary, Assam.
2. Additional Chief Secretary, Home & Political Department.
3. Director General of Police, Assam.
4. Principal Secretary to Hon'ble Chief Minister, Assam.
5. ADGP (L&O)/ ADGP (S)
6. Commissioner & Secretary, Transport Department, Dispur.
7. Commissioner & Secretary, Health & Family Welfare Department.
8. Special Secretary, Health & Family Welfare Department.
9. Chief Executive Officer, Assam State Disaster Management Authority.
10. Mission Director, National Health Mission, Assam.
11. All Deputy Commissioners
12. All Superintendents of Police.
13. DME/ DHS, Assam.
14. All Joint Directors of Health Services, Assam.
15. All Principals cum Chief Superintendents, Medical College Hospitals.
16. P.S. to Hon'ble Minister, Health & F.W. Department, Government of Assam
17. P.S. to Hon'ble Minister of State, Health & F.W. Department
18. Any other concerned



Principal Secretary to Govt. of Assam
Health & Family Welfare Department

ANNEXURE-1

